

Without our
advertisers,
Coffee News®
would
not exist

Please
support them!

Here to help you
see the world

We provide the technology to give you and
your family the eye care you expect and need.
We direct bill to most insurance companies.

Call today to book your appointment:
780-487-5986



SPECTRUM
FAMILY OPTOMETRY

1188, 8882-170 Street NW, Edmonton

~ Conveniently located at entrance 48 inside Pearle Vision in West Edmonton Mall ~

OPEN 7
DAYS A WEEK
TO ACCOMMODATE
YOUR BUSY
SCHEDULE

EMPLOY
Abilities
FOR
NEWCOMERS

**LOOKING FOR HELP?
NEW TO ALBERTA?**

We provide services for newcomers
with permanent barriers with a fast,
pre-employment program,
to help you get ahead!



This program offers the following **FREE** services:

- Private one-on-one job search advice
- Training to get you ahead with your job search
- Strategies to help you succeed at work
- Networking to help you with your goals

CONTACT EMPLOYABILITIES TODAY!

Contact us by phone at
780.945.4643 or email
michael@employabilities.ab.ca



Funded by:

Financed by:

Immigration, Refugees
and Citizenship Canada

Immigration, Réfugiés
et Citoyenneté Canada

HIP/KNEE REPLACEMENT?

Other medical conditions causing
TROUBLE WALKING or DRESSING?

The Disability Tax Credit allows for

\$3,000 YEARLY TAX CREDIT

and **\$30,000 LUMP SUM REFUND**

FREE
ASSESSMENT
CALL
TODAY!



For Expert Help:

1.844.453.5372

Looking for an activity to
promote team building, customer
appreciation or a social club?

Consider
Curling

Reasonable Price • Fun
Accessible for Everyone

Then, enjoy a craft beer, wine selections
in the licensed lounge, and have dinner
catered by "Preserve Food Truck"



To book, call **780.489.6428** or
email cathy@jasperplacecurling.ca

Jasper Place Curling Club

This is
Your Story

Stories of redemption,
discovery and faith
WEEKNIGHTS AT 11PM

yesTV

**RETIREMENT LIVING
CHRISTENSON**

Optional Meals • Personalized Services • On-site Care

Join Our Safe & Social Community



VILLAGE AT
Westmount



Scan QR Code

Ask about our rental promotion

Full Kitchens • Social & Recreation • U/G Parking

13326-114th Ave, Edmonton

780-452-2030

CDLhomes.com



FREE!

New Issue Every Week!

Coffee News®

"News To Be Enjoyed
Over Coffee"



Est. 1988

www.coffee-news.ca

West
Edmonton
Edition

780-220-6397

Vol. 18 No. 19 May 10, 2021

Everybody's Talking

Raining chocolate: People might use the expression, "It's raining cats and dogs," but no one ever says, "It's raining chocolate!" That's what happened in the town of Olten, Switzerland, recently. Many people reported seeing chocolate powder in the air, and others mentioned that vehicles were covered with an accumulation of the sweet, brown stuff. Turns out that there was a logical reason for the phenomena. The town is home to a chocolate factory that had a problem with its ventilation system. The chocolate powder made its way outside and was blown around by strong winds.

Working the land: Apartment dwellers in cities expect to look out their windows to see such things as parking lots, malls, stores, and gas stations. At one apartment complex in Lublin, Poland, the view is a little different. At harvest time, the buildings' occupants can look out and see a farmer in a combine harvesting the crop. While other farmers in the area sold their land to urban developers, this one decided to keep his property so he could keep farming. Most people living in the nearby buildings don't seem to mind at all; they like seeing agriculture in action, rather than asphalt and urban sprawl.

Artsy hairstyle: Clients who get haircuts from stylist Truong Xuan Tuan wish their hair would never grow again! That's because the stylist, of Hanoi, Vietnam, creates works of art on the backs of people's heads using razors and trimmers. He might trim hair to form a celebrity's face, a cartoon character, a spider, or an urban scene. Because he cannot simply rub out any mistakes, he only creates designs that he has practiced making in the past. Those coming into his shop can browse through a portfolio and pick something they like. Warning: the designs become a bit fuzzy as the person's hair grows back!

Manhole lights: City planners in Tokorozawa, Japan, have a novel idea to decorate manhole covers. They outfitted 27 of these necessary, but usually unattractive, pieces of the city's infrastructure with solar-powered LED lights. The lights reveal designs that incorporate anime characters, which are popular in Japan. The 27 artistic designs are illuminated every evening at 5 p.m., and those who are out late can enjoy them until they go off at 2 a.m. Another motive that inspired the city's planners is that the extra lighting may help to prevent nighttime crime.

Quoteable Quotes

"The plants have enough spirit to transform our limited vision."

—Rosemary Gladstar

"Twenty years from now you will be more disappointed by the things that you didn't do than by the ones you did do." —Mark Twain

What's Happening

Online event posting During the Pandemic, we are happy to post your online event in the What's Happening section of Coffee News. Please visit our website at www.coffee-news.ca to submit your event.

Aug 14-Ride And Drive For A Cause Charity Meet Please register your unique ride and drive, wild exotic, Rat Rod, classic, vintage, cool, unique or custom car, custom truck or unique Suv, cruiser, or sports bike. To register your rides drives please visit our website www.rdfcause.ca.

NON profit organizations may submit events for FREE at
www.coffee-news.ca/whats-happening

**Hidden Coffee News Guy
ADVENTURE**

Find the Coffee News Guy hidden
in one of the ads, then enter to win!

\$400* Prize Package

* Coffee News Bucks
Over 150 participating sponsors!

4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

To enter, visit
www.coffee-news.ca

Submit your birth date
and we'll send you a
birthday card with valuable
offers on your special day!

NEW
FEATURE!

...or send your entry by snail mail to: CN Guy Contest,
9768 170 Street, Suite 303, Edmonton, AB T5T 5L4.
Be certain to include your full name, complete mailing
address (including postal code), phone number, email
address and your birth date. Also include the name of
the ad in which you found the hidden Coffee News Guy.

Trivia

1. Zane Grey was a popular American author of what type of novel?
2. What are small plates of Spanish appetizers/snack foods called?
3. What is the favourite food of pandas?
4. In which sport would you see a "flying mare"?
5. The ATM is a feature of most banks today. What does ATM stand for?

(Flip bottom of page for answers)

HELP FOR DEALING WITH
عمر لمراعات لال فاع
AIDE POUR FAIRE FACE À
ਭਾਝ ਨਜ਼ਾਇ ਲਈ ਮਦਦ
TULUNG UPANG HARAPIN ANG
AYUDA PARA LIDIAR CON
帮助热线
CAAWINTA WAX KA QABASHADA

COVID-19

1-833-738-7727

31 LANGUAGES



www.ecrrc.ca

ECRRC
Edmonton Community Resource Centre



HELP FOR DEALING WITH
COVID-19 IN EDMONTON

If you or someone in your family has tested positive
for COVID-19 or require isolation, we can help. We offer
financial, food, mental health, employment and other
supports. You are not alone as you face these challenges.

Call our emergency hotline 1-833-738-7727.
Monday-Friday from 9:00 AM to 5:00 PM.

Services offered in 31 languages and all information will be kept strictly confidential.

1-833-738-7727
www.ecrrc.ca

SUPPORTS
AVAILABLE



FOOD



FINDING SPACE
FOR ISOLATION



COUNSELLING



OTHER
BASIC NEEDS

**THIS SPACE
FOR RENT**
780-220-6397

HELP STOP THE SPREAD!



1
Wear
a mask



2
Keep your
distance –
six feet!



3
Wash
your hands



4
Take your
copy of
Coffee News®
home with you

Stay safe!

A message from your friends at **Coffee News®**

Calling all Fishermen

50 YEARS & OVER

Come find fishing buddies at

THE EDMONTON

Old Timers'

FISHING CLUB



Monthly meetings

Monthly newsletter

...with guest speaker,
free coffee & donuts.

For more info, call or text
Gary Preece at 780.940.6679

QUIT SMOKING TODAY!

Free juice bar with over
200 flavours to sample

Incredibly helpful staff who
will set up your new device
and teach you how to use it

• Salt Nic
• Starter
Kits
• Top
Brands

Liberty Vape

eCig • eJuice • Tech

Located in West Edmonton Mall
Phase 1, Lower Level, next to The Bay

780.893.1838

libertyvape.ca

Earn An Income Online

Join the biggest and best global online business!

NO selling | NO parties
NO inventory | NO recruiting
► **Freedom - Flexibility - Fun**

Register for a **FREE**
info session here:
(Scan this code for info)



or visit
www.susandeveney.net

NO EXPERIENCE NEEDED - WE TRAIN AND MENTOR

WEST EDMONTON



jiffy lube®

■ OIL CHANGES
■ TRANSMISSION AND DRIVELINE SERVICE
■ AIR FILTERS ■ FUEL FILTERS

WARRANTY APPROVED
NO APPOINTMENT NECESSARY!

780.483.2281

17771 - 98A Avenue, Edmonton (beside the Domo)

\$10 OFF
ANY OIL CHANGE
PACKAGE
(WITH THIS AD)

The World's #1 Restaurant Publication!

Find it too hard to be handy anymore?

We make it look easy.

www.HOHS.ca | 780.940.2127

Door Replacement & Repair | Curtain Rods | Much More



Love Coffee News?

Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to contests@coffee-news.ca
Please put "Readers" in the subject line.

Please include:

- Your name
- Your phone number
- Your address
- So that we can send you some cool prizes if your photo is chosen to appear in the paper!

Coffee News Fun Reading. Serious Advertising.



Readers of the Month
Franz Fritzwitz & Wilbur Ramsbottom

STOP STREAMING! IT'S FUNNIER LIVE

AT THE COMIC STRIP
BOURBON STREET, WEST EDMONTON MALL

PURCHASE TICKETS ONLINE AT
thecomicstrip.ca

Rick Bronson's
THE COMIC STRIP
DRINK • DINE • LAUGH



PLEASE ASK US FOR STARTER PACK

200+ Delicious Meals Made for SENIORS!



NOW SERVING THIS COMMUNITY!

- ✓ Free Delivery*
- ✓ No Obligations
- ✓ No Minimum Orders*

* Some conditions apply

Request your **FREE MENU Catalogue** today!
780-666-2336
TF: 1-800-704-4779

HEART TO HOME MEALS
DELICIOUS MEALS MADE FOR SENIORS®
www.hearttohomemeals.ca

Are you a business owner/office manager?
Have 3-20 employees in your office?
Paying too much for your current phone system?

We can save you up to 50% off your current phone rates!

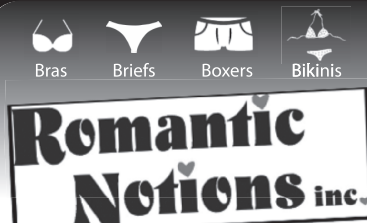
How? We offer:

- ✓ VOIP Solutions at a fraction of the traditional carrier cost
- ✓ Long distance rates that outcompete the competition



587.760.2800
<https://zettatelecom.com>

DEDICATED TO FINDING OUR CLIENTS THE BEST SOLUTIONS WITHIN THEIR BUDGETS



Visit us on **f** for promotions and gift ideas! **780.962.4944**
1.855.962.4944
www.romanticnotions.ca | #30, 210 McLeod Ave., Spruce Grove

30 YRS. OF PERSONALIZED SERVICE & A REPUTATION FOR EXCELLENCE

IS ADVENTURE ON YOUR BUCKET LIST?

Discover Scuba

Try **Scuba Diving** and see what it's like to breathe underwater!
\$50 per person.
Save \$10 each when you register two or more!



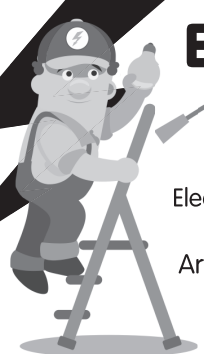
Scuba Diving & Snorkeling
780.483.0044
11781-156 St., Edmonton

Or, discover **Snorkelling!**
\$30 per person. Save \$5 each when you register two or more!

CALL OR REGISTER ONLINE

www.thediveoutfitters.ca

SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA



ELECTRICIAN FOR HIRE

Residential
Light Commercial
Electrical Repairs and Renovations

Art de Leon **Master Electrician**

780.932.3858 Cell
ajdeleon63@gmail.com

www.scubagearcanada.ca

Your Weekly Horoscope

ARIES

(March 21 - April 20)



Adapting to new information may be a challenge for you. While you might be excited about new ideas, you may be hesitant to embrace them. Lucky Numbers: 8, 11, 16, 22, 24, 34.

TAURUS

(April 21 - May 21)



You may have important discussions with people you are very close to. Connecting with your roots might be the theme, with an emphasis on looking objectively at the past. Lucky Numbers: 1, 2, 9, 12, 32, 42.

GEMINI

(May 22 - June 21)



You may be more perceptive than usual. You could see other people's true colours more clearly, and you might discover the hidden aspect of the situation. Lucky Numbers: 6, 19, 24, 36, 40, 47.

CANCER

(June 22 - July 22)



Superficial answers may not satisfy you. This might be an ideal time to look for something that could have been hidden, in order to learn more about your true feelings. Lucky Numbers: 11, 16, 21, 26, 31, 36.

LEO

(July 23 - Aug. 23)



You may start to feel as if you have been following the crowd for far too long. You might now seek a more spontaneous and creative lifestyle for yourself. Lucky Numbers: 5, 15, 25, 30, 35, 40.

VIRGO

(Aug. 24 - Sept. 23)



Your efforts may be well received, allowing your inner harmony to prevail. You could move forward with creative projects and express yourself more comfortably. Lucky Numbers: 14, 27, 29, 35, 41, 47.

LIBRA

(Sept. 24 - Oct. 23)



You may want to beautify your home. You might decide to paint or rearrange furniture, done simply, but to your tastes. Changes now could be good for you. Lucky Numbers: 3, 4, 10, 13, 33, 43.

SCORPIO

(Oct. 24 - Nov. 22)



You may need feedback from others. Conversations with your partners and friends could be critical. You might have to really listen and learn from others. Lucky Numbers: 6, 8, 17, 23, 30, 42.

SAGITTARIUS

(Nov. 23 - Dec. 21)



Making decisions may be favoured right now. Reaching out to others who can help you take care of business in an orderly way could happen. Lucky Numbers: 10, 12, 15, 30, 35, 47.

CAPRICORN

(Dec. 22 - Jan. 20)



This may be a good time to reach out to people and to get their input or counsel. Listen to your partner or a friend who can enlighten you on the situation. Lucky Numbers: 9, 19, 20, 29, 39, 49.

AQUARIUS

(Jan. 21 - Feb. 19)



Your life's direction may come into greater focus. You might gain a stronger sense of purpose, which could energize your efforts to move toward your goals. Lucky Numbers: 2, 22, 27, 32, 37, 42.

PISCES

(Feb. 20 - March 20)



You may want to reveal your concerns regarding a professional matter. Contact with those in charge might be appreciated and could be a positive for you. Lucky Numbers: 5, 6, 21, 36, 41, 45.

Lucky numbers this week: This week's odds favour Gemini winners with the luckiest number being 6.

Did You Know...

Powerful quote: Sir Francis Bacon is famous for first using the phrase "knowledge is power," in 1597. He was an English philosopher, statesman, and essayist, and known for ardently supporting the scientific revolution.

Transparent car: For the 1939 World's Fair, General Motors built the Pontiac Ghost Car, billed as the first transparent car. Created in partnership with Rohm and Hass, which invented plexiglass, the Ghost Car offered a clear view of the vehicle's engine.

Big bill: A shoebill is a large bird with stalk-like legs and a huge bill that resembles a shoe. These birds live in parts of East Africa, usually close to where they can find fish and other small prey, such as frogs and snails.

Old gum: When enjoying your next stick of gum, here is something to think about. The oldest chewing gum ever found dates back 5,000 years! It was found in a lump of bark tar that showed well-defined tooth prints.

Take a swing: It's generally agreed that the game of golf originated in Scotland during the 15th century. But there's also evidence that the Scots' game was inspired by stick-and-ball games played at the time in France, Germany, and the Low Countries.

On the Lighter Side

Teacher: "I hope I didn't see you looking at Fred's test paper."
Student: "I hope you didn't see me either."

Stop playing at being so serious and start playing seriously.

If it's zero degrees outside today, and it's supposed to be twice as cold tomorrow, how cold it is going to be?

Genius may have its limitations, but stupidity is not thus handicapped.

What did the two strings do in the race? They tied.

Answers

Trivia answers: 1. Westons 2. Tapas 3. Bamboo 4. Wrestling 5. Automatic Teller Machine

For available franchise opportunities – visit coffeenewscanada.com
© Published with Permission by Capital Marketing Ltd

Recipe of the month

Spring Pea Pasta

1 pound pasta
3-4 cups fresh peas
5 scallions, thinly sliced
1 shallot, very finely diced
1 cup chopped fresh mint
1 cup chopped Italian parsley
½ cup olive oil

2 lemons – zest and ¼ cup juice
2 cups fresh pea shoots, baby spinach or arugula
1 teaspoon salt (plus more to taste)
½ teaspoon pepper
1 tablespoon truffle oil
Optional: goat cheese crumbles

Prep Time: 15 mins. Cook time: 10 mins. Yield: 4 (main) or 8 (side)

- Boil pasta in a generous amount of salted water per directions.
- During the very last minute of cooking, if serving this as a warm entrée, add the peas to the pasta and just lightly blanch.
- While the pasta is cooking, prep the rest of the ingredients.
- Chop the scallions, shallots and herbs.
- Zest two lemons, and measure out ¼ cup lemon juice.
- Once the pasta is just about done, add the peas to the boiling pasta water and blanch for one minute, or just until bright green. Immediately drain, place pasta and peas in large bowl, drizzle with olive oil, lemon juice and season with 1 tsp salt and ½ tsp pepper.
- Toss in the pea shoots (or other greens) and add the scallions, shallot, herbs and lemon zest. Stir.
- Taste, adjusting salt and lemon juice, adding more of both, if necessary.
- Drizzle with truffle oil, serve immediately.

If making this as a pasta salad, rinse pasta and peas in very cold water to stop the peas from cooking any longer. Add goat cheese right before serving.

Source: www.feastingathome.com

EMPLOY Abilities FOR NEWCOMERS

LOOKING FOR HELP? NEW TO ALBERTA?

We provide services for newcomers with permanent barriers with a fast, pre-employment program, to help you get ahead!

This program offers the following **FREE** services:

- Private one-on-one job search advice
- Training to get you ahead with your job search
- Strategies to help you succeed at work
- Networking to help you with your goals

CONTACT EMPLOYABILITIES TODAY!

Contact us by phone at 780.945.4643 or email michael@employabilities.ab.ca

Financed by: Immigration, Refugees and Citizenship Canada

For the first time ever...

Advertise Your Restaurant Here!*

For complete details, call Sam at 780-264-2552

Qualifying distributors of **Coffee News** receive **FIRST MONTH FREE!****

Coffee News #supportlocal Initiative

Did you know Gold Canyon Candles went out of business in March 2020?

Sunset Scents is a new candle company that was formed by two former Gold Canyon executives who have over 20 years in the candle industry.

PSC Prairie Scented Candles

Sunset Scents a Ray of Fragrance

We are recreating your Gold Canyon favourites like Fall Leaves (aka Autumn Walk), Hot Apple Cider (aka Mulled Cider), Christmas Wreath (aka Holiday Wreath), Ginger Lime and many more!

priariescentedcandles@gmail.com
www.priariescentedcandles.com

Create a variety pack of 24 and get 24 for FREE!

Limit 1 per customer per day, in store offer only. Expires June 30th, 2021.

50+ Keto Syrups

500+ K-Cups PODS Davinci Syrups

singlecup.ca

Mon-Sat, 9-5

Calgary 403-354-4962 #3, 401-33 St. NE

Edmonton 587-357-0955 9754-45 Ave. NW

FREE SHIPPING \$60+

Supporting you is my priority

Please contact me if there is anything I can do to help you during this difficult time.

Jennifer Miles, Agent
780-460-2279

Desjardins Insurance