

NOW RECRUITING!
Professional Career Training Opportunities

Call 204-589-4433 for more info or come to 519 Selkirk Ave., Winnipeg




“A Learning Centre That Makes a Difference!”

www.urbancircletraining.com

FREE! New Issue Every Week!
Coffee News[®]
“News To Be Enjoyed Over Coffee”

St. James Edition
204-510-6397



www.coffeenewswinnipeg.com Est. 1988

For the first time ever...
Advertise Your Restaurant Here!

For complete details, call Alastair at 204-510-6397

Qualifying distributors of *Coffee News* receive **FIRST MONTH FREE!**

Coffee News #supportlocal Initiative



LegalShield | **IDShield**
LAWYER REFERRAL SERVICE | IDENTITY THEFT

PROTECT YOURSELF
LegalShield has an Identity Theft Plan to protect your integrity

IDSHIELD IS BETTER THAN EVER –
TransUnion Credit Report / Credit Monitoring
Monthly Credit Score Tracker
DataSweep/Wallet Lock
Email Breach Search / Track your alerts and have on-the-go access with the IDSHIELD mobile App
Identity Theft Plan delivers affordable and accessible service 24/7.

ADDITIONAL MONITORING –
Dark Web Monitoring / Identity Consultation
Full-Service Restoration
Unlimited Service Guarantee and Counsel When You Need It and Identifying Coronavirus Scams

204-781-7472 PETER J. MANASTYRSKY
peterj48.wearelegalshield.ca Independent Associate

TOTAL LEGAL AND IDENTITY THEFT PROTECTION

Vol. 16 No. 30 July 26, 2021

Everybody's Talking

Possum party: Residents of the vacation town of Mallacoota in Victoria, Australia, were relieved when a resident brush-tail possum that locals call “Russell Rustle” came sauntering back to the area, along with his partner Rosie and baby Rascal. The area had recently endured bushfires, which had claimed a lot of forest and property, and residents were very concerned about the wildlife. While possums are often thought of as pests, Russell Rustle is loved by the whole community. His safe return was cause for celebration among the locals.

Monkey culprit: If a cellphone is stolen, the owner might suspect a human thief. When Zackrydz Rodzi's phone disappeared from his home in Batu Pahat, Malaysia, the thief turned out to be a monkey. As there was no sign of a break-in, Rodzi's family used his brother's phone to call the stolen one, and heard it ringing in the bush near their home. After retrieving it from the mud and cleaning it up, Rodzi found a bunch of selfies of a monkey. There were even videos showing the antics of the little mammal trying to eat the phone.

Black cat haven: Japan is home to many cafés that feature real felines, but only one is filled with black cats. Nekobiyaka is in the city of Himeji. Because black cats are less likely to find owners than cats of other colours, the café's owner wanted to provide a place for people to interact with them and hopefully take one home as a pet. She keeps about 10 black cats at any one time, differentiating them by the colours of their collars. When a family takes one home, she brings another from a shelter. Visitors pay a small fee to enter, and they can buy refreshments while interacting with the cats.

Canal digger: A man from Kothilawa, a remote village in Bihar, India, has completed an amazing feat. It took Laungi Bhuiyan about three decades to divert run-off rainwater into a pond near the village. He did it by digging a three-kilometre-long (1.8-mi.) canal by himself, using hand tools. Before the canal existed, rainwater ran into a river and never reached the village. Now, people in the village have access to water in the pond, which they can use for crop irrigation and for farm animals to drink. As news of his feat spread on social media, Bhuiyan became known as “Canal Man.”

Quoteable Quotes

“The weak can never forgive. Forgiveness is the attribute of the strong.”
—Mahatma Gandhi

“Keep your fears to yourself, but share your courage with others.”
—Robert Louis Stevenson

What's Happening

Join us in combatting human trafficking. Join the JOY IN ACTION TEAM in a virtual fundraising event to help the survivors of human trafficking and their families.

Registration is free! Go to joysmithfoundation.com to register today!**Anavet Assiniboia Unit 283 - Opening** 3584 Portage Ave. 204 837 6708 Opening 10 a.m. to 6 p.m. each Monday to Saturday beginning on Sat. July 24th . Basic Health Rules will be followed so we can visit with old and new friends at the Friendly Club!

God's Gift - The Creative Imagination Members of all faiths are invited to an ECK Light and Sound Service via Zoom. Sun. July 25, 10:00 AM. For more info call 204-253-2499 or email beckmanitoba@gmail.com.

Zoom link: <https://meetu.pseK2PVYd54Z2a>**Sound of Soul Event** Presented by Eckankar via Zoom. Experience HU a love song to God and discover more divine love in your life. Thurs. Aug. 5 from 7 - 8PM. For details call 204-253-2499 or email beckmanitoba@gmail.com for Zoom link.

FAILED TO READ TEXT FILE: whevent_whld-5077_title.txt
FAILED TO READ TEXT FILE: whevent_whld-5077_body.txt

NON profit organizations may submit events for FREE at <https://coffeenewswinnipeg.com/whats-happening>

Trivia

1. What system/scale is used to determine the heat in chili peppers?
2. Stonehenge is a prehistoric monument located in England, Ireland, or Scotland?
3. What colour is associated with the emotion of envy?
4. “Daddy” Warbucks was the rich and philanthropic benefactor in what comic strip?
5. What organ uses up to 20% of the human body's oxygen and blood?

(Flip bottom of page for answers)

© Published with Permission by Winnipeg Coffee News

(Over)

This Space for Rent
204-510-6397

Hip or Knee Replacement?
The disability tax credit allows for a **\$2,500 Yearly Tax Credit** and **\$25,000 Lump Sum Refund** up to

Copd, arthritis, and many other disabling conditions that cause **Restrictions in Walking or Dressing** may qualify.

GET THE FASTEST REFUND IN CANADA!

For Expert Help:
204-453-5372



MANITOBA'S LARGEST YEAR-ROUND INDOOR MARKET!

MULVEY FLEA MARKET
EST. 2001

www.mulveymarket.ca

Air Conditioned and Wheelchair Accessible | Table Rental Information: 204-478-1217 | Open 10 a.m.-5 p.m. Sat. & Sun., and Holiday Mondays or Fridays

- ODDLES OF ODDITIES
- ROWS OF RARITIES
- CORNUCOPIA OF COLLECTIBLES
- EVERYTHING NEW AND USED
- LOTS TO SEE AND DO
- CANTEEN

Arctic Fuel
NUNAVUT PURCHASING AND SUPPLIES

CAREER OPPORTUNITIES AVAILABLE
Contact with résumé: Alastair@arcticfuel.ca

Class 1 Truck Drivers
Tanker experience preferred. Needed for Baker Lake, Nunavut.

Retail Trainee Associates
Positions available for Baker Lake.

Fly In, Fly Out Positions
Accommodation and airfare provided.

For more information, visit www.arcticfuel.ca



IMPROVE YOUR HEALTH ...THROUGH GOOD NUTRITION!

An individual nutrition consultation can help to improve your health and wellness

Do you have:
- a chronic health condition (high blood pressure or high cholesterol)?
- digestive problems, celiac disease or IBS?
- a desire to make lifestyle changes?

CONTACT DAYNA TODAY!

Food for You DAYNA WEITEN, RD
Nutrition Consulting
204.771.7518 / www.foodforyou.ca



Do you want your TV on the wall?
Give us a call – as low as \$99:

We are experts in home and business theatre, automation, alarm, voice controlled lighting and blinds.

Contact one of our experts today!

204.505.1840 • interfusionmedia.ca



We Care For Your Pets As If They Were Our Own

25% OFF SPAY/NEUTER
Coupon must be presented. Cannot be combined with any other coupons or offers. Taxes applicable.

50% OFF EXAM FEE
Coupon must be presented. Cannot be combined with any other coupons or offers. Taxes applicable.

\$250 OFF VETERINARY SERVICES SUBSIDY
Coupon must be presented. Cannot be combined with any other coupons or offers. Taxes applicable.

\$100 OFF DENTAL CLEANING
Coupon must be presented. Cannot be combined with any other coupons or offers. Taxes applicable.

2018 TOP CHOICE WINNER AMONG WINNIPEG ANIMAL HOSPITALS
Animal Hospital of Manitoba
995 Main St., Winnipeg **204.586.3334** animalhospofmb.com



Arctic Fuel

CAREER OPPORTUNITIES AVAILABLE

- Heavy Duty Truck Mechanics
- Heavy Duty Trailer and Tanker Mechanics
- Fly In, Fly Out Positions

Accommodation and airfare provided

Contact with résumé: Alastair@arcticfuel.ca

FOR MORE INFO, VISIT: www.arcticfuel.ca



CHESSKINGS CAR RENTAL

✓ NO CREDIT CARD REQUIRED

✓ WE CAN DELIVER THE CAR TO YOU!

\$10 OFF
USE PROMO CODE COFFEE NEWS

204-887-7777
WWW.CHESSKINGS.CA



Call Citadel Exteriors today for a FREE no-obligation quote!

Licensed and Insured!
Insurance Claims Welcome!

CITADEL EXTERIORS
204-668-7663
citadlexteriors@shaw.ca
www.citadlexteriors.ca

YOUR COMPLETE MAINTENANCE SPECIALISTS

- EAVESTROUGHS
- SOFFIT
- FASCIA
- SIDING
- CLADDING
- ROOFING
- PAVING
- STUCCO

AND MUCH MORE!



I can show you how to save each month risk free
with an initial fee of only \$40

Money is guaranteed by CIBC Savings Plan

C A SAVERS Co. P.O. Box 61051 Winnipeg, MB R3M 3X8 is registered with the City of Winnipeg



Recipe of the month



Spicy Cajun Potato Salad

5 pounds medium Yukon Gold potatoes, peeled and cut into 3/4-inch cubes
 1 large yellow onion
 1/2 medium lemon
 1/2 teaspoon salt
 8 hard-boiled large eggs, chopped

1-1/2 cups mayonnaise with olive oil and coarsely ground pepper
 1 cup dill pickle relish
 1/4 cup yellow mustard
 1 to 2 tablespoons Cajun seasoning
 1/4 cup minced fresh parsley
 Paprika

Prep Time: 20 min. Cook Time: 10 min. + chilling Yield: 20 servings

- Place potatoes in a Dutch oven; add water to cover. Cut onion in half crosswise; add one half to saucepan. Bring to a boil. Add lemon and salt to cooking water. Reduce heat; cook, uncovered, until potatoes tender, 5-6 minutes.
- Meanwhile, chop remaining onion. Combine with eggs, mayonnaise, dill pickle relish, mustard and Cajun seasoning.
- Drain potatoes; rinse under cold water. Discard onion and lemon. Add potatoes to egg mixture; gently toss until well mixed (do not overmix, or potatoes will break down). Refrigerate, covered, 1-2 hours. Just before serving, sprinkle with parsley and paprika.

Source: www.tasteofhome.com



Your Weekly Horoscope

ARIES

(March 21 - April 20)



This could be an excellent time to investigate a complex problem. You may search for something that has been lost and also learn more about your inner self. Lucky Numbers: 10, 20, 23, 29, 31, 37.

TAURUS

(April 21 - May 21)



Your personal magnetism may be strong, and you could attract attention. You might beautify your surroundings and pay particular attention to your appearance. Lucky Numbers: 4, 17, 18, 30, 33, 47.

GEMINI

(May 22 - June 21)



Your honesty and willingness to communicate openly could impress others. This may be a good time to present your ideas to the people who matter the most in your life. Lucky Numbers: 3, 23, 24, 26, 39, 49.

CANCER

(June 22 - July 22)



This might be a favourable time to bring out any personal concerns you have in your relationships. Agreements and cooperation could be achieved easily now. Lucky Numbers: 6, 9, 21, 31, 32, 41.

LEO

(July 23 - Aug. 23)



Strong support from close friends and family could give you extra confidence now. This may be a good time to mend fences and to improve some aspects of your homelife. Lucky Numbers: 4, 31, 34, 43, 46, 48.

VIRGO

(Aug. 24 - Sept. 23)



You may feel relaxed and pleasantly calm. Sharing hospitality, giving something special and personal to a friend, and other loving gestures could be emphasized now. Lucky Numbers: 12, 13, 27, 36, 37, 41.

LIBRA

(Sept. 24 - Oct. 23)



This may be an excellent time to be out and about. There could be significant opportunities to make connections and to learn something through a chance meeting. Lucky Numbers: 3, 9, 15, 22, 26, 32.

SCORPIO

(Oct. 24 - Nov. 22)



Doors may open and new opportunities for personal and professional growth may present themselves. Any idea you feel inclined to take could lead to a positive outcome. Lucky Numbers: 13, 16, 20, 21, 48, 49.

SAGITTARIUS

(Nov. 23 - Dec. 21)



Partnerships for mutual benefit may be favoured. Once you join with others, especially in team sports, your energy level could soar higher than you expect. Lucky Numbers: 6, 18, 23, 28, 32, 35.

CAPRICORN

(Dec. 22 - Jan. 20)



This may be an excellent time to enjoy company at your home. You might be feeling loving and needing to share comfort and affection with close friends and family. Lucky Numbers: 1, 16, 29, 33, 41, 42.

AQUARIUS

(Jan. 21 - Feb. 19)



Self-confidence and ambitions may be high. You might be able to accomplish a great deal of work, especially if it involves some sort of communication. Lucky Numbers: 18, 20, 21, 30, 42, 47.

PISCES

(Feb. 20 - March 20)



You may gain what you want through diplomacy and by enlisting the support of your friends, rather than by being forthright and bold. Decision-making might be favoured now. Lucky Numbers: 5, 6, 8, 29, 32, 43.

Lucky numbers this week: This week's odds favour Pisces winners with the luckiest number being 5.

Did You Know...

Dancer first: Madonna, the well-known singer of "Material Girl" fame, at first wanted to be a dancer, but switched to music after being influenced by then-boyfriend Dan Gilroy, with whom she was in a band called Breakfast Club.

Brilliant mind: Katherine Johnson (1918-2020) had a brilliant mind for mathematics. She worked for NASA and helped to put men on the moon. She was one of the subjects of the 2016 Hollywood movie, *Hidden Figures*.

Unusual lime: Finger limes may be shaped like jalapeño peppers, but the resemblance ends there. These limes grow on shrubs in subtropical coastal areas of eastern Australia. They hold tiny, caviar-like beads that have an acidic flavour.

Fern fronds: The Georgia State University in Decatur, Georgia (U.S.), is home to Ferns of the World, an unusual garden started by the late botany professor, George Sanko. Today, the garden is lush with many fern varieties from all over the world.

Stony love: The Holystone, which has a small hole through it, sits in a field near the village of Doagh, County Antrim, Northern Ireland. From the Bronze Age, the stone has become known as the "lovestone." Engaged couples come to the stone to pledge their love for each other.

On the Lighter Side

The judge said to her dentist, "Pull my tooth, the whole tooth, and nothing but the tooth."

What did one arithmetic book say to another? "I've got problems."

Doctor: "What happened? You look awful."
 Patient: "You said to take this medicine for three days, then skip a day. All that skipping wore me out."

Actors: people who work really hard at never being themselves.

What word is always pronounced wrong? Wrong.

Answers

Trivia answers: 1. Scoville scale 2. England 3. Green 4. Little Orphan Annie 5. The brain

For available franchise opportunities - visit coffeenewscanada.com

© Published with Permission by Winnipeg Coffee News

WOULD YOU LIKE TO VOLUNTEER?



- All are welcome!
- We operate on a drop-in basis
- No need to sign up or register
- Arrive 5:30pm - 6pm any location
- North End, West End, W. Broadway
- Patrols +18 (Youth patrols every other Tues North End Patrol)

CALL BEAR CLAN 204-918-8996
 OR BEARCLANMB@HOTMAIL.COM



Are you looking to help on some home projects or a tutor? GetAssist is here to help with everything from A to Z! Download the free app or go online and make a request for anything you need.

GET LOCAL HELP QUICKLY AND EASILY!

If you are a Realtor, Property Management Company or a Builder looking for local trades, pop in and ask how it works.

GetAssist Networking Centre
 Co-working space
 Unit 3-236 Osborne St. (Confusion Corner)
 9-5 Monday-Friday

www.getassist.com

Download on the App Store
 GET IT ON Google Play

If you scan this QR Code, we'll arrange to have **Coffee News** sent to your email every Friday!



SCAN ME

It's just that easy, and so convenient!



RICHARD ROSIN

FUNERAL DIRECTOR LTD

Winnipeg's Friendliest Undertaker™
 Helping Families Celebrate Life Since 1985

Green Burials
 Cremations Pre-planning

204.219.1126 | www.richardrosin.ca



Home and Office BOTTLED WATER DELIVERY

ORDER 3 BOTTLES, GET A 4TH FREE!

CALL 204.284.1704 Use promo code "Coffeenews"

WaterDirectPLUS

More than just water!
waterdirectplus.com

Coffee News®

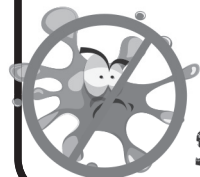
... Doing our part



FRESH ~ CLEAN ~ SANITIZED

WE will be increasing our number of available copies, so please feel free to take one with you.

- One Time Use
- Do Not Return to Stand
- Recycle



Coffee News... doing our part to STOP THE SPREAD

"CONNECTING THROUGH HORSES"

SAGEHILL STABLES

Horseback Riding Lessons & Birthday Parties

- Beginners welcome!
- Equine Assisted Learning Life Skills Programs
- ~ Develop skills to combat anxiety, bullying and addiction
- Conference Room and Facility Rentals

AGES 4 TO 70+

1-800-217-4184
 4180 Waverley Street in Winnipeg

www.sagehillstables.com



Get Coffee News® Online!

Delivered to your inbox weekly



Please visit www.coffeenewswinnipeg for details

Blair Sonnichsen

REALTOR®

Tyson Sonnichsen

REALTOR®

40 Years Experience



204-989-5000
 An Experience Worth Repeating

"Buyer Agency" "Vendor Agency"
 "Real Estate Services"

ROYAL LEPAGE
 Dynamic Real Estate

WINNIPEG BUSINESS OWNERS!

Connect with other businesses and customers

BizExchangeMall.com

"Your Local Business Mall"



REQUEST LISTING ONLINE: USE CODE BMX 001

Support Canada and Canadian workers!




Check our superior quality BSTsecurity BST Surveillance products

When Quality and Reliability Are Required

CLEARLY INSIGHT

SECURITY SOLUTIONS

204-414-2590

Camera@ClearlyInSightP.com | ClearlyInSightP.com

