

THE BEST IN Vein Treatment SERVICES

Tired of ugly veins? We offer sclerotherapy to remove unsightly spider, reticular and varicose veins. And best of all - no downtime!

Call now: 403-980-2662

SILVERFERN
AESTHETICS AND VEIN MEDISPA
LOCATED AT ANNA'S SPA AND WELLNESS, AIRDRIE
SILVERFERNMEDISPA.COM

FRIENDLY PROFESSIONAL STAFF

"Everyone will notice... but no one will know."

From Port Alberni, B.C. to St. John's, Newfoundland

Served in

1579 restaurants and coffee shops

Read by over 1.25 million Canadians per week

Coffee News is Canada's choice for positive news from around the world!

Congratulations to our latest contest winner for finding "Beans, the Coffee News Guy."

Alison Clavelle found "Beans" at **Joey's Only Seafood** in Airdrie

Enter today for your chance to win!

www.bvcoffeeneews.ca

More than just a bag! New Spring styles are here...so start your season off right!

thirty-one
MEREDITH WESTGATE
independent consultant

403.921.7988 | mwestgate88@hotmail.com
<https://www.mythirtyone.ca/2640268>

This marketing material was created by M. Westgate, Independent Consultant for Thirty-one Gifts, who is solely responsible for its content. Thirty-one does not endorse and is not responsible for this marketing material.

ENTER TO WIN!

Find the hidden Coffee News guy... Then send your name and full address via email to amy@bvcoffeeneews.ca or enter online at www.bvcoffeeneews.ca

Hint: He's about this big in one of the ads

Tell us the ad in which you found the CN guy hidden, the edition name and date and the location where you picked up Coffee News for a chance to win a great prize!

MAY & JUNE'S CONTEST SPONSOR

thirty-one

COMMERCIAL AND RESIDENTIAL RESULTS

Pest Control Ltd.

What's Bugging you Today? Ants, Wasps, Bees, Spiders, Bed Bugs, Skunks, Mice, Moles, Voles, various Creepy Crawlers and More... Call us - We Can Help!

We are passionate in serving our Customers.

Ask us about our Valued Customer Discounts and Referral Program, and for our list of tips and tricks to maintaining a pest-free environment!

- Locally Family Owned
- Exterior/Interior Programs
- Professional Service
- Provincially Certified and Licensed
- Insured

Benjamin Sabo
Owner/Service Technician
587-439-7378 (PEST)
info@resultspestcontrol.ca
www.resultspestcontrol.ca

NPMA

COLD SHOT
A DIVISION OF BALWARIA EMPIRE PVT. LTD.

PASSENGER & PARCEL SERVICES

SHIP BY BUS

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: www.coldshotca.com
Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

Donate a Car to the Charity of Your Choice

DONATE A CAR CANADA 1-877-250-4904
www.donatecar.ca

FREE! New Issue Every Week!

Coffee News
"News To Be Enjoyed Over Coffee"

Airdrie Edition
888-242-9002

www.bvcoffeeneews.ca
amy@bvcoffeeneews.ca

Vol. 2021 No. 24 June 14, 2021

Everybody's Talking

Scenery swap: With the COVID-19 pandemic slowing down world travel, people grew tired of the views from their own windows. With that in mind, Sonali Ranjit and Vaishnav Balasubramaniam, a couple from Singapore, created "WindowSwap." This website encourages people from around the world to submit short videos of the views from their windows. Visitors to the site can look at views from abodes in far-off cities and towns, and they can upload their own to share. Viewers can see a wide variety of scenes, from mountains to city streets, and from rainy backyard gardens to seaside views. Watching the windows can be mesmerizing!

Camel comes home: There are stories of dogs and cats coming home after being lost or given away, but it's rare to hear about a camel doing something similar. That's what happened in North China's Inner Mongolia Autonomous Region. The camel's owner, Temur, sold his camel to a friend who lived 100 kilometres (62 mi.) away. After spending the winter in his new home, the camel ran away, eventually finding its way through desert and mountains to its old home. Temur and his wife were moved to see the animal's devotion, so they arranged to keep it. They sent a younger camel to the new owner as a replacement.

Away from home: When thinking about wallabies, Australia and Tasmania come to mind. However, France should be included. That's because a colony of wallabies lives in the forest near Rambouillet, west of Paris. About 150 of the creatures have lived there for over 40 years. Ancestors of the current colony escaped from a zoological reserve in the 1970s. While some were caught, others found a home in the forest and have been living in the wild ever since. Authorities have even posted road signs with pictures of wallabies, so drivers would be aware of their presence.

Makeup madness: Elliot Joseph Rentz (a.k.a. Alexis Stone) of London, England, is a makeup artist with incredible talent. He has worked with many famous people, but he also likes to work on himself. He uses makeup to transform himself to look like celebrities, and then he posts photos on social media. For his temporary transformations, he uses makeup and costuming items, such as wigs, jewelry, and false eyelashes. He has made himself resemble Kevin from Home Alone, Dumbledore from Harry Potter, Leonardo DiCaprio, and Billie Eilish, to name just a few.

Quoteable Quotes

"A learned fool is more foolish than an ignorant one." —Molière
"I fling my past behind me like a robe... I have outgrown it." —Ella Wheeler Wilcox

What's Happening

Anger Awareness. Adults ONLY. June 11 and 12. Do you lose your temper and do and say things you regret afterwards? If you struggle with anger issues, then this group is for you. Contact 403.945.3900 to register before June 4.

Women's Wisdom Circle. June 25, 9AM to 12PM. If you are a woman 50 years who is looking to build connections, share experiences, and plan for the future, then this is the group for you. Contact 403.945.3900 for more info.

Sundre Farmers Market. The market starts back for the season on May 21st and will run Friday's from 4:30-7PM until September. Visit vendors at the Sundre Curling Rink.

GET IN WHAT'S HAPPENING - Submit your event to www.bvcoffeeneews.ca and be seen here by thousands of readers each week.

Please take me home!

Coffee News wants all of our readers to stay safe, so please take this copy with you.

Trivia

- Frankie Valli was the front man for what musical group of the 1960s?
- A sporran is a leather or fur pouch worn in front of what type of garment?
- What type of noodle is called soba?
- Was Willie Shoemaker a cobbler, an American jockey, or cartoon character?
- How many cards are in a regular deck of playing cards?

(Flip bottom of page for answers)

© Published with Permission by Mad Mama Marketing

HIP/KNEE REPLACEMENT?

Other medical conditions causing TROUBLE WALKING or DRESSING?

The Disability Tax Credit allows for

\$3,000 YEARLY TAX CREDIT and **\$30,000 LUMP SUM REFUND**

For Expert Help: **1.844.453.5372**

FREE ASSESSMENT CALL TODAY!

BBB ACCREDITED

This Space FOR RENT

403-431-0027

FOR ALL YOUR ELECTRICAL NEEDS!

RESIDENTIAL-COMMERCIAL-INDUSTRIAL SERVICE & CONSTRUCTION

WORKING IN AIRDRIE & AREA FOR OVER 25 YRS!

IMPACT ELECTRIC (1993) LTD.
403-948-3004 #12, 25 East Lake Circle, Airdrie
impacselectric@rocketmail.com

Struggling To Take Care of Your Feet?

Whether you suffer from ingrown nails, athlete's foot, corns, skin and nail fungus infections, or other common foot ailments... help is just a call away with Certified Podologist, Marion.

Toes On The Go Footcare
Call today for more information: 403-620-7851
marion@toesonthego.care • toesonthego.care

HAPPY Father's DAY

from your friends at **Coffee News**

Shocking News!

You can pay less for electricity and gas with a locally owned provider.

VECTOR ENERGY

Go to our web site: www.vectorenergy.ca
or phone customer care at: 403-770-9090

Recipe of the month

Irish Cream Chocolate Cheesecake

1 1/2 cups chocolate cookie crumbs
1/3 cup confectioner's sugar
1/3 cup unsweetened cocoa powder
1/4 cup butter
3 (8 ounce) packages cream cheese, softened
1 1/4 cups white sugar

1/4 cup unsweetened cocoa powder
3 tablespoons all-purpose flour
3 eggs
1/2 cup sour cream
1/4 cup Irish cream liqueur

Prep: 20 m Cook: 1 h 20 m Ready in: 9 h 20 m

- Preheat oven to 350 degrees F (175 degrees C). In a large bowl, mix together the cookie crumbs, confectioner's sugar and 1/3 cup cocoa. Add melted butter and stir until well mixed. Pat into the bottom of a 9 inch springform pan. Bake in preheated oven for 10 minutes; set aside. Increase oven temperature to 450 degrees F (230 degrees C).
- In a large bowl, combine cream cheese, white sugar, 1/4 cup cocoa and flour. Beat at medium speed until well blended and smooth. Add eggs one at a time, mixing well after each addition. Blend in the sour cream and Irish cream liqueur, mixing on low speed. Pour filling over baked crust.
- Bake at 450 degrees F (230 degrees C) for 10 minutes. Reduce oven temperature to 250 degrees F (120 degrees C), and continue baking for 60 minutes.
- With a knife, loosen cake from rim of pan. Let cool, then remove the rim of pan. Chill before serving. If your cake cracks, a helpful tip is to dampen a spatula and smooth the top, then sprinkle with some chocolate wafer crumbs.

Source: allrecipes.com

Shocking News!

You can pay less for electricity and gas with a locally owned provider.



Go to our web site: www.vectorenergy.ca
or phone customer care at: 403-770-9090

THE BEST IN Botox/Filler SERVICES

Reclaim your youthful looks! Botox and Fillers are an incredible way to combat wrinkles and reduce worry lines in the forehead, between the eyebrows, and smile and laugh lines.

Call now: 403-980-2662



SILVERFERN
AESTHETICS AND VEIN MEDISPA
LOCATED AT ANNA'S SPA AND WELLNESS, AIRDRIE
SILVERFERNMEDISPA.COM

"Everyone will notice... but no one will know."

FRIENDLY, PROFESSIONAL STAFF

Your Weekly Horoscope

ARIES (March 21 - April 20)



Communications might excel right now. You may come across clearly and present yourself articulately. Interviews and other transactions with the public could be favoured. Lucky Numbers: 3, 6, 8, 13, 23, 30.

TAURUS (April 21 - May 21)



Now might be a time for communicating your enthusiasm. You may feel optimistic about the future and discover connections previously overlooked. Lucky Numbers: 11, 19, 21, 22, 37, 45.

GEMINI (May 22 - June 21)



Your thoughts may be distant and dreamy right now. Your imagination might be heightened, which could benefit any creative or artistic work you do. Lucky Numbers: 1, 4, 5, 29, 31, 42.

CANCER (June 22 - July 22)



You may want to be seen and noticed. You might receive appreciation and a positive response, or possibly an opportunity that could be quite beneficial. Lucky Numbers: 7, 9, 12, 13, 15, 42.

LEO (July 23 - Aug. 23)



Conversations and sharing plans with others may be very fruitful now. This could be a favourable time to get your message across to others via speaking or advertising. Lucky Numbers: 6, 18, 32, 44, 47, 48.

VIRGO (Aug. 24 - Sept. 23)



Your desire to socialize or to be friendly may interfere with getting your work done in a professional manner. Scheduling time for recreation might be a good idea. Lucky Numbers: 3, 10, 13, 17, 26, 47.

LIBRA (Sept. 24 - Oct. 23)



Your creative ideas or artistic inclinations may tend to blossom. You might be able to generate some lovely, inspiring images from deep within your mind. Lucky Numbers: 4, 8, 9, 30, 45, 48.

SCORPIO (Oct. 24 - Nov. 22)



You may feel a special magnetism and attract power. You could be very loving and your relationships might intensify and have a deeper quality. Lucky Numbers: 5, 25, 32, 36, 41, 44.

SAGITTARIUS (Nov. 23 - Dec. 21)



You may want to spread your wings and seek out new opportunities for advancement. With a little more attention to detail, you could bring yourself closer to your goals. Lucky Numbers: 1, 3, 8, 13, 24, 42.

CAPRICORN (Dec. 22 - Jan. 20)



There may be a cooperative, harmonious tone to the interactions you have now. It might be a good time for social activities and for getting in touch with friends and family. Lucky Numbers: 5, 6, 7, 12, 13, 33.

AQUARIUS (Jan. 21 - Feb. 19)



Creative inspirations may come to you by remembering old ideas. You might be involved with an artistic group, and you could receive some exciting news. Lucky Numbers: 9, 14, 15, 26, 28, 30.

PISCES (Feb. 20 - March 20)



You may be moved to express your affections more openly than usual. You might also want to be with harmonious people. Your artistic efforts could flourish. Lucky Numbers: 1, 18, 21, 27, 33, 41.

Lucky numbers this week: This week's odds favour Gemini winners with the luckiest number being 5.

Did You Know...

Strange proposal: In ancient Greece, a woman received a declaration of love from a man in a very unusual way. He would throw an apple at her because apples were considered sacred to Aphrodite, the ancient Greek goddess of love.

Pirates' jewelry: One common theory about why pirates wore earrings is that the gold and silver jewelry were a form of currency. If a pirate drowned and washed up on shore, the earrings served as payment for burial.

Sing along: Karaoke is a Japanese word that means "empty orchestra" and is believed to have originated in that country. When a performer didn't show up, a café owner played recorded music and invited customers to sing along.

Small babies: At birth, a baby panda is extremely small, weighing only about 3.5 ounces (100 grams). No one can figure out why the new arrival is about 900 times smaller than its mother. Kangaroos have similar weight differences at birth.

Slow down: Walter Arnold just needed to slow down. He was going 8 mph in Paddock Wood, Kent, England, on January 28, 1896. He received what is believed to be the world's first speeding ticket. The speed limit was 2 mph.

On the Lighter Side

Student: "The formula for water is H, I, J, K, L, M, N, O."
Teacher: "That's not the formula I gave you."
Student: "You said H to O."

What has four legs and flies? A picnic table.

Two men played checkers. They played five games, and each won the same number of games. How? They weren't playing each other.

The subject of my talk this afternoon is television...sometimes known as air pollution.

Sign in a restaurant: "Our customers are always right. Misinformed, perhaps, inexact, bullheaded, fickle, even downright stupid, but never wrong."

Answers

Trivia answers: 1. The Four Seasons 2. Scottish kilt 3. Japanese buckwhheat 4. American jockey 5. 52

For available franchise opportunities - visit coffeenewscanada.com
© Published with Permission by Mad Mama Marketing

Recipe of the month

Balsamic Watermelon Chicken Salad

1 cup balsamic vinegar
1 lb. boneless skinless chicken breasts
3 teaspoons all purpose seasoning

1 tablespoons olive oil
4 cups baby spinach or greens
2 cups cubed watermelon
1/2 cup blue cheese crumbles
1/4 cup sliced or crushed almonds

Prep Time: 10 mins. Cook time: 30 mins. Yield: 4 servings

- 1 Pour the balsamic vinegar into a small saucepan and bring to a boil. Reduce heat and simmer for 15-20 minutes until the balsamic vinegar is significantly reduced and starting to become syrupy.
- 2 Meanwhile, turn a grill or nonstick skillet to high heat. Sprinkle the chicken with the seasoning on both sides and drizzle with the olive oil. Transfer to the hot grill and cook until no longer pink on the inside and nicely browned on the outside. Let rest for 5 minutes; cut into small cubes.
- 3 Layer the spinach with the chicken, watermelon, blue cheese, almonds, and drizzle with the balsamic reduction to taste. Top with additional olive oil if desired.

Source: <https://pinchofyum.com>

Best Buds Outlet

Both AIRDRIE LOCATIONS NOW OPEN DAILY, 10 am-10 pm

#100, 124-1 Ave. NE
403-980-1080

4A, 1861 Meadowbrook Dr. SE
403-980-1046

@Best_Buds_Outlet
bestbudsoutlet.ca

Premium Canadian Cannabis

CONFUSED

angry
worried
NOT SURE WHERE TO FIND HELP?
WE CAN POINT YOU IN THE RIGHT DIRECTION

403.943.1500
1.844.943.1500 (toll free)

SCARED
ALONE
UNCERTAIN
worrying
SAD
hurt

ADDITIONAL AND MENTAL HEALTH Information & Referral Calgary Zone

Alberta Health Services
Access Mental Health

GRAND RE-OPENING - JUNE 1!

ACCESSIBLE WELLNESS SOLUTIONS

THE BOW #1 VALLEY'S ALL-INCLUSIVE ALTERNATIVE THERAPY CENTRE

Special classes for kids, teens, and families!

Featuring a crystal gift shop, infrared sauna, two alternative treatment rooms and a yoga studio!

we offer:

- Deep Tissue Massage
- Aqualead • Aromatherapy
- Intense Healing Breath Work
- Couple's Treatments
- Crystal Therapy
- Dance Therapy
- Ear Candling • Fire Cupping
- ION Foot Detox
- Medi-Painting • Meditation
- Reiki • Reflexology
- Retreats • Sound Therapy
- Tarot Reading
- Specialty Workshops

A wide variety of the best Yoga:
Ashtanga, Flow, Hatha, Restorative, S-F-P, Yoga-Fit, Yin, and more!

403-609-8719

102-512 Bow Valley Trail
Canmore

kayla@positivehealing.ca
www.positivehealing.ca

POSITIVE HEALING
GIFTS | YOGA | ALTERNATIVE THERAPY

FREE SCRAP CAR REMOVAL

MENTION THIS AD AND RECEIVE UP TO \$200 FOR YOUR SCRAP VEHICLE
CALL 403-922-2412

DJ'S TOWING

FOR ALL YOUR ELECTRICAL NEEDS!

RESIDENTIAL-COMMERCIAL-INDUSTRIAL SERVICE & CONSTRUCTION

WORKING IN AIRDRIE & AREA FOR OVER 25 YRS!

IMPACT ELECTRIC (1993) LTD.
403-948-3004 #12, 25 East Lake Circle, Airdrie
impactelectric@rocketmail.com

FRASIER

WEEKNIGHTS 6:00 (EST) / 6:30 (MT)
yesTV

COMMERCIAL AND RESIDENTIAL

RESULTS

Pest Control Ltd.

What's Bugging you Today? Ants, Wasps, Bees, Spiders, Bed Bugs, Skunks, Mice, Moles, Voles, various Creepy Crawlers and More... Call us - We Can Help!

We are passionate in serving our Customers.

Ask us about our Valued Customer Discounts and Referral Program, and for our list of tips and tricks to maintaining a pest-free environment!

- Locally Family Owned
- Exterior/Interior Programs
- Professional Service
- Provincially Certified and Licensed
- Insured

Benjamin Sabo
Owner/Service Technician
587-839-7376 (PEST)
info@resultspestcontrol.ca
www.resultspestcontrol.ca

NPMA

Every smile has a story, we'd like to be part of yours

FINANCING AVAILABLE

Book a free denture cleaning and evaluation today:
403.980.0144

Blue Fern

Denture Clinic

info@blueferndenture.ca | www.blueferndenture.ca

- Complete and Partial Dentures
- Dentures on Implants
- Emergency Repairs
- Relines
- Anti-Snore Appliances

A cozy little cabin filled with a variety of treasures!

COUNTRY GARDEN CRYSTALS

- Crystals & Gems
- Gemstone Jewellery
- Sterling Silver Chains
- Himalayan Salt Lamps
- SongPods
- Tibetan & Crystal Singing Bowls
- Gemstone Lamps
- Books, Decks & CDs

Open Thursday thru Monday, 10 a.m. - 5 p.m.
(Closed Tuesday and Wednesday)

We are doing our best to remain a safe and healing space. Please call ahead to arrange a time to visit the cabin! Check our website calendar for up and coming workshops and events. We are located west of Crossfield - see website for directions: www.countrygardencrystals.ca.

403.946.5802

Angel Card Readings available with Charlene Money, AGP/AAEP
Please call the shop for more details!

Not all Superheros wear capes.

Coffee News

Cheering you every step of the way!

THANK YOU ESSENTIAL WORKERS!

YAMNUSKA WOLFDOG SANCTUARY

Located at 263156 Range Rd 53, on the 1A Hwy

A non-profit organization that oversees the rescue and safe sanctuary for wolfdogs that have been neglected, abandoned, or otherwise displaced.

Through its educational programs, the Sanctuary discusses the challenges of wolfdog ownership and promotes responsible ownership by outlining what a suitable home should look like. The Sanctuary also touches on the importance of preserving wolves in the wild!

For further details about our mission, please call 587-890-WOLF (9653) or visit yamnuskawolfdogsanctuary.com

You can also find details there about our Intro Tours and Interactive Tours, including pertinent age restrictions.