



FRASIER WEEKNIGHTS
6:00 (EST) / 6:30 (MT)
yesTV

FREE! New Issue Every Week!
Coffee News[®]
"News To Be Enjoyed Over Coffee"
Ponoka Edition
877-553-6397
www.coffee-news.ca

Visit us on Facebook-CoffeeNewsWeekly

BUILD YOUR SUMMER SANCTUARY
2130 2001 TWP RD 474, LEDUC COUNTY
MLS E4203834 | \$119,900
• Mitchell Beach at Pigeon Lake
• NOT IN A SUMMER VILLAGE
• Lot measures 70 ft. wide, 180 ft. deep = 0.29 Acre
• Mother Nature offers YOU a blank slate
• Short stroll to beach via park reserve

DIAMOND IN THE ROUGH!

Doreen Noppers
C: 780-885-7398
doreen.noppers@royalalpage.ca

ROYALALPAGE
REAL ESTATE PROFESSIONAL
NORALTA REAL ESTATE
O: 780.962.4950
202 Main Street
Spruce Grove TX 0G2

HELP STOP THE SPREAD!



Stay safe!
A message from your friends at **Coffee News**

THIS SPACE FOR RENT
877-553-6397

For the first time ever...
Advertise Your Restaurant Here!*
For complete details, call Sam at 780-264-2552
Qualifying distributors of **Coffee News** receive **FIRST MONTH FREE!****
* Space restrictions may apply. ** On 6 month term.
Coffee News #supportlocal Initiative

PRESTIGE GREEN 2020
6701 Hwy 53, Bay 160
Stampede Plaza, Ponoka
403-704-2742
@prestigegreencannabis
prestigegreen.com

PLEASE ASK US FOR STARTER PACK
200+ Delicious Meals Made for SENIORS!
NOW SERVING THIS COMMUNITY!
✓ Free Delivery*
✓ No Obligations
✓ No Minimum Orders*
* Some conditions apply
Request your **FREE MENU Catalogue** today!
780-666-2336
TF: 1-800-704-4779
HEART TO HOME MEALS
DELICIOUS MEALS MADE FOR SENIORS[™]
www.hearttohomeals.ca

MORE SELECTION THAN ANY OTHER WINDOW COVERING SOURCE!
REAL™
1 8558 GO REAL REALBLINDS.CA
REAL BLINDS SUPERSTORE
We make 100+ kinds of blinds
We stock 15 million feet of inventory
SAVE 50%
EDMONTON 10510-107 Ave. NW (main floor) 780-250-7325
VEGREVILLE 5006-52 Avenue 780-632-2142
DERWENT 118 Main Road 780-741-2376
BONNYVILLE/COLD LAKE 780-826-2239
WAINWRIGHT/PROVOST 780-842-2477
LLOYDMINSTER 780-875-1093

Sour Gas and Odour Control Treatment
S.O.S. SOUR AND ODOUR SERVICES
1-888-909-9976
info@sourandodour.com | www.sourandodour.com

Customized Solutions to meet your specific requirements:
• Vapours emitted from sour oil and water tanks
• De-pressuring of pig senders and receivers
• Venting of liners in sour pipelines
• De-hy condensation tank vapours
• Loading and unloading tank trucks
• Vacuum truck blower discharges
• Catadyne heater fuel sweetening
• Ventilation of sewage lift-stations
• Ventilation of electrical panels

Vol. 18 No. 20 May 17, 2021

Everybody's Talking

Odd house: In Deerfield, Illinois (U.S.), a suburb of Chicago, one house draws considerable attention from passersby. Known as the "Pie House," this structure has been positioned on a narrow lot in a desirable area of town since it was built in 2003. To make use of the limited space, the developer designed a long, narrow home. It is complete with a modern kitchen, nice bedrooms, two-and-a-half bathrooms, and hardwood floors. When it was originally built, neighbours complained. Since then, the home has become known as a unique addition to the architecture of the area.

Salty scenes: Artists have been known to use a variety of materials to create their work. For Bashir Sultani of Toronto, Ontario (Canada), that medium is salt. Using such tools as Q-tips and razor blades, Sultani moves the salt around on a black background to design the scene, which could be a celebrity's face or a plate of food. Earlier in his career, Sultani, who was born in Afghanistan, used only white salt to produce black-and-white pieces. Now he uses salt of various colours to add more realism to his work, making a hamburger loaded with lettuce, tomatoes, and cheese appear to be truly edible.

Big babies: The North American term, "failure to launch," refers to adult children who end up being supported by their parents for much longer than may be reasonable. In Italy, these individuals are known as bamboccioni, which means "big babies." In that country, a judge recently ruled that a part-time music teacher in his thirties did not have the right to expect his parents to support him. Until the ruling, the teacher's parents had been providing him with 300 Euros a month. The judge was clear that she would not make such a ruling if an adult child has special needs, but healthy adults should be expected to support themselves.

Hungry, but happy: Chen Yongen of Cangbaotian village, Guizhou Province, China, was thrilled to find that his pet dog had survived calamity. The village had experienced a landslide during which everyone had to leave in a hurry. Because many buildings were demolished, villagers were unable to return for over a month, due to safety concerns. The pooch had been on his chain and was unable to run to find shelter, so the pet owner feared for the dog's safety. When the owner was allowed back home, he could hear barking under the rubble. With help from villagers, he was able to dig out his scared and hungry pet, which was overjoyed to see his owner.

Quoteable Quotes
"Are not flowers the stars of earth?" —Clara Lucas Balfour
"Observation is a passive science, experimentation an active science." —Claude Bernard

What's Happening
Online event posting During the Pandemic, we are happy to post your online event in the What's Happening section of Coffee News. Please visit our website at www.coffee-news.ca to submit your event.
Feb 4 to May 29 - \$45,000.00 CASH RAFFLE Derwent Agricultural Society are raising money to repair our community hall. There are 1999 tickets printed so 1 in 666 chance of winning. Tickets are \$50.00 call Connie at 780 977 4714. Raffle license no. 532108 Draw extended to May 29 due to Covid.
Sundre Farmers Market. The market starts back for the season on May 21st and will run Friday's from 430-7PM until September. Visit vendors at the Sundre Curling Rink.

NON profit organizations may submit events for FREE at
www.coffee-news.ca/whats-happening

Hidden Coffee News Guy ADVENTURE
To enter, visit **www.coffee-news.ca**
Submit your birth date and we'll send you a birthday card with valuable offers on your special day!
Find the Coffee News Guy hidden in one of the ads, then enter to win!
\$400* Prize Package
* Coffee News Bucks
Over 150 participating sponsors!
4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries.

Trivia

1. Which Russian cosmonaut was the first to travel to outer space?
2. The first Harley-Davidson motorcycle was marketed in 1903, 1922, or 1932?
3. Darjeeling, Earl Grey, and Oolong are types of what product?
4. How many U.S. gallons of liquid does a 10-gallon hat hold?
5. What is the dream phase of sleep called?

(Flip bottom of page for answers)
© Published with Permission by Capital Marketing Ltd
(Over)

Made in Alberta Products | Candy Corner | Coffee & Tea | Earth Friendly

STAR STORE at The Wetaskiwin Heritage Museum Downtown
Gifts & Wool
100% OF PROCEEDS SUPPORT OUR PROGRAMS AND SERVICES
Head for the Star on Main Street 5007 - 50 Ave
Follow the Star online https://starsstoreonline.com/
Essential Oils & Candles | Fibre | Clothing | Socks & Stuff | Souvenirs | Yarn

This Space for Rent.
877-553-6397

Tinnitus Therapy available using new Stytleto
Rechargeable Hearing Aids Available
Did you know all seniors and low income adults qualify for \$900-\$2400 towards hearing aids?
Signia Stytleto
Unique and beautifully designed hearing aid
Call for an appointment

EYES + EARS
OPTICAL + HEARING CO.
403.790.2020 • 4502-50 Street, Ponoka
FINANCING FOR HEARING AIDS NOW AVAILABLE

Without our advertisers, Coffee News would not exist
Please support them!

COLD SHOT
A DIVISION OF BALWARIA EMPIRE PVT. LTD.
PASSENGER & PARCEL SERVICES
SHIP BY BUS
GET YOUR REWARD CARD TO GET A FREE TICKET!
Parcel Website: **www.coldshotca.com**
Passenger Website: **www.coldshot.ca**
TICKETS: 587-557-7719 | PARCEL: 587-557-7718
SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

Pregnant? Facing Difficult Decisions?
We can help.
Call 780.421.1177 or text 587.596.5380

• Confidential Pregnancy Counselling
• Support and Connection to Resources
• Adoption Information and Advice

A Small Miracle Adoption
Adoption is the ultimate expression of a committed heart
www.smallmiraclesadoption.com
www.scubagearcanada.ca

BrullerCorp

FIRE RESCUE SAFETY INDUSTRIAL SUPPLY
P:780-361-8275 BRULLERCORP.COM

Up Your Protection

\$1.10 ea. Niosh N95 Masks
Bags of 50



"INNOVATIVE PRODUCT PLACEMENT"

Like us on Facebook

...to keep updated on **WEEKLY** contests in which you can enter to win tickets to sports events, entertainment events, Coffee News Bucks and more!



<https://www.facebook.com/CoffeeNewsWeekly>

Recipe of the month

Spring Pea Pasta

- | | |
|-------------------------------|--|
| 1 pound pasta | 2 lemons – zest and ¼ cup juice |
| 3-4 cups fresh peas | 2 cups fresh pea shoots, baby spinach or arugula |
| 5 shallots, thinly sliced | 1 teaspoon salt (plus more to taste) |
| 1 shallot, very finely diced | ½ teaspoon pepper |
| 1 cup chopped fresh mint | 1 tablespoon truffle oil |
| 1 cup chopped Italian parsley | Optional: goat cheese crumbles |
| ½ cup olive oil | |
- Prep Time: 15 mins. Cook time: 10 mins. Yield: 4 (main) or 8 (side)
- Boil pasta in a generous amount of salted water per directions.
 - During the very last minute of cooking, if serving this as a warm entrée, add the peas to the pasta and just lightly blanch.
 - While the pasta is cooking, prep the rest of the ingredients.
 - Chop the shallots, shallots and herbs.
 - Zest two lemons, and measure out ¼ cup lemon juice.
 - Once the pasta is just about done, add the peas to the boiling pasta water and blanch for one minute, or just until bright green. Immediately drain, place pasta and peas in large bowl, drizzle with olive oil, lemon juice and season with 1 tsp salt and ½ tsp pepper.
 - Toss in the pea shoots (or other greens) and add the shallots, shallot, herbs and lemon zest. Stir.
 - Taste, adjusting salt and lemon juice, adding more of both, if necessary.
 - Drizzle with truffle oil; serve immediately.
- If making this as a pasta salad, rinse pasta and peas in very cold water to stop the peas from cooking any longer. Add goat cheese right before serving.

Source: www.feastingathome.com

Your Weekly Horoscope

ARIES (March 21 - April 20)



Harmonious relationships may be very important to you. Taking some initiative could provide support from those in a position to assist you in your goals. Lucky Numbers: 3, 18, 24, 30, 36, 42.

TAURUS (April 21 - May 21)



A goal or vision you may have been working toward could come to fruition. Your optimistic attitude could gain momentum and positive recognition. Lucky Numbers: 23, 26, 33, 36, 43, 46.

GEMINI (May 22 - June 21)



You may feel like socializing, but might not want to put out any great expenditure of energy. Relaxation, enjoyment, and pleasure might be needed now. Lucky Numbers: 4, 13, 24, 33, 43, 44.

CANCER (June 22 - July 22)



A difference of opinion may arise, and you might have to challenge someone. Your mind may be sharp, allowing you to reason in ways that are more cooperative with others. Lucky Numbers: 20, 28, 30, 37, 40, 46.

LEO (July 23 - Aug. 23)



This may be a very positive time in your marriage or closest relationships. Your need to be together and to share loving feelings could be very strong now. Lucky Numbers: 4, 17, 21, 25, 28, 36.

VIRGO (Aug. 24 - Sept. 23)



You may feel confident and ambitious, and enjoy athletic events and sports. You also might feel energetic and optimistic about your own personal growth. Lucky Numbers: 6, 11, 17, 19, 36, 42.

LIBRA (Sept. 24 - Oct. 23)



Opportunities for enjoyable social interactions may occur now. Financial plans could go smoothly, and personal relationships might be more harmonious. Lucky Numbers: 11, 15, 19, 31, 35, 39.

SCORPIO (Oct. 24 - Nov. 22)



Your communication skills may be excellent now. This could be the right time to discuss feelings and clear the air of any past grievances you might have had. Lucky Numbers: 14, 18, 23, 31, 40, 44.

SAGITTARIUS (Nov. 23 - Dec. 21)



You may really enjoy art, theatre, music, and your own inner world of fantasy. Your imagination and interest in spiritual matters might come to the fore. Lucky Numbers: 4, 8, 20, 24, 43, 46.

CAPRICORN (Dec. 22 - Jan. 20)



Opportunities for friendship, cooperation, and shared happiness may arise. The warmth and goodwill you generate now might be a benefit to you later on. Lucky Numbers: 2, 4, 12, 24, 42, 44.

AQUARIUS (Jan. 21 - Feb. 19)



You may have more energy and fun now. You might be in harmony with those in your circle of friends. There could be a sense of cooperation, rather than resistance. Lucky Numbers: 12, 15, 18, 21, 22, 25.

PISCES (Feb. 20 - March 20)



Social gatherings may be very positive. You could be inclined to make your home more inviting. You might even want to enhance your own personal look in some way. Lucky Numbers: 4, 16, 21, 27, 32, 39.

Lucky numbers this week: This week's odds favour Aries winners with the luckiest number being 3.

Did You Know...

Another name: Art lovers are familiar with "Mona Lisa," the famous painting by Leonardo da Vinci. It's also known as "La Gioconda," after its possible subject, Lisa Gherardini, the wife of a wealthy Italian merchant named Francesco del Giocondo.

Good eyesight: Giraffes have two very distinct advantages over other animals. They're tall enough to munch leaves at treetop level, and they have such excellent eyesight they can spot a threat coming from at least a mile away.

Not a UFO: People often spot unidentified flying objects in the night sky, but another kind of UFOs exist in the quilting world. UFOs are what quilters call their unfinished objects. They can be unfinished for a variety of reasons, including simply running out of fabric.

Little flute: The piccolo, which means "little" in Italian, is a musical cousin to the flute. A member of the woodwind family, its sound is an octave higher than a flute. The piccolo is the highest pitched instrument in the orchestra.

The Equator: The South American country of Ecuador derives its name from the word's Spanish meaning: the equator. The Equator runs through the country, and in San Antonio Parish there is a 30-metre (98-ft.) monument to mark the location.

On the Lighter Side

Everyone learns from other people's mistakes – none of us has time to think them all up for ourselves.

What would a chair look like if your knees bent the other way?

During a grammar class, the teacher spots one of her pupils staring out the window. "Hey, Peter!" she shouts, "Give me two pronouns." Peter answers, "Who? Me?"

People who say it cannot be done are often interrupted by the person doing it.

What did one candle say to the other candle? Let's go out tonight.

Answers

Trivia answers: 1. Yuri Gagarin 2. 1903 3. Tea 4. 3/4 of a gallon 5. REM

Can't get to your Coffee News® each week?

Check out our PDF editions online!
New editions are posted every Monday



Sign up here to receive email notifications of new editions. Now you never have to miss your weekly dose of good news!



www.coffee-news.ca/editions

A wish begins with **HOPE**

Hope begins with you.
Donate at makeawish.ca/createhope

Make-A-Wish
Coffee News is proud to support Make-A-Wish Northern Alberta

Call today to book your appointment!



We only want to make you SMILE

Millet Denture Clinic

780.387.3311 • 5022 - 50 Street, Millet
BARB UNGER, DD • barb@milletdenture.ca

Need ONE More Reason to Join?

- You need child support enforced
- Your landlord raises rent in violation of your verbal agreement
- You adopt a child
- A friend owes you money and files for bankruptcy
- You need help with credit card liability resolution
- Your car is vandalized in a parking lot

Call LLOYD KENNEY, Independent Associate, to find out how LegalShield can help you!

LegalShield 1-877-579-9449

Are you a business owner/office manager? Have 3-20 employees in your office? Paying too much for your current phone system?

We can save you up to 50% off your current phone rates!

How? We offer:
✓ VOIP Solutions at a fraction of the traditional carrier cost
✓ Long distance rates that outcompete the competition



587.760.2800
<https://zettatelecom.com>

One solution for oxygen at home, away, and for travel

Introducing the INOGEN ONE – It's oxygen therapy on your terms

No more tanks to refill. No more deliveries. No more hassles with travel. The INOGEN ONE portable oxygen concentrator is designed to provide unparalleled freedom for oxygen therapy users. It's small, lightweight, clinically proven for stationary and portable use, during the day and at night, and can go virtually anywhere – even on most airlines. Inogen accepts Medicare and many private insurances!

Call Inogen Today To Request Your FREE Info Kit
1-888-998-6714



Reclaim Your Freedom And Independence NOW!

inogen

© 2020 Inogen, Inc. All rights reserved. MKT-P0108

If you liked Gold Canyon Candles, you are gonna love Sunset Scents!

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!



They are the next Finest candles you will EVER find!



Sunset Scents
a RAY of Fragrance
prairiescentedcandles@gmail.com
www.prairiescentedcandles.com

HIP/KNEE REPLACEMENT?

Other medical conditions causing TROUBLE WALKING or DRESSING?
The Disability Tax Credit allows for **\$3,000 YEARLY TAX CREDIT** and **\$30,000 LUMP SUM REFUND**

For Expert Help:
1.844.453.5372

FREE ASSESSMENT CALL TODAY!

Love Coffee News?

Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to contests@coffee-news.ca
Please put "Readers" in the subject line.

Please include:
1 Your name 2 Your phone number and 3 Your address so that we can send you some cool prizes if your photo is chosen to appear in the paper!

Coffee News® Fun Reading. Serious Advertising.



SHOP ONLINE!

www.scubagearcanada.ca

- Snorkelling Gear • Reef-Safe Sunscreen
- Beach Water Shoes • Dry Bags & Wallets • UV Shirts



Learn to SCUBA DIVE at our Edmonton location – call for details
11781-156 St., Edmonton 780.483.0044



Leave a legacy and be a part of tomorrow's future, today

If you're thinking of writing or updating your will, The Alberta Lung Association is offering the chance for donors to make a simple Will for free through our partnership with the Canadian Free Wills Network.

You are not obligated to leave a gift to the Lung Association – we hope that you will see this program as the perfect way to satisfy your estate planning objectives.

BREATHE the lung association

www.ab.lung.ca/you-can-help-change-future-today



FOR MORE INFO, PLEASE VISIT:

