

This Space for Rent.
877-553-6397

Cedar Manor Upgraded apartments starting at \$660!
 Save \$100!
 (780) 214-1300

Tesla Estates Luxury apartments starting at \$1,105!
 \$399 Security Deposits
 (780) 214-1300
 *On approved application, while promotion lasts.

Go Plastic-Free!
 ...and Love the Earth
 Plastic-free vegan choices for:
 • Dish Soap • Shampoo • Facial Soap
 • Body and Hand Soap • Deodorant • Lip Balm
 We will deliver every month before or on the 10th day.
 We are a sustainable products business located in Cold Lake.
AM SOAPS
 Call or text your order: **780-826-1068**
 www.amsoaps.webs.com https://www.infomall.ca/AMsoaps/

Helping you rediscover fun in the kitchen!
Gifts and Gadgets
 Your one stop kitchen and gift shop.
780.962.5220
 CHECK OUT OUR EXTENSIVE ONLINE CATALOG!
 Visit www.giftsandgadgets.ab.ca or visit us in person at 111 First Avenue, Spruce Grove

Recipe of the month
Balsamic Watermelon Chicken Salad
 1 cup balsamic vinegar | 1 tablespoons olive oil
 1 lb. boneless skinless chicken breasts | 4 cups baby spinach or greens
 3 teaspoons all purpose seasoning | 2 cups cubed watermelon
 | 1/2 cup blue cheese crumbles
 | 1/4 cup sliced or crushed almonds
 Prep Time: 10 mins. Cook time: 30 mins. Yield: 4 servings
 1 Pour the balsamic vinegar into a small saucepan and bring to a boil. Reduce heat and simmer for 15-20 minutes until the balsamic vinegar is significantly reduced and starting to become syrupy.
 2 Meanwhile, turn a grill or nonstick skillet to high heat. Sprinkle the chicken with the seasoning on both sides and drizzle with the olive oil. Transfer to the hot grill and cook until no longer pink on the inside and nicely browned on the outside. Let rest for 5 minutes; cut into small cubes.
 3 Layer the spinach with the chicken, watermelon, blue cheese, almonds, and drizzle with the balsamic reduction to taste. Top with additional olive oil if desired.
 Source: <https://pinchofyum.com>

MORE SELECTION THAN ANY OTHER WINDOW COVERING SOURCE!
 We make 100+ kinds of blinds
 We stock 15 million feet of inventory
real blinds
 WESTERN CANADA'S #1 RETAIL WINDOW COVERING FACTORY
1 855 8 GO REAL REALBLINDS.CA
 EDMONTON 10510-107 Ave, NW 780-250-7325
 VEGREVILLE 5006-52 Avenue 780-632-2142
 DERWENT 118 Main Road 780-741-2376
 BONNYVILLE/COLD LAKE 780-826-2239
 WAINWRIGHT/PROVOST 780-842-2477
 LLOYDMINSTER 780-875-1093
 SAVE 50%
 FREE In-Home Consultation
 LIFE TIME WARRANTY

FREE! **New Issue Every Week!**
Coffee News
 "News To Be Enjoyed Over Coffee"
Cold Lake Edition
877-553-6397
 www.coffee-news.ca Est. 1988

Vol. 18 No. 24 June 14, 2021

Everybody's Talking

Scenery swap: With the COVID-19 pandemic slowing down world travel, people grew tired of the views from their own windows. With that in mind, Sonali Ranjit and Vaishnav Balasubramaniam, a couple from Singapore, created "WindowSwap." This website encourages people from around the world to submit short videos of the views from their windows. Visitors to the site can look at views from abodes in far-off cities and towns, and they can upload their own to share. Viewers can see a wide variety of scenes, from mountains to city streets, and from rainy backyard gardens to seaside views. Watching the windows can be mesmerizing!

Camel comes home: There are stories of dogs and cats coming home after being lost or given away, but it's rare to hear about a camel doing something similar. That's what happened in North China's Inner Mongolia Autonomous Region. The camel's owner, Temur, sold his camel to a friend who lived 100 kilometres (62 mi.) away. After spending the winter in its new home, the camel ran away, eventually finding its way through desert and mountains to its old home. Temur and his wife were moved to see the animal's devotion, so they arranged to keep it. They sent a younger camel to the new owner as a replacement.

Away from home: When thinking about wallabies, Australia and Tasmania come to mind. However, France should be included. That's because a colony of wallabies lives in the forest near Rambouillet, west of Paris. About 150 of the creatures have lived there for over 40 years. Ancestors of the current colony escaped from a zoological reserve in the 1970s. While some were caught, others found a home in the forest and have been living in the wild ever since. Authorities have even posted road signs with pictures of wallabies, so drivers would be aware of their presence.

Makeup madness: Elliot Joseph Rentz (a.k.a. Alexis Stone) of London, England, is a makeup artist with incredible talent. He has worked with many famous people, but he also likes to work on himself. He uses makeup to transform himself to look like celebrities, and then he posts photos on social media. For his temporary transformations, he uses makeup and costuming items, such as wigs, jewelry, and false eyelashes. He has made himself resemble Kevin from Home Alone, Dumbledore from Harry Potter, Leonardo DiCaprio, and Billie Eilish, to name just a few.

Quoteable Quotes

"A learned fool is more foolish than an ignorant one." —Molière
 "I fling my past behind me like a robe... I have outgrown it."
 —Ella Wheeler Wilcox

What's Happening

Online event posting During the Pandemic, we are happy to post your online event in the What's Happening section of Coffee News. Please visit our website at www.coffee-news.ca to submit your event.

Jun 19 to 20 - Cold Lake Fishing Derby \$10,000 First prize. Over \$12,000 in runner up prizes. Register at www.anglersatlas.com/tournament477cold-lake-fishing-derby-2021. Max 250 participants. \$125 Entry Fee. Lake Trout

Jun 10 to Aug 12 - Lac La Biche Biking Group Thursdays from 6:30-7:30 Explore the trails of Lac La Biche County. 8702 91 Avenue Bold Centre

NON profit organizations may submit events for FREE at www.coffee-news.ca/whats-happening

Hidden Coffee News Guy ADVENTURE
 Find the Coffee News Guy hidden in one of the ads, then enter to win!
\$400* Prize Package
 *Coffee News Bucks
 Over 150 participating sponsors!
 4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries
 To enter, visit www.coffee-news.ca
 Submit your birth date and we'll send you a birthday card with valuable offers on your special day!
 NEW FEATURE!
 ...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

Trivia

1. Frankie Valli was the front man for what musical group of the 1960s?
2. A sporran is a leather or fur pouch worn in front of what type of garment?
3. Soba is what kind of noodle?
4. Was Willie Shoemaker a cobbler, an American jockey, or a cartoon character?
5. How many cards are in a standard deck of playing cards?

(Flip bottom of page for answers)

Your Favourite Auction House
 SERVING THE LAKELAND!
 View and bid at our upcoming auctions online! Links at: www.tilleyauctions.com
 Find us live at #12, 5606-54 St., Cold Lake
Tilley Auctions
 Phone Aaron Tilley with all inquiries or to consign at 780-792-8679
 PROUDLY SERVING NORTHERN AB: Cold Lake • Bonnyville • Fort McMurray • Lac La Biche • St. Paul • Elk Point

Silver Sage Enterprises Ltd
Les Helm, RPFT
 Cell 780.520.4000
 Office 780.623.2494
 Fax 780.623.2894
 l.helmsilversage@gmail.com
Land Resource Planning
 • Gravel Pits
 • Mapping
 • Reclamation
 • Road Engineering

BONNYVILLE BOLT SUPPLY
 LOCALLY OWNED
 Delivery available!
780.812.2922 On call 24/7
 5603-50 Ave., Bonnyville | <https://bbsupply.ca>

Without our advertisers, Coffee News would not exist
 Please support them!

Concerned about costs?
 No repayment for one year: www.funeralpaid.ca
 Serving Bonnyville & Cold Lake since 1997
NORTHERN LIGHTS FUNERAL CHAPEL LTD.
780.826.6083 780.594.6083
 info@northernlightsfs.ca

For the first time ever... Advertise Your Restaurant Here!*
 For complete details, call Sam at 780-264-2552
 Qualifying distributors of Coffee News receive **FIRST MONTH FREE! ****
 *Space restrictions may apply. **On 6 month term.
 Coffee News #supportlocal Initiative

A wish begins with HOPE
 Hope begins with you.
 Donate at makeawish.ca/createhope
Make-A-Wish
 Coffee News is proud to support Make-A-Wish Northern Alberta

Coffee News is so popular... even our competitors read it!

Need ONE More Reason to Join?

- 1 You need child support enforced
- 2 Your landlord raises rent in violation of your verbal agreement
- 3 You adopt a child
- 4 A friend owes you money and files for bankruptcy
- 5 You need help with credit card liability resolution
- 6 Your car is vandalized in a parking lot

Call **LOYD KENNEY**, Independent Associate, to find out how LegalShield can help you!

LegalShield 1-877-579-9449

FRASIER WEEKNIGHTS 6:00(EST) / 6:30(MT) **yesTV**

inogen
FREEDOM. TO BE YOU.
1-888-998-6714

Leave a legacy and be a part of tomorrow's future, today

If you're thinking of writing or updating your will, The Alberta Lung Association is offering the chance for donors to make a simple Will for free through our partnership with the Canadian Free Wills Network.

You are not obligated to leave a gift to the Lung Association - we hope that you will see this program as the perfect way to satisfy your estate planning objectives.

BREATHE the lung association
www.ab.lung.ca/you-can-help-change-future-today

Like us on Facebook

...to keep updated on **WEEKLY contests** in which you can enter to win tickets to sports events, entertainment events, Coffee News Bucks and more!

<https://www.facebook.com/CoffeeNewsWeekly>

New Beginning Law
Call 780.645.0050 to book a consult for **Family Law or Criminal Defence**

Renée L.T. Moore B.A., B.Comm. (Co-op), J.D. Barrister & Solicitor
Jerrold L.T.T. Moore B.A. (Adv.), J.D. Barrister & Solicitor

www.newbeginninglaw.ca
4802-49 Avenue, St. Paul | Located behind ATB!

Love Coffee News?

Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to contests@coffee-news.ca
Please put "Readers" in the subject line.

Readers of the Month
Franz Fritzwitz & Wilbur Ramsbottom

Coffee News Fun Reading. Serious Advertising.

Sour Gas and Odour Control Treatment

S.O.S. SOUR AND ODOUR SERVICES
1-888-909-9976
info@sourandodour.com | www.sourandodour.com

Customized Solutions to meet your specific requirements:

- Vapours emitted from sour oil and water tanks
- De-pressuring of pig senders and receivers
- Venting of liners in sour pipelines
- De-hy condensation tank vapours
- Loading and unloading tank trucks
- Vacuum truck blower discharges
- Catadyne heater fuel sweetening
- Ventilation of sewage lift-stations
- Ventilation of electrical panels

Your Weekly Horoscope

ARIES (March 21 - April 20)
Communications might excel right now. You may come across clearly and present yourself articulately. Interviews and other transactions with the public could be favoured. Lucky Numbers: 3, 6, 8, 13, 23, 30.

TAURUS (April 21 - May 21)
Now might be a time for communicating your enthusiasm. You may feel optimistic about the future and discover connections previously overlooked. Lucky Numbers: 11, 19, 21, 22, 37, 45.

GEMINI (May 22 - June 21)
Your thoughts may be distant and dreamy right now. Your imagination might be heightened, which could benefit any creative or artistic work you do. Lucky Numbers: 1, 4, 5, 29, 31, 42.

CANCER (June 22 - July 22)
You may want to be seen and noticed. You might receive appreciation and a positive response, or possibly an opportunity that could be quite beneficial. Lucky Numbers: 7, 9, 12, 13, 15, 42.

LEO (July 23 - Aug. 23)
Conversations and sharing plans with others may be very fruitful now. This could be a favourable time to get your message across to others via speaking or advertising. Lucky Numbers: 6, 18, 32, 44, 47, 48.

VIRGO (Aug. 24 - Sept. 23)
Your desire to socialize or to be friendly may interfere with getting your work done in a professional manner. Scheduling time for recreation might be a good idea. Lucky Numbers: 3, 10, 13, 17, 26, 47.

LIBRA (Sept. 24 - Oct. 23)
Your creative ideas or artistic inclinations may tend to blossom. You might be able to generate some lovely, inspiring images from deep within your mind. Lucky Numbers: 4, 8, 9, 30, 45, 48.

SCORPIO (Oct. 24 - Nov. 22)
You may feel a special magnetism and attract power. You could be very loving and your relationships might intensify and have a deeper quality. Lucky Numbers: 5, 25, 32, 36, 41, 44.

SAGITTARIUS (Nov. 23 - Dec. 21)
You may want to spread your wings and seek out new opportunities for advancement. With a little more attention to detail, you could bring yourself closer to your goals. Lucky Numbers: 1, 3, 8, 13, 24, 42.

CAPRICORN (Dec. 22 - Jan. 20)
There may be a cooperative, harmonious tone to the interactions you have now. It might be a good time for social activities and for getting in touch with friends and family. Lucky Numbers: 5, 6, 7, 12, 13, 33.

AQUARIUS (Jan. 21 - Feb. 19)
Creative inspirations may come to you by remembering old ideas. You might be involved with an artistic group, and you could receive some exciting news. Lucky Numbers: 9, 14, 15, 26, 28, 30.

PISCES (Feb. 20 - March 20)
You may be moved to express your affections more openly than usual. You might also want to be with harmonious people. Your artistic efforts could flourish. Lucky Numbers: 1, 18, 21, 27, 33, 41.

Lucky numbers this week: This week's odds favour Gemini winners with the luckiest number being 5.

Did You Know...

Strange proposal: In ancient Greece, a woman received a declaration of love from a man in a very unusual way. He would throw an apple at her because apples were considered sacred to Aphrodite, the ancient Greek goddess of love.

Pirates' jewelry: One common theory about why pirates wore earrings is that the gold and silver jewelry were a form of currency. If a pirate drowned and washed up on shore, the earrings served as payment for burial.

Sing along: Karaoke is a Japanese word that means "empty orchestra" and is believed to have originated in that country. When a performer didn't show up, a café owner played recorded music and invited customers to sing along.

Small babies: At birth, a baby panda is extremely small, weighing only about 3.5 ounces (100 grams). No one can figure out why the new arrival is about 900 times smaller than its mother. Kangaroos have similar weight differences at birth.

Slow down: Walter Arnold just needed to slow down. He was going 8 mph in Paddock Wood, Kent, England, on January 28, 1896. He received what is believed to be the world's first speeding ticket. The speed limit was 2 mph.

On the Lighter Side

Student: "The formula for water is H, I, J, K, L, M, N, O."
Teacher: "That's not the formula I gave you."
Student: "You said H to O."

What has four legs and flies? A picnic table.
Two men played checkers. They played five games, and each won the same number of games. How? They weren't playing each other.

The subject of my talk this afternoon is television...sometimes known as air pollution.

Sign in a restaurant: "Our customers are always right. Misinformed, perhaps, inexact, bullheaded, fickle, even downright stupid, but never wrong."

Answers

Trivia answers: 1. The Four Seasons 2. Scottish kiln 3. Japanese buckwhheat 4. American jockey 5. 52

200+ Delicious Meals Made for SENIORS!

PLEASE ASK US FOR STARTER PACK

NOW SERVING THIS COMMUNITY!

- ✓ Free Delivery*
- ✓ No Obligations
- ✓ No Minimum Orders*

*Some conditions apply

Request your **FREE MENU Catalogue** today!
780-666-2336
TF: 1-800-704-4779

HEART TO HOME MEALS
DELICIOUS MEALS MADE FOR SENIORS®
www.hearttohomemeals.ca

SHOP ONLINE!

www.scubagearcanada.ca

- Snorkelling Gear • Reef-Safe Sunscreen
- Beach Water Shoes • Dry Bags & Wallets • UV Shirts

The Dive Outfitters
Scuba Diving & Snorkelling
11781-156 St., Edmonton 780.483.0044

Learn to SCUBA DIVE at our Edmonton location - call for details

SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

From Port Alberni, B.C. to St. John's, Newfoundland

Served in **1579** restaurants and coffee shops

Read by over 1.25 million Canadians per week

Coffee News is Canada's choice for positive news from around the world!

Can't get to your **Coffee News** each week?

Check out our PDF editions online! New editions are posted every Monday

Sign up here to receive email notifications of new editions. Now you never have to miss your weekly dose of good news!

www.coffee-news.ca/editions

If you liked Gold Canyon Candles, you are gonna love **Sunset Scents!**

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

They are the next **Finest candles you will EVER find!**

PSC Prairie Scented Candles
prairiescentedcandles@gmail.com
www.prairiescentedcandles.com

Sunset Scents
a RAY of Fragrance

COLD SHOT
A DIVISION OF BALWARIA EMPIRE PVT. LTD.

PASSENGER & PARCEL SERVICES

SHIP BY BUS

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: www.coldshotca.com
Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

Pregnant? Facing Difficult Decisions?

We can help.
Call 780.421.1177 or text 587.596.5380

- Confidential Pregnancy Counselling
- Support and Connection to Resources
- Adoption Information and Advice

A Small Miracle Adoption

Adoption is the ultimate expression of a committed heart

www.smallmiraclesadoption.com