





Aug 14-Ride And Drive For A Cause Charity Meet Please register your unique ride and drive, wild exotic, Rat Rod, classic, vintage, cool, unique or custom car, custom truck or unique Suv, cruiser, or sports bike. To register your rides drives please visit our website www.rdfcause.ca.

Sept 10-Bridge of Life is a suicide awareness prevention candle light vigil walk across the high level bridge. There is light music,

HIP/KNEE REPLACE Other medical conditions causing TROUBLE WALKING or DRESSING? The Disability Tax Credit allows for \$3,000 YEARLY TAX CREDIT and \$30,000 LUMP SUM REFUND For Expert Help: 1.844.453.5372 Serving Edmonton and Area f with Pride and Excellence SERVICES Move in/Out Clean-Up Floor Maintenance Contact Val Brojban: 25% OFF YOUR FIRST 780.239.8691 TF: 1.844.761.8691 INVOICE! reflexioncleaning@gmail.com reflexioncleaning.co A wish begins with HOPE Hope begins with you. Donate at makeawish.ca/createhope Make-A-Wish. Coffee News is proud to support Make-A-Wish Northern Albert **Balsamic Watermelon Chicken Salad** cup balsamic vinegar 1 tablespoons olive oil 4 cups baby spinach or green 2 cups cubed watermelon 1 lb. boneless skinless chicken breasts 1/2 cup blue cheese crumbles 3 teaspoons all purpose 1/4 cup sliced or crushed almonds Prep Time: 10 mins. Cook time: 30 mins. • Pour the balsamic vinegar into a small saucepan and bring to a boil. Reduce heat and simmer for 15-20 minutes until the balsamic vinegar is significantly reduced and starting to become syrupy.
Meanwhile, turn a grill or nonstick skillet to high heat. Sprinkle the chicken with the seasoning on both sides and drizzle with the olive oil. Transfer to the hot grill and cook until no longer pink on the inside and nicely browned on the outside. Let rest for 5 minutes; cut into small cubes.
Layer the spinach with the chicken, watermelon, blue cheese, almonds and drizzle with the balsamic reduction to taste. Top with additional olive oil if desired.

Tired of waiting for high cost accommodation in the big city? We have vacancies to offer residents living outside of town! Studio suites, all inclusive \$1981.00 (maximum) and one bedroom couples' suites \$3004.00 (maximum), all inclusive. Experience fresh air and country living.

### 780.853.5706

Contact Tabitha at tabitha.dykstra@vdhf.ca www.vdhf.ca 5401-46 St., Vermilion

Vermilion & District **Housing Foundation** 

www.scubagearcanada.ca

refreshments and guest speakers. www.yegmentalhealth.com. Constable Ezio Faraone Park 7-9 PM

> NON profit organizations may submit events for FREE at www.coffee-news.ca/whats-happening









- 1. Frankie Valli was the front man for what musical group of the 1960s?
- 2. A sporran is a leather or fur pouch worn in front of what type of garment?
- 3. What type of noodle is called soba?
- 4. Was Willie Shoemaker a cobbler, an American jockey, or cartoon character?
- 5. How many cards are in a regular deck of playing cards?

#### (Flip bottom of page for answers)

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Your Weekly Horoscope ARIES LIBRA (Sept. 24 - Oct. 23) (March 21 - April 20) Communications might excel right now. You may come across clearly and present yourself articulately. Interviews

30, 45, 48.

. 36, 41, 44.

**SAGITTARIUS** 

**CAPRICORN** 

(Dec. 22 - Jan. 20)

(Nov. 23 - Dec. 21)

**SCORPIO** 

(Oct. 24 - Nov. 22)

and other transactions with the public could be favoured. Lucky Numbers: 3, 6, 8, 13, 23, 30. TAURUS

#### (April 21 - May 21)

Now might be a time for communicating your enthusiasm. You may feel optimistic about the future and discover connections previously over-

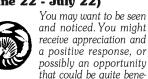
looked. Lucky Numbers: 11, 19, 21, 22. 37. 45. GEMINI

#### (May 22 - June 21)

Your thoughts may be distant and dreamy right now. Your imagination might be heightened, which could benefit any creative or artistic work

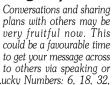
you do. Lucky Numbers: 1, 4, 5, 29, , 31, 42. CANCER

#### (June 22 - July 22)



a positive response, or possibly an opportunity that could be quite bene-ficial. Lucky Numbers: 7, 9, 12, 13, 15.42.

#### LEO (July 23 - Aug. 23)



advertising. Lucky Numbers: 6, 18, 32, 44, 47, 48. VIRGO

#### (Aug. 24 - Sept. 23)

Your desire to socialize or to be friendly may interfere with getting your work done in a professional manner. Scheduling time for recreation might be a good idea. Lucky Numbers: 3, 10, 13, 17, 26, 47.

Lucky numbers this week: This week's odds favour Gemini winners with the luckiest number being 5.

## Did You Know...

Strange proposal: In ancient Greece, a woman received a declaration of love from a man in a very unusual way. He would throw an apple at her because apples were considered sacred to Aphrodite, the ancient Greek goddess of love.

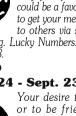
**Pirates' jewelry:** One common theory about why pirates wore earrings is that the gold and silver jewelry were a form of currency. If a pirate drowned and washed up on shore, the earrings served as payment for burial.

**Sing along:** Karaoke is a Japanese word that means "empty orchestra" and is believed to have originated in that country. When a performer didn't show up, a café owner played recorded music and invited customers to sing along.

Small babies: At birth, a baby panda is extremely small, weighing only about 3.5 ounces (100 grams). No one can figure out why the new arrival is about 900 times smaller than its mother. Kangaroos have similar weight differences at birth.

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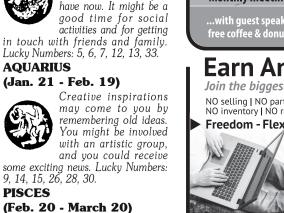




people. Your artistic efforts could flourish. Lucky Numbers:

1, 18, 21, 27, 33, 41.

**PISCES** 





Franz Fritzwitz & Wilbur Ramsbo

Slow down: Walter Arnold just needed to slow down. He was going 8 mph in Paddock Wood, Kent, England, on January 28, 1896. He received what is believed to be the world's first speeding ticket. The speed limit was 2 mph.

# On the Lighter Side

Student: "The formula for water is H, I, J, K, L, M, N, O." Teacher: "That's not the formula I gave you." Student: "You said H to O."

What has four legs and flies? A picnic table.

Two men played checkers. They played five games, and each won the same number of games. How? They weren't playing each other.

The subject of my talk this afternoon is television...sometimes known as air pollution.

Sign in a restaurant: "Our customers are always right. Misinformed, perhaps, inexact, bullheaded, fickle, even downright stupid, but never wrong.'

## Answers

3. Japanese buckwheat 4. American jockey 5. 52 Trivia answers: 1. The Four Seasons 2. Scottish kilt

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<sup>18-</sup>Northcentral Edmonton