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# Coffee News

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St. Paul, Two Hills Edition

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## Everybody's Talking

**Hot springs:** In the Tuscan region of Italy, a natural hot spring near Saturnia is a sight to behold. Called Cascade del Mulino, which means "Waterfalls of the Mill," this hot spot features natural white limestone pools over which warm water flows. The turquoise liquid, at a constant 37°C (98.6°F), comes from an underground source and is full of minerals and sulphur. This beautiful natural wonder is free for users and is located downstream from a tourist complex called Terme di Saturnia Spa, where an entrance fee must be paid. The best time to visit is in fall, winter, or early spring when it is less crowded.

**Nutty creation:** Usually seen in landscape architecture, a gabion wall is a wire cage filled with material such as rocks or stones. But what about using such a structure as a centerpiece inside a home? Yerce Architecture and ZAAS, two Turkish design companies, did just that. A photographer, who is their client, lived in a loft apartment and wanted a natural component in the interior surroundings. The result is an accent wall like no other—a metal cage filled with walnuts. Although unconventional, the wall brings warmth from the colour of the walnuts, as well as an interesting texture that works with the streamlined furnishings.

**Flower cakes:** Those walking into Julie Simon Cakes in Los Angeles, California (U.S.), would be forgiven if they thought a flower arrangement on display was real. In fact, the flowers in this confectioner's shop are cakes made by Simon herself. Her designs are so intricate that viewers would swear they are looking at a cluster of peonies, a vase of tulips, or a container full of a variety of blossoms. Simon's cakes have attracted a lot of attention since she quit her corporate job in 2018. Even celebrities order cakes from her for a child's birthday or a friend's anniversary.

**Fishing pool:** With travel at a standstill during the COVID-19 pandemic, hotels around the world have seen a huge decrease in business. To make ends meet, the Aveda Resort, a luxury hotel in Kumarakom, Kerala, India, tried a novel approach to maintain some of its income. They repurposed the hotel's pool as a fish farm. The large pool was drained and filled with fresh water, then loaded with 16,000 young pearl spot fish. The fish can be harvested and sold, raising money to help with the hotel's expenses. The project has also helped to keep hotel staff busy.

## Quoteable Quotes

"Nothing great was ever achieved without enthusiasm." —Ralph Waldo Emerson

"To achieve great things, two things are needed: a plan, and not quite enough time." —Leonard Bernstein

## What's Happening

**Online event posting** During the Pandemic, we are happy to post your online event in the What's Happening section of Coffee News. Please visit our website at [www.coffee-news.ca](http://www.coffee-news.ca) to submit your event.

**Feb 4 to May 29 - \$45,000.00 CASH RAFFLE** Derwent Agricultural Society are raising money to repair our community hall. There are 1999 tickets printed so 1 in 666 chance of winning. Tickets are \$50.00 call Connie at 780 977 4714. Raffle license no. 532108 Draw extended to May 29 due to Covid.

**April 30-Ladies Night** Come paint a masterpiece, get crafty, socialize, and discover something new. This after-hours event for girls/ladies 13 and older. Pre-registration is required and donations are gratefully appreciated. Stuart MacPherson Public Library. 6:00 PM - 8:00 PM

NON profit organizations may submit events for FREE at [www.coffee-news.ca/whats-happening](http://www.coffee-news.ca/whats-happening)

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## Trivia

1. Which American actress married Prince Rainier III of Monaco?
2. What is etymology?
3. Who was Kit Carson?
4. Earth Day is celebrated in April, May, or June?
5. Which new Ford vehicle of 1950 was a company disaster?

(Flip bottom of page for answers)

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(Over)

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**Recipe of the month**

**Spring Pea Pasta**

1 pound pasta  
 3-4 cups fresh peas  
 5 scallions, thinly sliced  
 1 shallot, very finely diced  
 1 cup chopped fresh mint  
 1 cup chopped Italian parsley  
 ½ cup olive oil

2 lemons – zest and ¼ cup juice  
 2 cups fresh pea shoots, baby spinach or arugula  
 1 teaspoon salt (plus more to taste)  
 ½ teaspoon pepper  
 1 tablespoon truffle oil  
 Optional: goat cheese crumbles

Prep Time: 15 mins. Cook time: 10 mins. Yield: 4 (main) or 8 (side)

- Boil pasta in a generous amount of salted water per directions.
- During the very last minute of cooking, if serving this as a warm entrée, add the peas to the pasta and just lightly blanch.
- While the pasta is cooking, prep the rest of the ingredients.
- Chop the scallions, shallots and herbs.
- Zest two lemons, and measure out ¼ cup lemon juice.
- Once the pasta is just about done, add the peas to the boiling pasta water and blanch for one minute, or just until bright green. Immediately drain, place pasta and peas in large bowl, drizzle with olive oil, lemon juice and season with 1 tsp salt and ½ tsp pepper.
- Toss in the pea shoots (or other greens) and add the scallions, shallot, herbs and lemon zest. Stir.
- Taste, adjusting salt and lemon juice, adding more of both, if necessary.
- Drizzle with truffle oil; serve immediately.

If making this as a pasta salad, rinse pasta and peas in very cold water to stop the peas from cooking any longer. Add goat cheese right before serving.

Source: [www.feastingathome.com](http://www.feastingathome.com)

# Your Weekly Horoscope

**ARIES (March 21 - April 20)**

You may have an abundance of physical energy and self-confidence to take on new challenges with ease. You might feel less dependent on the approval of others. Lucky Numbers: 22, 26, 34, 39, 42, 46.

**TAURUS (April 21 - May 21)**

A significant chat with someone who has a very different perspective than you may be helpful. Try to be receptive and learn as much as you can from them. Lucky Numbers: 8, 22, 27, 31, 35, 42.

**GEMINI (May 22 - June 21)**

You might feel like socializing. Enjoyment and pleasure may be emphasized. Cooperation and harmony in personal relationships may be more important to you. Lucky Numbers: 2, 20, 29, 32, 39, 40.

**CANCER (June 22 - July 22)**

This might be a good time to schedule social activities where tact would be a plus. You may act as a harmonizer between people with differing viewpoints. Lucky Numbers: 6, 16, 22, 29, 35, 40.

**LEO (July 23 - Aug. 23)**

An opportunity for a leadership role may be yours. There could be opportunities for meaningful contacts, especially with people who share common goals. Lucky Numbers: 10, 13, 27, 33, 41, 44.

**VIRGO (Aug. 24 - Sept. 23)**

A craving for sweetness and comfort in the form of loving affection may be strong now. This might be a good week to spend time with the people who love you. Lucky Numbers: 7, 19, 25, 31, 41, 47.

**LIBRA (Sept. 24 - Oct. 23)**

Both friendship and material benefits may come to you. You might feel sociable and seek company, especially with those who know how to have a good time. Lucky Numbers: 5, 8, 10, 14, 15, 21.

**SCORPIO (Oct. 24 - Nov. 22)**

Contracts, negotiations, and business dealings of all kinds may be favoured. Exchanging ideas and opinions might also play an important role in your life now. Lucky Numbers: 4, 12, 24, 30, 44, 48.

**SAGITTARIUS (Nov. 23 - Dec. 21)**

You may feel in harmony with the people in your life. There might be a sense of ease and flow, rather than a resistance to what is going on around you. Lucky Numbers: 3, 9, 15, 18, 30, 36.

**CAPRICORN (Dec. 22 - Jan. 20)**

Spontaneity and freedom may have been your key issues. Your mood could be very upbeat. You might be funny and sometimes act out of character. Lucky Numbers: 11, 32, 36, 39, 40, 45.

**AQUARIUS (Jan. 21 - Feb. 19)**

Chatting openly with loved ones may help you understand your situation. You might be more objective. This could be a favourable time to make a big decision. Lucky Numbers: 5, 8, 14, 22, 29, 38.

**PISCES (Feb. 20 - March 20)**

This may be a very good time to let people know you care about them. You might be very cooperative and more interested in your similarities than your differences. Lucky Numbers: 16, 19, 33, 36, 39, 41.

Lucky numbers this week: This week's odds favour Virgo winners with the luckiest number being 7.

## Did You Know...

**Jazz singer:** American jazz singer Billie Holiday (1915-1959) had a nickname: Lady Day. Producer John Hammond discovered her when she was singing in a Harlem jazz club in New York City in the early 1930s.

**Beautiful bees:** Male orchid bees, found from northern Mexico to southeastern Brazil, have such vivid colouration that they're considered the closest thing to a living jewel. They also collect various fragrances to create their own perfume to attract females.

**Island in a lake:** Canada boasts the largest lake island in the world. Manitoulin Island is located in Lake Huron, Ontario, and encompasses an area of 2,766 square kilometres (1,068 sq. mi.). The island itself has 108 freshwater lakes.

**Night fears:** An extreme fear of night or darkness is a condition called "nyctophobia." It's normal for kids to be afraid of the dark, but if the fear becomes excessive and irrational, anyone—young or old—should see a doctor.

**Cute bats:** The tiny Honduran white bat is considered "cute" because of its fluffy white coat and orange ears and face. It roosts in green leaves. When sunshine filters through the leaves, the bat's fur appears green, making it nearly invisible.

## On the Lighter Side

Who was Socrates' worst student? Mediocrities.  
 First Roman soldier: "What is the time?"  
 Second Roman soldier: "XX past VII."

Today is the day I must finally be decisive. At least I think so.

Nine-year-old: "I smiled at my daddy, and he gave me some pocket money. So I walked into the bank and smiled, but my head was below the counter level, so I didn't get anything."

What is green and jumps a lot? A frog with hiccups.

## Answers

**Trivia answers:** 1. Grace Kelly 2. The study of word origins 3. American frontiersman 4. April 5. The Edsel

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