

**At Seller Direct® Northern Homes Realty, It's Not About Discounts, It's About OPTIONS!**



**How We Get Your House**

**SOLD:**

- ✓ 3D Tours & Professional Photos
- ✓ 300+ websites
- ✓ Social media ads
- ✓ 24/7 Info Direct # for your home...and MORE!

**WE HELP BUYERS, TOO!**

www.sellerdirectnorthernhomes.com

FIND OUT HOW YOU CAN **SAVE UP TO 50%!**



**Tracy Lord**  
Real Estate Agent



**780.747.8372**

PROUDLY SERVING LAC LA BICHE, PLAMONDON, WANDERING RIVER & SURROUNDING AREAS

**FREE!**

**New Issue Every Week!**

# Coffee News®

"News To Be Enjoyed Over Coffee"

**Vegreville, Mundare Edition**

**877-553-6397**



www.coffee-news.ca

Vol. 18 No. 31 August 2, 2021

## Everybody's Talking

**Bird art:** When Hannah Bullen-Ryner goes for a walk in the woods, she looks for more than just nice scenery. She scours the earth for petals, seeds, evergreen sprigs, sticks, and berries. From these natural items, she creates images of different kinds of birds, such as owls, chickadees, and hummingbirds. She crafts some as they are in flight, while others sit calmly on a branch. The birds are known as land art because she arranges her masterpieces on the ground. With a background in painting and photography, Bullen-Ryner's work is rich in detail and colour.

**Long course:** Golfers accustomed to 18-hole courses that take a few hours to complete might want to challenge themselves at Nullarbor Links in Australia. This course is 1,365 kilometres (848 mi.) long. It is located along the Eyre Highway, which runs between Ceduna in South Australia to Kalgoorlie in Western Australia. And no, golfers do not have to walk all that distance! They can drive from one hole to the next as they make their way along the highway, which can take up to five days. There are 18 holes; 11 were created for the course and seven are on established courses.

**Birds of a feather:** Oluwageorge Johnson learned the hard way that when leaving an apartment vacant for any length of time, it's best to be sure to close the windows. Johnson is a student in Nottingham, England, but his parents wanted him to go home to London during the COVID-19 epidemic. The man was away for five months. Before his return, workers in the building heard weird noises coming from the flat. When they investigated, they found that pigeons had taken over the cozy spot. Johnson had quite a mess to clean up when he returned.

**Love of animals:** Ricardo Pimentel Cordero, an animal lover from Leona Vicario, Quintana Roo, Mexico, is the founder of Tierra de Animales, a shelter that looks after stray animals. As a hurricane was about to make landfall, he grew worried about animals that might not survive on the street. So he opened his own home to more than 300 stray dogs, as well as a few other creatures, such as cats and rabbits. He was lauded on social media for his commitment to these animals, and donations started arriving to help pay for food and cleanup.

## Quoteable Quotes

"No one can build his security upon the nobleness of another person."  
—Willa Cather

"It's not that I'm so smart, it's just that I stay with problems longer."  
—Albert Einstein

## What's Happening

**Aug 4 to 8-Vegreville Country Fair** It will look different this year, but there's still much to take in! Chuckwagon Races, Drive-In Movie, Horse Show, Parade, Fireworks and more. Watch the Vegreville Ag Society for updates on events. <https://www.facebook.com/VegrevilleAgSociety>

**Oct 1 to 31-The Haunted Hike** It's scary good time at this one-of-a-kind Haunted House located in a giant warehouse in Vegreville. Do not miss this event, open every weekend in October. This is a tentative date. Exact dates and hours TBA. [www.thehauntedhike.ca](http://www.thehauntedhike.ca)

**Oct 1-Sight Night** fun run after dark, in support of visually impaired Albertans! The event raises funds and awareness for the Alberta Sports and Recreation Association for the Blind. The event features distances for all abilities. For more info [www.asrab.ab.ca](http://www.asrab.ab.ca).

NON profit organizations may submit events for FREE at [www.coffee-news.ca/whats-happening](http://www.coffee-news.ca/whats-happening)

**Hidden Coffee News Guy ADVENTURE**

Find the Coffee News Guy hidden in one of the ads, then enter to win!

**\$400\* Prize Package**

\*Coffee News Bucks  
Over 150 participating sponsors!  
4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

To enter, visit [www.coffee-news.ca](http://www.coffee-news.ca)

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

## Trivia

1. If you are supercilious, are you quite silly or extremely proud?
2. Nora Ephron and Erma Bombeck were popular writers of what type of genre?
3. A spit rod is used with what cooking device?
4. Cuttlefish, jellyfish, and starfish are not actually fish—T/F?
5. Which U.S. president is known as "Honest Abe"?

(Flip bottom of page for answers)

© Published with Permission by Capital Marketing Ltd

(Over)

Feel free to take your Coffee News home!

# This Space for Rent.

**877-553-6397**



New Beginning Law

**Family Law  
Criminal Defence**

Jerred L.T.T. Moore  
B.A. (Adv.), J.D.  
Barrister & Solicitor

Renée L.T. Moore  
B.A., B.Comm.(Co-op), J.D.  
Barrister & Solicitor

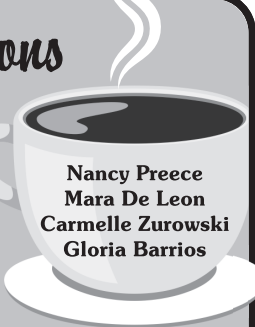
**780.645.0050**

[www.newbeginninglaw.ca](http://www.newbeginninglaw.ca) | 4902-50 St., St. Paul, AB

## Congratulations

to this month's **Coffee News Guy** contest winners!

Your prizes are in the mail!



**Nancy Preece  
Mara De Leon  
Carmelle Zurowski  
Gloria Barrios**



Enter today for your chance to win at [www.coffee-news.ca](http://www.coffee-news.ca)

This is **Your Story**

Stories of redemption, discovery and faith  
**WEEKNIGHTS AT 11PM**

yesTV

## SHOP ONLINE!

[www.scubagearcanada.ca](http://www.scubagearcanada.ca)

- Snorkelling Gear • Reef-Safe Sunscreen
- Beach Water Shoes • Dry Bags & Wallets • UV Shirts

**The Dive Outfitters**

Learn to SCUBA DIVE at our Edmonton location — call for details

Scuba Diving & Snorkeling  
**11781-156 St., Edmonton 780.483.0044**

SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA



**Cedar Manor**

Save **\$100!**

780-875-5181  
[www.nvrt.com](http://www.nvrt.com)

**(780) 214-1300**

Upgraded apartments starting at \$660!

**Tesla Estates**

\$399 Security Deposits

780-875-5181  
[www.nvrt.com](http://www.nvrt.com)

**(780) 214-1300**

Luxury apartments starting at \$1,105!

**Northview** APARTMENT REIT

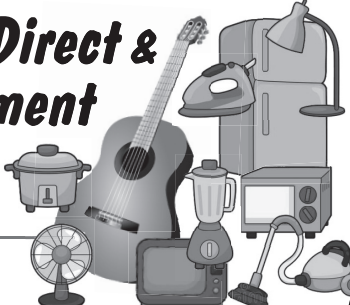
\*On approved application, while promotion lasts.

MUSIC | APPLIANCES | SECOND HAND STORE

## Factory Direct & Consignment

5225-52 Avenue  
780-632-4141

Serving Vegreville for 20+ Years!



Call for Rates-780-220-6397/877-553-6397

## HELP STOP THE SPREAD!

1. Wear a mask
2. Keep your distance — six feet!
3. Wash your hands
4. Take your copy of Coffee News home with you

Stay safe!

A message from your friends at **Coffee News®**

## Recipe of the month

### Spicy Cajun Potato Salad

- 5 pounds medium Yukon Gold potatoes, peeled and cut into 3/4-inch cubes
- 1 large yellow onion
- 1/2 medium lemon
- 1/2 teaspoon salt
- 8 hard-boiled large eggs, chopped
- 1-1/2 cups mayonnaise with olive oil and coarsely ground pepper
- 1 cup dill pickle relish
- 1/4 cup yellow mustard
- 1 to 2 tablespoons Cajun seasoning
- 1/4 cup minced fresh parsley
- Paprika

Prep Time: 20 min. Cook Time: 10 min. + chilling Yield: 20 servings

1. Place potatoes in a Dutch oven; add water to cover. Cut onion in half crosswise; add one half to saucepan. Bring to a boil. Add lemon and salt to cooking water. Reduce heat; cook, uncovered, until potatoes tender, 5-6 minutes.
2. Meanwhile, chop remaining onion. Combine with eggs, mayonnaise, dill pickle relish, mustard and Cajun seasoning.
3. Drain potatoes; rinse under cold water. Discard onion and lemon. Add potatoes to egg mixture; gently toss until well mixed (do not overmix, or potatoes will break down). Refrigerate, covered, 1-2 hours. Just before serving, sprinkle with parsley and paprika.

Source: [www.tasteofhome.com](http://www.tasteofhome.com)



The World's #1 Restaurant Publication!

**PLEASE ASK US FOR STARTER PACK**

**200+ Delicious Meals Made for SENIORS!**

NOW SERVING THIS COMMUNITY!

- ✓ Free Delivery\*
- ✓ No Obligations
- ✓ No Minimum Orders\*

\*Some conditions apply

Request your **FREE MENU Catalogue** today!  
**780-666-2336**  
 TF: 1-800-704-4779

**HEART TO HOME MEALS**  
 DELICIOUS MEALS MADE FOR SENIORS™  
[www.hearttohomemeals.ca](http://www.hearttohomemeals.ca)

**COLD SHOT**  
 A DIVISION OF BALWARIA EMPIRE PVT. LTD.

**PASSENGER & PARCEL SERVICES**

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: [www.coldshotca.com](http://www.coldshotca.com)  
 Passenger Website: [www.coldshot.ca](http://www.coldshot.ca)

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

**Love Coffee News?**

"We are big fans of your newspaper! It gets us through the morning and our daily commute."

Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to [contests@coffee-news.ca](mailto:contests@coffee-news.ca)  
 Please put "Readers" in the subject line.

**Please include:**  
 ① Your name ② Your phone number and ③ Your address so that we can send you some **cool prizes** if your photo is chosen to appear in the paper!

**Readers of the Month**  
 Franz Fritzwitz & Wilbur Ramsbottom

**Coffee News** Fun Reading. Serious Advertising.

**Like us on Facebook**

...to keep updated on **WEEKLY contests** in which you can enter to win tickets to sports events, entertainment events, Coffee News Bucks and more!

<https://www.facebook.com/CoffeeNewsWeekly>

Are you a business owner/office manager?  
 Have 3-20 employees in your office?  
 Paying too much for your current phone system?

**We can save you up to 50% off your current phone rates!**

How? We offer:  
 ✓ VOIP Solutions at a fraction of the traditional carrier cost  
 ✓ Long distance rates that outcompete the competition

**587.760.2800**  
<https://zettatelecom.com>

DEDICATED TO FINDING OUR CLIENTS THE BEST SOLUTIONS WITHIN THEIR BUDGETS

From Port Alberni, B.C. to St. John's, Newfoundland

Served in **1579** restaurants and coffee shops

Read by over 1.25 million Canadians per week

**Coffee News** is Canada's choice for positive news from around the world!

**HIP/KNEE REPLACEMENT?**

Other medical conditions causing TROUBLE WALKING or DRESSING?

The Disability Tax Credit allows for **\$3,000 YEARLY TAX CREDIT** and **\$30,000 LUMP SUM REFUND**

**FREE ASSESSMENT CALL TODAY!**

For Expert Help: **1.844.453.5372**

**UP TO 50% OFF**

Call **780.872.3299**

HEATED STORAGE UNITS!  
 PARKING FOR RVs, CARS AND BOATS  
 MONTH TO MONTH NO LONG TERM CONTRACTS

**YOUR FIRST 3 MONTHS OF STORAGE!**

SCAN HERE FOR RESERVATIONS

**LLOYDMINSTER Vaultra Storage**  
 STORAGE We've Got Room For That™

<https://vaultraelfstorage.ca/locations/alberta/lloydminster>

# Your Weekly Horoscope

**ARIES**  
 (March 21 - April 20)

Making worthwhile professional contacts, reaching out to others who can help you in your work, and taking care of business in a clear, orderly way may occur. Lucky Numbers: 7, 10, 12, 13, 15, 42.

**TAURUS**  
 (April 21 - May 21)

You may decide to change the decor of your home, or you may attend an artistic event that exposes you to new styles that are different from your customary tastes. Lucky Numbers: 2, 11, 18, 19, 41, 44.

**GEMINI**  
 (May 22 - June 21)

Your imagination, intuition, and sensitivity may be very high now. You might find yourself wanting to paint, listen to music, or daydream, rather than concentrate. Lucky Numbers: 11, 15, 20, 23, 24, 34.

**CANCER**  
 (June 22 - July 22)

Friendships and supportive endeavours might flourish now. You may achieve a harmonious balance of cooperation that could benefit any social or joint activity. Lucky Numbers: 6, 9, 10, 18, 19, 36.

**LEO**  
 (July 23 - Aug. 23)

A significant discussion or exchange of information may likely happen. This also might be an excellent time to pay attention to the views of someone you respect. Lucky Numbers: 12, 16, 22, 26, 28, 49.

**VIRGO**  
 (Aug. 24 - Sept. 23)

This may be a good time for relaxing recreation to refresh and rejuvenate yourself and to do the things you most enjoy. Good humour and optimism could prevail. Lucky Numbers: 3, 6, 8, 18, 40, 43.

**LIBRA**  
 (Sept. 24 - Oct. 23)

An honest part of you, which is usually in the background, could emerge now. Make a positive effort to show your true colours and be confident in all of who you are. Lucky Numbers: 5, 12, 14, 31, 34, 49.

**SCORPIO**  
 (Oct. 24 - Nov. 22)

This might be a good time for any competitive endeavour or anything that requires a large amount of energy. You may be able to gain a wider perspective on your situation. Lucky Numbers: 4, 24, 28, 42, 43, 46.

**SAGITTARIUS**  
 (Nov. 23 - Dec. 21)

Your desire for companionship may predominate. A new friendship or romance could begin, or an established relationship may be revitalized and enhanced. Lucky Numbers: 15, 17, 18, 27, 36, 46.

**CAPRICORN**  
 (Dec. 22 - Jan. 20)

Reminiscing, remembering, and daydreaming about or reflecting on the past may occur. Family and personal subjects could also be topics of discussions now. Lucky Numbers: 3, 4, 6, 14, 27, 38.

**AQUARIUS**  
 (Jan. 21 - Feb. 19)

Friendships and cooperative endeavours may flourish. This might be a good time to approach someone who is in a position to benefit from your support. Lucky Numbers: 17, 19, 29, 34, 35, 38.

**PISCES**  
 (Feb. 20 - March 20)

You may readily discuss your needs and desires. You might be more aware of beauty and may want to rearrange your decor or buy something to beautify your home. Lucky Numbers: 19, 34, 40, 42, 43, 45.

Lucky numbers this week: This week's odds favour Capricorn winners with the luckiest number being 3.

## Did You Know...

**Long fish:** The European eel lives in freshwater streams and rivers, returning to the ocean to lay its eggs. The eels are nocturnal, coming out from under mud and stones at night to feed on other fish and crustaceans. They are an endangered species.

**Croatia's symbols:** The national anthem of the southern European nation of Croatia is "Our Beautiful Homeland" (*Lijepa naša domovino*). Its nation animal is the European pine marten, and its national flower is the iris (*Iris croatica*.)

**Metal men:** Famous American singer and songwriter Billy Joel was once in a heavy metal duo called Attila. His partner was drummer Jon Small. The band had a short life, splitting up in 1970 after only a year.

**Round rolls:** Visitors to Norway who crave a cinnamon roll can get a facsimile of this pastry. It's called a *skillingboller*. This version has cardamom and almonds, and is brushed, top and bottom, with butter while it's still hot.

**Happy marriage:** Actress Nicole Kidman and country music star Keith Urban, both Australians, got married in June 2006 after having met each other the previous year. They now have two children, Sunday Rose and Faith Margaret.

## On the Lighter Side

Reporter to 95-year-old: "To what do you credit your long life?"  
 Senior: "Not sure yet. My lawyer's negotiating with two breakfast cereal companies."

By all means go ahead and mellow with age. Just be wary of getting rotten.

What do you use to fix a broken tomato? Tomato paste.

If ignorance is bliss, why aren't there more happy people?

Computers can never completely replace humans. They may become capable of artificial intelligence, but they will never master real stupidity.

## Answers

**Trivia answers:** 1. Extremely proud 2. Humour 3. Barbecue grill 4. True 5. Abraham Lincoln

**MORE SELECTION THAN ANY OTHER WINDOW COVERING SOURCE!**

We make 100+ kinds of blinds  
 We stock 15 million feet of inventory

**real blinds**

WESTERN CANADA'S #1 RETAIL WINDOW COVERING FACTORY

1 8558 GO REAL REALBLINDS.CA

EDMONTON 10510-107 Ave. NW 780-250-7325  
 VEGREVILLE 5006-52 Avenue 780-632-2142  
 DERWENT 118 Main Road 780-741-2376  
 BONNYVILLE/COLD LAKE 780-826-2239  
 WAINWRIGHT/PROVOST 780-842-2477  
 LLOYDMINSTER 780-875-1093

FREE In-Home Consultation  
 LIFETIME WARRANTY  
 SAVE 50%

**Pregnant? Facing Difficult Decisions?**

We can help.  
 Call **780.421.1177** or text **587.596.5380**

**A Small Miracle Adoption**

Adoption is the ultimate expression of a committed heart

- Confidential Pregnancy Counselling
- Support and Connection to Resources
- Adoption Information and Advice

[www.smallmiraclesadoption.com](http://www.smallmiraclesadoption.com)

**inogen**

**FREEDOM. TO BE YOU.**

1-888-998-6714

MKT-P0253

**Leave a legacy** and be a part of tomorrow's future, today

If you're thinking of writing or updating your will, The Alberta Lung Association is offering the chance for donors to make a simple Will for free through our partnership with the Canadian Free Wills Network.

You are not obligated to leave a gift to the Lung Association - we hope that you will see this program as the perfect way to satisfy your estate planning objectives.

**BREATHE** the lung association  
[www.ab.lung.ca/you-can-help-change-future-today](http://www.ab.lung.ca/you-can-help-change-future-today)

**MENTION THIS AD FOR A DISCOUNT!**

**LET US HELP YOU QUIT SMOKING**

Come learn the facts and make a plan

**780-623-2158**  
 10263-101 Ave., Lac La Biche  
 10 am - 6 pm, 7 days a week  
 Closed on holidays

**OHMY VAPE LOUNGE**

**A wish begins with HOPE**

Hope begins with you.

Donate at [makeawish.ca/createhope](http://makeawish.ca/createhope)

**Make-A-Wish**  
 Coffee News is proud to support Make-A-Wish Northern Alberta

**Can't get to your Coffee News® each week?**

Check out our PDF editions online!  
 New editions are posted every Monday

Sign up here to receive email notifications of new editions.

Now you never have to miss your weekly dose of good news!

[www.coffee-news.ca/editions](http://www.coffee-news.ca/editions)

**If you liked Gold Canyon Candles, you are gonna love Sunset Scents!**

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

**PSC Prairie Scented Candles**

**Sunset Scents** a RAY of Fragrance

[prairiescentedcandles@gmail.com](mailto:prairiescentedcandles@gmail.com)  
[www.prairiescentedcandles.com](http://www.prairiescentedcandles.com)