

Earn An Income Online
Join the biggest and best global online business!
NO selling | NO parties
NO inventory | NO recruiting
Freedom - Flexibility - Fun

Register for a **FREE** info session here:
(Scan this code for info)



or visit www.susandeveney.net

NO EXPERIENCE NEEDED - WE TRAIN AND MENTOR

Every \$3.51 You Give = **1 MEAL FOR A HOMELESS NEIGHBOUR**



Give Hope. Give Today.
TheSeed.ca/donate



CORY KNOTT
MORTGAGE BROKER



- ✓ Mortgages
- ✓ Refinancing
- ✓ Investment Properties
- ✓ Renewal
- ✓ Pre-Approvals

MAKING MORTGAGES EASY

780.293.9212 | cory@cornknot.ca

THIS SPACE FOR RENT

780-220-6397

STOP STREAMING! IT'S FUNNIER LIVE AT THE COMIC STRIP
BOURBON STREET, WEST EDMONTON MALL

PURCHASE TICKETS ONLINE AT thecomicstrip.ca

Rick Bronson's
THE COMIC STRIP
DRINK • DINE • LAUGH



A wish begins with **HOPE**

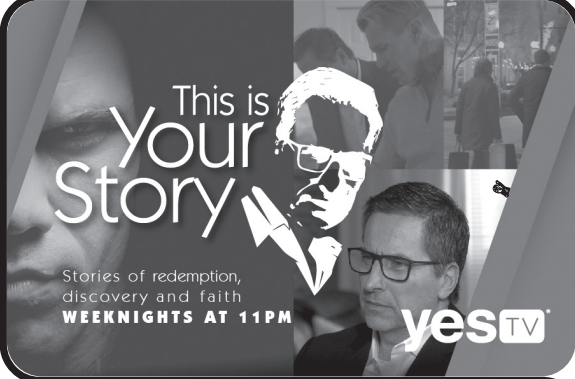
Hope begins with you.
Donate at makeawish.ca/createhope



Make-A-Wish
Coffee News is proud to support Make-A-Wish Northern Alberta

This is Your Story

Stories of redemption, discovery and faith
WEEKNIGHTS AT 11PM



yesTV

If you liked Gold Canyon Candles, you are gonna love **Sunset Scents!**

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

They are the next Finest candles you will EVER find!




PSC Prairie Scented Candles
a RAY of Fragrance

prairiescentedcandles@gmail.com
www.prairiescentedcandles.com

FREE! *New Issue Every Week!*

Coffee News®
"News To Be Enjoyed Over Coffee"

St. Albert Edition
780-220-6397



www.coffee-news.ca

Vol. 18 No. 31 August 2, 2021

Everybody's Talking

Bird art: When Hannah Bullen-Ryner goes for a walk in the woods, she looks for more than just nice scenery. She scours the earth for petals, seeds, evergreen sprigs, sticks, and berries. From these natural items, she creates images of different kinds of birds, such as owls, chickadees, and hummingbirds. She crafts some as they are in flight, while others sit calmly on a branch. The birds are known as land art because she arranges her masterpieces on the ground. With a background in painting and photography, Bullen-Ryner's work is rich in detail and colour.

Long course: Golfers accustomed to 18-hole courses that take a few hours to complete might want to challenge themselves at Nullarbor Links in Australia. This course is 1,365 kilometres (848 mi.) long. It is located along the Eyre Highway, which runs between Ceduna in South Australia to Kalgoorlie in Western Australia. And no, golfers do not have to walk all that distance! They can drive from one hole to the next as they make their way along the highway, which can take up to five days. There are 18 holes; 11 were created for the course and seven are on established courses.

Birds of a feather: Oluwageorge Johnson learned the hard way that when leaving an apartment vacant for any length of time, it's best to be sure to close the windows. Johnson is a student in Nottingham, England, but his parents wanted him to go home to London during the COVID-19 epidemic. The man was away for five months. Before his return, workers in the building heard weird noises coming from the flat. When they investigated, they found that pigeons had taken over the cozy spot. Johnson had quite a mess to clean up when he returned.

Love of animals: Ricardo Pimentel Cordero, an animal lover from Leona Vicario, Quintana Roo, Mexico, is the founder of Tierra de Animales, a shelter that looks after stray animals. As a hurricane was about to make landfall, he grew worried about animals that might not survive on the street. So he opened his own home to more than 300 stray dogs, as well as a few other creatures, such as cats and rabbits. He was lauded on social media for his commitment to these animals, and donations started arriving to help pay for food and cleanup.

Quoteable Quotes

"No one can build his security upon the nobleness of another person."
—Willa Cather

"It's not that I'm so smart, it's just that I stay with problems longer."
—Albert Einstein

What's Happening

Oct 1-Sight Night fun run after dark, in support of visually impaired Albertans! The event raises funds and awareness for the Alberta Sports and Recreation Association for the Blind. The event features distances for all abilities. For more info www.asrab.ab.ca.

Jun 3 to Sep 26-Century Park Market Southside open air public farmers market. Open Thursdays from 3:30pm to 7:30pm. Phone 780-913-2586 for more information or visit www.centuryparkmarket.com

July 14 to Aug 31-Kid Connect Ages 5 - 12 Want to occupy your kids this summer. AT Kid Connect Kids get to create art, play games, and get out some of their extra energy with short exercises. Wednesdays and Saturdays from 11am to 12 pm. For details call 780-428-3041 or kidconnectyeg@outlook.com

NON profit organizations may submit events for FREE at www.coffee-news.ca/whats-happening

Hidden Coffee News Guy ADVENTURE

Find the Coffee News Guy hidden in one of the ads, then enter to win!

\$400* Prize Package
*Coffee News Bucks
Over 150 participating sponsors!

To enter, visit www.coffee-news.ca

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

Trivia

1. If you are supercilious, are you quite silly or extremely proud?
2. Nora Ephron and Erma Bombeck were popular writers of what type of genre?
3. A spit rod is used with what cooking device?
4. Cuttlefish, jellyfish, and starfish are not actually fish—T/F?
5. Which U.S. president is known as "Honest Abe"?

(Flip bottom of page for answers)

© Published with Permission by Capital Marketing Ltd

(Over)

WHY RENT ...when you can BUY?

You may be financially ready – and don't even know!

Call George about *real solutions* to build equity:
780.982.4247
www.georgevandewalle.com



GEORGE VAN DE WALLE

Each office independently owned and operated

God's Word Never Changes

InScribe
Christian Writers' Fellowship
FALL CONFERENCE 2021

OPEN TO ALL WRITERS!
Join us September 30 - October 2
Providence Renewal Centre
3005-119 Street NW
Edmonton

Featuring Keynote Speaker **D.S. Martin**

• Thursday Night Mixer
• Keynote Presentations
• Friday Banquet

• Awards Ceremony
• Panel Discussions
• Variety of Workshops
• Author Readings ...and more!

REGISTER BEFORE AUG. 15 & SAVE!

Registration & Details: www.inscribe.org/events/fall-conference

Thank You to these distribution partners for continuing to support *Coffee News* through these unprecedented times...

We appreciate you!

A&W	The Hot Grill	Pizza 73
Asian Connection	Jack's Sandwich Shop	Pressed
The Atlantic Kitchen	Joe's Only	Quiznos
Banh Mi Street Food	KFC/Taco Bell	Ricky's
Bar Burrito	La Crema Café	St. Albert Inn
Booster Juice	Little Caesars	St. Louis
Cajun House	McDonald's	Bar and Grill
Capital Steak	McDonald's - Walmart	Sarah's Kitchen
The Chopped Leaf	Marble Slab	Second Bowl
Cora	Menya Yuzen	Oriental
Dairy Queen	Mr. Sub	Second Cup
East Side Mario's	Montana's	Simply Donair
Edo	Nitza's Pizza	Smashburger
Edo Japan	Ohana-Ya Japanese Pizzeria	Sunset Grill
Family Medical Clinic	PanPan Express	Tim Hortons
Famoso Neapolitan Pizzeria		Wendy's
		Wok Box
		Wok House

Would you like to offer your customers the opportunity to enjoy the "good news" message of *Coffee News* ?

► For more information on becoming a distribution partner, call us at 780.220.6397 or scan the QR code at right.



IS THE JOB JAR FULL?

Call your home and small job specialist!

MAN ABOUT THE HOUSE

WCB INSURED - 30 YEARS' EXPERIENCE
780-660-0023 RESIDENTIAL OR COMMERCIAL



Recipe of the month

Spicy Cajun Potato Salad

5 pounds medium Yukon Gold potatoes, peeled and cut into 3/4-inch cubes
1 large yellow onion
1/2 medium lemon
1/2 teaspoon salt
8 hard-boiled large eggs, chopped

1-1/2 cups mayonnaise with olive oil and coarsely ground pepper
1 cup dill pickle relish
1/4 cup yellow mustard
1 to 2 tablespoons Cajun seasoning
1/4 cup minced fresh parsley
Paprika

Prep Time: 20 min. Cook Time: 10 min. + chilling Yield: 20 servings

1 Place potatoes in a Dutch oven; add water to cover. Cut onion in half crosswise; add one half to saucepan. Bring to a boil. Add lemon and salt to cooking water. Reduce heat; cook, uncovered, until potatoes tender, 5-6 minutes.

2 Meanwhile, chop remaining onion. Combine with eggs, mayonnaise, dill pickle relish, mustard and Cajun seasoning.

3 Drain potatoes; rinse under cold water. Discard onion and lemon. Add potatoes to egg mixture; gently toss until well mixed (do not overmix, or potatoes will break down). Refrigerate, covered, 1-2 hours. Just before serving, sprinkle with parsley and paprika.

Source: www.fasttohome.com



HIP/KNEE REPLACEMENT?

Other medical conditions causing TROUBLE WALKING or DRESSING?

The Disability Tax Credit allows for **\$3,000 YEARLY TAX CREDIT** and **\$30,000 LUMP SUM REFUND**

For Expert Help: **1.844.453.5372**

FREE ASSESSMENT CALL TODAY!




Feel free to take your Coffee News home!

Wild Earth Bakery

101 Riel Drive, St. Albert
780-651-7362
www.wildearthbakery.com

We've been around for a while and we've seen a lot over the years. The world keeps changing, but Wild Earth keeps baking.

IS ADVENTURE ON YOUR BUCKET LIST?

Discover Scuba

Try **Scuba Diving** and see what it's like to breathe underwater!

The Dive Outfitters
Scuba Diving & Snorkelling
780.483.0044
11781-156 St., Edmonton

Or, discover **Snorkelling!**
\$30 per person. Save \$5 each when you register two or more!

CALL OR REGISTER ONLINE

www.thediveoutfitters.ca
SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

Jennifer Miles, Agent
125-15 Circle Dr
St. Albert AB T8N 3Y7
780-460-2279
www.jmilesinsurance.com

Desjardins Insurance

Desjardins Insurance refers to Certas Home and Auto Insurance Company, underwriter of automobile and property insurance or Desjardins Financial Security Life Assurance Company, underwriter of life insurance and living benefits products. Desjardins, Desjardins Insurance and related trademarks are trademarks of the Fédération des caisses Desjardins du Québec, used under licence.

Calling all Fishermen

50 YEARS & OVER

Come find fishing buddies at

THE EDMONTON Old Timers' FISHING CLUB

Monthly meetings Monthly newsletter

...with guest speaker, free coffee & donuts.

For more info, call or text Gary Preece at 780.940.6679

Need ONE More Reason to Join?

- You need child support enforced
- Your landlord raises rent in violation of your verbal agreement
- You adopt a child
- A friend owes you money and files for bankruptcy
- You need help with credit card liability resolution
- Your car is vandalized in a parking lot

Call **LOYD KENNEY**, Independent Associate, to find out how LegalShield can help you!

LegalShield 1-877-579-9449

*OFFER VALID THROUGH AUGUST 30, 2021. TERMS AND CONDITIONS APPLY.

GET ONE **FREE** GENERAL CLEANING WITH A COMMITMENT OF 3 MONTHS OF BI-WEEKLY CLEANINGS*

Sparkle & Sheen
Organize And Cleaning Services Ltd.
A SHINE ABOVE THE REST

825-512-1277

CALL TO BOOK TODAY!

RETIREMENT LIVING CHRISTENSON

Optional Meals • Personalized Services • On-site Care

Join Our Safe & Social Community
1+den & 2 Bedroom suites now available

CITADEL VILLAGE

Full Kitchens • Social & Recreation • U/G Parking

15 Erin Ridge Road, St. Albert
780-267-5282
CDLhomes.com

Scan QR Code

Visit us on Facebook-CoffeeNewsWeekly

Your Weekly Horoscope

ARIES (March 21 - April 20)
Making worthwhile professional contacts, reaching out to others who can help you in your work, and taking care of business in a clear, orderly way may occur. Lucky Numbers: 7, 10, 12, 13, 15, 42.

TAURUS (April 21 - May 21)
You may decide to change the decor of your home, or you may attend an artistic event that exposes you to new styles that are different from your customary tastes. Lucky Numbers: 2, 11, 18, 19, 41, 44.

GEMINI (May 22 - June 21)
Your imagination, intuition, and sensitivity may be very high now. You might find yourself wanting to paint, listen to music, or daydream, rather than concentrate. Lucky Numbers: 11, 15, 20, 23, 24, 34.

CANCER (June 22 - July 22)
Friendships and supportive endeavours might flourish now. You may achieve a harmonious balance of cooperation that could benefit any social or joint activity. Lucky Numbers: 6, 9, 10, 18, 19, 36.

LEO (July 23 - Aug. 23)
A significant discussion or exchange of information may likely happen. This also might be an excellent time to pay attention to the views of someone you respect. Lucky Numbers: 12, 16, 22, 26, 28, 49.

VIRGO (Aug. 24 - Sept. 23)
This may be a good time for relaxing recreation to refresh and rejuvenate yourself and to do the things you most enjoy. Good humour and optimism could prevail. Lucky Numbers: 3, 6, 8, 18, 40, 43.

LIBRA (Sept. 24 - Oct. 23)
An honest part of you, which is usually in the background, could emerge now. Make a positive effort to show your true colours and be confident in all of who you are. Lucky Numbers: 5, 12, 14, 31, 34, 49.

SCORPIO (Oct. 24 - Nov. 22)
This might be a good time for any competitive endeavour or anything that requires a large amount of energy. You may be able to gain a wider perspective on your situation. Lucky Numbers: 4, 24, 28, 42, 43, 46.

SAGITTARIUS (Nov. 23 - Dec. 21)
Your desire for companionship may predominate. A new friendship or romance could begin, or an established relationship may be revitalized and enhanced. Lucky Numbers: 15, 17, 18, 27, 36, 46.

CAPRICORN (Dec. 22 - Jan. 20)
Reminiscing, remembering, and daydreaming about or reflecting on the past may occur. Family and personal subjects could also be topics of discussions now. Lucky Numbers: 3, 4, 6, 14, 27, 38.

AQUARIUS (Jan. 21 - Feb. 19)
Friendships and cooperative endeavours may flourish. This might be a good time to approach someone who is in a position to benefit from your support. Lucky Numbers: 17, 19, 29, 34, 35, 38.

PISCES (Feb. 20 - March 20)
You may readily discuss your needs and desires. You might be more aware of beauty and may want to rearrange your decor or buy something to beautify your home. Lucky Numbers: 19, 34, 40, 42, 43, 45.

Lucky numbers this week: This week's odds favour Capricorn winners with the luckiest number being 3.

Did You Know...

- Long fish:** The European eel lives in freshwater streams and rivers, returning to the ocean to lay its eggs. The eels are nocturnal, coming out from under mud and stones at night to feed on other fish and crustaceans. They are an endangered species.
- Croatia's symbols:** The national anthem of the southern European nation of Croatia is "Our Beautiful Homeland" (*Lijepa naša domovino*). Its nation animal is the European pine marten, and its national flower is the iris (*Iris croatica*.)
- Metal men:** Famous American singer and songwriter Billy Joel was once in a heavy metal duo called Attila. His partner was drummer Jon Small. The band had a short life, splitting up in 1970 after only a year.
- Round rolls:** Visitors to Norway who crave a cinnamon roll can get a facsimile of this pastry. It's called a *skillingsboller*. This version has cardamom and almonds, and is brushed, top and bottom, with butter while it's still hot.
- Happy marriage:** Actress Nicole Kidman and country music star Keith Urban, both Australians, got married in June 2006 after having met each other the previous year. They now have two children, Sunday Rose and Faith Margaret.

On the Lighter Side

Reporter to 95-year-old: "To what do you credit your long life?"
Senior: "Not sure yet. My lawyer's negotiating with two breakfast cereal companies."

By all means go ahead and mellow with age. Just be wary of getting rotten.

What do you use to fix a broken tomato? Tomato paste.

If ignorance is bliss, why aren't there more happy people?

Computers can never completely replace humans. They may become capable of artificial intelligence, but they will never master real stupidity.

Answers
Trivia answers: 1. Extremely proud 2. Humour 3. Barbecue grill 4. True 5. Abraham Lincoln

For available franchise opportunities – visit coffeenewscanada.com
© Published with Permission by Capital Marketing Ltd

PLEASE ASK US FOR STARTER PACK

200+ Delicious Meals Made for SENIORS!

NOW SERVING THIS COMMUNITY!

- ✓ Free Delivery*
- ✓ No Obligations
- ✓ No Minimum Orders*

*Some conditions apply

Request your **FREE MENU Catalogue** today!
780-666-2336
TF: 1-800-704-4779

HEART TO HOME MEALS
DELICIOUS MEALS MADE FOR SENIORS™
www.hearttohomemeals.ca

WE COME TO YOU!

NERDS2YOU

VIRUS REMOVAL & COMPUTER REPAIR

ONSITE COMPUTER REPAIR

Your on-site computer and network service specialists. Virus removal, network setup, repairs and more.

587-772-NERD(6373)

FAST, FRIENDLY AND PROFESSIONAL
DEBIT, VISA AND MASTERCARD ACCEPTED
NERDS2YOU.CA

FIND Hope WITH US

PASS IT FORWARD

CancXcancerhelp.com

Use Order Code 6902

BREAKTHROUGH IN CANCER NUTRITIONAL SUPPORT

Love Coffee News?

"We are big fans of your newspaper! It gets us through the morning and our daily commute."

Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to **contests@coffee-news.ca**
Please put "Readers" in the subject line.

Please include:
1 Your name 2 Your phone number and 3 Your address so that we can send you some **cool prizes** if your photo is chosen to appear in the paper!

Coffee News Fun Reading. Serious Advertising.

Readers of the Month
Franz Fritzwitz & Wilbur Ramsbottom

Congratulations

to this month's **Coffee News Guy** contest winners!

Your prizes are in the mail!

**Nancy Preece
Mara De Leon
Carmelle Zurowski
Gloria Barrios**

Enter today for your chance to win at www.coffee-news.ca

inogen

FREEDOM. TO BE YOU.

1-888-998-6714

MKT-P0253

Are your ducks all in a row...?

Offering years of paralegal experience to assist you by preparing documents such as:

- Last Will and Testament
- Enduring Power of Attorney
- Personal Directives

RATES AS LOW AS \$150 FOR WILLS

WILLPOWER WILLS
EXPERIENCED. DEDICATED. KNOWLEDGEABLE.

780-418-7611
Call Terri today for a FREE consult.

TERRI BRUNNING

UH-OH!

DON'T WORRY - We repair damage to leather, vinyl, plastic and fabric.

COLORGlo

NORTH EDMONTON

For a free estimate, call 780.239.7917

AUTOMOTIVE | COMMERCIAL | RECREATIONAL | RESIDENTIAL