

Can't get to your **Coffee News**® each week?

Check out our PDF editions online!
New editions are posted every Monday

Sign up here to receive email notifications of new editions.
Now you never have to miss your weekly dose of good news!

www.coffee-news.ca/editions



FREE! New Issue Every Week!

Coffee News

"News To Be Enjoyed Over Coffee"

Shawnessy - Fish Creek Calgary Edition
403-355-6316



www.coffee-news.ca Est. 1988

World's Largest Restaurant Publication!

HELP STOP THE SPREAD!

1. Wear a mask
2. Keep your distance - six feet!
3. Wash your hands
4. Take your copy of Coffee News home with you

Stay safe!
A message from your friends at **Coffee News**®

RIVERVIEW VILLAGE

Right Home. Right Time. Right Place.

55+ Senior Affordable Housing Family Units • Meal Delivery Plan Available

2933 26 Ave SE Calgary **bethany**
Call for details
CREATING CARING COMMUNITIES

403.272.8615/403.441.0673

HIP/KNEE REPLACEMENT?

Other medical conditions causing TROUBLE WALKING or DRESSING?

The Disability Tax Credit allows for **\$3,000 YEARLY TAX CREDIT** and **\$30,000 LUMP SUM REFUND**

FREE ASSESSMENT CALL TODAY!

For Expert Help: **1.844.453.5372**



If you liked Gold Canyon Candles, you are gonna love **Sunset Scents!**

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

They are the next Finest candles you will EVER find!

PSC Prairie Scented Candles
Sunset Scents a RAY of Fragrance

prairiescentedcandles@gmail.com
www.prairiescentedcandles.com



Every \$3.51 You Give = **1 MEAL FOR A HOMELESS NEIGHBOUR**

Give Hope. Give Today.
TheSeed.ca/donate



THE MUSTARD SEED

STEP AHEAD

REFER A SENIOR FOR THIS FREE PROGRAM TODAY

Do you know a Deaf or Hard of Hearing senior in your community needs help using technology to connect with friends, family or services?

Deaf & Hear Alberta's Step Ahead program connects isolated Deaf & Hard of Hearing seniors with trained and screened volunteers for friendly conversation and learning opportunities.

TO LEARN MORE: 403-284-6208
Deaf & Hear Alberta

Canada **Deaf & Hear Alberta**

Love Coffee News?

Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to **contests@coffee-news.ca**
Please put "Readers" in the subject line.

Please include:
1 Your name 2 Your phone number and 3 Your address so that we can send you some cool prizes if your photo is chosen to appear in the paper!

Coffee News Fun Reading. Serious Advertising.

Reader of the Month
Thomas Acheson • Calgary, AB



FREE SCRAP CAR REMOVAL

DJ'S TOWING

MENTION THIS AD AND RECEIVE UP TO \$200 FOR YOUR SCRAP VEHICLE
CALL 403-922-2412



Vol. 11 No. 23 June 7, 2021

Everybody's Talking

Well-dressed: James Maina Mwangi of Nairobi, Kenya, came from a poor family and didn't have very many clothes as a child. Eventually, he was able to earn money as a handyman, and he started to buy interesting clothes to match his flamboyant style. Today, he can be seen on the city's streets in suits of different colours, all with matching accessories. For example, if he decides to wear a bright blue suit, he wears a tie, hat, watchband, eyeglasses, and shoes that all match. On other days, he may be dressed in pink, yellow, red plaid, or black and white. During the pandemic, he even finds facemasks to match!

Bird sport: A sport in Belgium involves birds, but very little activity. It's called vinkenspot, which translates as "finch sitting" in English. In vinkenspot, competitors sit in front of cages that contain one male chaffinch (a member of the finch family). These birds sing, and their owners keep track of the number of times their bird makes a complete bird call. A distinctive "susk-e-wiet" marks the end of each call. The competitor whose chaffinch makes the most calls in an hour is the winner. The sport is known to have cheaters; once, a competitor put a CD player in the box instead of a bird.

Pie queen: A baker from Seattle, Washington (U.S.), has become a pie-baking celebrity. Lauren Ko once worked as an executive assistant in education, but now she bakes pies with such intricate geometric designs that people flock to see her creations. Grandma's pies may have tasted delicious, but Ko's work also appeals to the eye. One blueberry pie, dubbed "flour power," uses dozens of six-sided dough bits to hold blue petals. Others feature swirls of food-coloured dough strands or shapes that are formed into unbelievable patterns. The resulting pies are almost too incredible to eat!

Much ado about nothing: Some people may wonder what the social media world is coming to after they hear about a video posted by Muhammad Didi of Indonesia. The young man decided to post a video of himself doing absolutely nothing. He shows himself sitting on a couch and staring into the camera for over two hours! He meant to record himself doing nothing for only five or 10 minutes, but after he started, he kept going. The weird thing is that the video has garnered hundreds of thousands of views and has motivated other people to do the same thing for even longer periods of time.

Quoteable Quotes

"In a time of turbulence and change, it is more true than ever that knowledge is power."
—John Fitzgerald Kennedy

"Statues and pictures and verse may be grand, but they are not the Life for which they stand."
—James Thomson

What's Happening

Online event posting During the Pandemic, we are happy to post your online event in the What's Happening section of Coffee News. Please visit our website at www.coffee-news.ca to submit your event.

June 8-3rd 2021 Marda Loop Justice Film Festival justREEL film screening MLJFF invites you to our FREE social justice themed double feature, followed by a prerecorded QA segment with a subject matter expert. Available across Alberta from 5:30 pm to 11:59 pm. Learn more and register today at: <https://justicefilmfestival.ca>

July 30 to Aug 2- The Annual Rotary RIBFEST YYC Rotary RIBFEST YYC is a fun event to bring our community together and to raise money for local charities. Join us July 30 to Aug 2 from 11-9 at McMahon Stadium for the Stampede Famous RIB trucks. <https://www.chinookrotary.org/pagerotary-ribfest-yyc>

NON profit organizations may submit events for FREE at www.coffee-news.ca/whats-happening

Hidden Coffee News Guy ADVENTURE

Find the Coffee News Guy hidden in one of the ads, then enter to win!

\$400* Prize Package
*Coffee News Bucks
Over 150 participating sponsors!

4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

To enter, visit www.coffee-news.ca

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

NEW FEATURE!

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

Happy World **Emoji Day** July 17

from your friends at **Coffee News**®



THIS SPACE FOR RENT

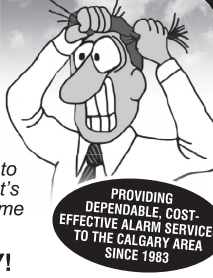
403-355-6316

Faulty Alarm or Security Emergency?

Is your current security company not helping? Are you thinking about a video doorbell? Maybe you'd like to know what's new in home security?

PROVIDING DEPENDABLE, COST-EFFECTIVE ALARM SERVICES TO THE CALGARY AREA SINCE 1983

CALL OUR EXPERTS TODAY!
DYNOVAC PLUS SECURITY
403-262-1980 | dynovacplus@shaw.ca




HELPING HOMEOWNERS START OR FINISH THEIR HOME PROJECTS

CALGARY HANDYMAN SERVICES

DRYWALL INSTALLATION
PAINTING BATHROOM RENOS
PLUMBING FLOORING
ELECTRICAL ...AND MORE!

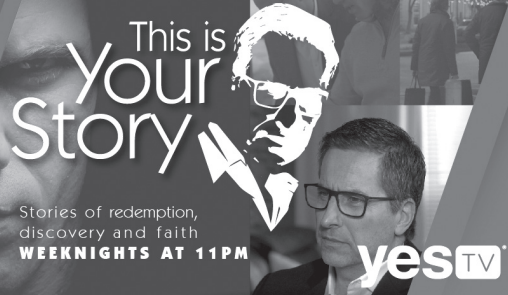
CALL/TEXT TODAY:
403.852.7505
calgaryhandymanservices@telus.net



This is **Your Story**

Stories of redemption, discovery and faith
WEEKNIGHTS AT 11PM

yesTV



Coffee News is so popular... even our competitors read it!



Proudly Delivering...

32 YEARS **Coffee News** SMILES Since 1988



DO THE MATH!
 If you advertise in a monthly publication, your ad is seen 12 times a year. If you advertise in a bimonthly publication, your ad is seen 6 times a year.
 If you advertise in *Coffee News*, your ad is seen 52 times a year!
 It takes the average person 8 - 10 times to see a message and retain it.
 So, where would you want YOUR ad to be?

Coffee News® = Repetition

One solution for oxygen at home, away, and for travel
 Introducing the INOGEN ONE - It's oxygen therapy on your terms
 No more tanks to refill. No more deliveries. No more hassles with travel. The INOGEN ONE portable oxygen concentrator is designed to provide unparalleled freedom for oxygen therapy users. It's small, lightweight, clinically proven for stationary and portable use, during the day and at night, and can go virtually anywhere - even on most airlines. Inogen accepts Medicare and many private insurances!

Reclaim Your Freedom And Independence NOW!

Call Inogen Today To Request Your FREE Info Kit
1-888-998-6714

inogen
 © 2020 Inogen, Inc. All rights reserved. MKT-P0108

ALBERTA HEARING CENTER
 Mark Ganden B.Sc., BC-HIS

Please call for an appointment
403.668.7776
 Chestermere's ONLY locally owned and operated hearing clinic!

Oasis Medical Centre
 #201, 175 Chestermere Station Way

Easthills Family Medical
 #531, 409 East Hills Blvd SE, Calgary

Hearing Tests (ages 4 to adult)
 Hearing Aids
 Batteries
 Ear Plugs
 AADL, WCB, DVA & "Private"

Struggling To Take Care of Your Feet?

Whether you suffer from ingrown nails, athlete's foot, corns, skin and nail fungus infections, or other common foot ailments... help is just a call away with Certified Podologist, Marion.

Toes On The Go Footcare
 Call today for more information: 403-620-7851
 marion@toesonthego.care • toesonthego.care

From Port Alberni, B.C. to St. John's, Newfoundland

Served in **1579** restaurants and coffee shops
 Read by over 1.25 million Canadians per week

Coffee News® is Canada's choice for positive news from around the world!

Have You Had A Stroke?

For support and education:
 • Stroke Recovery Association of Calgary (SRAC)
 • Calgary Aphasia Centre (CAC)
 • Young Survivors Group (YSS)

Phone 403.827.7520
 www.sracalgary.com • www.calgaryaphasia.com
 yssc Calgary@gmail.com • Calgary.Aphasia.Centre@gmail.com

Support Your Community
 by visiting local businesses that advertise in *Coffee News*.

After all, they are making this publication possible for your enjoyment!
 Tell them you saw their ad in *Coffee News*!

Prepare for unexpected power outages with a Generac home standby generator

REQUEST A FREE QUOTE!
888-688-0973

FREE 7-Year Extended Warranty* An \$895 Value!
 Offer valid February 15 - June 6, 2021

GENERAC

*To qualify, consumers must request a quote, purchase, install and activate the generator with a participating dealer. Call for a full list of terms and conditions.

Your Weekly Horoscope

ARIES (March 21 - April 20)
 You may feel very clear, articulate, and communicative. Public speaking or any endeavour that involves giving information to others might be favoured now. Lucky Numbers: 4, 28, 34, 42, 46, 48.

TAURUS (April 21 - May 21)
 Strong support from close friends and family may give you great confidence. It might be a good time to mend fences and improve relations in your home life. Lucky Numbers: 9, 13, 19, 23, 29, 33.

GEMINI (May 22 - June 21)
 You may feel great physically, and your confidence and optimism could be very high. You might feel that whatever you attempt now may likely succeed. Lucky Numbers: 6, 16, 26, 35, 36, 46.

CANCER (June 22 - July 22)
 Your artistic efforts may flourish. You could be moved to express your affections more openly. You also might want to be surrounded by beauty and harmonious people. Lucky Numbers: 10, 13, 18, 40, 43, 48.

LEO (July 23 - Aug. 23)
 You may benefit greatly from opportunities that occur. You might feel expansive and optimistic now. Very influential people could come into your life. Lucky Numbers: 4, 7, 16, 21, 28, 30.

VIRGO (Aug. 24 - Sept. 23)
 You may enjoy spy or mystery stories. Unsolved or puzzling problems of a situation might interest you. You may need to probe for answers in order to discover the truth. Lucky Numbers: 2, 6, 21, 25, 30, 34.

LIBRA (Sept. 24 - Oct. 23)
 You may be feeling warm, expressive, and lively. Friendships might be strengthened. Your creativity and a desire to beautify things could be stimulated. Lucky Numbers: 4, 16, 32, 38, 44, 48.

SCORPIO (Oct. 24 - Nov. 22)
 This may be time for you to shine! You might have an extra measure of energy and confidence now and could make a strong, positive impression on others. Lucky Numbers: 8, 9, 19, 24, 39, 43.

SAGITTARIUS (Nov. 23 - Dec. 21)
 You may be inclined to agree with people and situations. You also might attract what you need by letting more of the world come to you. Lucky Numbers: 10, 17, 25, 34, 41, 49.

CAPRICORN (Dec. 22 - Jan. 20)
 You may have contact with someone who is important to you. Sharing memories and reminiscing with someone you might feel you can trust could occur. Lucky Numbers: 13, 19, 32, 33, 42, 44.

AQUARIUS (Jan. 21 - Feb. 19)
 You may be capable of decisive action and the will to carry through. You might inspire others, as well. Group efforts or joint projects could be effective. Lucky Numbers: 4, 15, 19, 34, 45, 47.

PISCES (Feb. 20 - March 20)
 Cooperative endeavours may flourish now, and any social or joint activity might benefit you. You could achieve a harmonious balance of talking and listening. Lucky Numbers: 5, 6, 21, 25, 30, 40.

Lucky numbers this week: This week's odds favour Pisces winners with the luckiest number being 5.

Did You Know...

Long history: The Volkswagen Beetle, still on the roads today, is an iconic vehicle that dates back to 1938. Designed by Ferdinand Porsche, the Beetle was first built in Germany and came to North America in the 1950s.

Fun partnership: People from hometowns with dreary names can either laugh or cry. The folks in Boring, Oregon (U.S.), Dull, Perthshire (Scotland), and Bland, New South Wales (Australia), are choosing to jointly promote tourism as "The League of Extraordinary Communities."

Easy access: Japan has the highest number of vending machines in the world, with one for every 23 to 25 residents. They can be found in urban and rural areas, and play an integral role in the country's culture.

Pizzly bear: Most people know about grizzly bears and polar bears, but there is also a pizzly bear, the offspring of a polar bear and grizzly bear. They also are known as grolar bears and the *nanulak*, after the Inuit *nanuk* (polar bear) and *aklak* (grizzly bear).

More words: It's no wonder an English dictionary is so thick: the English language is believed to have the largest lexicon, or number of words, of any European language. That's due in part to accommodating so many foreign words.

On the Lighter Side

Many directors of today's comedies must be inspired by the old, silent movies. A scene is supposed to be funny, but the audience doesn't make a sound.

What's black and white and eats like a horse? A zebra.

If you had one match to light a kerosene lamp, fireplace, and wood-burning stove, which do you light first? The match.

What goes up but never comes down? Your age.

One worm to another: "Follow me. I know a restaurant where we can eat dirt cheap."

Answers

Trivia answers: 1. False 2. Lactrinal glands 3. Theatre box 4. Tom Morrison 5. 1896

Recipe of the month

Cheesy Broccoli Soup in a Bread Bowl

1/4 cup butter, cubed
 1/2 cup chopped onion
 2 garlic cloves, minced
 4 cups fresh broccoli florets (about 8 ounces)
 1 large carrot, finely chopped
 3 cups chicken stock
 2 cups half-and-half cream
 2 bay leaves
 1/2 teaspoon salt
 1/4 teaspoon ground nutmeg

1/4 teaspoon pepper
 1/4 cup cornstarch
 1/4 cup water or additional chicken stock
 2-1/2 cups shredded cheddar cheese (8 ounces each), optional
 6 small round bread loaves (about 8 ounces each), optional
 Optional toppings: Crumbled cooked bacon, additional shredded cheddar cheese, ground nutmeg and pepper

Prep Time: 15 mins. Cook time: 30 mins. Yield: 6 servings

1 In a 6-qt. stockpot, heat butter over medium heat; sauté onion and garlic until tender, 6-8 minutes. Stir in broccoli, carrot, stock, cream and seasonings; bring to a boil. Simmer, uncovered, until vegetables are tender, 10-12 minutes.
 2 Mix cornstarch and water until smooth; stir into soup. Bring to a boil, stirring occasionally; cook and stir until thickened, 1-2 minutes. Remove bay leaves. Stir in cheese until melted.
 3 If using bread bowls, cut a slice off the top of each bread loaf; hollow out bottoms, leaving 1/4-in.-thick shells (save removed bread for another use). Fill with soup just before serving.
 4 If desired, serve soup with toppings.

Source: www.fastcofhome.com

Say "Thank You" to our advertisers
 by visiting them and doing business with them.

They make this publication possible.
 (And be sure to tell them you saw their ad in *Coffee News*!)

Without our advertisers, Coffee News® would not exist

Please support them!

SHOP ONLINE!
www.scubagearcanada.ca

• Snorkelling Gear • Reef-Safe Sunscreen
 • Beach Water Shoes • Dry Bags & Wallets • UV Shirts

The Dive Outfitters
 Scuba Diving & Snorkeling
 11781-156 St., Edmonton 780.483.0044

SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

COLD SHOT
 A DIVISION OF BALWARIA EMPIRE PVT. LTD.

PASSENGER & PARCEL SERVICES
 GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: www.coldshotca.com
 Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

Pregnant? Facing Difficult Decisions?

We can help.
 Call 780.421.1177 or text 587.596.5380

• Confidential Pregnancy Counselling
 • Support and Connection to Resources
 • Adoption Information and Advice

Small Miracles Adoption
www.smallmiraclesadoption.com