

Create a variety pack of 24 and get **FREE!**

Limit 1 per customer per day, in store offer only. Expires June 30th, 2021.

50+ Keto Syrups

LOCALLY OWNED AND OPERATED



500+ K-Cups PODS Davinci Syrups

singlecup.ca

Mon-Sat, 9-5

Calgary 403-354-4962 #3, 401-33 St. NE

Edmonton 587-357-0955 9754-45 Ave. NW

FREE SHIPPING \$60+

Every \$3.51 You Give = **1 MEAL FOR A HOMELESS NEIGHBOUR**

Give Hope. Give Today. TheSeed.ca/donate

THE MUSTARD SEED

THIS SPACE FOR RENT

403-355-6316

Support Your Community by visiting local businesses that advertise in *Coffee News*.

After all, they are making this publication possible for your enjoyment!

Tell them you saw their ad in *Coffee News*!



Have You Had A Stroke?

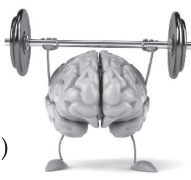
For support and education:

- Stroke Recovery Association of Calgary (SRAC)
- Calgary Aphasia Centre (CAC)
- Young Survivors Group (YSS)

Phone 403.827.7520

www.sracalgary.com • www.calgaryaphasia.com

yssc Calgary@gmail.com • Calgary.Aphasia.Centre@gmail.com



DO THE MATH!

If you advertise in a monthly publication, your ad is seen 12 times a year.

If you advertise in a bimonthly publication, your ad is seen 6 times a year.

If you advertise in *Coffee News*, your ad is seen 52 times a year!

It takes the average person 8 - 10 times to see a message and retain it.

So, where would you want YOUR ad to be?

Coffee News® = Repetition



FREE SCRAP CAR REMOVAL

MENTION THIS AD AND RECEIVE UP TO \$200 FOR YOUR SCRAP VEHICLE

DJ'S TOWING CALL 403-922-2412



FREE! New Issue Every Week!

Coffee News®

"News To Be Enjoyed Over Coffee"

Heritage Calgary Edition

403-355-6316



www.coffee-news.ca Est. 1988

Vol. 11 No. 21 May 24, 2021

Everybody's Talking

Disguised buns: A schoolteacher who lives in Ho Chi Minh City, Vietnam, has a hobby that is drawing attention. She likes to bake, and one of her specialties is steamed buns—with a twist! Once the buns are made, she decorates the outside to make them appear to be tangerines. When people see one, they want to pick it up and peel it. But instead of finding juicy tangerine segments, they are surprised to discover a spongy, soft, steamed bun inside. Through research, Le Thuy taught herself to make the buns. She has also decorated the outside to make her creations look like freshly dug potatoes

Gutsy thief: A conman tried to steal a fancy car and a handful of Rolex watches, but he didn't get away with it. Casey William Kelley gave the salesman at a Porsche dealership in Destin, Florida (U.S.), a fake cheque for almost \$140,000 (USD). He had printed the cheque on his home printer. The salesman let him take the car on the spot. The next day, Kelley tried the same trick at a jeweller, in an attempt to get the watches. The owner of the store tried to cash the cheque and, when it wouldn't go through, he reported the incident to the police. By then, the car dealership had also called the cops, and Kelley was soon arrested.

Farming the airport: Farmland is often surrounded by woods or rolling hills or other such pastoral scenery. Not so for the farm owned by Takao Shito. His land is surrounded by one of Japan's busiest transportation centres: Narita International Airport near Tokyo, Japan. This airport had its beginnings back in the 1960s, when many other farmers in the area accepted buyouts for their land. At that time, Shito's father was running the farm, and before that, his grandfather ran it. The airport has since offered Shito compensation to turn over his land, but his family's tradition of farming has kept him from taking the money.

Fish story: People who fish love to have a good fish story to tell. It seems that Garry Goodyear, who hails from Templeman, Newfoundland (Canada), has a story that will be hard to top. While fishing for turbot, Goodyear cast his nets to a great depth. When he and his crew pulled them up, an unfamiliar and very weird-looking creature was caught in the net. It had a long, pointed nose and fins that appeared to be wings. At first, Goodyear thought it was a platypus. Eventually, the fish was identified as a long-nosed chimaera, a relative of the shark. It is rarely seen.

Quoteable Quotes

"It is always a mistake not to close one's eyes, whether to forgive or to look better into oneself." —Maurice Maeterlinck

"A handful of sand is an anthology of the universe." —David McCord

What's Happening

Online event posting During the Pandemic, we are happy to post your online event in the What's Happening section of *Coffee News*. Please visit our website at www.coffee-news.ca to submit your event.

NON profit organizations may submit events for FREE at www.coffee-news.ca/whats-happening

Hidden Coffee News Guy ADVENTURE

Find the Coffee News Guy hidden in one of the ads, then enter to win!

\$400* Prize Package

Over 150 participating sponsors!

4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

To enter, visit www.coffee-news.ca

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

NEW FEATURE!

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

Trivia

1. Who was the first woman aviator to fly solo across the Atlantic Ocean?
2. A seal is a relative of the walrus—T/F?
3. Does ebb mean to increase or decrease?
4. Which Russian author wrote War and Peace?
5. Sonja Henie and Peggy Fleming were professionals in what sport?

(Flip bottom of page for answers)

Can't get to your **Coffee News®** each week?

Check out our PDF editions online!

New editions are posted every Monday

Sign up here to receive email notifications of new editions.

Now you never have to miss your weekly dose of good news!



www.coffee-news.ca/editions

Recipe of the month


Cheesy Broccoli Soup in a Bread Bowl

1/4 cup butter, cubed	1/4 teaspoon pepper
1/2 cup chopped onion	1/4 cup cornstarch
2 garlic cloves, minced	1/4 cup water or additional chicken stock
4 cups fresh broccoli florets (about 8 ounces)	2-1/2 cups shredded cheddar cheese
1 large carrot, finely chopped	6 small round bread loaves (about 8 ounces each), optional
3 cups chicken stock	Optional toppings: Crumbled cooked bacon, additional shredded cheddar cheese, ground nutmeg and pepper
2 cups half-and-half cream	
2 bay leaves	
1/2 teaspoon salt	
1/4 teaspoon ground nutmeg	

Prep Time: 15 mins. Cook time: 30 mins. Yield: 6 servings

- 1 In a 6-qt. stockpot, heat butter over medium heat; sauté onion and garlic until tender, 6-8 minutes. Stir in broccoli, carrot, stock, cream and seasonings; bring to a boil. Simmer, uncovered, until vegetables are tender, 10-12 minutes.
- 2 Mix cornstarch and water until smooth; stir into soup. Bring to a boil, stirring occasionally; cook and stir until thickened, 1-2 minutes. Remove bay leaves. Stir in cheese until melted.
- 3 If using bread bowls, cut a slice off the top of each bread loaf; hollow out bottoms, leaving 1/4-in.-thick shells (save removed bread for another use). Fill with soup just before serving.
- 4 If desired, serve soup with toppings.

Source: www.tasteofhome.com



Prepare for unexpected power outages with a Generac home standby generator

REQUEST A FREE QUOTE!

888-688-0973

FREE 7-Year Extended Warranty* An \$895 Value!

Offer valid February 15 - June 6, 2021

GENERAC



*To qualify, consumers must request a quote, purchase, install and activate the generator with a participating dealer. Call for a full list of terms and conditions.

RIVERVIEW VILLAGE

Right Home. Right Time. Right Place.

55+ Senior Affordable Housing

Family Units • Meal Delivery Plan Available

2933 26 Ave SE Calgary **bethany**

Call for details CREATING CARING COMMUNITIES

403.272.8615/403.441.0673

Happy **Victoria Day**

from your friends at **Coffee News®**



HIP/KNEE REPLACEMENT?

Other medical conditions causing TROUBLE WALKING or DRESSING?

The Disability Tax Credit allows for

\$3,000 YEARLY TAX CREDIT

and **\$30,000 LUMP SUM REFUND**

FREE ASSESSMENT CALL TODAY!

For Expert Help: **1.844.453.5372**



Faulty Alarm or Security Emergency?

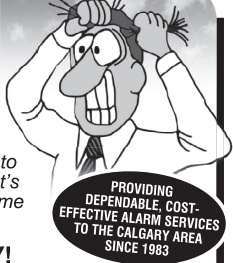
Is your current security company not helping? Are you thinking about a video doorbell? Maybe you'd like to know what's new in home security?

PROVIDING DEPENDABLE, COST-EFFECTIVE ALARM SERVICES TO THE CALGARY AREA SINCE 1983

CALL OUR EXPERTS TODAY!

DYNOVAC PLUS SECURITY

403-262-1980 | dynovacplus@shaw.ca



From Port Alberni, B.C. to St. John's, Newfoundland

Served in

15792

restaurants and coffee shops

Read by over 1.25 million Canadians per week

Coffee News

is Canada's choice for positive news from around the world!



HELP STOP THE SPREAD!



1 Wear a mask

2 Keep your distance – six feet!

3 Wash your hands

4 Take your copy of **Coffee News** home with you

Stay safe!

A message from your friends at **Coffee News**

Did you know Gold Canyon Candles went out of business in March 2020? Sunset Scents is a new candle company that was formed by two former Gold Canyon executives who have over 20 years in the candle industry.



We are recreating your Gold Canyon favourites like Fall Leaves (aka Autumn Walk), Hot Apple Cider (aka Mulled Cider), Christmas Wreath (aka Holiday Wreath), Ginger Lime and many more!

prairiescentedcandles@gmail.com
www.prairiescentedcandles.com

JEOPARDY!

WEEKNIGHTS 7:30
yesTV

Coffee News

is so popular...

even our competitors

read it!

SHOP ONLINE!

www.scubagearcanada.ca

- Snorkelling Gear • Reef-Safe Sunscreen
- Beach Water Shoes • Dry Bags & Wallets • UV Shirts



Scuba Diving & Snorkeling
11781-156 St., Edmonton

Learn to SCUBA DIVE at our Edmonton location – call for details
780.483.0044



One solution for oxygen at home, away, and for travel

Introducing the INOGEN ONE – It's oxygen therapy on your terms. No more tanks to refill. No more deliveries. No more hassles with travel. The INOGEN ONE portable oxygen concentrator is designed to provide unparalleled freedom for oxygen therapy users. It's small, lightweight, clinically proven for stationary and portable use, during the day and at night, and can go virtually anywhere – even on most airlines. Inogen accepts Medicare and many private insurances!



Reclaim Your Freedom And Independence NOW!
inogen
© 2020 Inogen, Inc. All rights reserved. MKT-P0108

COLD SHOT

A DIVISION OF BALWARIA EMPIRE PVT. LTD.

PASSENGER & PARCEL SERVICES

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: www.coldshotca.com
Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

Your Weekly Horoscope

ARIES

(March 21 - April 20)



You may feel a surge of positive energy. Your most important personal goals might receive a boost, primarily through your own initiative to assert yourself. Lucky Numbers: 5, 9, 15, 19, 25, 29.

TAURUS

(April 21 - May 21)



Your interest in promoting the arts may be brought out. Your personal charm could have a positive effect on your public image. Others might be willing to cooperate. Lucky Numbers: 6, 8, 14, 24, 34, 44.

GEMINI

(May 22 - June 21)



People may see you as a lovable person who is aware of their needs. Public recognition for your unique personal contribution to the world might be very possible. Lucky Numbers: 7, 11, 29, 31, 37, 41.

CANCER

(June 22 - July 22)



You may want a break from your usual routine. A more playful, fun attitude in your relationships might spark a new romance or the renewal of a current one. Lucky Numbers: 1, 22, 28, 30, 42, 46.

LEO

(July 23 - Aug. 23)



You may have an important professional conference about your career. This might be a good time to seek those in a position to help you advance your efforts. Lucky Numbers: 9, 12, 15, 18, 24, 36.

VIRGO

(Aug. 24 - Sept. 23)



You may experience sudden insights and seek alternatives to your usual routine. Your mental processes could speed up and you might move more quickly. Lucky Numbers: 22, 29, 31, 38, 40, 47.

LIBRA

(Sept. 24 - Oct. 23)



This may be an excellent time to eliminate unnecessary and outworn things. An unhealthy relationship might keep you from going after what you really want. Lucky Numbers: 5, 8, 9, 19, 21, 27.

SCORPIO

(Oct. 24 - Nov. 22)



There may be great depth to your conversations. You might find yourself revealing very private matters and asking very penetrating questions of others. Lucky Numbers: 9, 29, 36, 37, 46, 49.

SAGITTARIUS

(Nov. 23 - Dec. 21)



You may use charm, humour, and a light touch to get your point across. Your friendly attitude could make a favourable impression, and your artistic sense might be heightened. Lucky Numbers: 2, 4, 22, 24, 42, 44.

CAPRICORN

(Dec. 22 - Jan. 20)



Conversations about the past may be highlighted. It might be a good time to reach out to family members and maintain a positive flow of communication. Lucky Numbers: 6, 17, 27, 32, 37, 47.

AQUARIUS

(Jan. 21 - Feb. 19)



Discovery, inventiveness, and spontaneity may be major themes. Original ideas could excite you and you might seek people who offer different perspectives. Lucky Numbers: 1, 7, 22, 26, 33, 34.

PISCES

(Feb. 20 - March 20)



Friendship and material benefits may well come to you. Charitable and philanthropic impulses might be stronger and be followed with positive action. Lucky Numbers: 15, 17, 19, 35, 37, 39.

Lucky numbers this week: This week's odds favour Scorpio winners with the luckiest number being 9.

Did You Know...

Colourful critter: Chameleons change colours for good reasons. They turn dark to absorb heat, turn green to hide in trees, or become brown to live in a desert. They also use bright colours to attract mates or to warn enemies.

Zonkey: It's not hard to guess that a "zonkey" is an offspring of a zebra father and a donkey mother. A "donkra" or "zedonk" is an offspring of a donkey father and a zebra mother. A "zorse" is, of course, a cross between a horse and a zebra.

Oscar winner: The actress with the most Oscars was Katherine Hepburn, who died in 2003 at the age of 96. She won four Oscars in her lifetime. Meryl Streep is still making movies and has won an Oscar three times.

Largest train station: Grand Central Terminal in New York City is truly grand. It's considered the largest train station in the world, in terms of the number of platforms. Thousands of people come and go from its 44 platforms every day.

Largest planet: Jupiter, named after the king of the gods in Roman mythology, is the largest planet in the solar system and is nearly twice as massive as all the other planets combined. In 1610, Galileo discovered that Jupiter has four large moons.

On the Lighter Side

How do porcupines play leapfrog? Very carefully.

Most people are pessimists. When things go bump in the night, how many of us think it might be an undercover philanthropist on a secret mission to redistribute her wealth?

What is the opposite of cock-a-doodle-do? Cock-a-doodle-don't.

It's terribly bad luck to be superstitious.

If two is company, and three's a crowd, what are four and five? Nine.

Answers

Trivia answers: 1. Amelia Earhart 2. True 3. Decrease 4. Leo Tolstoy 5. Figure skating

For available franchise opportunities – visit coffeenewscanada.com
© Published with Permission by Calgary Coffee News

Struggling To Take Care of Your Feet?

Whether you suffer from ingrown nails, athlete's foot, corns, skin and nail fungus infections, or other common foot ailments... help is just a call away with Certified Podologist, Marion.

Toes On The Go Footcare

Call today for more information: 403-620-7851
marion@toesonthego.care • toesonthego.care

Pregnant? Facing Difficult Decisions?

We can help.
Call 780.421.1177 or text 587.596.5380

- Confidential Pregnancy Counselling
- Support and Connection to Resources
- Adoption Information and Advice

Small Miracles Adoption

www.smallmiraclesadoption.com

HELPING HOMEOWNERS START OR FINISH THEIR HOME PROJECTS

CALGARY HANDYMAN SERVICES

DRYWALL	INSTALLATION
PAINTING	BATHROOM RENOS
PLUMBING	FLOORING
ELECTRICAL	...AND MORE!

CALL/TEXT TODAY: 403.852.7505
calgaryhandymanservices@telus.net

STEP AHEAD

REFER A SENIOR FOR THIS FREE PROGRAM TODAY

Do you know a Deaf or Hard of Hearing senior in your community needs help using technology to connect with friends, family or services? Deaf & Hear Alberta's Step Ahead program connects isolated Deaf & Hard of Hearing seniors with trained and screened volunteers for friendly conversation and learning opportunities.

TO LEARN MORE: 403-284-6208
Deaf & Hear Alberta

BINGO BARN

The Place To Play Everyday!

2 Mornings - Sat & Sun • 7 Afternoons • 7 Evenings • 2 Late Nights - Fri & Sat

Bingo Info Line: 403-235-2118

#10, 1107 33rd St. N.E. • www.BingoBarn.ca

Love Coffee News?

Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to contests@coffee-news.ca
Please put "Readers" in the subject line.

Reader of the Month
Thomas Acheson • Calgary, AB

Coffee News Fun Reading. Serious Advertising.

Without our advertisers, Coffee News would not exist

Please support them!