

**THIS SPACE
FOR RENT**
403-355-6316

FREE! *New Issue Every Week!*
Coffee News[®]
"News To Be Enjoyed
Over Coffee"
**North Central
Calgary Edition**
403-355-6316
www.coffee-news.ca
Est. 1988

**Faulty Alarm
or Security
Emergency?**
Is your current security company not helping? Are you thinking about a video doorbell? Maybe you'd like to know what's new in home security?
**PROVIDING
DEPENDABLE, COST-
EFFECTIVE ALARM SERVICES
TO THE CALGARY AREA
SINCE 1983**
CALL OUR EXPERTS TODAY!
DYNOVAC PLUS SECURITY
403-262-1980 | dynovacplus@shaw.ca

Prepare for unexpected power outages with a Generac home standby generator
REQUEST A FREE QUOTE!
888-688-0973
FREE 7-Year Extended Warranty* An \$895 Value!
Offer valid February 15 - June 6, 2021
*To qualify, consumers must request a quote, purchase, install and activate the generator with a participating dealer. Call for a full list of terms and conditions.

Can't get to your Coffee News[®] each week?
Check out our PDF editions online!
New editions are posted every Monday
Sign up here to receive email notifications of new editions.
Now you never have to miss your weekly dose of good news!
www.coffee-news.ca/editions

Vol. 11 No. 23 June 7, 2021

Everybody's Talking

Well-dressed: James Maina Mwangi of Nairobi, Kenya, came from a poor family and didn't have very many clothes as a child. Eventually, he was able to earn money as a handyman, and he started to buy interesting clothes to match his flamboyant style. Today, he can be seen on the city's streets in suits of different colours, all with matching accessories. For example, if he decides to wear a bright blue suit, he wears a tie, hat, watchband, eyeglasses, and shoes that all match. On other days, he may be dressed in pink, yellow, red plaid, or black and white. During the pandemic, he even finds facemasks to match!

Bird sport: A sport in Belgium involves birds, but very little activity. It's called vinkenspot, which translates as "finch sitting" in English. In vinkenspot, competitors sit in front of cages that contain one male chaffinch (a member of the finch family). These birds sing, and their owners keep track of the number of times their bird makes a complete bird call. A distinctive "susk-e-wiet" marks the end of each call. The competitor whose chaffinch makes the most calls in an hour is the winner. The sport is known to have cheaters; once, a competitor put a CD player in the box instead of a bird.

Pie queen: A baker from Seattle, Washington (U.S.), has become a pie-baking celebrity. Lauren Ko once worked as an executive assistant in education, but now she bakes pies with such intricate geometric designs that people flock to see her creations. Grandma's pies may have tasted delicious, but Ko's work also appeals to the eye. One blueberry pie, dubbed "flour power," uses dozens of six-sided dough bits to hold blue petals. Others feature swirls of food-coloured dough strands or shapes that are formed into unbelievable patterns. The resulting pies are almost too incredible to eat!

Much ado about nothing: Some people may wonder what the social media world is coming to after they hear about a video posted by Muhammad Didi of Indonesia. The young man decided to post a video of himself doing absolutely nothing. He shows himself sitting on a couch and staring into the camera for over two hours! He meant to record himself doing nothing for only five or 10 minutes, but after he started, he kept going. The weird thing is that the video has garnered hundreds of thousands of views and has motivated other people to do the same thing for even longer periods of time.

Without our advertisers, Coffee News[®] would not exist
Please support them!

If you liked Gold Canyon Candles, you are gonna love Sunset Scents!
They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!
They are the next Finest candles you will EVER find!
PSC Prairie Scented Candles
Sunset Scents a RAY of Fragrance
prairiescentedcandles@gmail.com
www.prairiescentedcandles.com

MARLBOROUGH DENTURE CLINIC
SENIORS RATES APPLY
AFFORDABLE DENTURES
Please Call Us!
403-272-2500
Mention this ad when you call us.
#250 - 433 Marlborough Way NE.
2nd floor Marlborough Mall
Near entrance #5 - East side of mall

HELPING HOMEOWNERS START OR FINISH THEIR HOME PROJECTS
CALGARY HANDYMAN SERVICES
DRYWALL INSTALLATION
PAINTING BATHROOM RENOS
PLUMBING FLOORING
ELECTRICAL ...AND MORE!
CALL/TEXT TODAY:
403.852.7505
calgaryhandymanservices@telus.net

STEP AHEAD
REFER A SENIOR FOR THIS FREE PROGRAM TODAY
Do you know a Deaf or Hard of Hearing senior in your community needs help using technology to connect with friends, family or services?
Deaf & Hear Alberta's Step Ahead program connects isolated Deaf & Hard of Hearing seniors with trained and screened volunteers for friendly conversation and learning opportunities.
TO LEARN MORE: 403-284-6208
Deaf & Hear Alberta
Funded by the Government of Canada
Canada

Quoteable Quotes
"In a time of turbulence and change, it is more true than ever that knowledge is power."
—John Fitzgerald Kennedy
"Statues and pictures and verse may be grand, but they are not the Life for which they stand."
—James Thomson

This is Your Story
Stories of redemption, discovery and faith
WEEKNIGHTS AT 11PM
yesTV

BINGO BARN
The Place To Play Everyday!
2 Mornings - Sat & Sun • 7 Afternoons • 7 Evenings • 2 Late Nights - Fri & Sat
Bingo Info Line:
403-235-2118
#10, 1107 33rd St. N.E. • www.BingoBarn.ca

The Brenda Strafford Cambridge Foundation Manor
Opening June 2020
Introducing Cambridge Manor
The Brenda Strafford Foundation's newest seniors wellness community in University District, NW Calgary's newest urban neighbourhood.
• Assisted Living, Enhanced Care and Memory Care
• Respite Care short term stays available
403.536.8675 | cambridgemanor.ca

Have You Had A Stroke?
For support and education:
• Stroke Recovery Association of Calgary (SRAC)
• Calgary Aphasia Centre (CAC)
• Young Survivors Group (YSS)
Phone 403.827.7520
www.sracalgary.com • www.calgaryaphasia.com
ysscalgary@gmail.com • Calgary.Aphasia.Centre@gmail.com

What's Happening

Online event posting During the Pandemic, we are happy to post your online event in the What's Happening section of Coffee News. Please visit our website at www.coffee-news.ca to submit your event.

June 8-3rd 2021 Marda Loop Justice Film Festival justREEL film screening MLJFF invites you to our FREE social justice themed double feature, followed by a prerecorded QA segment with a subject matter expert. Available across Alberta from 5:30 pm to 11:59 pm. Learn more and register today at: https://justicefilmfestival.ca

July 30 to Aug 2- The Annual Rotary RIBFEST YYC Rotary RIBFEST YYC is a fun event to bring our community together and to raise money for local charities. Join us July 30 to Aug 2 from 11-9 at McMahon Stadium for the Stampede Famous RIB trucks. https://www.chinookrotary.org/pagerotary-ribfest-yyc

NON profit organizations may submit events for FREE at
www.coffee-news.ca/whats-happening

Hidden Coffee News Guy ADVENTURE
To enter, visit www.coffee-news.ca
Submit your birth date and we'll send you a birthday card with valuable offers on your special day!
Find the Coffee News Guy hidden in one of the ads, then enter to win!
\$400* Prize Package
*Coffee News Bucks
Over 150 participating sponsors!
4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries.

Happy World Emoji Day
July 17
from your friends at Coffee News[®]

COLD SHOT
A DIVISION OF BALWARIA EMPIRE PVT. LTD.
PASSENGER & PARCEL SERVICES
SHIP BY BUS
GET YOUR REWARD CARD TO GET A FREE TICKET!
Parcel Website: www.coldshotca.com
Passenger Website: www.coldshot.ca
TICKETS: 587-557-7719 | PARCEL: 587-557-7718
SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

Trivia
1. French fries originated in France—T/F?
2. What glands are responsible for producing tears?
3. What is a loge?
4. Who wrote the popular novel Beloved?
5. Guinness World Records states that the first speeding ticket was written in 1896, 1920, or 1929?

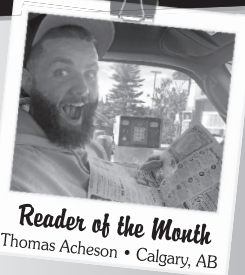
HIP/KNEE REPLACEMENT?
Other medical conditions causing TROUBLE WALKING or DRESSING?
The Disability Tax Credit allows for
\$3,000 YEARLY TAX CREDIT
and **\$30,000 LUMP SUM REFUND**
For Expert Help:
1.844.453.5372
FREE ASSESSMENT CALL TODAY!

Love Coffee News?

Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to contests@coffee-news.ca. Please put "Readers" in the subject line.

Please include:
 1 Your name 2 Your phone number and 3 Your address so that we can send you some cool prizes if your photo is chosen to appear in the paper!



Reader of the Month
Thomas Acheson • Calgary, AB

Coffee News Fun Reading. Serious Advertising.

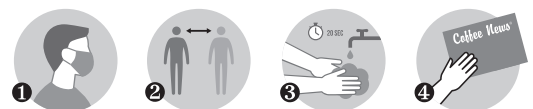
We Keep Good Company

Improving the quality of life for seniors and those with disabilities through accompaniment and companionship, including transportation services



1.877.613.2479
www.drivingmissdaisy.ca

HELP STOP THE SPREAD!



Wear a mask. Keep your distance - six feet! Wash your hands. Take your copy of **Coffee News** home with you.

Stay safe!

A message from your friends at **Coffee News**

SHOP ONLINE!

www.scubagearcanada.ca

- Snorkelling Gear • Reef-Safe Sunscreen
- Beach Water Shoes • Dry Bags & Wallets • UV Shirts



Learn to SCUBA DIVE at our Edmonton location - call for details



11781-156 St., Edmonton 780.483.0044

From Port Alberni, B.C. to St. John's, Newfoundland

Served in

1579 restaurants and coffee shops

Read by over 1.25 million Canadians per week

Coffee News is Canada's choice for positive news from around the world!



Your Weekly Horoscope

ARIES (March 21 - April 20)



You may feel very clear, articulate, and communicative. Public speaking or any endeavour that involves giving information to others might be favoured now. Lucky Numbers: 4, 28, 34, 42, 46, 48.

TAURUS (April 21 - May 21)



Strong support from close friends and family may give you great confidence. It might be a good time to mend fences and improve relations in your home life. Lucky Numbers: 9, 13, 19, 23, 29, 33.

GEMINI (May 22 - June 21)



You may feel great physically, and your confidence and optimism could be very high. You might feel that whatever you attempt now may likely succeed. Lucky Numbers: 6, 16, 26, 35, 36, 46.

CANCER (June 22 - July 22)



Your artistic efforts may flourish. You could be moved to express your affections more openly. You also might want to be surrounded by beauty and harmonious people. Lucky Numbers: 10, 13, 18, 40, 43, 48.

LEO (July 23 - Aug. 23)



You may benefit greatly from opportunities that occur. You might feel expansive and optimistic now. Very influential people could come into your life. Lucky Numbers: 4, 7, 16, 21, 28, 30.

VIRGO (Aug. 24 - Sept. 23)



You may enjoy spy or mystery stories. Unsolved or puzzling problems of a situation might interest you. You may need to probe for answers in order to discover the truth. Lucky Numbers: 2, 6, 21, 25, 30, 34.

LIBRA (Sept. 24 - Oct. 23)



You may be feeling warm, expressive, and lively. Friendships might be strengthened. Your creativity and a desire to beautify things could be stimulated. Lucky Numbers: 4, 16, 32, 38, 44, 48.

SCORPIO (Oct. 24 - Nov. 22)



This may be time for you to shine! You might have an extra measure of energy and confidence now and could make a strong, positive impression on others. Lucky Numbers: 8, 9, 19, 24, 39, 43.

SAGITTARIUS (Nov. 23 - Dec. 21)



You may be inclined to agree with people and situations. You also might attract what you need by letting more of the world come to you. Lucky Numbers: 10, 17, 25, 34, 41, 49.

CAPRICORN (Dec. 22 - Jan. 20)



You may have contact with someone who is important to you. Sharing memories and reminiscing with someone you might feel you can trust could occur. Lucky Numbers: 13, 19, 32, 33, 42, 44.

AQUARIUS (Jan. 21 - Feb. 19)



You may be capable of decisive action and the will to carry through. You might inspire others, as well. Group efforts or joint projects could be effective. Lucky Numbers: 4, 15, 19, 34, 45, 47.

PISCES (Feb. 20 - March 20)



Cooperative endeavours may flourish now, and any social or joint activity might benefit you. You could achieve a harmonious balance of talking and listening. Lucky Numbers: 5, 6, 21, 25, 30, 40.

Lucky numbers this week: This week's odds favour Pisces winners with the luckiest number being 5.

Did You Know...

Long history: The Volkswagen Beetle, still on the roads today, is an iconic vehicle that dates back to 1938. Designed by Ferdinand Porsche, the Beetle was first built in Germany and came to North America in the 1950s.

Fun partnership: People from hometowns with dreary names can either laugh or cry. The folks in Boring, Oregon (U.S.), Dull, Perthshire (Scotland), and Bland, New South Wales (Australia), are choosing to jointly promote tourism as "The League of Extraordinary Communities."

Easy access: Japan has the highest number of vending machines in the world, with one for every 23 to 25 residents. They can be found in urban and rural areas, and play an integral role in the country's culture.

Pizzly bear: Most people know about grizzly bears and polar bears, but there is also a pizzly bear, the offspring of a polar bear and grizzly bear. They also are known as grolar bears and the *nanulak*, after the Inuit *nanuk* (polar bear) and *aklak* (grizzly bear).

More words: It's no wonder an English dictionary is so thick: the English language is believed to have the largest lexicon, or number of words, of any European language. That's due in part to accommodating so many foreign words.

On the Lighter Side

Many directors of today's comedies must be inspired by the old, silent movies. A scene is supposed to be funny, but the audience doesn't make a sound.

What's black and white and eats like a horse? A zebra.

If you had one match to light a kerosene lamp, fireplace, and wood-burning stove, which do you light first? The match.

What goes up but never comes down? Your age.

One worm to another: "Follow me. I know a restaurant where we can eat dirt cheap."

Answers

Trivia answers: 1. False 2. Lacrimal glands 3. Theatre box 4. Tom Morrison 5. 1896

For available franchise opportunities - visit coffeeneWSCanada.com
 © Published with Permission by Calgary Coffee News

Pregnant? Facing Difficult Decisions?

We can help. Call 780.421.1177 or text 587.596.5380



- Confidential Pregnancy Counselling
- Support and Connection to Resources
- Adoption Information and Advice



Small Miracles Adoption

www.smallmiraclesadoption.com

Struggling To Take Care of Your Feet?

Whether you suffer from ingrown nails, athlete's foot, corns, skin and nail fungus infections, or other common foot ailments... help is just a call away with Certified Podologist, Marion.



Toes On The Go Footcare

Call today for more information: 403-620-7851
marion@toesonthego.care • toesonthego.care

Coffee News is so popular... even our competitors read it!

DHILLON LAW OFFICE

Kirin Dhillon, Barrister & Solicitor



- Family Law
- Criminal Law
- Real Estate
- Immigration Law
- Wills and Estates

403.815.9944

104-200 Country Hills Landing NW • kirin@dhillonlawoffice.com

One solution for oxygen at home, away, and for travel

Introducing the INOGEN ONE - It's oxygen therapy on your terms

No more tanks to refill. No more deliveries. No more hassles with travel. The INOGEN ONE portable oxygen concentrator is designed to provide unparalleled freedom for oxygen therapy users. It's small, lightweight, clinically proven for stationary and portable use, during the day and at night, and can go virtually anywhere - even on most airlines. Inogen accepts Medicare and many private insurances!



Reclaim Your Freedom And Independence NOW!

inogen

Call Inogen Today To Request Your FREE Info Kit
1-888-998-6714

© 2020 Inogen, Inc. All rights reserved. MKT-P0108

Every \$3.51 You Give = **1 MEAL FOR A HOMELESS NEIGHBOUR**



Give Hope. Give Today. TheSeed.ca/donate



FREE SCRAP CAR REMOVAL

DJ'S TOWING

MENTION THIS AD AND RECEIVE UP TO \$200 FOR YOUR SCRAP VEHICLE
CALL 403-922-2412

Specializing in simple, affordable hair!



- 27 Years Experience
- No Ammonia Chemical Services
- Artificial Fragrance Free

SENIORS' PRICING

Hairssentials

2631-37 Street SE, Calgary
403-875-8790
hairssentials.business.site