

Every \$3.51 You Give = **1 MEAL FOR A HOMELESS NEIGHBOUR**

Give Hope. Give Today.
TheSeed.ca/donate

THE MUSTARD SEED

Serving Edmonton and Area with Pride and Excellence

REFLEXION CLEANING SERVICES

- Office Cleaning
- Carpet/Upholstery Cleaning
- Move in/Out Clean-Up
- Floor Maintenance

Contact Val Brojan:
780.239.8691 TF: 1.844.761.8691
reflexioncleaning@gmail.com reflexioncleaning.com

FREE ESTIMATES FREE ESTIMATES FREE ESTIMATES

25% OFF YOUR FIRST INVOICE!

THIS SPACE FOR RENT

780-220-6397

Over 20 Yrs. of Great Service!

- HVAC and Mechanical Building Maintenance
- Air Conditioning Repairs and Installations
- Troubleshooting and Diagnostics
- Serving Residential and Commercial Clientele

RBA MECHANICAL INC.
780-474-7481
www.rbamech.ab.ca

FREE ROLLING TRAY

WHEN YOU PRESENT THIS COUPON

NO PURCHASE NECESSARY

LIMIT 1 PER CUSTOMER - SEE IN STORE FOR DETAILS

8060 - 167 AVE. NW

420 **BUBONIC KRONIK** EDMONTON
ECIGS - VAPORIZERS - BONGS 780.371.0106

FRASIER WEEKNIGHTS 6:00(EST) / 6:30(MT)

yesTV

Create a variety pack of 24 and get **FREE!**

Limit 1 per customer per day, in store offer only. Expires June 30th, 2021.

50+ Keto Syrups

LOCALLY OWNED AND OPERATED

500+ K-Cups PODS Davinci Syrups

singlecup.ca

Mon-Sat, 9-5

Calgary 403-354-4962
Edmonton 587-357-0955
#3, 401-33 St. NE 9754-45 Ave. NW

FREE SHIPPING \$60+

FREE! New Issue Every Week!

Coffee News®

"News To Be Enjoyed Over Coffee"

North Central
Edmonton
Edition

780-220-6397

www.coffee-news.ca

Vol. 18 No. 32 August 9, 2021

www.coffee-news.ca

Vol. 18 No. 32 August 9, 2021

Everybody's Talking

Glow in the dark: An American artist with a love of photography and black light found a new canvas to create images: the human body. John Poppleton uses UV body paint in a dark studio to create incredible scenery and imagery on the backs of his models. He paints balmy sunsets, purple clouds, rolling waves, and shimmering waterfalls that glow luminously under black light. Viewers describe the results as magical. He was once a wedding and portrait photographer and uses his extensive photography experience to prepare his surreal pieces.

Fake food: In Japan, restaurant owners often use plastic food to portray the dishes on their menus. Some of this fake food, known as sampuru, appears very realistic. One woman from Chiba Prefecture thinks sampuru is so interesting that she started collecting it. Akiko Obata boasts a collection of about 8,000 pieces. She has a special love for the displays of fake desserts, but she has everything from spaghetti and sushi to French bread, hamburgers, and pizza. She keeps her huge assortment of authentic-looking, fake food in a room in her home.

Lost and found: A three-year-old boy named James O'Reilly wandered away from the home where his family was vacationing in Wyadup, South Australia, one day around 7:30 a.m., and was missing until 7 p.m. His parents were frantic, but the story has a happy ending: he was found by his grandfather and uncle. That was after police were called in and a search party was organized, which included dozens of people from the area who volunteered to help. It also included the police dog squad and helicopter. Despite being out in chilly rain for 12 hours, James was healthy and happy to see his family after his ordeal.

Forehead photos: A Greek man, Georgios Schieich, posts images of himself on social media, but his photos are not the usual smile-at-the-camera selfies. Rather, they are pictures of his forehead, with various environments in the background. Behind his forehead, the photo may show a city street, a building's façade, a harbour, or a blank wall. Schieich says he started posting his forehead in response to a girlfriend asking, "Where are you?" That was over six years ago, and while the girlfriend is long gone, Schieich is enjoying the game of taking the same kind of photo for his social media posts.

Quoteable Quotes

"When you have nothing to say, say nothing." *Charles Caleb Cotton*
"These are all our children. We will profit by, or pay for, whatever they become." *James Baldwin*

What's Happening

July 14 to Aug 31-Kid Connect Ages 5 - 12 Want to occupy your kids this summer. AT Kid Connect Kids get to create art, play games, and get out some of their extra energy with short exercises. Wednesdays and Saturdays from 11am to 12 pm. For details call 780-428-3041 or kidconnectyeg@outlook.com

Saturdays-Market Garden Starting July 24 until Mid-October every Saturday, Market Garden will be at the North West Edmonton Seniors Society every Saturday at 10:00am until supplies last!

Aug 13 to 14-Movie Under the Stars Legacy Park. 9:15 PM. Round up your family, snacks, and lawn chairs for an enchanting evening you won't forget. Two Nights! Two Movies! Star Wars-The Phantom Menace and Cloudy With a Chance of Meatballs

Sept 10-Bridge of Life is a suicide awareness prevention candle light vigil walk across the high level bridge. There is light music, refreshments and guest speakers. www.yegmentalhealth.com. Constable Ezio Faraone Park 7-9 PM

NON profit organizations may submit events for FREE at www.coffee-news.ca/whats-happening

Hidden Coffee News Guy ADVENTURE

Find the Coffee News Guy hidden in one of the ads, then enter to win!

\$400* Prize Package

Over 150 participating sponsors!

4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

To enter, visit **www.coffee-news.ca**

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

NEW FEATURE!

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

Trivia

1. Statins are a class of drugs used to treat what?
2. Brazil, macadamia, and pignoli are types of dances or nuts?
3. Lying under oath in a court of law is called what?
4. In the Chinese Zodiac, 2021 is the year of what animal?
5. The Bermuda Triangle is approximately bounded by Bermuda, the U.S., and what other landmass?

(Flip bottom of page for answers)

© Published with Permission by Capital Marketing Ltd

(Over)

DELIVERY PERSON NEEDED

...to deliver **Coffee News**!

- Deliver CN to restaurants and other locations
- Part-time position

Interested?
Please email your résumé to **info@coffee-news.ca**

PROVIDING THE GREATEST RETURN ON YOUR GREATEST INVESTMENT!

SELLING YOUR HOME?

Invite me over for a coffee. I'll give you real estate advice and a **FREE** market evaluation.

Your Community Realtor
GEORGE VAN DE WALLE
780.982.4247 RE/MAX

HIP/KNEE REPLACEMENT?

Other medical conditions causing TROUBLE WALKING or DRESSING?

The Disability Tax Credit allows for **\$3,000** YEARLY TAX CREDIT and **\$30,000** LUMP SUM REFUND

For Expert Help:
1.844.453.5372

FREE ASSESSMENT CALL TODAY!

Congratulations to this month's **Coffee News Guy** contest winners!

Your prizes are in the mail!

Nancy Preece
Mara De Leon
Carmelle Zurowski
Gloria Barrios

Enter today for your chance to win at **www.coffee-news.ca**

Recipe of the month

Spicy Cajun Potato Salad

5 pounds medium Yukon Gold potatoes, peeled and cut into 3/4-inch cubes
1 large yellow onion
1/2 medium lemon
1/2 teaspoon salt
8 hard-boiled large eggs, chopped

1-1/2 cups mayonnaise with olive oil and coarsely ground pepper
1 cup dill pickle relish
1/4 cup yellow mustard
1 to 2 tablespoons Cajun seasoning
1/4 cup minced fresh parsley
Paprika

Prep Time: 20 min. Cook Time: 10 min. + chilling Yield: 20 servings

- 1 Place potatoes in a Dutch oven; add water to cover. Cut onion in half crosswise; add one half to saucepan. Bring to a boil. Add lemon and salt to cooking water. Reduce heat; cook, uncovered, until potatoes tender, 5-6 minutes.
- 2 Meanwhile, chop remaining onion. Combine with eggs, mayonnaise, dill pickle relish, mustard and Cajun seasoning.
- 3 Drain potatoes; rinse under cold water. Discard onion and lemon. Add potatoes to egg mixture; gently toss until well mixed (do not overmix, or potatoes will break down). Refrigerate, covered, 1-2 hours. Just before serving, sprinkle with parsley and paprika.

Source: **www.tasteofhome.com**

If you liked Gold Canyon Candles, you are gonna love Sunset Scents!

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

They are the next Finest candles you will EVER find!

PSC Prairie Scented Candles

Sunset Scents a RAY of Fragrance

prairiescentedcandles@gmail.com
www.prairiescentedcandles.com

200+ Delicious Meals Made for SENIORS!

PLEASE ASK US FOR STARTER PACK

NOW SERVING THIS COMMUNITY!

- ✓ Free Delivery*
- ✓ No Obligations
- ✓ No Minimum Orders*

*Some conditions apply.

Request your **FREE MENU Catalogue** today!
780-666-2336
TF: 1-800-704-4779

HEART TO HOME MEALS
DELICIOUS MEALS MADE FOR SENIORS®
www.hearttohomemeals.ca

Affordable-Effective-Exclusive-CALL NOW!

COLD SHOT
A DIVISION OF BALWARIA EMPIRE PVT. LTD.

PASSENGER & PARCEL SERVICES

SHIP BY BUS
GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: www.coldshotca.com
Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

Earn An Income Online
Join the biggest and best global online business!

NO selling | NO parties
NO inventory | NO recruiting

Freedom - Flexibility - Fun

Register for a **FREE** info session here:
(Scan this code for info)



or visit www.susandeveney.net

NO EXPERIENCE NEEDED - WE TRAIN AND MENTOR

A wish begins with **HOPE**

Hope begins with you.

Donate at makeawish.ca/createhope

Make-A-Wish

Coffee News is proud to support Make-A-Wish Northern Alberta

inogen

FREEDOM. TO BE YOU.

1-888-998-6714

MKT-P0253

Love Coffee News?

"We are big fans of your newspaper! It gets us through the morning and our daily commute."

Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to contests@coffee-news.ca
Please put "Readers" in the subject line.

Please include:
• Your name
• Your phone number and
• Your address
so that we can send you some **cool prizes** if your photo is chosen to appear in the paper!

Readers of the Month
Franz Fritzwitz & Wilbur Ramsbottom

Coffee News Fun Reading. Serious Advertising.

IS ADVENTURE ON YOUR BUCKET LIST?

Discover Scuba

Try **Scuba Diving** and see what it's like to breathe underwater!

The Dive Outfitters

Scuba Diving & Snorkeling
780.483.0044
11781-156 St., Edmonton

Or, discover **Snorkelling!**
\$30 per person. Save \$5 each when you register two or more!

CALL OR REGISTER ONLINE

www.thediveoutfitters.ca

SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

dental care you can trust

- Gum Disease Diagnosis and Treatment
- Teeth Whitening
- Porcelain Veneers & Crowns
- Dental Implant Restoration

BOOK AN APPOINTMENT, RECEIVE A **FREE TAKE HOME BLEACHING KIT**

Dr. Derek Fika
Family Dentistry

Are you a business owner/office manager?
Have 3-20 employees in your office?
Paying too much for your current phone system?

We can save you up to 50% off your current phone rates!

How? We offer:
✓ VOIP Solutions at a fraction of the traditional carrier cost
✓ Long distance rates that outcompete the competition

ETTA TELECOM

587.760.2800
<https://zettatelecom.com>

DEDICATED TO FINDING OUR CLIENTS THE BEST SOLUTIONS WITHIN THEIR BUDGETS

Your Weekly Horoscope

ARIES
(March 21 - April 20)

You may need to take advantage of opportunities to help some neglected people in your community. Your efforts could be met with interest and great support. Lucky Numbers: 6, 9, 24, 37, 42, 48.

TAURUS
(April 21 - May 21)

This might be a good time for you to work on your own. You may really know just what you want to do, and woe to anyone or anything that gets in your way! Lucky Numbers: 2, 16, 17, 32, 36, 37.

GEMINI
(May 22 - June 21)

You may feel creatively inspired and could express your feelings quite openly. You might enjoy artistic, musical, or cultural activities in your community. Lucky Numbers: 5, 16, 42, 43, 44, 45.

CANCER
(June 22 - July 22)

Your feelings may run hot and you may be more likely to act on instinct, rather than on reason. Your responses to life could be passionate and based on natural impulses. Lucky Numbers: 8, 17, 23, 29, 36, 44.

LEO
(July 23 - Aug. 23)

You might be interested in the big picture and less in the small details. You could feel quite ready for a vacation. Anything that broadens your world may appeal to you. Lucky Numbers: 1, 19, 34, 35, 46, 49.

VIRGO
(Aug. 24 - Sept. 23)

You may want to avoid social events that distract your focus. You should be able to concentrate on work that requires patience, attention to detail, and precision. Lucky Numbers: 8, 9, 10, 32, 36, 43.

LIBRA
(Sept. 24 - Oct. 23)

You may feel quite amorous and may want to share your time with someone you love. This may be a good time to make connections and discover emotional fulfillment. Lucky Numbers: 9, 19, 23, 25, 26, 29.

SCORPIO
(Oct. 24 - Nov. 22)

Competitive energies may run high, so taking a stand on your own could likely work out well. Your deepest motivations may help you reach your goals. Lucky Numbers: 5, 17, 28, 30, 44, 45.

SAGITTARIUS
(Nov. 23 - Dec. 21)

An inviting atmosphere and appreciation for work well done may be indicated. You could sign new contracts, which could be good for future endeavours. Lucky Numbers: 2, 8, 16, 21, 32, 33.

CAPRICORN
(Dec. 22 - Jan. 20)

You may make your influence felt and any efforts to advance your career could be very effective. You could receive a green light to take on a leadership role. Lucky Numbers: 4, 6, 15, 17, 22, 23.

AQUARIUS
(Jan. 21 - Feb. 19)

Financial security and practical matters may be your focus now. Try not to be too extravagant or generous. You might begin to see the light at the end of the tunnel. Lucky Numbers: 3, 18, 29, 30, 45, 47.

PISCES
(Feb. 20 - March 20)

You may be cooperative and more interested in similarities than in differences. You could let people know you care about them. Contact them or send them a letter. Lucky Numbers: 13, 14, 15, 21, 30, 47.

Lucky numbers this week: This week's odds favour Cancer winners with the luckiest number being 8.

Did You Know...

Light the way: The Fisgard Lighthouse, located near Victoria, British Columbia (Canada), started guiding boats into Esquimalt Harbour in 1860. Automated in 1929, the lighthouse is still operating today and is a National Historic Site.

Small island: Barbados is the most easterly of the Caribbean islands and is located in the Atlantic Ocean, northeast of Venezuela. It is small, at only 34 kilometres (21 mi.) long and 23 kilometres (14 mi.) wide.

Save the frogs: The Togo slippery frog lives in lush highland regions along the border of Ghana and Togo in western Africa. This amphibian is endangered because its habitat is being destroyed by human activity.

Early gig: Stevie Nicks, of Fleetwood Mac fame, was once a member of the psychedelic rock band Fritz. Leader Lindsey Buckingham called her to join after the pair met in 1966. Fritz used to open for big acts, such as Santana and Janis Joplin.

Big money: The town of Campbellford, Ontario (Canada), is home to a giant statue of a Toonie, the country's two-dollar coin. Like the real thing, the statue has silver around the edges with a gold disk in the middle. It is 8.2 metres (27 ft.) tall.

On the Lighter Side

Hotel clerk: "Would you like the \$80 room or the \$100 room?"
Guest: "What's the difference?"
Clerk: "The \$100 room comes with free TV."

Show me a good loser, and I'll show you someone playing golf with the boss.

What does the winner of the race lose? Her breath.

Reporter on the campaign trail: "After all is said and done, more is usually said than done."

Worry is the interest you pay on trouble before it's due.

Answers

Trivia answers: 1. High cholesterol 2. Nuts 3. Perjury 4. Ox 5. Puerto Rico

For available franchise opportunities - visit coffeenewscanada.com
© Published with Permission by Capital Marketing Ltd

STOP STREAMING!
IT'S FUNNIER LIVE
AT THE COMIC STRIP
BOURBON STREET, WEST EDMONTON MALL

PURCHASE TICKETS ONLINE AT thecomicstrip.ca

Rich Bronson's THE COMIC STRIP
DRINK · DINE · LAUGH

Come and enjoy rural Alberta!

Tired of waiting for high cost accommodation in the big city?
We have vacancies to offer residents living outside of town!

Studio suites, all inclusive \$1981.00 (maximum) and one bedroom couples' suites \$3004.00 (maximum), all inclusive. Experience fresh air and country living.

780.853.5706
Contact Tabitha at tabitha.dykstra@vdfhf.ca
www.vdfhf.ca
5401-46 St., Vermilion

Vermilion & District Housing Foundation

God's Word Never Changes

InScribe
Christian Writers' Fellowship
FALL CONFERENCE 2021

OPEN TO ALL WRITERS!
Join us September 30 - October 2
Providence Renewal Centre
3005-119 Street NW
Edmonton

Featuring Keynote Speaker **D.S. Martin**

- Thursday Night Mixer
- Keynote
- Presentations
- Friday Banquet
- Awards Ceremony
- Panel Discussions
- Variety of Workshops
- Author Readings
- ...and more!

Registration & Details: www.inscribe.org/events/fall-conference

REGISTER BEFORE AUG. 15 & SAVE!

VIRTUAL OPTION AVAILABLE

Are your ducks all in a row...?

Offering years of paralegal experience to assist you by preparing documents such as:

- Last Will and Testament
- Enduring Power of Attorney
- Personal Directives

WILLPOWER WILLS
EXPERIENCED. DEDICATED. KNOWLEDGEABLE.

780-418-7611
Call Terri today for a FREE consult.

RATES AS LOW AS \$150 FOR WILLS

TERRI BRUNNING

Your Independent Life, Disability, Critical Illness, Long Term Care and Investment Broker!

amh FINANCIAL SERVICES

Andy Husband
B.Comm., CFP
780.425.4058
info@amhfinancial.ca
www.amhfinancial.ca

Calling all Fishermen
50 YEARS & OVER

Come find fishing buddies at **THE EDMONTON Old Timers' FISHING CLUB**

Monthly meetings
Monthly newsletter

...with guest speaker, free coffee & donuts.

For more info, call or text Gary Preece at 780.940.6679

Need ONE More Reason to Join?

- You need child support enforced
- Your landlord raises rent in violation of your verbal agreement
- You adopt a child
- A friend owes you money and files for bankruptcy
- You need help with credit card liability resolution
- Your car is vandalized in a parking lot

Call **LOYD KENNEY**, Independent Associate, to find out how LegalShield can help you!

LegalShield 1-877-579-9449

ELECTRICIAN FOR HIRE

Residential
Light Commercial
Electrical Repairs and Renovations

Art de Leon Master Electrician

780.932.3858 Cell
ajdeleon63@gmail.com

18-Northcentral Edmonton