

Join the  
**Scleroderma Manitoba  
VIRTUAL WALK**  
June 1 - 29  
during Scleroderma Awareness Month

Registration/donation at:  
**Sclerodermamanitoba.com**

Scleroderma  
MANITOBA

Click on the  
"Walk" Tab

**We Are Not Satisfied Until  
You Are Satisfied!**

ASEME  
MOVING

Entrust your next move to the experts who are efficient, knowledgeable and dependable.

Call today for your free estimate:  
**204.688.3680**  
www.asemecontract.ca/

**This  
Space for Rent  
204-510-6397**

For the first time ever...  
**Advertise Your  
Restaurant  
Here!\***

For complete details, call Alastair at 204-510-6397

Qualifying distributors of **Coffee News** receive **FIRST MONTH FREE!\*\***

\* Space restrictions may apply.  
\*\* On 6 month term.

**Coffee News** #supportlocal Initiative

**Hip or Knee Replacement?**

The disability tax credit allows for a **\$2,500 Yearly Tax Credit** and **\$25,000 Lump Sum Refund** up to

Copd, arthritis, and many other disabling conditions that cause **Restrictions in Walking or Dressing** may qualify.

**GET THE FASTEST REFUND IN CANADA!**

For Expert Help:  
**204-453-5372**

Home and Office  
**BOTTLED WATER  
DELIVERY**

ORDER 3 BOTTLES, GET A 4TH FREE!

CALL 204.284.1704 Use promo code "Coffeenews"

**WaterDirectPLUS**  
More than just water!  
waterdirectplus.com

**OPTOMETRISTS**

**Dr. Alison McMechan** **Dr. Rachna Menon**

- Comprehensive Eye Examinations
- Glaucoma and Cataract Evaluations
- Diabetic Eye Examinations
- Wide Selection of Eyewear/Contact Lenses
- Direct Billing to Blue Cross, GWL, Sunlife & more

Hours:  
Tues, Wed & Fri 9 AM to 5 PM  
Thurs 9 AM to 6 PM  
Sat 9 AM to 3 PM

**REENDERS SQUARE EYE CENTRE**  
50-11 Reenders Drive  
204.421.9429 • rseyecentre.ca

**LegalShield** LAWYER REFERRAL SERVICE  
**IDShield** IDENTITY THEFT  
BBB ACCREDITED BUSINESS A+ RATING

**PROTECT YOURSELF**  
LegalShield has an Identity Theft Plan to protect your integrity

**IDSHIELD IS BETTER THAN EVER** – TransUnion Credit Report / Credit Monitoring / Monthly Credit Score Tracker / DateSweep/Wallet Lock  
**ADDITIONAL MONITORING** – Dark Web Monitoring / Identity Consultation / Full-Service Restoration / Unlimited Service Guarantee and Counsel When You Need It and Identifying Coronavirus Scams

Email Breach Search / Track your alerts and have on-the-go access with the IDSHIELD mobile App  
Identity Theft Plan delivers affordable and accessible service 24/7.

**204-781-7472** PETER J. MANASTYRSKY  
peterj48.wearelegalshield.ca Independent Associate

**TOTAL LEGAL AND IDENTITY THEFT PROTECTION**

**FREE!** New Issue Every Week!  
**Coffee News**  
"News To Be Enjoyed Over Coffee"  
Transcona Edition  
**204-510-6397**

www.coffeenewswinnipeg.com

Vol. 16 No. 21 May 24, 2021

**Everybody's Talking**

**Disguised buns:** A schoolteacher who lives in Ho Chi Minh City, Vietnam, has a hobby that is drawing attention. She likes to bake, and one of her specialties is steamed buns—with a twist! Once the buns are made, she decorates the outside to make them appear to be tangerines. When people see one, they want to pick it up and peel it. But instead of finding juicy tangerine segments, they are surprised to discover a spongy, soft, steamed bun inside. Through research, Le Thuy taught herself to make the buns. She has also decorated the outside to make her creations look like freshly dug potatoes

**Gutsy thief:** A conman tried to steal a fancy car and a handful of Rolex watches, but he didn't get away with it. Casey William Kelley gave the salesman at a Porsche dealership in Destin, Florida (U.S.), a fake cheque for almost \$140,000 (USD). He had printed the cheque on his home printer. The salesman let him take the car on the spot. The next day, Kelley tried the same trick at a jeweller, in an attempt to get the watches. The owner of the store tried to cash the cheque and, when it wouldn't go through, he reported the incident to the police. By then, the car dealership had also called the cops, and Kelley was soon arrested.

**Farming the airport:** Farmland is often surrounded by woods or rolling hills or other such pastoral scenery. Not so for the farm owned by Takao Shito. His land is surrounded by one of Japan's busiest transportation centres: Narita International Airport near Tokyo, Japan. This airport had its beginnings back in the 1960s, when many other farmers in the area accepted buyouts for their land. At that time, Shito's father was running the farm, and before that, his grandfather ran it. The airport has since offered Shito compensation to turn over his land, but his family's tradition of farming has kept him from taking the money.

**Fish story:** People who fish love to have a good fish story to tell. It seems that Garry Goodyear, who hails from Templeman, Newfoundland (Canada), has a story that will be hard to top. While fishing for turbot, Goodyear cast his nets to a great depth. When he and his crew pulled them up, an unfamiliar and very weird-looking creature was caught in the net. It had a long, pointed nose and fins that appeared to be wings. At first, Goodyear thought it was a platypus. Eventually, the fish was identified as a long-nosed chimaera, a relative of the shark. It is rarely seen.

**Quoteable Quotes**

"It is always a mistake not to close one's eyes, whether to forgive or to look better into oneself." —Maurice Maeterlinck

"A handful of sand is an anthology of the universe." —David McCord

**What's Happening**

NON profit organizations may submit events for FREE at <https://coffeenewswinnipeg.com/whats-happening>

**Trivia**

1. Who was the first woman aviator to fly solo across the Atlantic Ocean?
2. A seal is a relative of the walrus—T/F?
3. Does ebb mean to increase or decrease?
4. Which Russian author wrote War and Peace?
5. Sonja Henie and Peggy Fleming were professionals in what sport?

(Flip bottom of page for answers)

**KOB'S AUTO LTD.**  
WINNIPEG FINANCE CENTER  
WWW.MYWINNIEPCARS.COM

- BAD CREDIT? NO PROBLEM WE ARE THE BANK
- GUARANTEED APPROVAL
- AS LOW AS 9.99 DOWN PAYMENT
- 0% TO 12 MONTHS O.A.C
- IN-HOUSE FINANCING
- WIDE VARIETY

**9.99** GUARANTEED APPROVAL

1156 MAIN STREET  
204-582-2800

**ScooterCity**  
Uespa Winnipeg • Gio Winnipeg  
WWW.WINNIPEGSCOOTERCITY.COM

NO LICENSE? NO PROBLEM! GOT A D.U.I.? NO PROBLEM!

50CC SCOOTERS  
ONLY CLASS B DRIVERS LICENSE  
LOW INSURANCE RATE

1156 MAIN STREET  
204-582-2800

**Arctic Fuel**

**CAREER OPPORTUNITIES AVAILABLE**

- Heavy Duty Truck Mechanics
- Heavy Duty Trailer and Tanker Mechanics
- Fly In, Fly Out Positions

Accommodation and airfare provided

Contact with résumé:  
Alastair@arcticfuel.ca

FOR MORE INFO, VISIT:  
**www.arcticfuel.ca**

**Coffee News** **BBB**

Attention, all Winnipeg business owners!

Limited Time Offer!

We're all going through these difficult times together, so **Coffee News** and the **Better Business Bureau** are teaming up to help out!

1 Book a six month ad run in Coffee News Winnipeg

2 Select any one area of your choice or choose to run city-wide

3 Increase your business visibility to our impressive weekly readership!

4 Better Business Bureau will provide:  
1) One year of BBB Accreditation  
2) Two months of Web ads in your category!\*

For complete details, call **205.510.6397** or email **alastair@coffeenewswinnipeg.com**

Offer available to all past, present and future CN advertisers!  
\* Subject to approval by the BBB Winnipeg

Call Citadel Exteriors today for a **FREE** no-obligation quote!

Licensed and Insured!  
Insurance Claims Welcome!

**CITADEL EXTERIORS**

**YOUR COMPLETE MAINTENANCE SPECIALISTS**

- EAVESTROUGHS - CLADDING
- SOFFIT - ROOFING
- FASCIA - PAVING
- SIDING - STUCCO

AND MUCH MORE!

**204-668-7663**  
citadlexteriors@shaw.ca  
www.citadlexteriors.ca

**NEIL & WATT SERVICE**

**1STOP SERVICE**

QUALITY AUTO REPAIRS YOU CAN TRUST

**643 Watt St.**  
**PH: 667 2422**

**ALL AROUND**  
Property Maintenance

Servicing homes and businesses across Winnipeg and surrounding areas

- Lawn Mowing
- Spring Clean-ups
- Power Raking
- Aeration • Fertilization
- Weed Control • Landscaping

allaroundwinnipeg@gmail.com  
www.allaroundpropertymaintenance.ca

Call now for your free estimate:  
**431.557.9273**

**We Care For Your Pets As If They Were Our Own**

**25% OFF SPAY/NEUTER**  
Coupon must be presented. Cannot be combined with any other coupons or offers. Taxes applicable.

**50% OFF EXAM FEE**  
Coupon must be presented. Cannot be combined with any other coupons or offers. Taxes applicable.

**\$250 OFF VETERINARY SERVICES SUBSIDY**  
Coupon must be presented. Cannot be combined with any other coupons or offers. Taxes applicable.

**\$100 OFF DENTAL CLEANING**  
Coupon must be presented. Cannot be combined with any other coupons or offers. Taxes applicable.

2018 TOP CHOICE WINNER AMONG WINNIPEG ANIMAL HOSPITALS  
**Animal Hospital of Manitoba**  
995 Main St., Winnipeg **204.586.3334** animalhosopofmb.com

## Hip or Knee Surgery? Need Home Care Equipment? DON'T BUY – RENT!

BATH SEATS \$20/ MONTH	TRANSFER BENCHES \$25/ MONTH	TOILET SAFETY RAILS \$15/ MONTH	RAISED TOILET SEATS \$15/ MONTH	SKI WHEEL WALKER \$20/ MONTH
------------------------------	------------------------------------	---------------------------------------	---------------------------------------	------------------------------------



### LIVING MADE EASY

HOME HEALTH CARE PRODUCTS - NEW & USED

665 ARCHIBALD ST. • 231-1746

ITEMS FOR PURCHASE  
SOCK PULLER – \$15-\$20  
REACHERS – \$17-\$35  
DRESSING STICKS – \$9

## Get Coffee News® Online!

Delivered to your inbox weekly



Please visit [www.coffeenewswinnipeg.com](http://www.coffeenewswinnipeg.com) for details

## CHESSKINGS CAR RENTAL

✓ NO CREDIT CARD REQUIRED

✓ WE CAN DELIVER THE CAR TO YOU!



**\$10 OFF**  
USE PROMO CODE COFFEE NEWS

204-887-7777

[WWW.CHESSKINGS.CA](http://WWW.CHESSKINGS.CA)

## Shop Happy

kildonan place

## Family matters.

Let us take care of yours.

We offer everything you need for final arrangements in one convenient location, including funeral, cemetery and reception.

### Start your Pre-Arrangement NOW:

- Cremation Lots for Two People \$53 per month over 48 months\*
- Indoor Cremation Niche for Two People \$93 per month over 48 months\*
- Traditional Burial Lot for Two Caskets \$116 per month over 48 months\*

Everyone approved.  
\*Limited time offers.

Glen Eden Funeral Home and Cemetery

204-982-8300  
4477 Main Street  
West St. Paul

GetAssist.com  
CONNECT WITH PURPOSE

Are you looking to help on some home projects or a tutor? GetAssist is here to help with everything from A to Z! Download the free app or go online and make a request for anything you need.  
**GET LOCAL HELP QUICKLY AND EASILY!**

If you are a Realtor, Property Management Company or a Builder looking for local trades, pop in and ask how it works.

GetAssist Networking Centre  
Co-working space  
Unit 3-236 Osborne St. (Confusion Corner)  
9-5 Monday-Friday

[www.getassist.com](http://www.getassist.com)

Download on the App Store | GET IT ON Google Play

# Your Weekly Horoscope

## ARIES

(March 21 - April 20)



You may feel a surge of positive energy. Your most important personal goals might receive a boost, primarily through your own initiative to assert yourself. Lucky Numbers: 5, 9, 15, 19, 25, 29.

## TAURUS

(April 21 - May 21)



Your interest in promoting the arts may be brought out. Your personal charm could have a positive effect on your public image. Others might be willing to cooperate. Lucky Numbers: 6, 8, 14, 24, 34, 44.

## GEMINI

(May 22 - June 21)



People may see you as a lovable person who is aware of their needs. Public recognition for your unique personal contribution to the world might be very possible. Lucky Numbers: 7, 11, 29, 31, 37, 41.

## CANCER

(June 22 - July 22)



You may want a break from your usual routine. A more playful, fun attitude in your relationships might spark a new romance or the renewal of a current one. Lucky Numbers: 1, 22, 28, 30, 42, 46.

## LEO

(July 23 - Aug. 23)



You may have an important professional conference about your career. This might be a good time to seek those in a position to help you advance your efforts. Lucky Numbers: 9, 12, 15, 18, 24, 36.

## VIRGO

(Aug. 24 - Sept. 23)



You may experience sudden insights and seek alternatives to your usual routine. Your mental processes could speed up and you might move more quickly. Lucky Numbers: 22, 29, 31, 38, 40, 47.

## LIBRA

(Sept. 24 - Oct. 23)



This may be an excellent time to eliminate unnecessary and outworn things. An unhealthy relationship might keep you from going after what you really want. Lucky Numbers: 5, 8, 9, 19, 21, 27.

## SCORPIO

(Oct. 24 - Nov. 22)



There may be great depth to your conversations. You might find yourself revealing very private matters and asking very penetrating questions of others. Lucky Numbers: 9, 29, 36, 37, 46, 49.

## SAGITTARIUS

(Nov. 23 - Dec. 21)



You may use charm, humour, and a light touch to get your point across. Your friendly attitude could make a favourable impression, and your artistic sense might be heightened. Lucky Numbers: 2, 4, 22, 24, 42, 44.

## CAPRICORN

(Dec. 22 - Jan. 20)



Conversations about the past may be highlighted. It might be a good time to reach out to family members and maintain a positive flow of communication. Lucky Numbers: 6, 17, 27, 32, 37, 47.

## AQUARIUS

(Jan. 21 - Feb. 19)



Discovery, inventiveness, and spontaneity may be major themes. Original ideas could excite you and you might seek people who offer different perspectives. Lucky Numbers: 1, 7, 22, 26, 33, 34.

## PISCES

(Feb. 20 - March 20)



Friendship and material benefits may well come to you. Charitable and philanthropic impulses might be stronger and be followed with positive action. Lucky Numbers: 15, 17, 19, 35, 37, 39.

Lucky numbers this week: This week's odds favour Scorpio winners with the luckiest number being 9.

## Did You Know...

**Colourful critter:** Chameleons change colours for good reasons. They turn dark to absorb heat, turn green to hide in trees, or become brown to live in a desert. They also use bright colours to attract mates or to warn enemies.

**Zonkey:** It's not hard to guess that a "zonkey" is an offspring of a zebra father and a donkey mother. A "donkra" or "zedonk" is an offspring of a donkey father and a zebra mother. A "zorse" is, of course, a cross between a horse and a zebra.

**Oscar winner:** The actress with the most Oscars was Katherine Hepburn, who died in 2003 at the age of 96. She won four Oscars in her lifetime. Meryl Streep is still making movies and has won an Oscar three times.

**Largest train station:** Grand Central Terminal in New York City is truly grand. It's considered the largest train station in the world, in terms of the number of platforms. Thousands of people come and go from its 44 platforms every day.

**Largest planet:** Jupiter, named after the king of the gods in Roman mythology, is the largest planet in the solar system and is nearly twice as massive as all the other planets combined. In 1610, Galileo discovered that Jupiter has four large moons.

## On the Lighter Side

How do porcupines play leapfrog? Very carefully.

Most people are pessimists. When things go bump in the night, how many of us think it might be an undercover philanthropist on a secret mission to redistribute her wealth?

What is the opposite of cock-a-doodle-do? Cock-a-doodle-don't.

It's terribly bad luck to be superstitious.

If two is company, and three's a crowd, what are four and five? Nine.

### Answers

Trivia answers: 1. Amelia Earhart 2. True 3. Decrease 4. Leo Tolstoy 5. Figure skating

For available franchise opportunities – visit [coffeenewscanada.com](http://coffeenewscanada.com)

© Published with Permission by Winnipeg Coffee News

If you scan this QR Code, we'll arrange to have **Coffee News®** sent to your email every Friday!



SCAN ME

It's just that easy, and so convenient!



## Arctic Fuel

NUNAVUT PURCHASING AND SUPPLIES

### CAREER OPPORTUNITIES AVAILABLE

Contact with résumé:  
[Alastair@arcticfuel.ca](mailto:Alastair@arcticfuel.ca)



For more information, visit

[www.arcticfuel.ca](http://www.arcticfuel.ca)

### Class 1 Truck Drivers

Tanker experience preferred. Needed for Baker Lake, Nunavut.

### Retail Trainee Associates

Positions available for Baker Lake.

### Fly In, Fly Out Positions

Accommodation and airfare provided.

## Recipe of the month

### Spring Pea Pasta

- |                               |  |
|-------------------------------|--|
| 1 pound pasta                 | 2 lemons – zest and ¼ cup juice                  |
| 3-4 cups fresh peas           | 2 cups fresh pea shoots, baby spinach or arugula |
| 5 scallions, thinly sliced    | 1 teaspoon salt (plus more to taste)             |
| 1 shallot, very finely diced  | ½ teaspoon pepper                                |
| 1 cup chopped fresh mint      | 1 tablespoon truffle oil                         |
| 1 cup chopped Italian parsley | Optional: goat cheese crumbles                   |
| ½ cup olive oil               |  |

Prep Time: 15 mins. Cook time: 10 mins. Yield: 4 (main) or 8 (side)

- Boil pasta in a generous amount of salted water per directions.
- During the very last minute of cooking, if serving this as a warm entrée, add the peas to the pasta and just lightly blanch.
- While the pasta is cooking, prep the rest of the ingredients.
- Chop the scallions, shallots and herbs.
- Zest two lemons, and measure out ¼ cup lemon juice.
- Once the pasta is just about done, add the peas to the boiling pasta water and blanch for one minute, or just until bright green. Immediately drain, place pasta and peas in large bowl, drizzle with olive oil, lemon juice and season with 1 tsp salt and ½ tsp pepper.
- Toss in the pea shoots (or other greens) and add the scallions, shallot, herbs and lemon zest. Stir.
- Taste, adjusting salt and lemon juice, adding more of both, if necessary.
- Drizzle with truffle oil; serve immediately.

If making this as a pasta salad, rinse pasta and peas in very cold water to stop the peas from cooking any longer. Add goat cheese right before serving.

Source: [www.feastingathome.com](http://www.feastingathome.com)



## HELP PROTECT YOUR STAFF AND CLIENTS!

### SmartXcan Body Temperature Monitor

✓ Easy to scan ✓ Simple to operate

The installed price will surprise you!



Installed in Dental Clinics, Food Processing and Manufacturing Plants, Personal Care Homes and more.

KENTIX SmartXcan

MADE IN GERMANY

CLEARLY INSIGHT SECURITY SOLUTIONS



204-414-2590

[Camera@ClearlyInSightIP.com](mailto:Camera@ClearlyInSightIP.com) | [ClearlyInSightIP.com](http://ClearlyInSightIP.com)