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## Recipe of the month

### Spring Pea Pasta

1 pound pasta  
3-4 cups fresh peas  
5 shallots, thinly sliced  
1 shallot, very finely diced  
1 cup chopped fresh mint  
1 cup chopped Italian parsley  
½ cup olive oil

2 lemons – zest and ¼ cup juice  
½ cups fresh pea shoots, baby spinach or arugula  
1 teaspoon salt (plus more to taste)  
½ teaspoon pepper  
½ tablespoon truffle oil  
Optional: goat cheese crumbles

Prep Time: 15 mins. Cook time: 10 mins. Yield: 4 (main) or 8 (side)

- Boil pasta in a generous amount of salted water per directions.
- During the very last minute of cooking, if serving this as a warm entrée, add the peas to the pasta and just lightly blanch.
- While the pasta is cooking, prep the rest of the ingredients.
- Chop the shallots, shallots and herbs.
- Zest two lemons, and measure out ¼ cup lemon juice.
- Once the pasta is just about done, add the peas to the boiling pasta water and blanch for one minute, or just until bright green. Immediately drain, place pasta and peas in large bowl, drizzle with olive oil, lemon juice and season with 1 tsp salt and ½ tsp pepper.
- Toss in the pea shoots (or other greens) and add the shallots, shallot, herbs and lemon zest. Stir.
- Taste, adjusting salt and lemon juice, adding more of both, if necessary.
- Drizzle with truffle oil; serve immediately.

*If making this as a pasta salad, rinse pasta and peas in very cold water to stop the peas from cooking any longer. Add goat cheese right before serving.*

Source: [www.feastingathome.com](http://www.feastingathome.com)

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## Everybody's Talking

**Disguised buns:** A schoolteacher who lives in Ho Chi Minh City, Vietnam, has a hobby that is drawing attention. She likes to bake, and one of her specialties is steamed buns—with a twist! Once the buns are made, she decorates the outside to make them appear to be tangerines. When people see one, they want to pick it up and peel it. But instead of finding juicy tangerine segments, they are surprised to discover a spongy, soft, steamed bun inside. Through research, Le Thuy taught herself to make the buns. She has also decorated the outside to make her creations look like freshly dug potatoes

**Gutsy thief:** A conman tried to steal a fancy car and a handful of Rolex watches, but he didn't get away with it. Casey William Kelley gave the salesman at a Porsche dealership in Destin, Florida (U.S.), a fake cheque for almost \$140,000 (USD). He had printed the cheque on his home printer. The salesman let him take the car on the spot. The next day, Kelley tried the same trick at a jeweller, in an attempt to get the watches. The owner of the store tried to cash the cheque and, when it wouldn't go through, he reported the incident to the police. By then, the car dealership had also called the cops, and Kelley was soon arrested.

**Farming the airport:** Farmland is often surrounded by woods or rolling hills or other such pastoral scenery. Not so for the farm owned by Takao Shito. His land is surrounded by one of Japan's busiest transportation centres: Narita International Airport near Tokyo, Japan. This airport had its beginnings back in the 1960s, when many other farmers in the area accepted buyouts for their land. At that time, Shito's father was running the farm, and before that, his grandfather ran it. The airport has since offered Shito compensation to turn over his land, but his family's tradition of farming has kept him from taking the money.

**Fish story:** People who fish love to have a good fish story to tell. It seems that Garry Goodyear, who hails from Templeman, Newfoundland (Canada), has a story that will be hard to top. While fishing for turbot, Goodyear cast his nets to a great depth. When he and his crew pulled them up, an unfamiliar and very weird-looking creature was caught in the net. It had a long, pointed nose and fins that appeared to be wings. At first, Goodyear thought it was a platypus. Eventually, the fish was identified as a long-nosed chimaera, a relative of the shark. It is rarely seen.

## Quoteable Quotes

"It is always a mistake not to close one's eyes, whether to forgive or to look better into oneself." —Maurice Maeterlinck

"A handful of sand is an anthology of the universe." —David McCord

## What's Happening

**Sundre Farmers Market.** The market starts back for the season on May 21st and will run Friday's from 430-7PM until September. Visit vendors at the Sundre Curling Rink.

**Online event posting** During the Pandemic, we are happy to post your online event in the What's Happening section of Coffee News. Please visit our website at [www.coffee-news.ca](http://www.coffee-news.ca) to submit your event.

GET IN WHAT'S HAPPENING - Submit your event to [www.bvcoffeeneews.ca](http://www.bvcoffeeneews.ca) and be seen here by thousands of readers each week.

Please take me home!

Coffee News® wants all of our readers to stay safe, so please take this copy with you.

## Trivia

- Who was the first woman aviator to fly solo across the Atlantic Ocean?
- A seal is a relative of the walrus—T/F?
- Does ebb mean to increase or decrease?
- Which Russian author wrote War and Peace?
- Sonja Henie and Peggy Fleming were professionals in what sport?

(Flip bottom of page for answers)

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## ENTER TO WIN!

- Find the hidden Coffee News guy...
- Then send your name and full address via email to [amy@bvcoffeeneews.ca](mailto:amy@bvcoffeeneews.ca) or enter online at [www.bvcoffeeneews.ca](http://www.bvcoffeeneews.ca)

Hint: He's about this big in one of the ads

Tell us the ad in which you found the CN guy hidden, the edition name and date and the location where you picked up Coffee News for a chance to win a great prize!

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## Congratulations

to our latest contest winner for finding "Beans, the Coffee News Guy."

**Cathy Grills** found "Beans" at ATB in Didsbury

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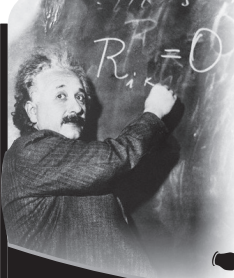
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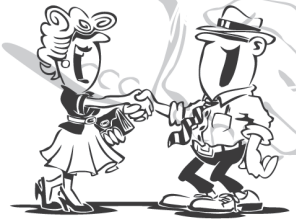
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**Your Weekly Horoscope**

**ARIES**  
(March 21 - April 20)



You may feel a surge of  
positive energy. Your  
most important personal  
goals might receive a  
boost, primarily through  
your own initiative to  
assert yourself. Lucky Numbers: 5, 9,  
15, 19, 25, 29.

**TAURUS**  
(April 21 - May 21)



Your interest in promot-  
ing the arts may be  
brought out. Your per-  
sonal charm could have  
a positive effect on your  
public image. Others  
might be willing to cooperate. Lucky  
Numbers: 6, 8, 14, 24, 34, 44.

**GEMINI**  
(May 22 - June 21)



People may see you as a  
lovable person who is  
aware of their needs.  
Public recognition for  
your unique personal  
contribution to the world  
might be very possible. Lucky  
Numbers: 7, 11, 29, 31, 37, 41.

**CANCER**  
(June 22 - July 22)



You may want a break  
from your usual routine.  
A more playful, fun atti-  
tude in your relation-  
ships might spark a new  
romance or the renewal  
of a current one. Lucky Numbers: 1,  
22, 28, 30, 42, 46.

**LEO**  
(July 23 - Aug. 23)



You may have an impor-  
tant professional confer-  
ence about your career.  
This might be a good  
time to seek those in a  
position to help you  
advance your efforts. Lucky Numbers:  
9, 12, 15, 18, 24, 36.

**VIRGO**  
(Aug. 24 - Sept. 23)



You may experience  
sudden insights and seek  
alternatives to your usual  
routine. Your mental  
processes could speed up  
and you might move  
more quickly. Lucky Numbers: 22, 29,  
31, 38, 40, 47.

**LIBRA**  
(Sept. 24 - Oct. 23)



This may be an excellent  
time to eliminate unnec-  
essary and outworn things.  
An unhealthy relation-  
ship might keep you from  
going after what you  
really want. Lucky Numbers: 5, 8, 9,  
19, 21, 27.

**SCORPIO**  
(Oct. 24 - Nov. 22)



There may be great depth  
to your conversations.  
You might find yourself  
revealing very private  
matters and asking very  
penetrating questions of  
others. Lucky Numbers: 9, 29, 36, 37,  
46, 49.

**SAGITTARIUS**  
(Nov. 23 - Dec. 21)



You may use charm,  
humour, and a light touch  
to get your point across.  
Your friendly attitude  
could make a favourable  
impression, and your  
artistic sense might be heightened.  
Lucky Numbers: 2, 4, 22, 24, 42, 44.

**CAPRICORN**  
(Dec. 22 - Jan. 20)



Conversations about the  
past may be highlighted.  
It might be a good time  
to reach out to family  
members and maintain a  
positive flow of commu-  
nication. Lucky Numbers: 6, 17, 27,  
32, 37, 47.

**AQUARIUS**  
(Jan. 21 - Feb. 19)



Discovery, inventiveness,  
and spontaneity may be  
major themes. Original  
ideas could excite you  
and you might seek peo-  
ple who offer different  
perspectives. Lucky Numbers: 1, 7, 22,  
26, 33, 34.

**PISCES**  
(Feb. 20 - March 20)



Friendship and material  
benefits may well come  
to you. Charitable and  
philanthropic impulses  
might be stronger and be  
followed with positive  
action. Lucky Numbers: 15, 17, 19,  
35, 37, 39.

Lucky numbers this week: This week's odds favour Scorpio winners with the luckiest number being 9.

**Did You Know...**

**Colourful critter:** Chameleons change colours for good reasons. They turn dark to absorb heat, turn green to hide in trees, or become brown to live in a desert. They also use bright colours to attract mates or to warn enemies.

**Zonkey:** It's not hard to guess that a "zonkey" is an offspring of a zebra father and a donkey mother. A "donkra" or "zedonk" is an offspring of a donkey father and a zebra mother. A "zorse" is, of course, a cross between a horse and a zebra.

**Oscar winner:** The actress with the most Oscars was Katherine Hepburn, who died in 2003 at the age of 96. She won four Oscars in her lifetime. Meryl Streep is still making movies and has won an Oscar three times.

**Largest train station:** Grand Central Terminal in New York City is truly grand. It's considered the largest train station in the world, in terms of the number of platforms. Thousands of people come and go from its 44 platforms every day.

**Largest planet:** Jupiter, named after the king of the gods in Roman mythology, is the largest planet in the solar system and is nearly twice as massive as all the other planets combined. In 1610, Galileo discovered that Jupiter has four large moons.

**On the Lighter Side**

How do porcupines play leapfrog? Very carefully.

Most people are pessimists. When things go bump in the night, how many of us think it might be an undercover philanthropist on a secret mission to redistribute her wealth?

What is the opposite of cock-a-doodle-do? Cock-a-doodle-don't.

It's terribly bad luck to be superstitious.

If two is company, and three's a crowd, what are four and five? Nine.

**Answers**

Trivia answers: 1. Amelia Earhart 2. True 3. Decrease 4. Leo Tolstoy 5. Figure skating

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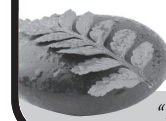
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