

Struggling To Take Care of Your Feet?

Whether you suffer from ingrown nails, athlete's foot, corns, skin and nail fungus infections, or other common foot ailments... help is just a call away with Certified Podologist, Marion.

Toes On The Go Footcare

Call today for more information: 403-620-7851
marion@toesonthego.care • toesonthego.care

FREE SCRAP CAR REMOVAL

DJ'S TOWING

MENTION THIS AD AND RECEIVE UP TO \$200 FOR YOUR SCRAP VEHICLE
CALL 403-922-2412

Without our advertisers, Coffee News would not exist

Please support them!

THIS SPACE FOR RENT

403-355-6316

SHOP ONLINE!

www.scubagearcanada.ca

• Snorkelling Gear • Reef-Safe Sunscreen
• Beach Water Shoes • Dry Bags & Wallets • UV Shirts

The Dive Outfitters

Learn to SCUBA DIVE at our Edmonton location - call for details
11781-156 St., Edmonton 780.483.0044

SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

COLD SHOT
A DIVISION OF BALWARIA EMPIRE PVT. LTD.

PASSENGER & PARCEL SERVICES

SHIP BY BUS

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: www.coldshotca.com
Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

Happy **VICTORIA DAY**

from your friends at **Coffee News**



HELP STOP THE SPREAD!

1. Wear a mask
2. Keep your distance - six feet!
3. Wash your hands
4. Take your copy of Coffee News home with you

Stay safe!
A message from your friends at **Coffee News**

FREE! *New Issue Every Week!*

Coffee News[®]

"News To Be Enjoyed Over Coffee"

East Memorial Calgary Edition
403-355-6316



www.coffee-news.ca Est. 1988

Vol. 11 No. 20 May 17, 2021

Everybody's Talking

Odd house: In Deerfield, Illinois (U.S.), a suburb of Chicago, one house draws considerable attention from passersby. Known as the "Pie House," this structure has been positioned on a narrow lot in a desirable area of town since it was built in 2003. To make use of the limited space, the developer designed a long, narrow home. It is complete with a modern kitchen, nice bedrooms, two-and-a-half bathrooms, and hardwood floors. When it was originally built, neighbours complained. Since then, the home has become known as a unique addition to the architecture of the area.

Salty scenes: Artists have been known to use a variety of materials to create their work. For Bashir Sultani of Toronto, Ontario (Canada), that medium is salt. Using such tools as Q-tips and razor blades, Sultani moves the salt around on a black background to design the scene, which could be a celebrity's face or a plate of food. Earlier in his career, Sultani, who was born in Afghanistan, used only white salt to produce black-and-white pieces. Now he uses salt of various colours to add more realism to his work, making a hamburger loaded with lettuce, tomatoes, and cheese appear to be truly edible.

Big babies: The North American term, "failure to launch," refers to adult children who end up being supported by their parents for much longer than may be reasonable. In Italy, these individuals are known as bamboccioni, which means "big babies." In that country, a judge recently ruled that a part-time music teacher in his thirties did not have the right to expect his parents to support him. Until the ruling, the teacher's parents had been providing him with 300 Euros a month. The judge was clear that she would not make such a ruling if an adult child has special needs, but healthy adults should be expected to support themselves.

Hungry, but happy: Chen Yongen of Cangbaotian village, Guizhou Province, China, was thrilled to find that his pet dog had survived calamity. The village had experienced a landslide during which everyone had to leave in a hurry. Because many buildings were demolished, villagers were unable to return for over a month, due to safety concerns. The pooch had been on his chain and was unable to run to find shelter, so the pet owner feared for the dog's safety. When the owner was allowed back home, he could hear barking under the rubble. With help from villagers, he was able to dig out his scared and hungry pet, which was overjoyed to see his owner.

Quoteable Quotes

"Are not flowers the stars of earth?" —Clara Lucas Balfour
"Observation is a passive science, experimentation an active science." —Claude Bernard

What's Happening

Online event posting During the Pandemic, we are happy to post your online event in the What's Happening section of Coffee News. Please visit our website at www.coffee-news.ca to submit your event.

NON profit organizations may submit events for FREE at www.coffee-news.ca/whats-happening

Hidden Coffee News Guy ADVENTURE

Find the Coffee News Guy hidden in one of the ads, then enter to win!

\$400* Prize Package

*Coffee News Bucks
Over 150 participating sponsors!

4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

To enter, visit www.coffee-news.ca

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

Trivia

1. Which Russian cosmonaut was the first to travel to outer space?
2. The first Harley-Davidson motorcycle was marketed in 1903, 1922, or 1932?
3. Darjeeling, Earl Grey, and Oolong are types of what product?
4. How many U.S. gallons of liquid does a 10-gallon hat hold?
5. What is the dream phase of sleep called?

(Flip bottom of page for answers)

© Published with Permission by Calgary Coffee News

(Over)

STEP AHEAD

REFER A SENIOR FOR THIS FREE PROGRAM TODAY



Do you know a Deaf or Hard of Hearing senior in your community needs help using technology to connect with friends, family or services?

Deaf & Hear Alberta's Step Ahead program connects isolated Deaf & Hard of Hearing seniors with trained and screened volunteers for friendly conversation and learning opportunities.

TO LEARN MORE: 403-284-6208
Deaf & Hear Alberta

Funded by the Government of Canada's Free Homecare for Seniors Program

Can't get to your Coffee News each week?

Check out our PDF editions online!
New editions are posted every Monday

Sign up here to receive email notifications of new editions.
Now you never have to miss your weekly dose of good news!



www.coffee-news.ca/editions

HIP/KNEE REPLACEMENT?

Other medical conditions causing TROUBLE WALKING or DRESSING?

The Disability Tax Credit allows for

\$3,000 YEARLY TAX CREDIT
and **\$30,000 LUMP SUM REFUND**


For Expert Help:
1.844.453.5372

FREE ASSESSMENT CALL TODAY!

BBB

HELPING HOMEOWNERS START OR FINISH THEIR HOME PROJECTS

CALGARY HANDYMAN SERVICES



CALL/TEXT TODAY: 403.852.7505
calgaryhandymanservices@telus.net

DRYWALL	INSTALLATION
PAINTING	BATHROOM RENOS
PLUMBING	FLOORING
ELECTRICAL	...AND MORE!

RIVERVIEW VILLAGE

Right Home. Right Time. Right Place.

55+ Senior Affordable Housing Family Units • Meal Delivery Plan Available

2933 26 Ave SE Calgary Call for details

bethany
CREATING CARING COMMUNITIES

403.272.8615/403.441.0673

Prepare for unexpected power outages with a Generac home standby generator

REQUEST A FREE QUOTE!
888-688-0973

FREE 7-Year Extended Warranty*
An \$895 Value!

Offer valid February 15 - June 6, 2021

*To qualify, consumers must request a quote, purchase, install and activate the generator with a participating dealer. Call for a full list of terms and conditions.



FRASIER

WEEKNIGHTS 6:00(EST) / 6:30(MT)

yesTV



Coffee News is so popular... even our competitors read it!



Faulty Alarm or Security Emergency?

Is your current security company not helping? Are you thinking about a video doorbell? Maybe you'd like to know what's new in home security?

PROVIDING DEPENDABLE, COST-EFFECTIVE ALARM SERVICES TO THE CALGARY AREA SINCE 1983

CALL OUR EXPERTS TODAY!
DYNOVAC PLUS SECURITY
 403-262-1980 | dynovacplus@shaw.ca

ALBERTA HEARING CENTER

Mark Ganden B.Sc., BC-HIS

Please call for an appointment
403.668.7776
 Chestermere's ONLY locally owned and operated hearing clinic!

Oasis Medical Centre
 #201, 175 Chestermere Station Way

Easthills Family Medical
 #531, 409 East Hills Blvd SE, Calgary

Hearing Tests (ages 4 to adult)
 Hearing Aids
 Batteries
 Ear Plugs
 AADL, WCB, DVA & "Private"

Because No One Wants to See Your Crack

WINDSHIELDS | TIRES | MUCH MORE

High River's **COUNTRY CHRYSLER**
403-652-4949
 1103, 14 STREET SE • HIGH RIVER

SAVE 20%
 ON A NEW WINDSHIELD WHEN YOU BRING IN THIS AD!

Have You Had A Stroke?

For support and education:

- Stroke Recovery Association of Calgary (SRAC)
- Calgary Aphasia Centre (CAC)
- Young Survivors Group (YSS)

Phone **403.827.7520**
 www.sracalgary.com • www.calgaryaphasia.com
 ysscalgary@gmail.com • Calgary.Aphasia.Centre@gmail.com

Did you know Gold Canyon Candles went out of business in March 2020? Sunset Scents is a new candle company that was formed by two former Gold Canyon executives who have over 20 years in the candle industry.

PSC Prairie Scented Candles
 Sunset Scents A Ray of Fragrance

We are recreating your Gold Canyon favourites like Fall Leaves (aka Autumn Walk), Hot Apple Cider (aka Mulled Cider), Christmas Wreath (aka Holiday Wreath), Ginger Lime and many more!

prairiescentedcandles@gmail.com
 www.prairiescentedcandles.com

BINGO BARN

The Place To Play Everyday!

2 Mornings - Sat & Sun • 7 Afternoons • 7 Evenings • 2 Late Nights - Fri & Sat

Bingo Info Line:
403-235-2118
 #10, 1107 33rd St. N.E. • www.BingoBarn.ca

Love Coffee News?

Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to contests@coffee-news.ca
 Please put "Readers" in the subject line.

Please include:
 1 Your name 2 Your phone number and 3 Your address so that we can send you some cool prizes if your photo is chosen to appear in the paper!

Coffee News Fun Reading. Serious Advertising.

Reader of the Month
 Thomas Acheson • Calgary, AB

Every \$3.51 You Give = **1 MEAL FOR A HOMELESS NEIGHBOUR**

Give Hope. Give Today.
TheSeed.ca/donate

THE MUSTARD SEED

World's Largest Restaurant Publication!

Your Weekly Horoscope

ARIES (March 21 - April 20)
 Harmonious relationships may be very important to you. Taking some initiative could provide support from those in a position to assist you in your goals. Lucky Numbers: 3, 18, 24, 30, 36, 42.

LIBRA (Sept. 24 - Oct. 23)
 Opportunities for enjoyable social interactions may occur now. Financial plans could go smoothly, and personal relationships might be more harmonious. Lucky Numbers: 11, 15, 19, 31, 35, 39.

TAURUS (April 21 - May 21)
 A goal or vision you may have been working toward could come to fruition. Your optimistic attitude could gain momentum and positive recognition. Lucky Numbers: 23, 26, 33, 36, 43, 46.

SCORPIO (Oct. 24 - Nov. 22)
 Your communication skills may be excellent now. This could be the right time to discuss feelings and clear the air of any past grievances you might have had. Lucky Numbers: 14, 18, 23, 31, 40, 44.

GEMINI (May 22 - June 21)
 You may feel like socializing, but might not want to put out any great expenditure of energy. Relaxation, enjoyment, and pleasure might be needed now. Lucky Numbers: 4, 13, 24, 33, 43, 44.

SAGITTARIUS (Nov. 23 - Dec. 21)
 You may really enjoy art, theatre, music, and your own inner world of fantasy. Your imagination and interest in spiritual matters might come to the fore. Lucky Numbers: 4, 8, 20, 24, 43, 46.

CANCER (June 22 - July 22)
 A difference of opinion may arise, and you might have to challenge someone. Your mind may be sharp, allowing you to reason in ways that are more cooperative with others. Lucky Numbers: 20, 28, 30, 37, 40, 46.

CAPRICORN (Dec. 22 - Jan. 20)
 Opportunities for friendship, cooperation, and shared happiness may arise. The warmth and goodwill you generate now might be a benefit to you later on. Lucky Numbers: 2, 4, 12, 24, 42, 44.

LEO (July 23 - Aug. 23)
 This may be a very positive time in your marriage or closest relationships. You need to be together and to share loving feelings could be very strong now. Lucky Numbers: 4, 17, 21, 25, 28, 36.

AQUARIUS (Jan. 21 - Feb. 19)
 You may have more energy and fun now. You might be in harmony with those in your circle of friends. There could be a sense of cooperation, rather than resistance. Lucky Numbers: 12, 15, 18, 21, 22, 25.

VIRGO (Aug. 24 - Sept. 23)
 You may feel confident and ambitious, and enjoy athletic events and sports. You also might feel energetic and optimistic about your own personal growth. Lucky Numbers: 6, 11, 17, 19, 36, 42.

PISCES (Feb. 20 - March 20)
 Social gatherings may be very positive. You could be inclined to make your home more inviting. You might even want to enhance your own personal look in some way. Lucky Numbers: 4, 16, 21, 27, 32, 39.

Lucky numbers this week: This week's odds favour Aries winners with the luckiest number being 3.

Did You Know...

Another name: Art lovers are familiar with "Mona Lisa," the famous painting by Leonardo da Vinci. It's also known as "La Gioconda," after its possible subject, Lisa Gherardini, the wife of a wealthy Italian merchant named Francesco del Giocondo.

Good eyesight: Giraffes have two very distinct advantages over other animals. They're tall enough to munch leaves at treetop level, and they have such excellent eyesight they can spot a threat coming from at least a mile away.

Not a UFO: People often spot unidentified flying objects in the night sky, but another kind of UFOs exist in the quilting world. UFOs are what quilters call their unfinished objects. They can be unfinished for a variety of reasons, including simply running out of fabric.

Little flute: The piccolo, which means "little" in Italian, is a musical cousin to the flute. A member of the woodwind family, its sound is an octave higher than a flute. The piccolo is the highest pitched instrument in the orchestra.

The Equator: The South American country of Ecuador derives its name from the word's Spanish meaning: the equator. The Equator runs through the country, and in San Antonio Parish there is a 30-metre (98-ft.) monument to mark the location.

On the Lighter Side

Everyone learns from other people's mistakes – none of us has time to think them all up for ourselves.

What would a chair look like if your knees bent the other way?

During a grammar class, the teacher spots one of her pupils staring out the window. "Hey, Peter!" she shouts, "Give me two pronouns." Peter answers, "Who? Me?"

People who say it cannot be done are often interrupted by the person doing it.

What did one candle say to the other candle? Let's go out tonight.

Answers

Trivia answers: 1. Yuri Gagarin 2. 1903 3. Tea 4. 3/4 of a gallon 5. REM

Pregnant? Facing Difficult Decisions?

We can help.
 Call **780.421.1177** or text **587.596.5380**

- Confidential Pregnancy Counselling
- Support and Connection to Resources
- Adoption Information and Advice

Small Miracles Adoption

www.smallmiraclesadoption.com

One solution for oxygen at home, away, and for travel

Introducing the INOGEN ONE – It's oxygen therapy on your terms

No more tanks to refill. No more deliveries. No more hassles with travel. The INOGEN ONE portable oxygen concentrator is designed to provide unparalleled freedom for oxygen therapy users. It's small, lightweight, clinically proven for stationary and portable use, during the day and at night, and can go virtually anywhere — even on most airlines. Inogen accepts Medicare and many private insurances!

Call Inogen Today To Request Your FREE Info Kit
1-888-998-6714

Reclaim Your Freedom And Independence NOW!

inogen

© 2020 Inogen, Inc. All rights reserved. MKT-P0108

From Port Alberni, B.C. to St. John's, Newfoundland

Served in **1579** restaurants and coffee shops

Read by over 1.25 million Canadians per week

Coffee News is Canada's choice for positive news from around the world!

Recipe of the month

Cheesy Broccoli Soup in a Bread Bowl

1/4 cup butter, cubed
 1/2 cup chopped onion
 2 garlic cloves, minced
 4 cups fresh broccoli florets (about 8 ounces)
 1 large carrot, finely chopped
 3 cups chicken stock
 2 cups half-and-half cream
 2 bay leaves
 1/2 teaspoon salt
 1/4 teaspoon ground nutmeg

1/4 teaspoon pepper
 1/4 cup cornstarch
 1/4 cup water or additional chicken stock
 2-1/2 cups shredded cheddar cheese (about 8 ounces each), optional
 Optional toppings: Crumbled cooked bacon, additional shredded cheddar cheese, ground nutmeg and pepper

Prep Time: 15 mins. Cook time: 30 mins. Yield: 6 servings

- In a 6-qt. stockpot, heat butter over medium heat; sauté onion and garlic until tender, 6-8 minutes. Stir in broccoli, carrot, stock, cream and seasonings; bring to a boil. Simmer, uncovered, until vegetables are tender, 10-12 minutes.
- Mix cornstarch and water until smooth; stir into soup. Bring to a boil, stirring occasionally; cook and stir until thickened, 1-2 minutes. Remove bay leaves. Stir in cheese until melted.
- If using bread bowls, cut a slice off the top of each bread loaf; hollow out bottoms, leaving 1/4-in.-thick shells (save removed bread for another use). Fill with soup just before serving.
- If desired, serve soup with toppings.

Source: www.tasteofhome.com

Specializing in simple, affordable hair!

- 27 Years Experience
- No Ammonia Chemical Services
- Artificial Fragrance Free

Hairssentials

2631-37 Street SE, Calgary
403-875-8790
hairssentials.business.site

DO THE MATH!

If you advertise in a monthly publication, your ad is seen 12 times a year.
 If you advertise in a bimonthly publication, your ad is seen 6 times a year.

If you advertise in **Coffee News**, your ad is seen **52 times a year!**

It takes the average person 8 - 10 times to see a message and retain it.

So, where would you want YOUR ad to be?

Coffee News = Repetition