

## HIP/KNEE REPLACEMENT?

Other medical conditions causing TROUBLE WALKING or DRESSING?

The Disability Tax Credit allows for

**\$3,000 YEARLY TAX CREDIT**  
and **\$30,000 LUMP SUM REFUND**

**FREE ASSESSMENT CALL TODAY!**

For Expert Help:  
**1.844.453.5372**

BBB

From Port Alberni, B.C. to St. John's, Newfoundland

Served in

**15794**

restaurants and coffee shops

Read by over 1.25 million Canadians per week

**Coffee News**<sup>®</sup>  
is Canada's choice for positive news from around the world!

### Relish Your Independence!

Independent Supportive Living is for adults and seniors who require some support and assistance, but do not require the services of a designated supportive living or long-term care centre.

**POINTS WEST LIVING**

When cooking meals, cleaning the house, shoveling snow, mowing the lawn, and taking care of home repairs becomes burdensome, choose Points West Living to enjoy a carefree retirement lifestyle.

FOR INQUIRIES, PLEASE CALL  
**780.624.0700**  
or email  
gm.peacriver@pointswestliving.com

### We will do your cleaning the RIGHTWAY!

CONTACT US TODAY FOR YOUR FREE QUOTE

OFFICES	DEALERSHIPS
STORES	WAREHOUSES
SCHOOLS	INDUSTRIAL SHOPS
STEAM CLEANING	APARTMENTS

FAMILY OWNED AND OPERATED IN PEACE RIVER, ALBERTA

**RIGHTWAY JANITORIAL**  
780-618-9755 • alana.dubeau@gmail.com

**RE/MAX**  
Slave Lake Realty

**Katee Nelson**  
780-805-4425

**Steve Adams**  
780-516-9000

*With You Every Step of the Way*

**FREE** Orthodontic/Invisalign Consult  
**FREE** Implant/Implant Denture Consult

**PEACE VALLEY DENTAL**  
Dr. Michael Ho, DMD

We are confident in the quality of our work and provide limited warranty for fillings (two years) and crown bridges (no charge for the first three years and 50% for up to five years from placement).

OUR TEAM HAS BEEN SERVING THE COMMUNITY FOR 20 YEARS

9811-100 Avenue  
Peace River, Alberta  
www.peacevalleydental.com  
780.624.3355 • info@peacevalleydental.com

### Leave a legacy and be a part of tomorrow's future, today

If you're thinking of writing or updating your will, The Alberta Lung Association is offering the chance for donors to make a simple Will for free through our partnership with the Canadian Free Wills Network.

You are not obligated to leave a gift to the Lung Association - we hope that you will see this program as the perfect way to satisfy your estate planning objectives.

FOR MORE INFO, PLEASE VISIT:  
[www.ab.lung.ca/you-can-help-change-future-today](http://www.ab.lung.ca/you-can-help-change-future-today)

**BREATHE**  
the lung association

### Love Coffee News?

"We are big fans of your newspaper! It gets us through the morning and our daily commute."

Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to [contests@coffee-news.ca](mailto:contests@coffee-news.ca)  
Please put "Readers" in the subject line.

Please include:  
• Your name • Your phone number  
and • Your address  
so that we can send you some cool prizes if your photo is chosen to appear in the paper!

**Readers of the Month**  
Franz Fritzwitz & Wilbur Ramsbottom

**Coffee News** Fun Reading. Serious Advertising.

**FREE!** *New Issue Every Week!*

# Coffee News

"News To Be Enjoyed Over Coffee"

**High Prairie Edition**  
**877-553-6397**

www.coffee-news.ca

Vol. 18 No. 25 June 21, 2021

## Everybody's Talking

**Careful preparation:** In many countries, it is illegal to sell and cook a poisonous mushroom called the false morel (*Gyromitra esculenta*). However, despite the dangers of consuming this mushroom, people in Finland love them. False morels contain a toxin that causes illness. But in Finland, there are strict rules regarding their preparation, and they are legal to sell. For example, cooks must take a series of steps, including rinsing, boiling, and draining, after which these steps must be repeated. All this must be done in a ventilated room to avoid inhalation of the fumes.

**View from above:** Sports fans in Poland came up with a novel way to watch their favourite event, despite the social distancing required during the COVID-19 pandemic. The sport was motorbike racing, and the location was the Stadion Zuzlowy in the town of Lubin. Only a few spectators were allowed into the stadium, so some fans decided to rent construction cranes to watch events. The fad started with three cranes at the first race of the season, but it was such a popular idea that by the third race, there were 21, each holding two to four fans.

**Slithering pets:** Choosing a pet is usually not difficult. People usually pick a poodle or a kitten, or even a parrot, as a new family member. However, a teenage girl from Purworejo, Central Java, Indonesia, keeps six pythons as pets. Chalwa Ismah Kamal has no fear of the big snakes as she plays and cuddles with them. She even bathes them. Her younger brother likes them, too. The 14-year-old received attention for her strange pets after she posted some videos on social media, where thousands of people have viewed them. Some viewers express concern, but she explains there is nothing to fear because her pets are tame.

**Rare road:** a highway off-ramp runs right through it. The Gate Tower Building and its highway ramp were completed in the early 1990s. The employees working in the building don't have to worry about excess traffic noise because noise-proof walls and floors were used in the construction. Plus, the off-ramp doesn't actually touch the building. Visitors to the building will notice that the elevator doesn't stop at floors five, six, or seven because these floors provide the space for the road.

## Quoteable Quotes

"One does not discover new lands without consenting to lose sight of the shore for a very long time." —*André Gide*  
"Ability may get you to the top, but it takes character to keep you there." —*John Wooden*

## What's Happening

**Online event posting** During the Pandemic, we are happy to post your online event in the What's Happening section of Coffee News. Please visit our website at [www.coffee-news.ca](http://www.coffee-news.ca) to submit your event.

NON profit organizations may submit events for FREE at [www.coffee-news.ca/whats-happening](http://www.coffee-news.ca/whats-happening)

**Hidden Coffee News Guy ADVENTURE**

Find the Coffee News Guy hidden in one of the ads, then enter to win!

**\$400\* Prize Package**  
\*Coffee News Bucks  
Over 150 participating sponsors!

4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

To enter, visit [www.coffee-news.ca](http://www.coffee-news.ca)

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

NEW FEATURE!

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

## Trivia

1. James Watson and Francis Crick are responsible for the structural model of what?
2. What does a relief map show using contour lines, shading, and colours?
3. The song "Over the Rainbow" was featured in what classic movie?
4. The skin, hair, and nails are all part of what system?
5. In what hemisphere is the location of the Earth's only subarctic climate?

(Flip bottom of page for answers)

© Published with Permission by Capital Marketing Ltd

(Over)

Call for Rates-780-220-6397/877-553-6397

**COLD SHOT**  
A DIVISION OF BALWARIA EMPIRE PVT. LTD.

**PASSENGER & PARCEL SERVICES**

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: [www.coldshotca.com](http://www.coldshotca.com)  
Passenger Website: [www.coldshot.ca](http://www.coldshot.ca)

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

## This Space for Rent.

**877-553-6397**

### Pregnant? Facing Difficult Decisions?

We can help.  
Call **780.421.1177** or text **587.596.5380**

- Confidential Pregnancy Counselling
- Support and Connection to Resources
- Adoption Information and Advice

**A Small Miracle Adoption**

Adoption is the ultimate expression of a committed heart

[www.smallmiraclesadoption.com](http://www.smallmiraclesadoption.com)

### Better Than Friends LOVE SHOP

5824-51 Street, Grimshaw  
780-512-6623  
Better Than Friends

Come into the store!  
Hours are Mon-Sat, 12-10 p.m.  
and Sunday, 12-6 p.m.

Shop online at [betterthanfriends.ca](http://betterthanfriends.ca)

### Like us on Facebook

...to keep updated on **WEEKLY** contests in which you can enter to win tickets to sports events, entertainment events, Coffee News Bucks and more!

**Coffee News**

<https://www.facebook.com/CoffeeNewsWeekly>

### Helping you rediscover fun in the kitchen!

## Gifts and Gadgets

Your one stop kitchen and gift shop.  
**780.962.5220**

CHECK OUT OUR EXTENSIVE ONLINE CATALOG!

Visit [www.giftsandgadgets.ab.ca](http://www.giftsandgadgets.ab.ca)  
or visit us in person at 111 First Avenue, Spruce Grove

### We Care About Your Smile!

- Upper/lower dentures
- Implant supported dentures
- Partial dentures (flexible or metal)
- Same day relines
- Soft denture linings for sore gums
- Natural tooth whitening kits available
- Night guards/splints

Call today to inquire about achieving suction on your lower denture with the new SEMCD Lower Suction Technique

**Denture & Implant Cottage**

REPAIRS WITHIN THE HOUR! **780-624-4573**

9803 - 98 Avenue, Peace River Wheelchair friendly



### AUTOMOTIVE LIGHT TRUCK REPAIR

- Out of Province Inspections - \$230
- Rate: \$115/hour
- We service most vehicles, beginning at \$29.95\*  
\* For labour only.

Services include up to 5L 5W/30 or 5W/20 conventional oil, oil filter and a 34 point inspection.

**TRINITY REPAIR LTD.**  
780.338.3848  
5029 - 51 Street, Berwyn, AB • www.trinityrepair.ca

SERVING THE COMMUNITY FOR OVER 18 YEARS

## Recipe of the month

### Balsamic Watermelon Chicken Salad

1 cup balsamic vinegar | 1 tablepoons olive oil  
1 lb. boneless skinless chicken breasts | 4 cups baby spinach or greens  
3 teaspoons all purpose seasoning | 2 cups cubed watermelon  
1/2 cup blue cheese crumbles | 1/4 cup sliced or crushed almonds

Prep Time: 10 mins. Cook time: 30 mins. Yield: 4 servings

- 1 Pour the balsamic vinegar into a small saucepan and bring to a boil. Reduce heat and simmer for 15-20 minutes until the balsamic vinegar is significantly reduced and starting to become syrupy.
- 2 Meanwhile, turn a grill or nonstick skillet to high heat. Sprinkle the chicken with the seasoning on both sides and drizzle with the olive oil. Transfer to the hot grill and cook until no longer pink on the inside and nicely browned on the outside. Let rest for 5 minutes; cut into small cubes.
- 3 Layer the spinach with the chicken, watermelon, blue cheese, almonds, and drizzle with the balsamic reduction to taste. Top with additional olive oil if desired.

Source: <https://pinchofyum.com>

### Can't get to your Coffee News® each week?

Check out our PDF editions online! New editions are posted every Monday

Sign up here to receive email notifications of new editions.

Now you never have to miss your weekly dose of good news!

[www.coffee-news.ca/editions](https://www.coffee-news.ca/editions)

## JEOPARDY!

WEEKNIGHTS 7:30 YES TV

For the first time ever...

### Advertise Your Restaurant Here!\*

For complete details, call Sam at 780-264-2552

Qualifying distributors of Coffee News® receive **FIRST MONTH FREE!**\*\*

\* Space restrictions may apply. \*\* On 6 month term.

Coffee News® #supportlocal Initiative

### If It Needs Glass, We Can Provide It!

Professional, top quality workmanship | Interior and exterior services | Residential and commercial applications

Mobile service and installation specialists with over 25 years of experience!

**ALL PRO Glass Ltd.**

Windows	Doors
Skylights	Wet Rooms
Glass Railings	Shower Doors

780.978.0088 www.allproglass.ca

inogen

## FREEDOM. TO BE YOU.

1-888-998-6714

MKT-P0253

# Your Weekly Horoscope

### ARIES (March 21 - April 20)

You may meet interesting new people. This might be a time for letting yourself relax with friends or doing something fun that is out of the ordinary for you. Lucky Numbers: 11, 14, 24, 26, 28, 45.

### TAURUS (April 21 - May 21)

This may be a good time to schedule business meetings where tact would be a plus. You might act as a diplomat, bringing together people with differing viewpoints. Lucky Numbers: 1, 22, 28, 39, 46, 49.

### GEMINI (May 22 - June 21)

You might be a peacemaker, since harmony could be very important to you. Loving relationships and attracting people who are good for you may very likely occur. Lucky Numbers: 13, 15, 16, 21, 22, 39.

### CANCER (June 22 - July 22)

You might want to put extra energy into organizing your work and professional life. Decisions you make now may likely work out well, as you might be more clear and objective. Lucky Numbers: 7, 15, 30, 32, 40, 41.

### LEO (July 23 - Aug. 23)

You could feel sharp, clear, decisive, and articulate. This may be a good time to assert your own needs and desires, and to communicate to others what you really want. Lucky Numbers: 3, 17, 28, 38, 42, 45.

### VIRGO (Aug. 24 - Sept. 23)

You might want to try to make room for spontaneity and flexibility in your schedule. You may make discoveries and come up with fresh solutions to old problems. Lucky Numbers: 18, 25, 34, 46, 48, 49.

### LIBRA (Sept. 24 - Oct. 23)

Your mental processes may accelerate, and you could move more quickly. You might understand what others are telling you and also make yourself clearly understood. Lucky Numbers: 3, 30, 38, 40, 45, 48.

### SCORPIO (Oct. 24 - Nov. 22)

Your career goals may start to gain momentum now. Your superiors could be positively inclined toward you. An important victory or success might be achieved. Lucky Numbers: 18, 26, 39, 40, 47, 48.

### SAGITTARIUS (Nov. 23 - Dec. 21)

Your ego-drive and competitiveness may be very strong. You could feel more vigorous, bold, assertive, and impatient. You might feel capable of successfully meeting challenges. Lucky Numbers: 6, 24, 30, 32, 44, 45.

### CAPRICORN (Dec. 22 - Jan. 20)

New ideas and learning may be emphasized now. Your mind could be flooded with new data that might make you feel enthusiastic and excited by these fresh insights. Lucky Numbers: 22, 25, 33, 39, 41, 45.

### AQUARIUS (Jan. 21 - Feb. 19)

You may read something that causes you to view life in a very different light. Your mind could soar to a broader, more encompassing perspective. Lucky Numbers: 5, 11, 14, 18, 32, 42.

### PISCES (Feb. 20 - March 20)

This may be a dynamic and exciting time for you to expand your horizons. You might want to take full advantage of any unusual offers or opportunities. Lucky Numbers: 12, 32, 36, 38, 42, 46.

Lucky numbers this week: This week's odds favour Cancer winners with the luckiest number being 7.

## Did You Know...

**Popular fruit:** Tomatoes are part of the fruit family and are considered one of its most popular members, with over 182 million metric tonnes produced each year. Tomatoes originated in South America and were first cultivated around 700 CE by the Aztecs and Incas.

**The Joker:** Depending on the game, having a Joker card is a good thing. But the Joker wasn't always in a deck. It was introduced in the 1860s when American card players decided to add an extra "Best Bower" card to the game of Euchre.

**Cactus rules:** People in Arizona (U.S.) with a Saguaro cactus on their property can't cut it down without permission from the Arizona Department of Agriculture. If they do so, a 25-year jail sentence could result.

**Coffee tester:** Gennaro Pelliccia samples products for Costa Coffee, a job that involves declaring a coffee bean or blend good enough to leave the company's roasting plant. His tongue is insured for £10 million.

**Never expires:** If honey is stored in a sealed container away from humidity, it never expires. Archaeologists found honey that hadn't spoiled in 3,000-year-old Egyptian tombs.

## On the Lighter Side

What creature has the smallest appetite? A moth; it just eats holes.  
College student: "I'm going to major in political science and clean up the mess in the world."  
Parent: "You can start with the mess in your room."

How do you confuse a frog? Put it in a round bowl and tell it to take a nap in the corner. How does a frog confuse you? He comes out and says he feels much better after that nap.

Golf caddy: "I wouldn't say you're the worst golfer I've seen on this course, but I've seen places today that I've never seen before."

Once the game is over, the king and the pawn go back into the same box.

**Answers**  
3. The Wizard of Oz 4. Inegumentary 5. Northern Hemisphere  
**Trivia answers:** 1. DNA 2. Land configuration

The World's #1 Restaurant Publication!

### Real Estate Appraisals You Can Bank On!

COMMERCIAL • INDUSTRIAL • RESIDENTIAL

## AGM VALUATIONS GROUP LTD.

780-624-0020  
10032 - 99 Street, Peace River, AB

Servicing the Peace River area, including Fort. St. John & Dawson Creek, B.C.

### Without our advertisers, Coffee News® would not exist

Please support them!

## REVOLUTION FORD

BUILT Ford PROUD

5404-40 Street, High Prairie  
780.523.4193 | [revolutionford.com](http://revolutionford.com)

### Need ONE More Reason to Join?

- 1 You need child support enforced
- 2 Your landlord raises rent in violation of your verbal agreement
- 3 You adopt a child
- 4 A friend owes you money and files for bankruptcy
- 5 You need help with credit card liability resolution
- 6 Your car is vandalized in a parking lot

Call LLOYD KENNEY, Independent Associate, to find out how LegalShield can help you!

**LegalShield 1-877-579-9449**

### If you liked Gold Canyon Candles, you are gonna love Sunset Scents!

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

They are the next Finest candles you will EVER find!

**PSC Prairie Scented Candles**  
**Sunset Scents** a RAY of Fragrance  
[prairiescentedcandles@gmail.com](mailto:prairiescentedcandles@gmail.com)  
[www.prairiescentedcandles.com](http://www.prairiescentedcandles.com)

## RANCHLANDS

APARTMENT HOMES

Call or text today! 780.851.3730

[Ranchlands.wah@aptleasing.info](mailto:Ranchlands.wah@aptleasing.info)

## SHOP ONLINE!

[www.scubagearcanada.ca](http://www.scubagearcanada.ca)

- Snorkelling Gear • Reef-Safe Sunscreen
- Beach Water Shoes • Dry Bags & Wallets • UV Shirts

**The Dive Outfitters**  
Learn to SCUBA DIVE at our Edmonton location - call for details  
11781-156 St., Edmonton 780.483.0044

SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

A wish begins with **HOPE**

Hope begins with you.  
Donate at [makeawish.ca/createhope](http://makeawish.ca/createhope)

**Make-A-Wish**  
Coffee News is proud to support Make-A-Wish Northern Alberta