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Recipe of the month


Balsamic Watermelon Chicken Salad

1 cup balsamic vinegar | 1 tablepoons olive oil
1 lb. boneless skinless chicken breasts | 4 cups baby spinach or greens
3 teaspoons all purpose seasoning | 2 cups cubed watermelon
1/2 cup blue cheese crumbles | 1/4 cup sliced or crushed almonds

Prep Time: 10 mins. Cook time: 30 mins. Yield: 4 servings

- 1 Pour the balsamic vinegar into a small saucepan and bring to a boil. Reduce heat and simmer for 15-20 minutes until the balsamic vinegar is significantly reduced and starting to become syrupy.
- 2 Meanwhile, turn a grill or nonstick skillet to high heat. Sprinkle the chicken with the seasoning on both sides and drizzle with the olive oil. Transfer to the hot grill and cook until no longer pink on the inside and nicely browned on the outside. Let rest for 5 minutes; cut into small cubes.
- 3 Layer the spinach with the chicken, watermelon, blue cheese, almonds, and drizzle with the balsamic reduction to taste. Top with additional olive oil if desired.

Source: <https://pinchofyum.com>



Vol. 18 No. 24 June 14, 2021

Everybody's Talking

Scenery swap: With the COVID-19 pandemic slowing down world travel, people grew tired of the views from their own windows. With that in mind, Sonali Ranjit and Vaishnav Balasubramaniam, a couple from Singapore, created "WindowSwap." This website encourages people from around the world to submit short videos of the views from their windows. Visitors to the site can look at views from abodes in far-off cities and towns, and they can upload their own to share. Viewers can see a wide variety of scenes, from mountains to city streets, and from rainy backyard gardens to seaside views. Watching the windows can be mesmerizing!

Camel comes home: There are stories of dogs and cats coming home after being lost or given away, but it's rare to hear about a camel doing something similar. That's what happened in North China's Inner Mongolia Autonomous Region. The camel's owner, Temur, sold his camel to a friend who lived 100 kilometres (62 mi.) away. After spending the winter in his new home, the camel ran away, eventually finding its way through desert and mountains to its old home. Temur and his wife were moved to see the animal's devotion, so they arranged to keep it. They sent a younger camel to the new owner as a replacement.

Away from home: When thinking about wallabies, Australia and Tasmania come to mind. However, France should be included. That's because a colony of wallabies lives in the forest near Rambouillet, west of Paris. About 150 of the creatures have lived there for over 40 years. Ancestors of the current colony escaped from a zoological reserve in the 1970s. While some were caught, others found a home in the forest and have been living in the wild ever since. Authorities have even posted road signs with pictures of wallabies, so drivers would be aware of their presence.

Makeup madness: Elliot Joseph Rentz (a.k.a. Alexis Stone) of London, England, is a makeup artist with incredible talent. He has worked with many famous people, but he also likes to work on himself. He uses makeup to transform himself to look like celebrities, and then he posts photos on social media. For his temporary transformations, he uses makeup and costuming items, such as wigs, jewelry, and false eyelashes. He has made himself resemble Kevin from Home Alone, Dumbledore from Harry Potter, Leonardo DiCaprio, and Billie Eilish, to name just a few.

Quoteable Quotes

"A learned fool is more foolish than an ignorant one." —Molière
"I fling my past behind me like a robe... I have outgrown it."
—Ella Wheeler Wilcox

What's Happening

Online event posting During the Pandemic, we are happy to post your online event in the What's Happening section of Coffee News. Please visit our website at www.coffee-news.ca to submit your event.

Aug 14-Ride And Drive For A Cause Charity Meet Please register your unique ride and drive, wild exotic, Rat Rod, classic, vintage, cool, unique or custom car, custom truck or unique Suv, cruiser, or sports bike. To register your rides drives please visit our website www.rdfcause.ca.

Sept 10-Bridge of Life is a suicide awareness prevention candle light vigil walk across the high level bridge. There is light music, refreshments and guest speakers. www.yegmentalhealth.com. Constable Ezio Faraone Park 7-9 PM

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Trivia

1. Frankie Valli was the front man for what musical group of the 1960s?
2. A sporran is a leather or fur pouch worn in front of what type of garment?
3. What type of noodle is called soba?
4. Was Willie Shoemaker a cobbler, an American jockey, or cartoon character?
5. How many cards are in a regular deck of playing cards?

(Flip bottom of page for answers)

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Your Weekly Horoscope

ARIES (March 21 - April 20)
Communications might excel right now. You may come across clearly and present yourself articulately. Interviews and other transactions with the public could be favoured. Lucky Numbers: 3, 6, 8, 13, 23, 30.

LIBRA (Sept. 24 - Oct. 23)
Your creative ideas or artistic inclinations may tend to blossom. You might be able to generate some lovely, inspiring images from deep within your mind. Lucky Numbers: 4, 8, 9, 30, 45, 48.

TAURUS (April 21 - May 21)
Now might be a time for communicating your enthusiasm. You may feel optimistic about the future and discover connections previously overlooked. Lucky Numbers: 11, 19, 21, 22, 37, 45.

SCORPIO (Oct. 24 - Nov. 22)
You may feel a special magnetism and attract power. You could be very loving and your relationships might intensify and have a deeper quality. Lucky Numbers: 5, 25, 32, 36, 41, 44.

GEMINI (May 22 - June 21)
Your thoughts may be distant and dreamy right now. Your imagination might be heightened, which could benefit any creative or artistic work you do. Lucky Numbers: 1, 4, 5, 29, 31, 42.

SAGITTARIUS (Nov. 23 - Dec. 21)
You may want to spread your wings and seek out new opportunities for advancement. With a little more attention to detail, you could bring yourself closer to your goals. Lucky Numbers: 1, 3, 8, 13, 24, 42.

CANCER (June 22 - July 22)
You may want to be seen and noticed. You might receive appreciation and a positive response, or possibly an opportunity that could be quite beneficial. Lucky Numbers: 7, 9, 12, 13, 15, 42.

CAPRICORN (Dec. 22 - Jan. 20)
There may be a cooperative, harmonious tone to the interactions you have now. It might be a good time for social activities and for getting in touch with friends and family. Lucky Numbers: 5, 6, 7, 12, 13, 33.

LEO (July 23 - Aug. 23)
Conversations and sharing plans with others may be very fruitful now. This could be a favourable time to get your message across to others via speaking or advertising. Lucky Numbers: 6, 18, 32, 44, 47, 48.

AQUARIUS (Jan. 21 - Feb. 19)
Creative inspirations may come to you by remembering old ideas. You might be involved with an artistic group, and you could receive some exciting news. Lucky Numbers: 9, 14, 15, 26, 28, 30.

VIRGO (Aug. 24 - Sept. 23)
Your desire to socialize or to be friendly may interfere with getting your work done in a professional manner. Scheduling time for recreation might be a good idea. Lucky Numbers: 3, 10, 13, 17, 26, 47.

PISCES (Feb. 20 - March 20)
You may be moved to express your affections more openly than usual. You might also want to be with harmonious people. Your artistic efforts could flourish. Lucky Numbers: 1, 18, 21, 27, 33, 41.

Lucky numbers this week: This week's odds favour Gemini winners with the luckiest number being 5.

Did You Know...

Strange proposal: In ancient Greece, a woman received a declaration of love from a man in a very unusual way. He would throw an apple at her because apples were considered sacred to Aphrodite, the ancient Greek goddess of love.

Pirates' jewelry: One common theory about why pirates wore earrings is that the gold and silver jewelry were a form of currency. If a pirate drowned and washed up on shore, the earrings served as payment for burial.

Sing along: Karaoke is a Japanese word that means "empty orchestra" and is believed to have originated in that country. When a performer didn't show up, a café owner played recorded music and invited customers to sing along.

Small babies: At birth, a baby panda is extremely small, weighing only about 3.5 ounces (100 grams). No one can figure out why the new arrival is about 900 times smaller than its mother. Kangaroos have similar weight differences at birth.

Slow down: Walter Arnold just needed to slow down. He was going 8 mph in Paddock Wood, Kent, England, on January 28, 1896. He received what is believed to be the world's first speeding ticket. The speed limit was 2 mph.

On the Lighter Side

Student: "The formula for water is H, I, J, K, L, M, N, O."
Teacher: "That's not the formula I gave you."
Student: "You said H to O."

What has four legs and flies? A picnic table.

Two men played checkers. They played five games, and each won the same number of games. How? They weren't playing each other.

The subject of my talk this afternoon is television...sometimes known as air pollution.

Sign in a restaurant: "Our customers are always right. Misinformed, perhaps, inexact, bullheaded, fickle, even downright stupid, but never wrong."

Answers

Trivia answers: 1. The Four Seasons 2. Scottish kiln 3. Japanese buckwhheat 4. American jockey 5. 52

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