

HELP STOP THE SPREAD!

- Wear a mask
- Keep your distance – six feet!
- Wash your hands
- Take your copy of Coffee News® home with you

Stay safe!

A message from your friends at **Coffee News®**

Love Coffee News®?

Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to contests@coffee-news.ca
Please put "Readers" in the subject line.

Please include:
 1 Your name
 2 Your phone number and
 3 Your address
 so that we can send you some **cool prizes** if your photo is chosen to appear in the paper!



Reader of the Month
Trevor Hickey reads *CN* in St. Albert!

Coffee News® Fun Reading. Serious Advertising.

Pregnant? Facing Difficult Decisions?

We can help.
Call **780.421.1177** or text **587.596.5380**

- Confidential Pregnancy Counselling
- Support and Connection to Resources
- Adoption Information and Advice



A Small Miracle Adoption

Adoption is the ultimate expression of a committed heart

www.smallmiraclesadoption.com

COLD SHOT

A DIVISION OF BALWARIA EMPIRE PVT. LTD.

PASSENGER & PARCEL SERVICES

GET YOUR REWARD CARD TO GET A FREE TICKET!
 Parcel Website: www.coldshotca.com
 Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

BUYING A HOME?

Call today so I can help create **Joy in Your mortgage experience!**

LESLIE CAIRNS 780.570.5457
ACCREDITED MORTGAGE PROFESSIONAL



leslie@joyinmortgages.ca • www.joyinmortgages.ca

200+ Delicious Meals Made for SENIORS!

- PLEASE ASK US FOR STARTER PACK
- NOW SERVING THIS COMMUNITY!
- ✓ Free Delivery*
 - ✓ No Obligations
 - ✓ No Minimum Orders*
- *Some conditions apply

Request your **FREE MENU Catalogue** today!
780-666-2336
 TF: 1-800-704-4779

HEART TO HOME MEALS
 DELICIOUS MEALS MADE FOR SENIORS®
www.hearttohomemeals.ca

Canada's HEALTHY Choice for Pets!



5103 - 50 Avenue, Leduc
780-980-8711 • www.globalpetfoods.com

SENIORS' DAY last Tuesday of every month

Save **15%**
 Restrictions may apply. Inquire in store.

FREE!

New Issue Every Week!

Coffee News®

"News To Be Enjoyed Over Coffee"

Beaumont Edition

780-220-6397



www.coffee-news.ca

Vol. 18 No. 18 May 3, 2021

Everybody's Talking

Hot springs: In the Tuscan region of Italy, a natural hot spring near Saturnia is a sight to behold. Called Cascate del Mulino, which means "Waterfalls of the Mill," this hot spot features natural white limestone pools over which warm water flows. The turquoise liquid, at a constant 37°C (98.6°F), comes from an underground source and is full of minerals and sulphur. This beautiful natural wonder is free for users and is located downstream from a tourist complex called Terme di Saturnia Spa, where an entrance fee must be paid. The best time to visit is in fall, winter, or early spring when it is less crowded.

Nutty creation: Usually seen in landscape architecture, a gabion wall is a wire cage filled with material such as rocks or stones. But what about using such a structure as a centerpiece inside a home? Yerce Architecture and ZAAS, two Turkish design companies, did just that. A photographer, who is their client, lived in a loft apartment and wanted a natural component in the interior surroundings. The result is an accent wall like no other—a metal cage filled with walnuts. Although unconventional, the wall brings warmth from the colour of the walnuts, as well as an interesting texture that works with the streamlined furnishings.

Flower cakes: Those walking into Julie Simon Cakes in Los Angeles, California (U.S.), would be forgiven if they thought a flower arrangement on display was real. In fact, the flowers in this confectioner's shop are cakes made by Simon herself. Her designs are so intricate that viewers would swear they are looking at a cluster of peonies, a vase of tulips, or a container full of a variety of blossoms. Simon's cakes have attracted a lot of attention since she quit her corporate job in 2018. Even celebrities order cakes from her for a child's birthday or a friend's anniversary.

Fishing pool: With travel at a standstill during the COVID-19 pandemic, hotels around the world have seen a huge decrease in business. To make ends meet, the Aveda Resort, a luxury hotel in Kumarakom, Kerala, India, tried a novel approach to maintain some of its income. They repurposed the hotel's pool as a fish farm. The large pool was drained and filled with fresh water, then loaded with 16,000 young pearl spot fish. The fish can be harvested and sold, raising money to help with the hotel's expenses. The project has also helped to keep hotel staff busy.

Quoteable Quotes

"Nothing great was ever achieved without enthusiasm." —Ralph Waldo Emerson

"To achieve great things, two things are needed: a plan, and not quite enough time." —Leonard Bernstein

What's Happening

Online event posting During the Pandemic, we are happy to post your online event in the What's Happening section of Coffee News. Please visit our website at www.coffee-news.ca to submit your event.

Mar 30 to Apr 30 - 50-50 Raffle Ticket The Camrose Area Animal Shelter is having a 50-50 Raffle! To get your tickets via e-transfer, include your name, ph. no email address on your transfer info. A copy of your ticket is emailed to you. Call Brenda 780-878-5225. Draw on May 1st, 2021

Mar 4 to May 6-Supports for Women Support for Women in these abnormal and uncertain times. Communication, relationship and personal issues can be discussed. To learn more about the impacts of social isolation call 780-449-6286

NON profit organizations may submit events for FREE at www.coffee-news.ca/whats-happening

Hidden Coffee News Guy ADVENTURE

To enter, visit www.coffee-news.ca

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

\$400* Prize Package
*Coffee News Bucks
 Over 150 participating sponsors!

Find the Coffee News Guy hidden in one of the ads, then enter to win!

4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

Trivia

1. Which American actress married Prince Rainier III of Monaco?
2. What is etymology?
3. Who was Kit Carson?
4. Earth Day is celebrated in April, May, or June?
5. Which new Ford vehicle of 1950 was a company disaster?

(Flip bottom of page for answers)

© Published with Permission by Capital Marketing Ltd

(Over)

BLUE BLOODS
 MON - THURS 9:00
yesTV

You never listen to me, you only hear what you want to hear

Sure, I'll have a beer

Communication not what it once was?

Call us today!
frequency HEARING

4920-50 Avenue, Beaumont • 780.900.6178

Recipe of the month

Baked Ham with Cherry Sauce

1 fully cooked bone-in ham (6 to 8 pounds) ½ cup sugar
 1 cup packed brown sugar 1 cup cold water
 3 tablespoons maple syrup 1 can (15 ounces) pitted dark sweet cherries, undrained
 1 teaspoon ground mustard 2 tablespoons lemon juice
 3 tablespoons cornstarch 1 teaspoon almond extract

Prep Time: 10 mins. Bake time: 1 hour 45 mins.
 Yield: 12 servings

- 1 Preheat oven to 325°. Place ham on a rack in a roasting pan. Using a sharp knife, score surface of ham with 1/4-in.-deep cuts in a diamond pattern. Mix brown sugar, syrup and mustard; rub over ham and press into cuts. Bake, covered, until a thermometer reads 140°, 1-3/4 to 2 hours.
- 2 In a small saucepan, mix cornstarch, sugar and water until smooth. Add cherries; bring to a boil. Cook and stir until thickened, 1-2 minutes. Remove from heat; stir in lemon juice and almond extract. Serve warm with ham.

An ideal Easter meal showstopper!

Source: www.tasteofhome.com

HIP/KNEE REPLACEMENT?

Other medical conditions causing TROUBLE WALKING or DRESSING?

The Disability Tax Credit allows for

\$3,000 YEARLY TAX CREDIT
 and **\$30,000 LUMP SUM REFUND**

For Expert Help:
1.844.453.5372

FREE ASSESSMENT CALL TODAY!

For the first time ever...

Advertise Your Restaurant Here!*

For complete details, call Sam at 780-264-2552

Qualifying distributors of **Coffee News** receive **FIRST MONTH FREE!*****

* Space restrictions may apply. *** On 6 month term.

Coffee News® #supportlocal Initiative

Call today to book your appointment!

We only want to make you SMILE

Millet Denture Clinic

780.387.3311 • 5022 - 50 Street, Millet
 BARB UNGER, DD • barb@milletdenture.ca

From Port Alberni, B.C. to St. John's, Newfoundland

Served in

1579+

restaurants and coffee shops
 Read by over 1.25 million Canadians per week

Coffee News®
 is Canada's choice for positive news from around the world!

Feel free to take your Coffee News home!

Affordable-Effective-Exclusive-CALL NOW!

Living and Working in YOUR Community

JAY BERG GROUP

REAL ESTATE PROFESSIONALS - GETTING YOU ON THE MOVE



A PASSION FOR PEOPLE.
A PASSION FOR REAL ESTATE.

CALL JAY TODAY!
780.819.BERG (2374)
www.JayBerg.com

One solution for oxygen at home, away, and for travel

Introducing the INOGEN ONE - It's oxygen therapy on your terms

No more tanks to refill. No more deliveries. No more hassles with travel. The INOGEN ONE portable oxygen concentrator is designed to provide unparalleled freedom for oxygen therapy users. It's small, lightweight, clinically proven for stationary and portable use, during the day and at night, and can go virtually anywhere — even on most airlines. Inogen accepts Medicare and many private insurances!

Reclaim Your Freedom And Independence NOW!



Call Inogen Today To Request Your FREE Info Kit
1-888-998-6714

© 2020 Inogen, Inc. All rights reserved. MKT-P0108

Can't get to your Coffee News® each week?

Check out our PDF editions online!
New editions are posted every Monday

Sign up here to receive email notifications of new editions.



Now you never have to miss your weekly dose of good news!

www.coffee-news.ca/editions

Without our advertisers, Coffee News® would not exist

Please support them!



Leave a legacy and be a part of tomorrow's future, today

If you're thinking of writing or updating your will, The Alberta Lung Association is offering the chance for donors to make a simple Will for free through our partnership with the Canadian Free Wills Network.

You are not obligated to leave a gift to the Lung Association — we hope that you will see this program as the perfect way to satisfy your estate planning objectives.

FOR MORE INFO, PLEASE VISIT:
www.ab.lung.ca/you-can-help-change-future-today

BREATHE the lung association



Helping you rediscover fun in the kitchen!

Gifts and Gadgets

Your one stop kitchen and gift shop.
780.962.5220

CHECK OUT OUR EXTENSIVE ONLINE CATALOG!
Visit www.giftsandgadgets.ab.ca or visit us in person at 111 First Avenue, Spruce Grove



SHOP ONLINE!

www.scubagearcanada.ca

- Snorkelling Gear • Reef-Safe Sunscreen
- Beach Water Shoes • Dry Bags & Wallets • UV Shirts

Learn to SCUBA DIVE at our Edmonton location — call for details
11781-156 St., Edmonton 780.483.0044

SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA



Sour Gas and Odour Control Treatment

Customized Solutions to meet your specific requirements:

- Vapours emitted from sour oil and water tanks
- De-pressuring of pig senders and receivers
- Venting of liners in sour pipelines
- De-hy condensation tank vapours
- Loading and unloading tank trucks
- Vacuum truck blower discharges
- Catadyne heater fuel sweetening
- Ventilation of sewage lift-stations
- Ventilation of electrical panels

SOUR AND ODOUR SERVICES
1-888-909-9976
info@sourandodour.com | www.sourandodour.com



Your Weekly Horoscope

ARIES
(March 21 - April 20)

You may have an abundance of physical energy and self-confidence to take on new challenges with ease. You might feel less dependent on the approval of others. Lucky Numbers: 22, 26, 34, 39, 42, 46.



TAURUS
(April 21 - May 21)

A significant chat with someone who has a very different perspective than you may be helpful. Try to be receptive and learn as much as you can from them. Lucky Numbers: 8, 22, 27, 31, 35, 42.



GEMINI
(May 22 - June 21)

You might feel like socializing. Enjoyment and pleasure may be emphasized. Cooperation and harmony in personal relationships may be more important to you. Lucky Numbers: 2, 20, 29, 32, 39, 40.



CANCER
(June 22 - July 22)

This might be a good time to schedule social activities where tact would be a plus. You may act as a harmonizer between people with differing viewpoints. Lucky Numbers: 6, 16, 22, 29, 35, 40.



LEO
(July 23 - Aug. 23)

An opportunity for a leadership role may be yours. There could be opportunities for meaningful contacts, especially with people who share common goals. Lucky Numbers: 10, 13, 27, 33, 41, 44.



VIRGO
(Aug. 24 - Sept. 23)

A craving for sweetness and comfort in the form of loving affection may be strong now. This might be a good week to spend time with the people who love you. Lucky Numbers: 7, 19, 25, 31, 41, 47.



Lucky numbers this week: This week's odds favour Virgo winners with the luckiest number being 7.

Did You Know...

Jazz singer: American jazz singer Billie Holiday (1915-1959) had a nickname: Lady Day. Producer John Hammond discovered her when she was singing in a Harlem jazz club in New York City in the early 1930s.

Beautiful bees: Male orchid bees, found from northern Mexico to southeastern Brazil, have such vivid colouration that they're considered the closest thing to a living jewel. They also collect various fragrances to create their own perfume to attract females.

Island in a lake: Canada boasts the largest lake island in the world. Manitoulin Island is located in Lake Huron, Ontario, and encompasses an area of 2,766 square kilometres (1,068 sq. mi.). The island itself has 108 freshwater lakes.

Night fears: An extreme fear of night or darkness is a condition called "nyctophobia." It's normal for kids to be afraid of the dark, but if the fear becomes excessive and irrational, anyone—young or old—should see a doctor.

Cute bats: The tiny Honduran white bat is considered "cute" because of its fluffy white coat and orange ears and face. It roosts in green leaves. When sunshine filters through the leaves, the bat's fur appears green, making it nearly invisible.

On the Lighter Side

Who was Socrates' worst student? Mediocrities.

First Roman soldier: "What is the time?"
Second Roman soldier: "XX past VII."

Today is the day I must finally be decisive. At least I think so.

Nine-year-old: "I smiled at my daddy, and he gave me some pocket money. So I walked into the bank and smiled, but my head was below the counter level, so I didn't get anything."

What is green and jumps a lot? A frog with hiccups.

Answers

Trivia answers: 1. Grace Kelly 2. The study of word origins 3. American frontiersman 4. April 5. The Edsel

For available franchise opportunities — visit coffeenewscanada.com
© Published with Permission by Capital Marketing Ltd

Did you know Gold Canyon Candles went out of business in March 2020? Sunset Scents is a new candle company that was formed by two former Gold Canyon executives who have over 20 years in the candle industry.

PSC Prairie Scented Candles

SUNSET SCENTS A WAY OF FRAGRANCE

We are recreating your Gold Canyon favourites like Fall Leaves (aka Autumn Walk), Hot Apple Cider (aka Mulled Cider), Christmas Wreath (aka Holiday Wreath), Ginger Lime and many more!

prairiescentedcandles@gmail.com
www.prairiescentedcandles.com



Wishes are waiting.

Help us give every eligible child the wish they need.

Donate today:
www.makeawishna.ca

Make-A-Wish
NORTHERN ALBERTA CANADA

Coffee News is proud to support Make-A-Wish Northern Alberta



Are you a business owner/office manager? Have 3-20 employees in your office? Paying too much for your current phone system?

We can save you up to 50% off your current phone rates!

How? We offer:

- ✓ VOIP Solutions at a fraction of the traditional carrier cost
- ✓ Long distance rates that outcompete the competition

587.760.2800
<https://zettatelecom.com>

DEDICATED TO FINDING OUR CLIENTS THE BEST SOLUTIONS WITHIN THEIR BUDGETS



Like us on Facebook

...to keep updated on WEEKLY contests in which you can enter to win tickets to sports events, entertainment events, Coffee News Bucks and more!

<https://www.facebook.com/CoffeeNewsWeekly>



Need ONE More Reason to Join?

- 1 You need child support enforced
- 2 Your landlord raises rent in violation of your verbal agreement
- 3 You adopt a child
- 4 A friend owes you money and files for bankruptcy
- 5 You need help with credit card liability resolution
- 6 Your car is vandalized in a parking lot

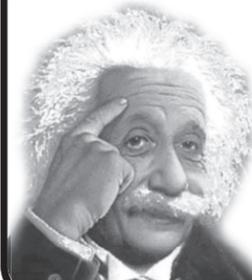
Call LLOYD KENNEY, Independent Associate, to find out how LegalShield can help you!
LegalShield 1-877-579-9449



TEST YOUR MEMORY

After reading Coffee News®, put it aside for a moment. Then challenge yourself or a friend to remember as many ads as you can.

Your Score:
Less than 6 — Keep trying
7-10 — Getting better
11-15 — Excellent
16 or more — Genius!



What's In Your Glass?

HUGE SELECTION with R&R

A Toast to the Irish

Did I mention that we're big fans of whiskey from the emerald isle? Just a smidgen (wink, wink). Irish Whiskey has been steadily rising in popularity over the past half a dozen years or so. We actually get a bit giggly when new ones come on stream.

Another spirit that has been gaining in status is gin. You can, in part, thank the TV series *Downton Abbey* for this resurgence. So why are we talking about gin for St. Patrick's Day? Irish gin is a thing, to be sure. Since the late 18th century, truth be told.



We'll leave spirits history for another day. St. Patrick's Day is about fun. So we decided to end off with a limerick. Sláinte.

We raise a glass to St. Patrick's Day / A toast to health and happiness come what may / Come fill your glass, Let's not give it a pass / Sure it'll bring a smile without delay

www.leducopliquor.com

Leduc Co-op Liquor
103-100B Deer Valley Dr. • 780.980.5139

Flaming Pig Black Cask.....	\$49.42*
West Cork Bourbon Cask.....	\$37.04*
Eagan's 10 Year Old.....	\$82.75*
Teeling Small Batch.....	\$56.09*
Glendalough Wild Botanical Gin.....	\$43.70*

* Price does not include GST or bottle deposit.