



Sour Gas and Odour Control Treatment

S.O.S. SOUR AND ODOUR SERVICES
1-888-909-9976
info@sourandodour.com | www.sourandodour.com

Customized Solutions to meet your specific requirements:

- Vapours emitted from sour oil and water tanks
- De-pressing of pig senders and receivers
- Venting of liners in sour pipelines
- De-hy condensation tank vapours
- Loading and unloading tank trucks
- Vacuum truck blower discharges
- Catadryne heater fuel sweetening
- Ventilation of sewage lift-stations
- Ventilation of electrical panels

FREE! *New Issue Every Week!*

Coffee News®

"News To Be Enjoyed Over Coffee"

Leduc - Nisku Edition
780-220-6397

www.coffee-news.ca Est. 1988

Leave a legacy and be a part of tomorrow's future, today

If you're thinking of writing or updating your will, The Alberta Lung Association is offering the chance for donors to make a simple Will for free through our partnership with the Canadian Free Wills Network.

You are not obligated to leave a gift to the Lung Association - we hope that you will see this program as the perfect way to satisfy your estate planning objectives.

BREATHE
the lung association

FOR MORE INFO, PLEASE VISIT:
www.ab.lung.ca/you-can-help-change-future-today

Recipe of the month

Balsamic Watermelon Chicken Salad

1 cup balsamic vinegar | 1 tablepoons olive oil
1 lb. boneless skinless chicken breasts | 4 cups baby spinach or greens
3 teaspoons all purpose seasoning | 2 cups cubed watermelon
 | 1/2 cup blue cheese crumbles
 | 1/4 cup sliced or crushed almonds

Prep Time: 10 mins. Cook time: 30 mins. Yield: 4 servings

- 1 Pour the balsamic vinegar into a small saucepan and bring to a boil. Reduce heat and simmer for 15-20 minutes until the balsamic vinegar is significantly reduced and starting to become syrupy.
- 2 Meanwhile, turn a grill or nonstick skillet to high heat. Sprinkle the chicken with the seasoning on both sides and drizzle with the olive oil. Transfer to the hot grill and cook until no longer pink on the inside and nicely browned on the outside. Let rest for 5 minutes; cut into small cubes.
- 3 Layer the spinach with the chicken, watermelon, blue cheese, almonds, and drizzle with the balsamic reduction to taste. Top with additional olive oil if desired.

Source: <https://pinchofyum.com>

THIS SPACE FOR RENT

780-220-6397

If you liked Gold Canyon Candles, you are gonna love Sunset Scents!

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

They are the next Finest candles you will EVER find!

PSC Prairie Scented Candles
www.prairiescentedcandles.com

Sunset Scents
a RAY of Fragrance
prairiescentedcandles@gmail.com
www.prairiescentedcandles.com

HIP/KNEE REPLACEMENT?

Other medical conditions causing TROUBLE WALKING or DRESSING?

The Disability Tax Credit allows for
\$3,000 YEARLY TAX CREDIT
and **\$30,000 LUMP SUM REFUND**

FREE ASSESSMENT CALL TODAY!

For Expert Help:
1.844.453.5372

SHOP ONLINE!

www.scubagearcanada.ca

- Snorkelling Gear • Reef-Safe Sunscreen
- Beach Water Shoes • Dry Bags & Wallets • UV Shirts

The Dive Outfitters
Scuba Diving & Snorkeling
11781-156 St., Edmonton 780.483.0044

Learn to SCUBA DIVE at our Edmonton location - call for details

SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

COLD SHOT
A DIVISION OF BALWARIA EMPIRE PVT. LTD.

PASSENGER & PARCEL SERVICES

SHIP BY BUS

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: www.coldshotca.com
Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

Everybody's Talking

Golden sandwich: College students who eat peanut butter and jelly sandwiches to save money will have to stay away from a restaurant in Chicago, Illinois (U.S.). Called PB&J (which stands for "Pizza, Beer, and Jukebox"), this restaurant's version of the sandwich costs \$350 (USD). Called "Golden Goose," the sandwich is made from a whole loaf of bread that contains edible gold leaf. Inside is an extremely expensive kind of red current jam, with currents that were hand-seeded with goose quills. It also contains manuka honey from New Zealand. Surprisingly, the peanut butter is an off-the-shelf variety.

Phone fraud: A man in Moscow, Russia, is very angry with his bank. Vladimir Volokhovitch lost his smartphone, and the thief who found it was able to use Volokhovitch's bank app to take out a loan. The bank is charging him interest, claiming that he did not report the loss in a timely fashion. This crime victim is livid, as circumstances made it impossible for him to do so. The thief, pretending to be a friend, sent a message saying the phone had been found, so Volokhovitch thought all was well. What makes him mad is how easily the bank allowed a stranger to take out a loan, with no paperwork required.

Covering up: A Vietnamese tattoo artist creates unique designs for a purpose: she wants to help people with scars or birthmarks to regain their confidence. If someone has scars from an operation or a burn, or if they have lived with a noticeable birthmark all their lives, the tattooist, known as Ngoc, will come to the rescue. Ngoc has a knack for figuring out what design to use to cover up her clients' imperfections, whether large or small. She might ink a vase of flowers over an appendectomy scar, or a mountain range over a burn mark. Some consider her to be a bit of a magician for her skills.

Shattered glass: A couple of kids are in a lot of trouble with their parents right now! The family was in the Shanghai Museum of Glass in China and were viewing a glass castle worth about \$64,000 (USD). The castle, on permanent display at the museum since 2016, was made by Miguel Arribas, a Spanish glassblower with Arribas Brothers. He created his masterpiece, which had approximately 30,000 parts, in the form of Cinderella's castle. The children were playing chase and they ended up accidentally knocking the sculpture over. When travel is allowed again, Arribas Brothers says it will come to repair the damage.

Quoteable Quotes

"Life is the garment we continually alter, but which never seems to fit."
—David McCord

"A sound mind in a sound body is a short but full description of a happy state in this world."
—John Locke

What's Happening

Online event posting During the Pandemic, we are happy to post your online event in the What's Happening section of Coffee News. Please visit our website at www.coffee-news.ca to submit your event.

Jun 3 to Sep 26-Century Park Market Southside open air public farmers market. Open Thursdays from 3:30pm to 7:30pm. Phone 780-913-2586 for more information or visit www.centuryparkmarket.com

Aug 14-Ride And Drive For A Cause Charity Meet Please register your unique ride and drive, wild exotic, Rat Rod, classic, vintage, cool, unique or custom car, custom truck or unique Suv, cruiser, or sports bike. To register your rides drives please visit our website www.rdfcause.ca.

NON profit organizations may submit events for FREE at www.coffee-news.ca/whats-happening

Hidden Coffee News Guy ADVENTURE

Find the Coffee News Guy hidden in one of the ads, then enter to win!

\$400* Prize Package
* Coffee News Bucks

Over 150 participating sponsors!
4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

To enter, visit www.coffee-news.ca

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

Trivia

1. What is theatrical makeup often called?
2. A fez and a fedora are what types of apparel?
3. In the children's game, what is pinned on the donkey?
4. Singer Cass Elliott was a member of what popular musical group?
5. What is a vicissitude?

(Flip bottom of page for answers)
(Over)

BLUE BLOODS

MON - THURS 9:00

yesTV

A wish begins with HOPE

Hope begins with you.

Donate at makeawish.ca/createhope

Make-A-Wish

Coffee News is proud to support Make-A-Wish Northern Alberta

Are you a business owner/office manager? Have 3-20 employees in your office? Paying too much for your current phone system?

We can save you up to 50% off your current phone rates!

How? We offer:

- ✓ VOIP Solutions at a fraction of the traditional carrier cost
- ✓ Long distance rates that outcompete the competition

587.760.2800
<https://zettatelecom.com>

DEDICATED TO FINDING OUR CLIENTS THE BEST SOLUTIONS WITHIN THEIR BUDGETS

What's In Your Glass?

HUGE SELECTION with R&R

What Are Some Good Camping Libations?

Woo-hoo... it is camping season in Alberta! Make no mistake, camping is thirsty fun. So when you head off to be "one with Mother Nature", of course you will need some bevies.

We have an abundance of beer. That goes without saying. How about wine? Yes indeedly. There has been an influx of wine in cans of late and of course wine in a box is always a perennial favourite.

19 Crimes Chardonnay.....	\$9.42*
Bodacious (various varieties).....	\$3.23*
Bollicini Sparkling Rosé.....	\$4.18*
Georges Dubouef Beaujolais (box).....	\$41.66*
Eau Claire Distillery Equinox Mule (4 pk).....	\$12.94*
Founder's Grapefruit Tequila Paloma (4 pk).....	\$12.71*

* Price does not include GST or health deposit.

Cocktails in a can. We got 'em. Just add a paper umbrella and you are off to the races. Too much? Okay, lose the umbrella.

Whatever you do and wherever you go, please check the local "fire advisories" and keep safe, happy and healthy.

www.leduccoopliquor.com

Leduc Co-op Liquor
103-100B Deer Valley Dr. • 780.980.5139

WE DIRECT BILL YOUR INSURANCE

Come... See... Smile...

Our fees follow the Alberta Fee Guide

Open Wed. & Thurs. evenings and two Saturdays per month

Devon Dental Associates

#129, 180 Miquelon Ave. Devon (beside Boston Pizza)

Dr. Maura Lavoie
Dr. Ian Orellana-Jordan
Dr. Darren Forst (Orthodontist)

780.987.2833

www.devondentalassociates.ca

Need ONE More Reason to Join?

- 1 You need child support enforced
- 2 Your landlord raises rent in violation of your verbal agreement
- 3 You adopt a child
- 4 A friend owes you money and files for bankruptcy
- 5 You need help with credit card liability resolution
- 6 Your car is vandalized in a parking lot

Call **LLOYD KENNEY**, Independent Associate, to find out how LegalShield can help you!

LegalShield 1-877-579-9449

Can't get to your Coffee News each week?

Check out our PDF editions online! New editions are posted every Monday

Sign up here to receive email notifications of new editions.

Now you never have to miss your weekly dose of good news!

www.coffee-news.ca/editions

Love Coffee News?

Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to contests@coffee-news.ca Please put "Readers" in the subject line.

Please include:
 1 Your name 2 Your phone number and 3 Your address so that we can send you some cool prizes if your photo is chosen to appear in the paper!

Coffee News Fun Reading. Serious Advertising.



Readers of the Month
 Franz Fritzwitz & Wilbur Ramsbottom

"We are big fans of your newspaper! It gets us through the morning and our daily commute."

BUILD YOUR SUMMER SANCTUARY

DIAMOND IN THE ROUGH!

2130 2001 TWP RD 474, LEDUC COUNTY
 MLS E4203834 | \$119,900

- Mitchell Beach at Pigeon Lake
- NOT IN A SUMMER VILLAGE
- Lot measures 70 ft. wide, 180 ft. deep = 0.29 Acre
- Mother Nature offers YOU a blank slate
- Short stroll to beach via park reserve

Doreen Noppers
 C: 780-885-7398
doreen.noppers@royalpage.ca

ROYALPAGE
 REAL ESTATE PROFESSIONAL
 NORALTA REAL ESTATE
 O: 780.962.4950
 202 Main Street
 Spruce Grove T7X 0G2

Pregnant? Facing Difficult Decisions?

We can help. Call 780.421.1177 or text 587.596.5380

- Confidential Pregnancy Counselling
- Support and Connection to Resources
- Adoption Information and Advice

A Small Miracle Adoption

Adoption is the ultimate expression of a committed heart
www.smallmiraclesadoption.com

Without our advertisers, Coffee News would not exist

Please support them!

200+ Delicious Meals Made for SENIORS!



Request your FREE MENU Catalogue today!
 780-666-2336
 TF: 1-800-704-4779

HEART TO HOME MEALS
 DELICIOUS MEALS MADE FOR SENIORS
www.hearttohomemeals.ca

Your Weekly Horoscope

ARIES (March 21 - April 20)

Opportunities for friendship, pleasant associations, and enjoyable social interactions may occur now. Personal relationships could feel harmonious and rewarding, as well. Lucky Numbers: 2, 9, 12, 22, 23, 33.

TAURUS (April 21 - May 21)

Your friendly manner and willingness to meet people halfway may benefit your public image. It could be favourable to socialize with those with whom you have professional ties. Lucky Numbers: 6, 14, 25, 28, 36, 37.

GEMINI (May 22 - June 21)

You could become so excited about the things you are learning that you can hardly stop thinking and talking about them. Try not to be fanatical about their importance. Lucky Numbers: 1, 2, 9, 11, 15, 23.

CANCER (June 22 - July 22)

Community social events could be very rewarding for you. You might be in a festive, partying mood, and may want to play and share a good time with friends. Lucky Numbers: 1, 10, 11, 12, 15, 31.

LEO (July 23 - Aug. 23)

You may feel less dependent on the approval of others. You could have an abundance of energy and self-confidence, and might be able to take on new challenges more easily. Lucky Numbers: 2, 7, 10, 25, 29, 46.

VIRGO (Aug. 24 - Sept. 23)

Improvising and using your intuition, rather than following the usual way of doing things, could be required. Your life may accelerate toward an unusual, but interesting, segment of time. Lucky Numbers: 3, 19, 20, 38, 41, 47.

LIBRA (Sept. 24 - Oct. 23)

Your ability to accommodate the totally unexpected may be necessary. You could be pulled in many different directions and might tend to scatter your forces. Lucky Numbers: 6, 11, 14, 19, 30, 44.

SCORPIO (Oct. 24 - Nov. 22)

The need to share, to give and receive love, and to be accepted and wanted could be very strong. Your emotional responses to life may be deeper and more intense. Lucky Numbers: 4, 25, 28, 30, 37, 47.

SAGITTARIUS (Nov. 23 - Dec. 21)

You might feel especially friendly and sociable. The warmth and goodwill that you generate now may likely be of great benefit to you, both now and later. Lucky Numbers: 6, 13, 14, 22, 31, 48.

CAPRICORN (Dec. 22 - Jan. 20)

You may want to speak out to express your thoughts regarding your professional work. Conversations with those who are in positions to act on your ideas could come to the fore now. Lucky Numbers: 1, 13, 27, 30, 38, 47.

AQUARIUS (Jan. 21 - Feb. 19)

Opportunities for cooperation and shared happiness may arise, which might help you break away from your usual routine. You could be in the mood to learn something new. Lucky Numbers: 11, 12, 25, 28, 29, 35.

PISCES (Feb. 20 - March 20)

Offbeat ideas may excite you and you may seek people who offer you a different perspective. Discovery, inventiveness, and spontaneity could be major themes now. Lucky Numbers: 13, 26, 27, 28, 29, 30.

Lucky numbers this week: This week's odds favour Scorpio winners with the luckiest number being 4.

Did You Know...

New name: Times Square, the famous intersection in New York City (U.S.), was originally called Long Acre Square. Its name changed in 1904 when *The New York Times* moved its headquarters to that location.

Colour blind: Waving a red flag in front of a bull is not productive because bulls, like other animals with hooves, are colour blind to the colour red. They are probably just irritated by the movement of the cape.

Apollo 13: American astronauts Fred Haise, Jim Lovell, and Jack Swigert traveled to the far side of the moon on Apollo 13 in 1970. They didn't intend to circle the moon and only did so because of an emergency situation.

Healing honey: Manuka honey from Australia and New Zealand comes from bees that pollinate the manuka bush. This honey has a higher degree of natural antibacterial qualities than other types of honey.

Unsinkable: In the movie *Titanic*, American actress Kathy Bates played Margaret Brown. The real-life Margaret Brown became known as the Unsinkable Molly Brown because she did so much to help other passengers when the boat went down.

On the Lighter Side

Name six animals that inhabit the Arctic region. Three seals and three polar bears.

If you had only one match and entered a room in which there were a kerosene lamp, a fireplace, and a wood-burning stove, which should you light first? The match.

Parent calling home: "I'm just checking on you."
 Child: "Shh, not so loud. The babysitter's asleep."

Exaggeration is a hundred, million, billion times worse than understatement.

How much honey can a bee make in a day? Enough to fill one jam jar, with a little bit left over to stick on the label.

Answers

Trivia answers: 1. Grease paint 2. Hats 3. The tall 4. The Mamas and the Papas 5. A change or variation

For available franchise opportunities – visit coffeenewscanada.com
 © Published with Permission by Capital Marketing Ltd

For the first time ever...

Advertise Your Restaurant Here!

For complete details, call Sam at 780-264-2552

Qualifying distributors of **Coffee News** receive **FIRST MONTH FREE!****

Coffee News #supportlocal Initiative

inogen FREEDOM. TO BE YOU.

1-888-998-6714

FAST, ACCURATE, CLEAN & FRIENDLY SERVICE

MILLWOODS Bottle Depot

2830 Parsons Road
 (south extension of 99th St. above South Edmonton Common)

14 receiving stations to serve you REALLY FAST!

Mon - Sat 8:30 am - 7 pm
 Sunday 10 am - 6 pm

BEST IN THE CITY!

Canada's HEALTHY Choice for Pets!

GLOBAL PET FOODS

SENIORS' DAY last Tuesday of every month
 Save **15%**

5103 - 50 Avenue, Leduc
 780-980-8711 • www.globalpetfoods.com

Helping you rediscover fun in the kitchen!

Gifts and Gadgets

Your one stop kitchen and gift shop.
 780.962.5220

CHECK OUT OUR EXTENSIVE ONLINE CATALOG!

Visit www.giftsandgadgets.ab.ca or visit us in person at 111 First Avenue, Spruce Grove

Call today to book your appointment!

We only want to make you SMILE

Millet Denture Clinic

780.387.3311 • 5022 - 50 Street, Millet
 BARB UNGER, DD • barb@milletdenture.ca

DSP HITCHES

www.dsphitches.com

Manufacturer of DSP Hitches and retailer of all other major brand towing accessories

DSP 32K Weld-On, Sliding, X-Bed & OEM Fifth Wheel Hitches
 Gooseneck Hitches
 Folding Goose Balls
 Weight Distribution Hitch Systems

We also offer:

- CAMPER ACCESSORIES**
 Tiedowns • Steps • Turnbuckles
 Receiver Extensions
 Jacks • Supertrusses & Hitches
- WEIGHT DISTRIBUTION HITCH SYSTEMS 4k-15k**
 Round Bar • Trunion
 4-point Sway Control
- RECEIVER HITCHES 2k-16k**
 Adjustable Ball Mounts
 Hitch Balls • Pintle • Clevis
 Locks & Security
- MOTORHOME TOWABLE**
 Towbars • Baseplates
 Brake Systems • Dollies
 Suspension & Steering Support
- FLATDECK COMMERCIAL**
 Hitch Plates
 King Pin Boxes • Couplers
 Light Boxes • Tool Boxes • Winches
 WELDING PIPE STANDS
- TRUCK AND TRAILER ACCESSORIES**
 Tonneau Covers • Running Boards
 Jacks • Landing Gear
- RACKS & ELECTRICAL**
 Bike Racks • Cargo Racks • Plugs
 Brake Controls • 7-way Harness
 Headache Racks & Rails

Made in Canada!

- ✓ Alberta-owned and operated
- ✓ Canada's Last Hitch Manufacturer
- ✓ Factory Direct Pricing for DSP Hitches

I-800-265-3377 | Edmonton, Alberta