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## Recipe of the month

### Balsamic Watermelon Chicken Salad

1 cup balsamic vinegar	1 tablespoon olive oil
1 lb. boneless skinless chicken breasts	4 cups baby spinach or greens
3 teaspoons all purpose seasoning	2 cups cubed watermelon
	1/2 cup blue cheese crumbles
	1/4 cup sliced or crushed almonds

Prep Time: 10 mins. Cook time: 30 mins. Yield: 4 servings

- Pour the balsamic vinegar into a small saucepan and bring to a boil. Reduce heat and simmer for 15-20 minutes until the balsamic vinegar is significantly reduced and starting to become syrupy.
- Meanwhile, turn a grill or nonstick skillet to high heat. Sprinkle the chicken with the seasoning on both sides and drizzle with the olive oil. Transfer to the hot grill and cook until no longer pink on the inside and nicely browned on the outside. Let rest for 5 minutes; cut into small cubes.
- Layer the spinach with the chicken, watermelon, blue cheese, almonds, and drizzle with the balsamic reduction to taste. Top with additional olive oil if desired.

Source: <https://pinchofyum.com>

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# Coffee News®

"News To Be Enjoyed Over Coffee"

**Fort McMurray Edition**  
**877-553-6397**

www.coffee-news.ca

Vol. 18 No. 25 June 21, 2021

## Everybody's Talking

**Careful preparation:** In many countries, it is illegal to sell and cook a poisonous mushroom called the false morel (*Gyromitra esculenta*). However, despite the dangers of consuming this mushroom, people in Finland love them. False morels contain a toxin that causes illness. But in Finland, there are strict rules regarding their preparation, and they are legal to sell. For example, cooks must take a series of steps, including rinsing, boiling, and draining, after which these steps must be repeated. All this must be done in a ventilated room to avoid inhalation of the fumes.

**View from above:** Sports fans in Poland came up with a novel way to watch their favourite event, despite the social distancing required during the COVID-19 pandemic. The sport was motorbike racing, and the location was the Stadion Zuzlowy in the town of Lubin. Only a few spectators were allowed into the stadium, so some fans decided to rent construction cranes to watch events. The fad started with three cranes at the first race of the season, but it was such a popular idea that by the third race, there were 21, each holding two to four fans.

**Slithering pets:** Choosing a pet is usually not difficult. People usually pick a poodle or a kitten, or even a parrot, as a new family member. However, a teenage girl from Purworejo, Central Java, Indonesia, keeps six pythons as pets. Chalwa Ismah Kamal has no fear of the big snakes as she plays and cuddles with them. She even bathes them. Her younger brother likes them, too. The 14-year-old received attention for her strange pets after she posted some videos on social media, where thousands of people have viewed them. Some viewers express concern, but she explains there is nothing to fear because her pets are tame.

**Rare road:** a highway off-ramp runs right through it. The Gate Tower Building and its highway ramp were completed in the early 1990s. The employees working in the building don't have to worry about excess traffic noise because noise-proof walls and floors were used in the construction. Plus, the off-ramp doesn't actually touch the building. Visitors to the building will notice that the elevator doesn't stop at floors five, six, or seven because these floors provide the space for the road.

## Quoteable Quotes

"One does not discover new lands without consenting to lose sight of the shore for a very long time." —*André Gide*

"Ability may get you to the top, but it takes character to keep you there." —*John Wooden*

## What's Happening

**Online event posting** During the Pandemic, we are happy to post your online event in the What's Happening section of *Coffee News*. Please visit our website at [www.coffee-news.ca](http://www.coffee-news.ca) to submit your event.

**Jun 10 to Aug 12 - Lac La Biche Biking Group** Thursdays from 6:30-7:30 Explore the trails of Lac La Biche County. 8702 91 Avenue Bold Centre

**Jun 19 to 20 - Cold Lake Fishing Derby** \$10,000 First prize. Over \$12,000 in runner up prizes. Register at [www.anglersatlas.com/tournament477cold-lake-fishing-derby-2021](http://www.anglersatlas.com/tournament477cold-lake-fishing-derby-2021). Max 250 participants. \$125 Entry Fee. Lake Trout

NON profit organizations may submit events for FREE at [www.coffee-news.ca/whats-happening](http://www.coffee-news.ca/whats-happening)

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## Trivia

- James Watson and Francis Crick are responsible for the structural model of what?
- What does a relief map show using contour lines, shading, and colours?
- The song "Over the Rainbow" was featured in what classic movie?
- The skin, hair, and nails are all part of what system?
- In what hemisphere is the location of the Earth's only subarctic climate?

(Flip bottom of page for answers)

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(Over)

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Please put "Readers" in the subject line.

Please include:  
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## Your Weekly Horoscope

**ARIES**  
(March 21 - April 20)



You may meet interesting new people. This might be a time for letting yourself relax with friends or doing something fun that is out of the ordinary for you. Lucky Numbers: 11, 14, 24, 26, 28, 45.

**TAURUS**  
(April 21 - May 21)



This may be a good time to schedule business meetings where tact would be a plus. You might act as a diplomat, bringing together people with differing viewpoints. Lucky Numbers: 1, 22, 28, 39, 46, 49.

**GEMINI**  
(May 22 - June 21)



You might be a peacemaker, since harmony could be very important to you. Loving relationships and attracting people who are good for you may very likely occur. Lucky Numbers: 13, 15, 16, 21, 22, 39.

**CANCER**  
(June 22 - July 22)



You might want to put extra energy into organizing your work and professional life. Decisions you make now may likely work out well, as you might be more clear and objective. Lucky Numbers: 7, 15, 30, 32, 40, 41.

**LEO**  
(July 23 - Aug. 23)



You could feel sharp, clear, decisive, and articulate. This may be a good time to assert your own needs and desires, and to communicate to others what you really want. Lucky Numbers: 3, 17, 28, 38, 42, 45.

**VIRGO**  
(Aug. 24 - Sept. 23)



You might want to try to make room for spontaneity and flexibility in your schedule. You may make discoveries and come up with fresh solutions to old problems. Lucky Numbers: 18, 25, 34, 46, 48, 49.

**LIBRA**  
(Sept. 24 - Oct. 23)



Your mental processes may accelerate, and you could move more quickly. You might understand what others are telling you and also make yourself clearly understood. Lucky Numbers: 3, 30, 38, 40, 45, 48.

**SCORPIO**  
(Oct. 24 - Nov. 22)



Your career goals may start to gain momentum now. Your superiors could be positively inclined toward you. An important victory or success might be achieved. Lucky Numbers: 18, 26, 39, 40, 47, 48.

**SAGITTARIUS**  
(Nov. 23 - Dec. 21)



Your ego-drive and competitiveness may be very strong. You could feel more vigorous, bold, assertive, and impatient. You might feel capable of successfully meeting challenges. Lucky Numbers: 6, 24, 30, 32, 44, 45.

**CAPRICORN**  
(Dec. 22 - Jan. 20)



New ideas and learning may be emphasized now. Your mind could be flooded with new data that might make you feel enthusiastic and excited by these fresh insights. Lucky Numbers: 22, 25, 33, 39, 41, 45.

**AQUARIUS**  
(Jan. 21 - Feb. 19)



You may read something that causes you to view life in a very different light. Your mind could soar to a broader, more encompassing perspective. Lucky Numbers: 5, 11, 14, 18, 32, 42.

**PISCES**  
(Feb. 20 - March 20)



This may be a dynamic and exciting time for you to expand your horizons. You might want to take full advantage of any unusual offers or opportunities. Lucky Numbers: 12, 32, 36, 38, 42, 46.

Lucky numbers this week: This week's odds favour Cancer winners with the luckiest number being 7.

## Did You Know...

**Popular fruit:** Tomatoes are part of the fruit family and are considered one of its most popular members, with over 182 million metric tonnes produced each year. Tomatoes originated in South America and were first cultivated around 700 CE by the Aztecs and Incas.

**The Joker:** Depending on the game, having a Joker card is a good thing. But the Joker wasn't always in a deck. It was introduced in the 1860s when American card players decided to add an extra "Best Bower" card to the game of Euchre.

**Cactus rules:** People in Arizona (U.S.) with a Saguaro cactus on their property can't cut it down without permission from the Arizona Department of Agriculture. If they do so, a 25-year jail sentence could result.

**Coffee tester:** Gennaro Pelliccia samples products for Costa Coffee, a job that involves declaring a coffee bean or blend good enough to leave the company's roasting plant. His tongue is insured for £10 million.

**Never expires:** If honey is stored in a sealed container away from humidity, it never expires. Archaeologists found honey that hadn't spoiled in 3,000-year-old Egyptian tombs.

## On the Lighter Side

What creature has the smallest appetite? A moth; it just eats holes.

College student: "I'm going to major in political science and clean up the mess in the world."

Parent: "You can start with the mess in your room."

How do you confuse a frog? Put it in a round bowl and tell it to take a nap in the corner. How does a frog confuse you? He comes out and says he feels much better after that nap.

Golf caddy: "I wouldn't say you're the worst golfer I've seen on this course, but I've seen places today that I've never seen before."

Once the game is over, the king and the pawn go back into the same box.

### Answers

**Trivia answers:** 1. DNA 2. Land configuration 3. The Wizard of Oz 4. Integumentary 5. Northern Hemisphere

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