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month **Spring Pea Pasta** pound pasta 4 cups fresh peas 5 scallions, thinly sliced shallot, very finely diced cup chopped fresh mint cup chopped Italian parsley 2 lemons – zest and ¼ cup juice 2 cups fresh pea shoots, 2 cups fresh pea shoots, baby spinach or arugula 1 teaspoon salt (*plus more to tas* ½ teaspoon pepper 1 tablespoon truffle oil *Optional: goat cheese crumbles* parsley ½ cup olive oil p Time: 15 mins. Cook time: 10 mins. Yield: 4 (main) or 8 (side) Prep Time: 15 mins. Cook time: 10 mins. Yield: 4 (main) or 8 (side)
Boil pasta in a generous amount of salted water per directions.
During the very last minute of cooking, if serving this as a warm entrée, add the peas to the pasta and just lightly blanch.
While the pasta is cooking, prep the rest of the ingredients.
Chop the scallions, shallots and herbs.
Chop the scallions, shallots and herbs.
Conce the pasta is just about done, add the peas to the boiling pasta water and blanch for one minute, or just until bright green. Immediately drain, place pasta and peas in large bowl, drizzle with olive oil, lemon juice and season with 1 tsp salt and ½ tsp pepper.
Toss in the pea shoots (or other greens) and add the scallions, shallot, herbs and lemon juice, adding more of both, if necessary. e of both, if necessary. Drizzle with truffle oil; serve immediately If making this as a pasta salad, rinse pa and peas in very cold water to stop t ing any longer. Add

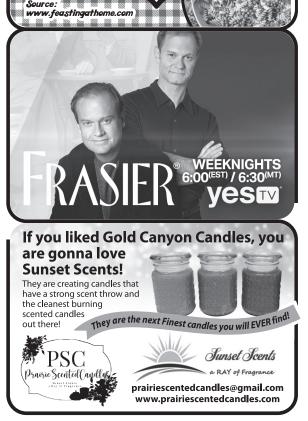


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# Trivia

1. Which Russian cosmonaut was the first to travel to outer space?

2. The first Harley-Davidson motorcycle was marketed in 1903, 1922, or 1932?

3. Darjeeling, Earl Grey, and Oolong are types of what product?

4. How many U.S. gallons of liquid does a 10-gallon hat hold?

5. What is the dream phase of sleep called?

### (Flip bottom of page for answers)

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(Sept. 24 - Oct. 23)

(Oct. 24 - Nov. 22)

14, 18, 23, 31, 40, 44. **SAGITTARIUS** 

43, 46.

**CAPRICORN** 

12, 15, 18, 21, 22, 25.

4, 16, 21, 27, 32, 39.

(Feb. 20 - March 20)

**PISCES** 

(Dec. 22 - Jan. 20)

(Nov. 23 - Dec. 21)

19, 31, 35, 39.

**SCORPIO** 

#### (March 21 - April 20)

Harmonious relationships may be very important to you. Taking some

initiative could provide support from those in a position to assist you in your goals. Lucky Numbers: 3, 18, 24, 30, 36, 42.

ns of your s us through d our daily

Readers of the Month

#### **TAURUS** (April 21 - May 21)

A goal or vision you may have been working toward could come to fruition. Your optimistic attitude could gain momentum and

positive recognition. Lucky Numbers: 23, 26, 33, 36, 43, 46. GEMINI

#### (May 22 - June 21)

You may feel like socializing, but might not want to put out any great expenditure of energy. Relaxation, enjoyment, and pleasure might

be needed now. Lucky Numbers: 4, 13, 24, 33, 43, 44. CANCER

#### (June 22 - July 22)

A difference of opinion may arise, and you might have to challenge someone. Your mind may be sharp, allowing you to reason in ways that are

more cooperative with others. Lucky Numbers: 20, 28, 30, 37, 40, 46. LEO

#### (July 23 - Aug. 23)

tionships. Your need to be together and to share loving feelings could be

very strong now. Lucky Numbers: 4, 17, 21, 25, 28, 36. VIRGO

#### (Aug. 24 - Sept. 23)

You may feel confident and ambitious, and enjoy athletic events and sports. You also might feel energetic and optimistic about your own

personal growth. Lucky Numbers: 6, 11, 17, 19, 36, 42.

Lucky numbers this week: This week's odds favour Aries winners with the luckiest number being 3.

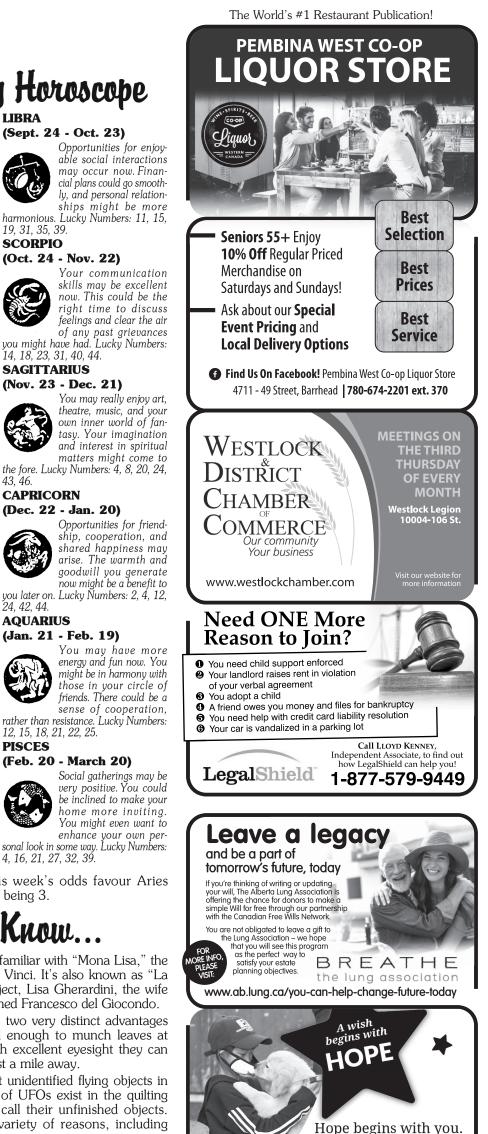
# Did You Know...

Another name: Art lovers are familiar with "Mona Lisa," the famous painting by Leonardo da Vinci. It's also known as "La Gioconda," after its possible subject, Lisa Gherardini, the wife of a wealthy Italian merchant named Francesco del Giocondo.

**Good eyesight:** Giraffes have two very distinct advantages over other animals. They're tall enough to munch leaves at treetop level, and they have such excellent eyesight they can spot a threat coming from at least a mile away.

Not a UFO: People often spot unidentified flying objects in the night sky, but another kind of UFOs exist in the quilting world. UFOs are what quilters call their unfinished objects. They can be unfinished for a variety of reasons, including simply running out of fabric.

Little flute: The piccolo, which means "little" in Italian, is a musical cousin to the flute. A member of the woodwind family, its sound is an octave higher than a flute. The piccolo





#### you later on. Lucky Ňumbers: 2, 4, 12, 24, 42, 44. **AQUARIUS** (Jan. 21 - Feb. 19) This may be a very positive time in your marriage or closest rela-

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is the highest pitched instrument in the orchestra.

**The Equator:** The South American country of Ecuador derives its name from the word's Spanish meaning: the equator. The Equator runs through the country, and in San Antonio Parish there is a 30-metre (98-ft.) monument to mark the location.

# On the Lighter Side

Everyone learns from other people's mistakes - none of us has time to think them all up for ourselves.

What would a chair look like if your knees bent the other way?

During a grammar class, the teacher spots one of her pupils staring out the window. "Hey, Peter!" she shouts, "Give me two pronouns." Peter answers, "Who? Me?"

People who say it cannot be done are often interrupted by the person doing it.

What did one candle say to the other candle? Let's go out tonight.

### Answers

4. 3/4 of a gallon 5. REM Trivia answers: 1. Yuri Gagarin 2. 1903 3. Tea

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