

COLD SHOT
A DIVISION OF BALWARIA EMPIRE PVT. LTD.

PASSENGER & PARCEL SERVICES

SHIP BY BUS

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: www.coldshotca.com
Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

Love Coffee News?

Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to contests@coffee-news.ca
Please put "Readers" in the subject line.

Please include:
• Your name • Your phone number and • Your address so that we can send you some **cool prizes** if your photo is chosen to appear in the paper!

Readers of the Month
Franz Fritzwitz & Wilbur Ramsbottom

Coffee News® Fun Reading. Serious Advertising.

BUYING A HOME?

Call today so I can help create **Joy in Your mortgage experience!**

LESLIE CAIRNS 780.570.5457
ACCREDITED MORTGAGE PROFESSIONAL

Joy MORTGAGES **KEYSTONE** **@JoyInMortgages**

leslie@joyinmortgages.ca • www.joyinmortgages.ca

Coffee News is so popular... even our competitors read it!

Without our advertisers, Coffee News® would not exist

Please support them!

If you liked Gold Canyon Candles, you are gonna love Sunset Scents!

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

PSC Prairie Scented Candles

Sunset Scents a RAY of Fragrance

priariescentedcandles@gmail.com
www.priariescentedcandles.com

Helping you rediscover fun in the kitchen!

Gifts and Gadgets

Your one stop kitchen and gift shop. **780.962.5220**

CHECK OUT OUR EXTENSIVE ONLINE CATALOG!

Visit www.giftsandgadgets.ab.ca or visit us in person at 111 First Avenue, Spruce Grove

From Port Alberni, B.C. to St. John's, Newfoundland

Served in **1579** restaurants and coffee shops

Read by over 1.25 million Canadians per week

Coffee News® is Canada's choice for positive news from around the world!

The World's #1 Restaurant Publication!

FREE! New Issue Every Week!

Coffee News®

"News To Be Enjoyed Over Coffee"

Beaumont Edition

780-220-6397

www.coffee-news.ca

Vol. 18 No. 22 May 31, 2021

Everybody's Talking

Paring pumpkins: When people think of carving pumpkins, scary or funny faces that frighten or amuse Halloween celebrants are what usually comes to mind. Angel Boraliev of Varna, Bulgaria, has different ideas. This pumpkin carver is an artist who sculpts amazingly realistic images and designs out of the lowly fruit. A pumpkin might be turned into a regal owl, a majestic eagle, a slithering snake, or a placid pelican. Along with pumpkins, Boraliev also enjoys using watermelons and soap as a medium.

White deer: The northern part of the state of New York (U.S.) is home to a rare white-tailed deer called the Seneca white deer. The animals of this type carry a recessive gene that makes their coats white instead of the usual brown. The herd was protected for many years by the Seneca Army Depot. When it closed in the 1990s, volunteers took over the care of the animals. No hunting is allowed in what is now a sanctuary for the deer, but their stark white fur makes the animals an easy target for predators. Today, the private owner of the property plans to continue to protect the herd.

Chalky art: Chalk is something very familiar to teachers and students. That was true for Sachin Sanghe, who came from the village of Mudugere in Karnataka, India. He took a liking to the material and started to carve things in it, starting with simple letters. Later, he carved intricate creations, such as hands, deities, and buildings. He took a break from his art to attend engineering school, but after graduating, he started carving again. His tiny sculptures can take many hours to complete, depending on the complexity. The artist admits that getting the job done requires a lot of concentration.

Dish decorations: Collectors of porcelain might have a cabinet or two filled with interesting finds, but a couple of cabinets would not nearly be enough to hold the collection of Nguen Van Truong of Kieu Son, Vietnam. He started collecting porcelain dishes back in the 1980s, and he became so obsessed that he soon had nowhere to put all of his acquisitions. He took some mortar, applied it to the walls of his home, and began the process of embedding the dishes into his house. Now, the inside and outside of his house are covered in about 10,000 pieces of colourful dishware.

Quoteable Quotes

"Our deeds still travel with us from afar, and what we have been makes us who we are."
—George Eliot

"Not everything that is faced can be changed, but nothing can be changed until it is faced."
—James Baldwin

What's Happening

Online event posting During the Pandemic, we are happy to post your online event in the What's Happening section of Coffee News. Please visit our website at www.coffee-news.ca to submit your event.

May 29-Fundraising Golf Tournament 8:00 AM at The Ranch Golf and Country Club \$150 per player, \$550 for a foursome includes 18 holes of golf, cart and a full steak lunch silent auction. Search Eventbrite with Prescott and click current location. president@plciff.com

Jun 3 to Sep 26-Century Park Market Southside open air public farmers market. Open Thursdays from 3:30pm to 7:30pm. Phone 780-913-2586 for more information or visit www.centuryparkmarket.com

Aug 14-Ride And Drive For A Cause Charity Meet Please register your unique ride and drive, wild exotic, Rat Rod, classic, vintage, cool, unique or custom car, custom truck or unique Suv, cruiser, or sports bike. To register your rides drives please visit our website www.rdfcause.ca.

NON profit organizations may submit events for FREE at www.coffee-news.ca/whats-happening

Hidden Coffee News Guy ADVENTURE

Find the Coffee News Guy hidden in one of the ads, then enter to win!

\$400* Prize Package

*Coffee News Bucks
Over 150 participating sponsors!

4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

To enter, visit www.coffee-news.ca

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

NEW FEATURE!

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

Trivia

1. Baby swans are called cygnets, ducklings, or goslings?
2. Bluefin tuna is the largest of the tuna species—T/F?
3. In what women's sport does Megan Rapinoe excel?
4. What type of fastener did icon "Rosie" of the WWII era use?
5. The California condor has a wingspan of how many feet?

(Flip bottom of page for answers)

© Published with Permission by Capital Marketing Ltd

(Over)

Call for Rates-780-220-6397/877-553-6397

HIP/KNEE REPLACEMENT?

Other medical conditions causing TROUBLE WALKING or DRESSING?

The Disability Tax Credit allows for

\$3,000 YEARLY TAX CREDIT and **\$30,000 LUMP SUM REFUND**

FREE ASSESSMENT CALL TODAY!

For Expert Help:
1.844.453.5372

Call today to book your appointment!

We only want to make you SMILE

Millet Denture Clinic

780.387.3311 • 5022 - 50 Street, Millet
BARB UNGER, DD • barb@milletdenture.ca

Living and Working in YOUR Community

JAY BERG GROUP
REAL ESTATE PROFESSIONALS - GETTING YOU ON THE MOVE

A PASSION FOR PEOPLE.
A PASSION FOR REAL ESTATE.

CALL JAY TODAY!

780.819.BERG (2374)
www.JayBerg.com

HELP STOP THE SPREAD!

1. Wear a mask
2. Keep your distance – six feet!
3. Wash your hands
4. Take your copy of Coffee News® home with you

Stay safe!

A message from your friends at **Coffee News®**

BLUE BLOODS

MON - THURS 9:00

yesTV

Pregnant? Facing Difficult Decisions?

We can help.
Call **780.421.1177** or text **587.596.5380**

Confidential Pregnancy Counselling
Support and Connection to Resources
Adoption Information and Advice

A Small Miracle Adoption

Adoption is the ultimate expression of a committed heart

www.smallmiraclesadoption.com

Like us on Facebook

...to keep updated on **WEEKLY contests** in which you can enter to win tickets to sports events, entertainment events, Coffee News Bucks and more!

<https://www.facebook.com/CoffeeNewsWeekly>

Feel free to take your Coffee News home!

Are you a business owner/office manager?
Have 3-20 employees in your office?
Paying too much for your
current phone system?

**We can save you
up to 50% off
your current
phone rates!**

How?
We offer:

- ✓ VOIP Solutions at a fraction of the traditional carrier cost
- ✓ Long distance rates that outcompete the competition

587.760.2800

<https://zettatelecom.com>

DEDICATED TO FINDING OUR CLIENTS THE BEST SOLUTIONS WITHIN THEIR BUDGETS

One solution for oxygen at home, away, and for travel

Introducing the INOGEN ONE – It's oxygen therapy on your terms

No more tanks to refill. No more deliveries. No more hassles with travel. The INOGEN ONE portable oxygen concentrator is designed to provide unparalleled freedom for oxygen therapy users. It's small, lightweight, clinically proven for stationary and portable use, during the day and at night, and can go **virtually anywhere** — even on most airlines. Inogen accepts Medicare and many private insurances!

Reclaim Your Freedom And Independence NOW!

inogen

© 2020 Inogen, Inc. All rights reserved. MKT-P0108

Call Inogen Today To
Request Your FREE Info Kit
1-888-998-6714

Recipe of the month

Spring Pea Pasta

- | | |
|------------------------------|--------------------------------------|
| 1 pound pasta | 2 lemons – zest and |
| 3-4 cups fresh peas | ¼ cup juice |
| 5 shallots, thinly sliced | 2 cups fresh pea shoots, |
| 1 shallot, very finely diced | baby spinach or arugula |
| 1 cup chopped fresh mint | 1 teaspoon salt (plus more to taste) |
| 1 cup chopped Italian | ½ teaspoon pepper |
| parsley | 1 tablespoon truffle oil |
| ½ cup olive oil | Optional: goat cheese crumbles |

Prep Time: 15 mins. Cook time: 10 mins. Yield: 4 (main) or 8 (side)

- Boil pasta in a generous amount of salted water per directions.
- During the very last minute of cooking, if serving this as a warm entrée, add the peas to the pasta and just lightly blanch.
- While the pasta is cooking, prep the rest of the ingredients.
- Chop the shallots, shallots and herbs.
- Zest two lemons, and measure out ¼ cup lemon juice.
- Once the pasta is just about done, add the peas to the boiling pasta water and blanch for one minute, or just until bright green. Immediately drain, place pasta and peas in large bowl, drizzle with olive oil, lemon juice and season with 1 tsp salt and ½ tsp pepper.
- Toss in the pea shoots (or other greens) and add the shallots, shallot, herbs and lemon zest. Stir.
- Taste, adjusting salt and lemon juice, adding more of both, if necessary.
- Drizzle with truffle oil; serve immediately.

If making this as a pasta salad, rinse pasta and peas in very cold water to stop the peas from cooking any longer. Add goat cheese right before serving.

Source:
www.feastingathome.com

SHOP ONLINE!

www.scubagearcanada.ca

- Snorkelling Gear • Reef-Safe Sunscreen
- Beach Water Shoes • Dry Bags & Wallets • UV Shirts

The Dive Outfitters
Scuba Diving & Snorkelling
11781-156 St., Edmonton
SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

Learn to
SCUBA DIVE at
our Edmonton
location –
call for details
780.483.0044



For the first time ever...

Advertise Your Restaurant Here!*

For complete details,
call Sam at 780-264-2552

Qualifying distributors of **Coffee News** receive
FIRST MONTH FREE!**

Coffee News® #supportlocal Initiative

* Space restrictions may apply.

** On 6 month term.

You never listen to me, you only hear what you want to hear

Sure, I'll have a beer

Communication not what it once was?



Call us today!
frequency
HEARING

4920-50 Avenue, Beaumont • 780.900.6178

Canada's **HEALTHY**
Choice for Pets!



SENIORS' DAY
last Tuesday of every month

Save **15%**
Restrictions may apply. Inquire in store.

5103 - 50 Avenue, Leduc
780-980-8711 • www.globalpetfoods.com

Affordable-Effective-Exclusive-CALL NOW!

Your Weekly Horoscope

ARIES (March 21 - April 20)



Joining your efforts with others may work out very much to your advantage. You could reap rewards later for the generosity you extend at this time. Lucky Numbers: 5, 9, 12, 31, 39, 49.

TAURUS (April 21 - May 21)



Communicating with neighbours, friends, and family may be accentuated. This might be a good time to establish friendly, professional relationships, as well. Lucky Numbers: 16, 24, 31, 39, 44, 48.

GEMINI (May 22 - June 21)



Your intuition or gut feelings may be right on the mark. Positive feelings and inner harmony could engender smooth and comfortable relations with others. Lucky Numbers: 6, 7, 14, 22, 26, 42.

CANCER (June 22 - July 22)



Light, pleasant interactions may be emphasized. You could gain what you want through diplomacy. You might be willing to make concessions to maintain harmony. Lucky Numbers: 4, 18, 25, 37, 41, 48.

LEO (July 23 - Aug. 23)



You may care passionately and respond instinctively to current events. You might be energized and eager to be involved in projects that benefit your family life. Lucky Numbers: 1, 7, 17, 27, 37, 47.

VIRGO (Aug. 24 - Sept. 23)



An interest in people and psychology may come to the fore. You might be fascinated by the mysterious and could delve and probe until you discover the truth. Lucky Numbers: 2, 12, 14, 16, 18, 20.

LIBRA (Sept. 24 - Oct. 23)



This may be a good time to begin a new business enterprise or a new venture. You could have the drive and courage to make your vision a reality. Lucky Numbers: 8, 10, 17, 28, 30, 44.

SCORPIO (Oct. 24 - Nov. 22)



You may make your influence felt, and your efforts to advance your career could be very effective. Taking on a leadership position might be favoured now. Lucky Numbers: 21, 24, 29, 31, 44, 49.

SAGITTARIUS (Nov. 23 - Dec. 21)



Music or art may move you very much now. Your imagination might be activated, and you could be inclined to feel rather passive and dreamy, or creatively inspired. Lucky Numbers: 2, 12, 13, 22, 23, 33.

CAPRICORN (Dec. 22 - Jan. 20)



This may be a perfect time to socialize, as the positive feelings that you generate may be to your advantage. Your willingness to meet people halfway could benefit you, as well. Lucky Numbers: 3, 5, 16, 22, 26, 40.

AQUARIUS (Jan. 21 - Feb. 19)



A desire to share your good fortune and joy with others may be your theme. Beautifying your home or changing your physical appearance might appeal to you. Lucky Numbers: 1, 15, 21, 35, 41, 42.

PISCES (Feb. 20 - March 20)



You may be craving emotional excitement, and your inhibitions might be loosened. It could be a time for music, dancing, and being joyfully spontaneous. Lucky Numbers: 12, 16, 32, 36, 42, 46.

Lucky numbers this week: This week's odds favour Libra winners with the luckiest number being 8.

Did You Know...

Hearing feet: African elephants have the unique ability to "hear" with their feet. Far-off rumbles in the ground create vibrations that travel from their feet to their middle ear. The timing of the signals can indicate the direction of the sound's origin.

Chef's trick: When we sprinkle salt on our food, we usually do it close to the target. Chefs sprinkle seasonings from a height of as much as 12 inches (30 cm). This results in much more even distribution.

No rabbits: In the state of Queensland, Australia, owning a rabbit is illegal. That's because the critters have become a severe ecological threat. The government erected a rabbit-proof fence and has taken other measures to keep the population under control.

Alarm system: Royals in ancient Japan were ahead of their time. They purposely built squeaky floors as an anti-theft alarm system. These "nightingale floors" or *uguisu-bari*, are named after the Japanese nightingale, also known as the Japanese bush warbler.

Unique banking: When visiting Vatican City in Rome, people can practice Latin while doing their banking. An ATM in Vatican City has an option to do transactions in Latin, possibly the only machine in the world to offer such a service.

On the Lighter Side

What has two hands, a big round face, always runs but stays in place? A clock.

Carry a feather duster with you wherever you go. If you can't find someone to tickle, at least you'll be able to do their dusting.

Don't resent growing old—many are denied the privilege.

Fred: "How do you know that peanuts are fattening?"
Ed: "Have you ever seen a skinny elephant?"

Improvising is a great adventure—a class act needs no cue cards.

Answers

Trivia answers: 1. Cygnets 2. True 3. Soccer 4. The river 5. 9-10 ft.

For available franchise opportunities – visit coffeenewscanada.com
© Published with Permission by Capital Marketing Ltd

Leave a legacy and be a part of tomorrow's future, today

If you're thinking of writing or updating your will, The Alberta Lung Association is offering the chance for donors to make a simple Will for free through our partnership with the Canadian Free Wills Network.

You are not obligated to leave a gift to the Lung Association – we hope that you will see this program as the perfect way to satisfy your estate planning objectives.

BREATHE
the lung association

www.ab.lung.ca/you-can-help-change-future-today

What's In Your Glass?

HUGE SELECTION
with R&R

A Toast to the Irish

Did I mention that we're big fans of whiskey from the emerald isle? Just a smidgen (wink, wink). Irish Whiskey has been steadily rising in popularity over the past half a dozen years or so. We actually get a bit giggly when new ones come on stream.

Another spirit that has been gaining in status is gin. You can, in part, thank the TV series *Downton Abbey* for this resurgence. So why are we talking about gin for St. Patrick's Day? Irish gin is a thing, to be sure. Since the late 18th century, truth be told.



We'll leave spirits history for another day. St. Patrick's

Flaming Pig
Black Cask.....\$49.42*
West Cork
Bourbon Cask.....\$37.04*
Eagan's 10 Year Old.....\$82.75*
Teeling Small Batch.....\$56.09*
Glendalough Wild
Botanical Gin.....\$43.70*
* Price does not include GST or bottle deposit.

Day is about fun. So we decided to end off with a limerick. Sláinte.

We raise a glass to St. Patrick's Day / A toast to health and happiness come what may / Come fill your glass, Let's not give it a pass / Sure it'll bring a smile without delay

www.leduccoopliquor.com

Leduc Co-op Liquor

103-100B Deer Valley Dr. • 780.980.5139

Sour Gas and Odour Control Treatment

SOUR AND ODOUR SERVICES
1-888-909-9976
info@sourandodour.com | www.sourandodour.com

Customized Solutions to meet your specific requirements:

- Vapours emitted from sour oil and water tanks
- De-presurring of pig senders and receivers
- Venting of liners in sour pipelines
- De-hy condensation tank vapours
- Loading and unloading tank trucks
- Vacuum truck blower discharges
- Catadryne heater fuel sweetening
- Ventilation of sewage lift-stations
- Ventilation of electrical panels

Need ONE More Reason to Join?

- You need child support enforced
- Your landlord raises rent in violation of your verbal agreement
- You adopt a child
- A friend owes you money and files for bankruptcy
- You need help with credit card liability resolution
- Your car is vandalized in a parking lot

LegalShield

Call LLOYD KENNEY,
Independent Associate, to find out
how LegalShield can help you!

1-877-579-9449

200+ Delicious Meals Made for SENIORS!



NOW SERVING
THIS COMMUNITY!

- ✓ Free Delivery*
- ✓ No Obligations
- ✓ No Minimum Orders*

* Some conditions apply

Request your **FREE MENU Catalogue** today!

780-666-2336

TF: 1-800-704-4779

HEART TO HOME MEALS
DELICIOUS MEALS MADE FOR SENIORS™

www.hearttohomemeals.ca

A wish begins with HOPE

Hope begins with you.
Donate at makeawish.ca/createhope

Make-A-Wish
Coffee News is proud to support Make-A-Wish Northern Alberta

Can't get to your Coffee News® each week?

Check out our PDF editions online!
New editions are posted every Monday

Sign up here to receive email notifications of new editions.

Now you never have to miss your weekly dose of good news!



www.coffee-news.ca/editions

Zone 41-Beaumont