

This Space for Rent.

877-553-6397

Are you a business owner/office manager?
Have 3-20 employees in your office?
Paying too much for your current phone system?

We can save you up to 50% off your current phone rates!

How? We offer:

- ✓ VOIP Solutions at a fraction of the traditional carrier cost
- ✓ Long distance rates that outcompete the competition

587.760.2800

<https://zettatelecom.com>

DEDICATED TO FINDING OUR CLIENTS THE BEST SOLUTIONS WITHIN THEIR BUDGETS

Get Your Meters' Calibrations Right

We are committed to proving your meters accurate and on time. Since 2003, Measurement Inc. has performed over 8,250 meter proves, so we won't be practising on yours.

— RELAX WHEN YOU GET AUDITED!

MY PROMISE TO YOU: "If all you want is someone cheap to tag your meters, I respectfully ask you to call someone else. Ours will be the best proving experience you have ever had. When audited you'll see the results of excellent measurement. This will be the most complete, professional proving and calibration you have ever experienced. We do the work right or we'll redo it for FREE. I guarantee it."

~ Jerry Greiner

- Mobile Bench™
- Field Provers
- High Sour/Pressure
- Chart Calibration
- Zedi Calibration

MEASUREMENT INC.



780-621-2555
www.MeasurementInc.ca

PORTABLE TEST SEPARATOR RENTALS

CONTINUING TO BUILD OUR FOUNDATION FOR FUTURE GENERATIONS



MCMURRAY MÉTIS

780.743.2659
www.McMurrayMetis.org



Beading
— First and third Tuesday each month, 5:30-8 p.m.

Cree Coffee Chat — every Wednesday, 5-6 p.m.

Elders' Tea — second Thursday each month, 11:30 a.m.



HELP STOP THE SPREAD!



1. Wear a mask



2. Keep your distance — six feet!



3. Wash your hands



4. Take your copy of **Coffee News** home with you

Stay safe!

A message from your friends at **Coffee News**®



Helping you rediscover **fun** in the kitchen!

Gifts and Gadgets

Your one stop kitchen and gift shop.
780.962.5220

CHECK OUT OUR EXTENSIVE ONLINE CATALOG!

Visit www.giftsandgadgets.ab.ca or visit us in person at 111 First Avenue, Spruce Grove

Support Coffee News!



The paper you have grown to love can't do it without readers like you...

Visit our advertisers

Browse our website

Like us on Facebook

Coffee News®
"News to Enjoy Over Coffee"



COLD SHOT
A DIVISION OF BALWARIA EMPIRE PVT. LTD.

PASSENGER & PARCEL SERVICES

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: www.coldshotca.com
Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

Affordable-Effective-Exclusive-CALL NOW!

FREE! New Issue Every Week!

Coffee News

"News To Be Enjoyed Over Coffee"

Athabasca Edition

877-553-6397

www.coffee-news.ca

Vol. 18 No. 30 July 26, 2021

Everybody's Talking

Possum party: Residents of the vacation town of Mallacoota in Victoria, Australia, were relieved when a resident brush-tail possum that locals call "Russell Rustle" came sauntering back to the area, along with his partner Rosie and baby Rascal. The area had recently endured bushfires, which had claimed a lot of forest and property, and residents were very concerned about the wildlife. While possums are often thought of as pests, Russell Rustle is loved by the whole community. His safe return was cause for celebration among the locals.

Monkey culprit: If a cellphone is stolen, the owner might suspect a human thief. When Zackrydz Rodzi's phone disappeared from his home in Batu Pahat, Malaysia, the thief turned out to be a monkey. As there was no sign of a break-in, Rodzi's family used his brother's phone to call the stolen one, and heard it ringing in the bush near their home. After retrieving it from the mud and cleaning it up, Rodzi found a bunch of selfies of a monkey. There were even videos showing the antics of the little mammal trying to eat the phone.

Black cat haven: Japan is home to many cafés that feature real felines, but only one is filled with black cats. Nekobiyaka is in the city of Himeji. Because black cats are less likely to find owners than cats of other colours, the café's owner wanted to provide a place for people to interact with them and hopefully take one home as a pet. She keeps about 10 black cats at any one time, differentiating them by the colours of their collars. When a family takes one home, she brings another from a shelter. Visitors pay a small fee to enter, and they can buy refreshments while interacting with the cats.

Canal digger: A man from Kothilawa, a remote village in Bihar, India, has completed an amazing feat. It took Laungi Bhuiyan about three decades to divert run-off rainwater into a pond near the village. He did it by digging a three-kilometre-long (1.8-mi.) canal by himself, using hand tools. Before the canal existed, rainwater ran into a river and never reached the village. Now, people in the village have access to water in the pond, which they can use for crop irrigation and for farm animals to drink. As news of his feat spread on social media, Bhuiyan became known as "Canal Man."

Quoteable Quotes

"The weak can never forgive. Forgiveness is the attribute of the strong."
—Mahatma Gandhi

"Keep your fears to yourself; share your courage with others."
—Robert Louis Stevenson

What's Happening

Aug 4 to 8-Vegreville Country Fair It will look different this year, but there's still much to take in! Chuckwagon Races, Drive-In Movie, Horse Show, Parade, Fireworks and more. Watch the Vegreville Ag Society for updates on events. <https://www.facebook.com/VegrevilleAgSociety>

Jun 10 to Aug 12 - Lac La Biche Biking Group Thursdays from 6:30-7:30 Explore the trails of Lac La Biche County. 8702 91 Avenue Bold Centre

Aug 4-Healthy Waters Lac La Biche, Owl River Open House Join us for an exciting evening learning about and discussing the health of our lakes and watersheds! Starting at 6:00 pm at the Owl River Rec. Centre and featuring displays, educational resources, and guest speakers!

NON profit organizations may submit events for FREE at www.coffee-news.ca/whats-happening

Hidden Coffee News Guy ADVENTURE

Find the Coffee News Guy hidden in one of the ads, then enter to win!

\$400* Prize Package
*Coffee News Bucks
Over 150 participating sponsors!

To enter, visit www.coffee-news.ca

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

NEW FEATURE!

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

Trivia

1. What system/scale is used to determine the heat in chili peppers?
2. Stonehenge is a prehistoric monument located in England, Ireland, or Scotland?
3. What colour is associated with the emotion of envy?
4. "Daddy" Warbucks was the rich and philanthropic benefactor in what comic strip?
5. What organ uses 20% of the human body's oxygen and blood?

(Flip bottom of page for answers)

© Published with Permission by Capital Marketing Ltd

(Over)

Silver Sage Enterprises Ltd

Les Helm, RPFT
Cell 780.520.4000
Office 780.623.2494
Fax 780.623.2894
l.helmsilversage@gmail.com

Land Resource Planning

- Gravel Pits
- Mapping
- Reclamation
- Road Engineering

From Port Alberni, B.C. to St. John's, Newfoundland

Served in **1579** restaurants and coffee shops

Read by over 1.25 million Canadians per week

Coffee News® is Canada's choice for positive news from around the world!

If you liked Gold Canyon Candles, you are gonna love **Sunset Scents!**

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

They are the next Finest candles you will EVER find!

PSC Prairie Scented Candles

Sunset Scents
a RAY of Fragrance

prairiescentedcandles@gmail.com
www.prairiescentedcandles.com

Like us on Facebook **Coffee News**®

...to keep updated on **WEEKLY contests** in which you can enter to win tickets to sports events, entertainment events, Coffee News Bucks and more!

<https://www.facebook.com/CoffeeNewsWeekly>

TEST YOUR MEMORY

After reading **Coffee News**®, put it aside for a moment. Then challenge yourself or a friend to remember as many ads as you can.

Your Score:
Less than 6 — Keep trying
7-10 — Getting better
11-15 — Excellent
16 or more — Genius!

SHOP ONLINE!
www.scubagearcanada.ca

- Snorkelling Gear
- Reef-Safe Sunscreen
- Beach Water Shoes
- Dry Bags & Wallets
- UV Shirts

The Dive Outfitters
Scuba Diving & Snorkeling

Learn to SCUBA DIVE at our Edmonton location — call for details

11781-156 St., Edmonton 780.483.0044

SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

Cedar Manor

Save \$100!

780-875-5181
cedarmanor.com

(780) 214-1300

Upgraded apartments starting at \$660!

Tesla Estates

Luxury apartments starting at \$1,105!

Northview APARTMENT REIT

*On approved application, while promotion lasts.

Call for Rates-780-220-6397/877-553-6397

BLUE BLOODS
MON - THURS 9:00
yesTV

inogen
FREEDOM. TO BE YOU.
1-888-998-6714
MKT-P0253

At Seller Direct® Northern Homes Realty, It's Not About Discounts, It's About OPTIONS!

How We Get Your House SOLD:

- ✓ 3D Tours & Professional Photos
- ✓ 300+ websites
- ✓ Social media ads
- ✓ 24/7 Info Direct # for your home ...and MORE!

WE HELP BUYERS, TOO!

SELLER DIRECT Tracy Lord
Real Estate Agent

Diana Noble Owner/Broker
780.747.8372

PROUDLY SERVING LAC LA BICHE, PLAMONDON, WANDERING RIVER & SURROUNDING AREAS

Recipe of the month

Jalapeno-Lime Chicken Drumsticks

1 jar (10 ounces) red jalapeno pepper jelly
1/4 cup lime juice

12 chicken drumsticks (about 3 pounds)
1 teaspoon salt
1/2 teaspoon pepper

Prep/Total Time: 25 mins. Yield: 6 servings

- In a small saucepan, heat jelly and lime juice over medium heat until melted. Set aside 1/2 cup for serving.
- Sprinkle chicken with salt and pepper. On a greased grill rack, grill chicken, covered, over medium heat 15-20 minutes or until a thermometer reads 170°-175°, turning occasionally and basting with remaining jelly mixture during the last 5 minutes of cooking. Serve with reserved jelly mixture.

Source: www.tasteofhome.com

Home is Where Your Story Begins.
Let Me Help You Finance Your Dream Home!

Debbie Jacobsen, AMP
780.805.8840
deb@dlc1st.ca | www.dlc1st.ca

DOMINION LENDING CENTRES
Mortgage Mentors

Need ONE More Reason to Join?

- You need child support enforced
- Your landlord raises rent in violation of your verbal agreement
- You adopt a child
- A friend owes you money and files for bankruptcy
- You need help with credit card liability resolution
- Your car is vandalized in a parking lot

Call **LOYD KENNEY**, Independent Associate, to find out how LegalShield can help you!
LegalShield 1-877-579-9449

Your Weekly Horoscope

ARIES (March 21 - April 20)
This could be an excellent time to investigate a complex problem. You may search for something that has been lost and also learn more about your inner self. Lucky Numbers: 10, 20, 23, 29, 31, 37.

TAURUS (April 21 - May 21)
Your personal magnetism may be strong, and you could attract attention. You might beautify your surroundings and pay particular attention to your appearance. Lucky Numbers: 4, 17, 18, 30, 33, 47.

GEMINI (May 22 - June 21)
Your honesty and willingness to communicate openly could impress others. This may be a good time to present your ideas to the people who matter the most in your life. Lucky Numbers: 3, 23, 24, 26, 39, 49.

CANCER (June 22 - July 22)
This might be a favourable time to bring out any personal concerns you have in your relationships. Agreements and cooperation could be achieved easily now. Lucky Numbers: 6, 9, 21, 31, 32, 41.

LEO (July 23 - Aug. 23)
Strong support from close friends and family could give you extra confidence now. This may be a good time to mend fences and to improve some aspects of your homelife. Lucky Numbers: 4, 31, 34, 43, 46, 48.

VIRGO (Aug. 24 - Sept. 23)
You may feel relaxed and pleasantly calm. Sharing hospitality, giving something special and personal to a friend, and other loving gestures could be emphasized now. Lucky Numbers: 12, 13, 27, 36, 37, 41.

LIBRA (Sept. 24 - Oct. 23)
This may be an excellent time to be out and about. There could be significant opportunities to make connections and to learn something through a chance meeting. Lucky Numbers: 3, 9, 15, 22, 26, 32.

SCORPIO (Oct. 24 - Nov. 22)
Doors may open and new opportunities for personal and professional growth may present themselves. Any idea you feel inclined to take could lead to a positive outcome. Lucky Numbers: 13, 16, 20, 21, 48, 49.

SAGITTARIUS (Nov. 23 - Dec. 21)
Partnerships for mutual benefit may be favoured. Once you join with others, especially in team sports, your energy level could soar higher than you expect. Lucky Numbers: 6, 18, 23, 28, 32, 35.

CAPRICORN (Dec. 22 - Jan. 20)
This may be an excellent time to enjoy company at your home. You might be feeling loving and needing to share comfort and affection with close friends and family. Lucky Numbers: 1, 16, 29, 33, 41, 42.

AQUARIUS (Jan. 21 - Feb. 19)
Self-confidence and ambitions may be high. You might be able to accomplish a great deal of work, especially if it involves some sort of communication. Lucky Numbers: 18, 20, 21, 30, 42, 47.

PISCES (Feb. 20 - March 20)
You may gain what you want through diplomacy and by enlisting the support of your friends, rather than by being forthright and bold. Decision-making might be favoured now. Lucky Numbers: 5, 6, 8, 29, 32, 43.

Lucky numbers this week: This week's odds favour Pisces winners with the luckiest number being 5.

Did You Know...

Dancer first: Madonna, the well-known singer of "Material Girl" fame, at first wanted to be a dancer, but switched to music after being influenced by then-boyfriend Dan Gilroy, with whom she was in a band called Breakfast Club.

Brilliant mind: Katherine Johnson (1918-2020) had a brilliant mind for mathematics. She worked for NASA and helped to put men on the moon. She was one of the subjects of the 2016 Hollywood movie, *Hidden Figures*.

Unusual lime: Finger limes may be shaped like jalapeño peppers, but the resemblance ends there. These limes grow on shrubs in subtropical coastal areas of eastern Australia. They hold tiny, caviar-like beads that have an acidic flavour.

Fern fronds: The Georgia State University in Decatur, Georgia (U.S.), is home to Ferns of the World, an unusual garden started by the late botany professor, George Sanko. Today, the garden is lush with many fern varieties from all over the world.

Stony love: The Holystone, which has a small hole through it, sits in a field near the village of Doagh, County Antrim, Northern Ireland. From the Bronze Age, the stone has become known as the "lovestone." Engaged couples come to the stone to pledge their love for each other.

On the Lighter Side

The judge said to her dentist, "Pull my tooth, the whole tooth, and nothing but the tooth."

What did one arithmetic book say to another? "I've got problems."

Doctor: "What happened? You look awful."
Patient: "You said to take this medicine for three days, then skip a day. All that skipping wore me out."

Actors: people who work really hard at never being themselves.

What word is always pronounced wrong? Wrong.

Answers

Trivia answers: 1. Scoville scale 2. England 3. Green 4. Little Orphan Annie 5. The brain

For available franchise opportunities - visit coffeenewscanada.com
© Published with Permission by Capital Marketing Ltd

Love Coffee News?

Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to contests@coffee-news.ca
Please put "Readers of the Month" in the subject line.

Please include:
1 Your name 2 Your phone number and 3 Your address so that we can send you some cool prizes if your photo is chosen to appear in the paper!

Readers of the Month
Franz Fritzwitz & Wilbur Ramsbottom

Coffee News Fun Reading. Serious Advertising.

Can't get to your Coffee News® each week?

Check out our PDF editions online!
New editions are posted every Monday

Sign up here to receive email notifications of new editions.
Now you never have to miss your weekly dose of good news!

www.coffee-news.ca/editions

QUALITY WORK. REASONABLE RATES.

RRC

- 5" Continuous Eavestrough
- Decks
- Asphalt Roofing
- Siding Soffit Fascia

CALL RYAN TODAY FOR YOUR FREE ESTIMATE:
780.519.1335
Serving Athabasca/Slave Lake and area

EXTERIOR FINISHING

A wish begins with HOPE

Hope begins with you.
Donate at makeawish.ca/createhope

Make-A-Wish
Coffee News is proud to support Make-A-Wish Northern Alberta

Have You Considered Adopting Your Step-Children?

We prepare and file your step-parent adoption, adult adoption, relative adoption and private direct placement adoption.

A Small Miracle Adoption
Adoption is the ultimate expression of a committed heart

780.421.1177
www.smallmiraclesadoption.com

PLEASE ASK US FOR STARTER PACK

200+ Delicious Meals Made for SENIORS!

NOW SERVING THIS COMMUNITY!

- ✓ Free Delivery*
- ✓ No Obligations
- ✓ No Minimum Orders*

*Some conditions apply

Request your **FREE MENU Catalogue** today!
780-666-2336
TF: 1-800-704-4779

HEART TO HOME MEALS
DELICIOUS MEALS MADE FOR SENIORS™
www.hearttohomemeals.ca

Leave a legacy and be a part of tomorrow's future, today

If you're thinking of writing or updating your will, The Alberta Lung Association is offering the chance for donors to make a simple Will for free through our partnership with the Canadian Free Wills Network.

You are not obligated to leave a gift to the Lung Association - we hope that you will see this program as the perfect way to satisfy your estate planning objectives.

BREATHE
the lung association
www.ab.lung.ca/you-can-help-change-future-today

HIP/KNEE REPLACEMENT?

Other medical conditions causing TROUBLE WALKING or DRESSING?

The Disability Tax Credit allows for **\$3,000 YEARLY TAX CREDIT** and **\$30,000 LUMP SUM REFUND**

FREE ASSESSMENT CALL TODAY!

For Expert Help:
1.844.453.5372