

This Space **FOR RENT** 403-431-0027



1.800.790.5038 403.342.2272



R-WAY TRUCKING

Twice Daily to/from Red Deer, Penhold, Innisfail, Bowden, Olds & Sundre

Shocking News!

You can pay less for electricity and gas with a locally owned provider.



Go to our web site: www.vectorenergy.ca or phone customer care at: 403-770-9090



- No Wait Time
- Re-Siding
- New Roof
- Quality Workmanship
- Re-Roof
- Free Quotes
- New Siding • Insurance Claims Welcome

587-378-ROOF (7663) www.jvroofingsiding.com



- Plumbing & Heating
 - Residential Commercial
 - Industrial Innisfail, Penhold,

Red Deer & Area Plumbing • Gas Fitting • Gas Fireplaces • Hot Water Heating Water Filters • Furnace Repair • Septic Systems

Well & Pressure Systems Warren Blair Office: 403-886-5805 • Cell: 403-357-4358

Struggling To Take Care of Your Feet?

Whether you suffer from ingrown nails, athlete's foot, corns, skin and nail fungus infections, or other common foot ailments.. helv is just a call away with Certified Podologist, Marion



Call today for more information: 403-620-7851

marion@toesonthego.care • toesonthego.care

FREE! New Issue Every Week!



"News To Be Enjoyed Over Coffee"

Carstairs. Crossfield, **Didsbury Edition** 888-242-9002

www.bvcoffeenews.ca amy@bvcoffeenews.ca

Vol. 2021 No. 24 June 14, 2021

Everybody's Talking

Scenery swap: With the COVID-19 pandemic slowing down world travel, people grew tired of the views from their own windows. With that in mind, Sonali Ranjit and Vaishnav Balasubramaniam, a couple from Singapore, created "WindowSwap." This website encourages people from around the world to submit short videos of the views from their windows. Visitors to the site can look at views from abodes in far-off cities and towns, and they can upload their own to share. Viewers can see a wide variety of scenes, from mountains to city streets, and from rainy backyard gardens to seaside views. Watching the windows can be mesmerizing!

Camel comes home: There are stories of dogs and cats coming home after being lost or given away, but it's rare to hear about a camel doing something similar. That's what happened in North China's Inner Mongolia Autonomous Region. The camel's owner, Temur, sold his camel to a friend who lived 100 kilometres (62 mi.) away. After spending the winter in his new home, the camel ran away, eventually finding its way through desert and mountains to its old home. Temur and his wife were moved to see the animal's devotion, so they arranged to keep it. They sent a younger camel to the new owner as a replacement.

Away from home: When thinking about wallabies, Australia and Tasmania come to mind. However, France should be included. That's because a colony of wallabies lives in the forest near Rambouillet, west of Paris. About 150 of the creatures have lived there for over 40 years. Ancestors of the current colony escaped from a zoological reserve in the 1970s. While some were caught, others found a home in the forest and have been living in the wild ever since. Authorities have even posted road signs with pictures of wallabies, so drivers would be aware of their presence.

Makeup madness: Elliot Joseph Rentz (a.k.a. Alexis Stone) of London, England, is a makeup artist with incredible talent. He has worked with many famous people, but he also likes to work on himself. He uses makeup to transform himself to look like celebrities, and then he posts photos on social media. For his temporary transformations, he uses makeup and costuming items, such as wigs, jewelry, and false eyelashes. He has made himself resemble Kevin from Home Alone, Dumbledore from Harry Potter, Leonardo DiCaprio, and Billie Eilish, to name just a few.

Quoteable Quotes

"A learned fool is more foolish than an ignorant one." —Molière "I fling my past behind me like a robe... I have outgrown it." –Ella Wheeler Wilcox

What's Happening

Sundre Farmers Market. The market starts back for the season on May 21st and will run Friday's from 430-7PM until September. Visit vendors at the Sundre Curling Rink.

Anger Awareness. Adults ONLY. June 11 and 12. Do you lose your temper and do and say things you regret afterwards If you struggle with anger issues, then this group is for you. Contact 403.945.3900 to register before June 4.

Women's Wisdom Circle. June 25, 9AM to 12PM. If you are a woman 50 years who is looking to build connections, share experiences, and plan for the future, then this is the group for you. Contact 403.945.3900 for more info.

> GET IN WHAT'S HAPPENING - Submit your event to www. bvcoffeenews.ca and be seen here by thousands of readers



Trivia

- 1. Frankie Valli was the front man for what musical group of the 1960s?
- 2. A sporran is a leather or fur pouch worn in front of what type of garment?
- 3. What type of noodle is called soba?
- 4. Was Willie Shoemaker a cobbler, an American jockey, or cartoon
- 5. How many cards are in a regular deck of playing cards?

(Flip bottom of page for answers)

© Published with Permission by Mad Mama Marketing (Over)













"Everyone will notice... but no one will know."



ENTER TO



Coffee News guy.. and full address via email to Hint: He's about or enter online at

Tell us the ad in which you found the CN guy hidden, the edition name and date and the location where you picked up Coffee News for a chance to win a great prize!

JUNE'S

Bow Valley Coffee News &



AESTHETICS AND VEIN MEDISPA LOCATED AT ANNA'S SPA AND WELLNESS, A SILVERFERNMEDISPA.COM

"Everyone will notice... but no one will know."

Taking Care of Your Family Needs



1710 - 20 Street, Didsbury • www.valuedrugmart.com



A cozy little cabin filled with a variety of treasures!

COUNTRY GARDEN CRYSTALS

• Crystals & Gems Gemstone Jewellery Singing Bowls Gemstone Lamps Sterling Silver Chains ayan Salt Lamps • Books, Decks ods & CDs HimalayanSongPods Open Thursday thru Monday, 10 a.m. - 5 p.m

(Closed Tuesday and Wednesday) 403,946,5802 We are doing our best to remain a safe and healing space. Please call ahead to arrange a time to visit the cabin! Check our website calendar for up and coming workshops and events. We are located west of Crossfield — see website for directions: www.countrygardencrystals.ca.

Angel Card Readings available with Charlene Money, AGP/AAEP





Residential / Commercial / Agricultural OVERHEAD DOORS & OPENERS

Sales / Service / Installation of ALL makes and models

403-227-4485

Located at 3719 - 57 Ave Innisfail, AB



Your Weekly Horoscope

(March 21 - April 20)



Communications might excel right now. You may come across clearly and present yourself articulately. Interviews

and other transactions with the public could be favoured. Lucky Numbers: 3, 6, 8, 13, 23, 30.

TAURUS (April 21 - May 21)



Now might be a time for communicating your enthusiasm. You may feel optimistic about the future and discover connections previously over

looked. Lucky Numbers: 11, 19, 21, 22, 37, 45, **GEMINI**



Your thoughts may be distant and dreamy right now. Your imagination might be heightened, which could benefit any creative or artistic work

you do. Lucky Numbers: 1, 4, 5, 29,

CANCER (June 22 - July 22)

You may want to be seen and noticed. You might receive appreciation and a positive response, or possibly an opportunity that could be quite bene-ficial. Lucky Numbers: 7, 9, 12, 13,

(July 23 - Aug. 23)



Conversations and sharing plans with others may be very fruitful now. This could be a favourable time to get your message across to others via speaking or advertising. Lucky Numbers: 6, 18, 32,

44, 47, 48.

VIRGO

(Aug. 24 - Sept. 23)



Your desire to socialize or to be friendly may interfere with getting your work done in a professional manner. Scheduling time for

recreation might be a good idea. Lucky Numbers: 3, 10, 13, 17, 26, 47.

(Sept. 24 - Oct. 23)



Your creative ideas or artistic inclinations may tend to blossom. You might be able to generate some lovely, inspiring images from deep within your mind. Lucky Numbers: 4, 8, 9,

30, 45, 48. **SCORPIO**

(Oct. 24 - Nov. 22)



You may feel a special magnetism and attract power. You could be very loving and your relationships might intensify and have a deeper

quality. Lucky Numbers: 5, 25, 32, 36, 41, 44.

SAGITTARIUS (Nov. 23 - Dec. 21)



You may want to spread your wings and seek out new opportunities for advancement. With a little more attention to detail, you could bring

yourself closer to your goals. Lucky Numbers: 1, 3, 8, 13, 24, 42.

CAPRICORN (Dec. 22 - Jan. 20)



There may be a cooperative, harmonious tone to the interactions you have now. It might be a good time for social activities and for getting

in touch with friends and family. Lucky Numbers: 5, 6, 7, 12, 13, 33.

AQUARIUS (Jan. 21 - Feb. 19)



Creative inspirations may come to you by remembering old ideas. You might be involved with an artistic group, and you could receive

some exciting news. Lucky Numbers: 9, 14, 15, 26, 28, 30.

PISCES (Feb. 20 - March 20)



You may be moved to express your affections more openly than usual. You might also want to be with harmonious

people. Your artistic efforts could flourish. Lucky Numbers: 1, 18, 21, 27, 33, 41.

Lucky numbers this week: This week's odds favour Gemini winners with the luckiest number being 5.

Did You Know...

Strange proposal: In ancient Greece, a woman received a declaration of love from a man in a very unusual way. He would throw an apple at her because apples were considered sacred to Aphrodite, the ancient Greek goddess of love.

Pirates' jewelry: One common theory about why pirates wore earrings is that the gold and silver jewelry were a form of currency. If a pirate drowned and washed up on shore, the earrings served as payment for burial.

Sing along: Karaoke is a Japanese word that means "empty orchestra" and is believed to have originated in that country. When a performer didn't show up, a café owner played recorded music and invited customers to sing along.

Small babies: At birth, a baby panda is extremely small, weighing only about 3.5 ounces (100 grams). No one can figure out why the new arrival is about 900 times smaller than its mother. Kangaroos have similar weight differences at birth.

Slow down: Walter Arnold just needed to slow down. He was going 8 mph in Paddock Wood, Kent, England, on January 28, 1896. He received what is believed to be the world's first speeding ticket. The speed limit was 2 mph.

On the Lighter Side

Student: "The formula for water is H, I, J, K, L, M, N, O." Teacher: "That's not the formula I gave you." Student: "You said H to O."

What has four legs and flies? A picnic table.

Two men played checkers. They played five games, and each won the same number of games. How? They weren't playing

The subject of my talk this afternoon is television...sometimes known as air pollution.

Sign in a restaurant: "Our customers are always right. Misinformed, perhaps, inexact, bullheaded, fickle, even downright stupid, but never wrong.'

Answers

3. Japanese buckwheat 4. American jockey 5. 52 Trivia answers: 1. The Four Seasons 2. Scottish kilt

For available franchise opportunities - visit coffeenewscanada.com © Published with Permission by Mad Mama Marketing







Sales, Service & Installation of Two-Way Radios

Portable · Mobile

Wide Area Repeaters

Serving Central Alberta For 35 Yrs



Deep Tissue Massage

Aqualead • Aromatherapy Intense Healing Breath Work

Couple's Treatments

Couple's Ireatments
Crystal Therapy
Dance Therapy
Ear Candling • Fire Cupping
ION Foot Detox
Medi-Painting • Meditation
Reiki • Reflexology
Retreats • Sound Therapy

Tarot Reading Specialty Workshops

A wide variety

of the best Yoga:

Ashtanga, Flow, Hatha,

Glenn Christopherson 403-556-7700 - Olds christo@airenet.com



THE BOW VALLEY'S ALL-**INCLUSIVE** ALTERNATIVE **THERAPY CENTRE**

Special classes for kids, teens, and families!

Featuring a crystal gift shop, infrared sauna, two alternative treatment rooms and a yoga studio!



Restorative, S-F-P, Yoga-Fit, Yin, and more! 403-609-8719

102-512 Bow Valley Trail Canmore

kayla@positivehealing.ca www.positivehealing.ca GIFTS | YOGA | ALTERNATIVE THERAPY

Congratulations



Enter today for your chance to win!

www.bvcoffeenews.ca

Your One Stop



Anytime, Anywhere. ■ Accounting & Advisory ■ CFO Services

• Canadian & US Tax • Cloud Accounting • Wealth meganb@thecatalystgroup.ca 403-767-1529

www.the Catalyst group.ca