

A wish begins with **HOPE**

Hope begins with you.
 Donate at makeawish.ca/createhope

★ **Make-A-Wish.**
 Coffee News is proud to support Make-A-Wish Northern Alberta

FREE! *New Issue Every Week!*

Coffee News®

"News To Be Enjoyed Over Coffee"

Sturgeon County Edition
780-220-6397

www.coffee-news.ca Est. 1988

Call for Rates-780-220-6397/877-553-6397

Helping you rediscovers **fun** in the kitchen!

Gifts and Gadgets

Your one stop kitchen and gift shop.
780.962.5220

CHECK OUT OUR EXTENSIVE **ONLINE CATALOG!**
 Visit www.giftsandgadgets.ab.ca
 or visit us in person at 111 First Avenue, Spruce Grove

THIS SPACE FOR RENT

780-220-6397

Love Coffee News?

"We are big fans of your newspaper! It gets us through the morning and our daily commute."

Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to contests@coffee-news.ca
 Please put "Readers" in the subject line.

Please include:
 • Your name • Your phone number and • Your address so that we can send you some **cool prizes** if your photo is chosen to appear in the paper!

Readers of the Month
 Franz Fritzwitz & Wilbur Ramsbottom

Coffee News® Fun Reading. Serious Advertising.

Get Your Meters' Calibrations Right

We are committed to proving your meters accurate and on time. Since 2003, Measurement Inc. has performed over 8,250 meter proves, so we won't be practising on yours.

— RELAX WHEN YOU GET AUDITED!
MY PROMISE TO YOU: "If all you want is someone cheap to tag your meters, I respectfully ask you to call someone else. Ours will be the best proving experience you have ever had. When audited you'll see the results of excellent measurement. This will be the most complete, professional proving and calibration you have ever experienced. We do the work right or we'll redo it for FREE. I guarantee it."
 ~ Jerry Greiner

MEASUREMENT INC.
 780-621-2555
www.MeasurementInc.ca

PORTABLE TEST SEPARATOR RENTALS

Are your ducks all in a row...?

Offering years of paralegal experience to assist you by preparing documents such as:

- Last Will and Testament
- Enduring Power of Attorney
- Personal Directives

WILLPOWER WILLS
 EXPERIENCED. DEDICATED. KNOWLEDGEABLE.
780-418-7611
 Call Terri today for a FREE consult.

TERRI BRUNNING

ELECTRICIAN SERVICES

RESIDENTIAL | RENOVATIONS | REPAIRS

587.805.5131
cam@resielectric.ca

RESI ELECTRIC

Leave a legacy and be a part of tomorrow's future, today

If you're thinking of writing or updating your will, The Alberta Lung Association is offering the chance for donors to make a simple Will for free through our partnership with the Canadian Free Wills Network.

You are not obligated to leave a gift to the Lung Association – we hope that you will see this program as the perfect way to satisfy your estate planning objectives.

BREATHE
 the lung association
www.ab.lung.ca/you-can-help-change-future-today

If you liked Gold Canyon Candles, you are gonna love Sunset Scents!

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

They are the next Finest candles you will EVER find!

PSC
 Prairie Scented Candles
 a RAY of Fragrance
prairiescentedcandles@gmail.com
www.prairiescentedcandles.com

Vol. 18 No. 24 June 14, 2021

Everybody's Talking

Scenery swap: With the COVID-19 pandemic slowing down world travel, people grew tired of the views from their own windows. With that in mind, Sonali Ranjit and Vaishnav Balasubramaniam, a couple from Singapore, created "WindowSwap." This website encourages people from around the world to submit short videos of the views from their windows. Visitors to the site can look at views from abodes in far-off cities and towns, and they can upload their own to share. Viewers can see a wide variety of scenes, from mountains to city streets, and from rainy backyard gardens to seaside views. Watching the windows can be mesmerizing!

Camel comes home: There are stories of dogs and cats coming home after being lost or given away, but it's rare to hear about a camel doing something similar. That's what happened in North China's Inner Mongolia Autonomous Region. The camel's owner, Temur, sold his camel to a friend who lived 100 kilometres (62 mi.) away. After spending the winter in his new home, the camel ran away, eventually finding its way through desert and mountains to its old home. Temur and his wife were moved to see the animal's devotion, so they arranged to keep it. They sent a younger camel to the new owner as a replacement.

Away from home: When thinking about wallabies, Australia and Tasmania come to mind. However, France should be included. That's because a colony of wallabies lives in the forest near Rambouillet, west of Paris. About 150 of the creatures have lived there for over 40 years. Ancestors of the current colony escaped from a zoological reserve in the 1970s. While some were caught, others found a home in the forest and have been living in the wild ever since. Authorities have even posted road signs with pictures of wallabies, so drivers would be aware of their presence.

Makeup madness: Elliot Joseph Rentz (a.k.a. Alexis Stone) of London, England, is a makeup artist with incredible talent. He has worked with many famous people, but he also likes to work on himself. He uses makeup to transform himself to look like celebrities, and then he posts photos on social media. For his temporary transformations, he uses makeup and costuming items, such as wigs, jewelry, and false eyelashes. He has made himself resemble Kevin from Home Alone, Dumbledore from Harry Potter, Leonardo DiCaprio, and Billie Eilish, to name just a few.

Quoteable Quotes

"A learned fool is more foolish than an ignorant one." —Molière
 "I fling my past behind me like a robe... I have outgrown it."
 —Ella Wheeler Wilcox

What's Happening

Online event posting During the Pandemic, we are happy to post your online event in the What's Happening section of Coffee News. Please visit our website at www.coffee-news.ca to submit your event.

Jun 3 to Sep 26-Century Park Market Southside open air public farmers market. Open Thursdays from 3:30pm to 7:30pm. Phone 780-913-2586 for more information or visit www.centuryparkmarket.com

Aug 14-Ride And Drive For A Cause Charity Meet Please register your unique ride and drive, wild exotic, Rat Rod, classic, vintage, cool, unique or custom car, custom truck or unique Suv, cruiser, or sports bike. To register your rides drives please visit our website www.rdfcause.ca.

NON profit organizations may submit events for FREE at www.coffee-news.ca/whats-happening

Hidden Coffee News Guy ADVENTURE

Find the Coffee News Guy hidden in one of the ads, then enter to win!

\$400* Prize Package
 *Coffee News Bucks
 Over 150 participating sponsors!

To enter, visit www.coffee-news.ca

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

Trivia

1. Frankie Valli was the front man for what musical group of the 1960s?
2. A sporran is a leather or fur pouch worn in front of what type of garment?
3. What type of noodle is called soba?
4. Was Willie Shoemaker a cobbler, an American jockey, or cartoon character?
5. How many cards are in a regular deck of playing cards?

(Flip bottom of page for answers)

© Published with Permission by Capital Marketing Ltd (Over)

Thank You to these distribution partners for continuing to support Coffee News through these unprecedented times...

Zone 2
 Updated 18.20.20

We appreciate you!

Morinville A & W Amanda's Pizza Asian Garden Restaurant Bistro Di Madre Piccola Boston Pizza Coaches Corner Sports Bar Dairy Queen Domino's Golden Szechuan	Higher Grounds KFC McDonalds Morinville Grill Morinville Pizza Panago Pizza Hut Sal's Famous Donairs The Station (Shell) Tim Hortons	Redwater Achi's Best Western Burger Baron-5208 Rainbow Restaurant Subway Tim Hortons Yum Yum Restaurant
Gibbons Dairy Queen Hotel Restaurant	Jingles Pub Lee's Restaurant Mainstreet Grill	Primo Pizza Sal's Famous Donairs
		Legal Big Mouth McGee's Chef's Bite New Diamond

Would you like to offer your customers the opportunity to enjoy the "good news" message of Coffee News?

► For more information on becoming a distribution partner, call us at 780.220.6397 or scan the QR code at right.

Western Equine Facility
 BOARDING | LESSONS

KG COUNTRY STABLES

Lessons ranging from beginner and up, tailored to your specific needs and offered in a beautiful outdoor setting, providing therapy for your soul through horses and nature...

780.265.4371 | kgcountry@gmail.com

FRASIER WEEKNIGHTS 6:00(EST) / 6:30(MT) **yesTV**

Recipe of the month

Balsamic Watermelon Chicken Salad

1 cup balsamic vinegar
 1 lb. boneless skinless chicken breasts
 3 teaspoons all purpose seasoning

1 tablespoons olive oil
 4 cups baby spinach or greens
 2 cups cubed watermelon
 1/2 cup blue cheese crumbles
 1/4 cup sliced or crushed almonds

Prep Time: 10 mins. Cook time: 30 mins. Yield: 4 servings

- 1 Pour the balsamic vinegar into a small saucepan and bring to a boil. Reduce heat and simmer for 15-20 minutes until the balsamic vinegar is significantly reduced and starting to become syrupy.
- 2 Meanwhile, turn a grill or nonstick skillet to high heat. Sprinkle the chicken with the seasoning on both sides and drizzle with the olive oil. Transfer to the hot grill and cook until no longer pink on the inside and nicely browned on the outside. Let rest for 5 minutes; cut into small cubes.
- 3 Layer the spinach with the chicken, watermelon, blue cheese, almonds, and drizzle with the balsamic reduction to taste. Top with additional olive oil if desired.

Source: <https://pinchofyum.com>

COLD SHOT
 A DIVISION OF BALMARIA EMPIRE PVT. LTD.

PASSENGER & PARCEL SERVICES

SHIP BY BUS

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: www.coldshotca.com
 Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

The World's #1 Restaurant Publication!

Affordable-Effective-Exclusive-CALL NOW!

NOW ACCEPTING ARI CARDS
Auto • Commercial • Residential



Advanced Glass Inc.
CALL MARC CLOUTIER TODAY:
780-961-2276
mcloutier2008@gmail.com • 5514 - 50 Avenue, Legal AB
Morinville Location: Bay #2, 9702-90 Ave. Call 587-985-4427

Country Pricing ...with City Service!

24 HR. SURVEILLANCE KEYPAD ACCESS LOCALLY OWNED AND OPERATED



GIBBONS MINI STORAGE
O: 780-271-0469 C: 780-916-5843
5120-41 St. (Located in Gibbons Industrial Park)
www.gibbonsministorage.ca

STORAGE UNITS STARTING AT \$85 PER MONTH

Pregnant? Facing Difficult Decisions?
We can help.
Call **780.421.1177** or text **587.596.5380**



• Confidential Pregnancy Counselling
• Support and Connection to Resources
• Adoption Information and Advice



A Small Miracle Adoption
Adoption is the ultimate expression of a committed heart
www.smallmiraclesadoption.com

ET Calls You Home!
780.907.2537 | ericathiering@hotmail.com
Call or text Erica and let me bring you to your new home.



Erica Thiering NOW REAL ESTATE GROUP ASSOCIATE

Interest rates are low – now is the time to buy.

Supporting you is my priority
Please contact me if there is anything I can do to help you during this difficult time.



Jennifer Miles, Agent
780-460-2279



200+ Delicious Meals Made for SENIORS!
PLEASE ASK US FOR STARTER PACK



NOW SERVING THIS COMMUNITY!

- ✓ Free Delivery*
- ✓ No Obligations
- ✓ No Minimum Orders*

*Some conditions apply

Request your **FREE MENU Catalogue** today!
780-666-2336
TF: 1-800-704-4779



HEART TO HOME MEALS
DELICIOUS MEALS MADE FOR SENIORS®
www.hearttohome.meals.ca

For the first time ever... Advertise Your Restaurant Here!*



For complete details, call Sam at 780-264-2552
Qualifying distributors of **Coffee News®** receive **FIRST MONTH FREE! ****

*Space restrictions may apply. **On 6 month term.

Coffee News® #supportlocal Initiative

Your Weekly Horoscope

ARIES (March 21 - April 20)
Communications might excel right now. You may come across clearly and present yourself articulately. Interviews and other transactions with the public could be favoured. Lucky Numbers: 3, 6, 8, 13, 23, 30.

TAURUS (April 21 - May 21)
Now might be a time for communicating your enthusiasm. You may feel optimistic about the future and discover connections previously overlooked. Lucky Numbers: 11, 19, 21, 22, 37, 45.

GEMINI (May 22 - June 21)
Your thoughts may be distant and dreamy right now. Your imagination might be heightened, which could benefit any creative or artistic work you do. Lucky Numbers: 1, 4, 5, 29, 31, 42.

CANCER (June 22 - July 22)
You may want to be seen and noticed. You might receive appreciation and a positive response, or possibly an opportunity that could be quite beneficial. Lucky Numbers: 7, 9, 12, 13, 15, 42.

LEO (July 23 - Aug. 23)
Conversations and sharing plans with others may be very fruitful now. This could be a favourable time to get your message across to others via speaking or advertising. Lucky Numbers: 6, 18, 32, 44, 47, 48.

VIRGO (Aug. 24 - Sept. 23)
Your desire to socialize or to be friendly may interfere with getting your work done in a professional manner. Scheduling time for recreation might be a good idea. Lucky Numbers: 3, 10, 13, 17, 26, 47.

LIBRA (Sept. 24 - Oct. 23)
Your creative ideas or artistic inclinations may tend to blossom. You might be able to generate some lovely, inspiring images from deep within your mind. Lucky Numbers: 4, 8, 9, 30, 45, 48.

SCORPIO (Oct. 24 - Nov. 22)
You may feel a special magnetism and attract power. You could be very loving and your relationships might intensify and have a deeper quality. Lucky Numbers: 5, 25, 32, 36, 41, 44.

SAGITTARIUS (Nov. 23 - Dec. 21)
You may want to spread your wings and seek out new opportunities for advancement. With a little more attention to detail, you could bring yourself closer to your goals. Lucky Numbers: 1, 3, 8, 13, 24, 42.

CAPRICORN (Dec. 22 - Jan. 20)
There may be a cooperative, harmonious tone to the interactions you have now. It might be a good time for social activities and for getting in touch with friends and family. Lucky Numbers: 5, 6, 7, 12, 13, 33.

AQUARIUS (Jan. 21 - Feb. 19)
Creative inspirations may come to you by remembering old ideas. You might be involved with an artistic group, and you could receive some exciting news. Lucky Numbers: 9, 14, 15, 26, 28, 30.

PISCES (Feb. 20 - March 20)
You may be moved to express your affections more openly than usual. You might also want to be with harmonious people. Your artistic efforts could flourish. Lucky Numbers: 1, 18, 21, 27, 33, 41.

Lucky numbers this week: This week's odds favour Gemini winners with the luckiest number being 5.

Did You Know...

Strange proposal: In ancient Greece, a woman received a declaration of love from a man in a very unusual way. He would throw an apple at her because apples were considered sacred to Aphrodite, the ancient Greek goddess of love.

Pirates' jewelry: One common theory about why pirates wore earrings is that the gold and silver jewelry were a form of currency. If a pirate drowned and washed up on shore, the earrings served as payment for burial.

Sing along: Karaoke is a Japanese word that means "empty orchestra" and is believed to have originated in that country. When a performer didn't show up, a café owner played recorded music and invited customers to sing along.

Small babies: At birth, a baby panda is extremely small, weighing only about 3.5 ounces (100 grams). No one can figure out why the new arrival is about 900 times smaller than its mother. Kangaroos have similar weight differences at birth.

Slow down: Walter Arnold just needed to slow down. He was going 8 mph in Paddock Wood, Kent, England, on January 28, 1896. He received what is believed to be the world's first speeding ticket. The speed limit was 2 mph.

On the Lighter Side

Student: "The formula for water is H, I, J, K, L, M, N, O."
Teacher: "That's not the formula I gave you."
Student: "You said H to O."

What has four legs and flies? A picnic table.
Two men played checkers. They played five games, and each won the same number of games. How? They weren't playing each other.

The subject of my talk this afternoon is television...sometimes known as air pollution.

Sign in a restaurant: "Our customers are always right. Misinformed, perhaps, inexact, bullheaded, fickle, even downright stupid, but never wrong."

Answers

Trivia answers: 1. The Four Seasons 2. Scottish kiln 3. Japanese buckwhheat 4. American jockey 5. 52

For available franchise opportunities – visit coffeenewscanada.com
© Published with Permission by Capital Marketing Ltd

DSP HITCHES
www.dsphitches.com
Manufacturer of DSP Hitches and retailer of all other major brand towing accessories

DSP 32K Weld-On, Sliding, X-Bed & OEM Fifth Wheel Hitches
Gooseneck Hitches
Folding Goose Balls
Weight Distribution Hitch Systems

We also offer:

- CAMPER ACCESSORIES**
Tiedowns • Steps • Turnbuckles
Receiver Extensions
Jacks • Supertrusses & Hitches
- WEIGHT DISTRIBUTION HITCH SYSTEMS 4k-15k**
Round Bar • Trunnion
4-point Sway Control
- RECEIVER HITCHES 2k-16k**
Adjustable Ball Mounts
Hitch Balls • Pintle • Clevis
Locks & Security
- MOTORHOME TOWABLE**
Towbars • Baseplates
Brake Systems • Dollies
Suspension & Steering Support
- FLATDECK COMMERCIAL**
Hitch Plates
King Pin Boxes • Couplers
Light Boxes • Tool Boxes • Winches
- WELDING PIPE STANDS**
- TRUCK AND TRAILER ACCESSORIES**
Tonneau Covers • Running Boards
Jacks • Landing Gear
- RACKS & ELECTRICAL**
Bike Racks • Cargo Racks • Plugs
Brake Controls • 7-way Harness
Headache Racks & Rails


Made in Canada!
✓ Alberta-owned and operated
✓ Canada's Last Hitch Manufacturer
✓ Factory Direct Pricing for DSP Hitches

1-800-265-3377 | Edmonton, Alberta

Can't get to your Coffee News® each week?

Check out our PDF editions online!
New editions are posted every Monday

Sign up here to receive email notifications of new editions.
Now you never have to miss your weekly dose of good news!



www.coffee-news.ca/editions

inogen

FREEDOM. TO BE YOU.



1-888-998-6714 MKT-P0253

Without our advertisers, Coffee News® would not exist

Please support them!

IS ADVENTURE ON YOUR BUCKET LIST?
Discover Scuba

Try **Scuba Diving** and see what it's like to breathe underwater!
\$50 per person. Save \$10 each when you register two or more!



The Dive Outfitters
Scuba Diving & Snorkelling
780.483.0044
11781-156 St., Edmonton

Or, discover **Snorkelling!**
\$30 per person. Save \$5 each when you register two or more!

www.thediveoutfitters.ca
SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

CALL OR REGISTER ONLINE

PRAIRIE SUNSET
Funeral Home and Cremation Services
A DIVISION OF THE CARINGROUP INC.



780-470-5005 St. Albert
780-349-5006 Westlock
www.psfh.ca

Need ONE More Reason to Join?

- You need child support enforced
- Your landlord raises rent in violation of your verbal agreement
- You adopt a child
- A friend owes you money and files for bankruptcy
- You need help with credit card liability resolution
- Your car is vandalized in a parking lot

Call **LOYD KENNEY**, Independent Associate, to find out how LegalShield can help you!

LegalShield 1-877-579-9449