

INSTALLATION | RENOVATION | SERVICE

**PLUMBING** | **AIR CONDITIONING** | **FURNACES**

**BROOKMAN BOILERS & PIPING**

RESIDENTIAL | COMMERCIAL & INDUSTRIAL

Call 204.697.9781 or visit [brookmanboilers.com](http://brookmanboilers.com)

Take Control of Your Finances!

**Progressive TAX SERVICES INC.**

**AFFORDABLE TAX HELP**

5-276 Marion Street, Winnipeg  
**204.272.6085**  
[www.progressivetax.ca](http://www.progressivetax.ca)

For the first time ever...

**Advertise Your Restaurant Here!**

For complete details, call Alastair at 204-510-6397

Qualifying distributors of *Coffee News* receive **FIRST MONTH FREE!**\*\*

*Coffee News* #supportlocal Initiative

**We Care For Your Pets As If They Were Our Own**

**25% OFF SPAY/NEUTER**  
Coupon must be presented. Cannot be combined with any other coupons or offers. Taxes applicable.

**50% OFF EXAM FEE**  
Coupon must be presented. Cannot be combined with any other coupons or offers. Taxes applicable.

**\$250 OFF VETERINARY SERVICES SUBSIDY**  
Coupon must be presented. Cannot be combined with any other coupons or offers. Taxes applicable.

**\$100 OFF DENTAL CLEANING**  
Coupon must be presented. Cannot be combined with any other coupons or offers. Taxes applicable.

2018 TOP CHOICE WINNER AMONG WINNIPEG ANIMAL HOSPITALS  
**Animal Hospital of Manitoba**  
 995 Main St., Winnipeg **204.586.3334** [animalhospofmb.com](http://animalhospofmb.com)

PROFESSIONAL PROPERTY MANAGEMENT

**Tired of Dealing with Tenants? Let Us Help!**

SERVICES AVAILABLE:  
 ✓ 24/7 Maintenance  
 ✓ Leasing  
 ✓ Management  
 ✓ Inspections  
 ✓ Accounting

**Elite PROPERTY MANAGEMENT INC.**

FIND OUT HOW EASY IT IS!  
 CALL TODAY FOR A FREE PROPERTY MANAGEMENT EVALUATION  
**204-783-5483**  
[elitepropertymanagementwpg.com](http://elitepropertymanagementwpg.com)

**Hip or Knee Surgery? Need Home Care Equipment? DON'T BUY - RENT!**

BATH SEATS \$20/MONTH	TRANSFER BENCHES \$25/MONTH	TOILET SAFETY RAILS \$15/MONTH	RAISED TOILET SEATS \$15/MONTH	SKI WHEEL WALKER \$20/MONTH
--------------------------	--------------------------------	-----------------------------------	-----------------------------------	--------------------------------

**LIVING MADE EASY**  
 HOME HEALTH CARE PRODUCTS - NEW & USED  
**665 ARCHIBALD ST. • 231-1746**

ITEMS FOR PURCHASE  
 SOCK PULLER - \$15-\$20  
 REACHERS - \$17-\$35  
 DRESSING STICKS - \$9

**WE'RE HIRING**

**AUTOMOTIVE SERVICE TECHNICIAN**  
 \$22-\$30/hr. • Group insurance benefits  
 1 permanent full-time position

Job Requirements:  
 • Registered Apprenticeship Certificate or equivalent experience • 3-5 years work experience

Job Description:  
 Diagnose/repair, replace parts/components, perform service/maintenance to new and used vehicles as per manufacturer standards

**MURRAY HYUNDAI**  
 1700 Waverley Street Suite D, Winnipeg  
 Interested candidates can fax their résumé to 204.262.3393, Attn: Richard Eccleston, or call 204.369.5555 ext. 7704

**Do you want your TV on the wall? Give us a call - as low as \$99!**

We are experts in home and business theatre, automation, alarm, voice controlled lighting and blinds.

**InterFusion MEDIA**  
**204.505.1840 • [interfusionmedia.ca](http://interfusionmedia.ca)**

**FREE!** New Issue Every Week!

**Coffee News**<sup>®</sup>

"News To Be Enjoyed Over Coffee"

**St. Vital Edition**  
**204-510-6397**

[www.coffeenewsinnipeg.com](http://www.coffeenewsinnipeg.com) Est. 1988

Vol. 16 No. 32 August 9, 2021

**Everybody's Talking**

**Glow in the dark:** An American artist with a love of photography and black light found a new canvas to create images: the human body. John Poppleton uses UV body paint in a dark studio to create incredible scenery and imagery on the backs of his models. He paints balmy sunsets, purple clouds, rolling waves, and shimmering waterfalls that glow luminously under black light. Viewers describe the results as magical. He was once a wedding and portrait photographer and uses his extensive photography experience to prepare his surreal pieces.

**Fake food:** In Japan, restaurant owners often use plastic food to portray the dishes on their menus. Some of this fake food, known as sampuru, appears very realistic. One woman from Chiba Prefecture thinks sampuru is so interesting that she started collecting it. Akiko Obata boasts a collection of about 8,000 pieces. She has a special love for the displays of fake desserts, but she has everything from spaghetti and sushi to French bread, hamburgers, and pizza. She keeps her huge assortment of authentic-looking, fake food in a room in her home.

**Lost and found:** A three-year-old boy named James O'Reilly wandered away from the home where his family was vacationing in Wyadup, South Australia, one day around 7:30 a.m., and was missing until 7 p.m. His parents were frantic, but the story has a happy ending: he was found by his grandfather and uncle. That was after police were called in and a search party was organized, which included dozens of people from the area who volunteered to help. It also included the police dog squad and helicopter. Despite being out in chilly rain for 12 hours, James was healthy and happy to see his family after his ordeal.

**Forehead photos:** A Greek man, Georgios Schieich, posts images of himself on social media, but his photos are not the usual smile-at-the-camera selfies. Rather, they are pictures of his forehead, with various environments in the background. Behind his forehead, the photo may show a city street, a building's façade, a harbour, or a blank wall. Schieich says he started posting his forehead in response to a girlfriend asking, "Where are you?" That was over six years ago, and while the girlfriend is long gone, Schieich is enjoying the game of taking the same kind of photo for his social media posts.

**Quoteable Quotes**

"When you have nothing to say, say nothing." *Charles Caleb Cotton*  
 "These are all our children. We will profit by, or pay for, whatever they become." *James Baldwin*

**What's Happening**

**Join us in combatting human trafficking.** Join the JOY IN ACTION TEAM in a virtual fundraising event to help the survivors of human trafficking and their families.

Registration is free! Go to [joysmithfoundation.com](http://joysmithfoundation.com) to register today!  
**South Osborne Farmers Market** The 2021 South Osborne Farmers Market will be running on Wednesdays from 4-8pm at the Lord Roberts Community Centre, 725 Kylemore, from June 23rd-September 29th. Learn more at <https://www.fireweedfoodcoop.ca>

**Anavet Assiniboia Unit 283 - Opening** 3584 Portage Ave. 204 837 6708 Opening 10 a.m. to 6 p.m. each Monday to Saturday beginning on Sat. July 24th. Basic Health Rules will be followed so we can visit with old and new friends at the Friendly Club!

**Spiritual Stress Relief** Presented by Eckankar via Zoom. Thurs. Aug.12 at 7PM. For details call 1-204-378-2419 or email [beckmanitoba@gmail.com](mailto:beckmanitoba@gmail.com) for Zoom link. Also visit us at [www.eckankar-mb.ca](http://www.eckankar-mb.ca)

**annual Yard Sale** from 10am to 2pm in the parking lot at 321 Pandora Avenue West. If interested in either donating items or renting a table please contact office 204-222-1942 or check website <http://www.stgeorgesanglicantranscona.ca>

**On the Road to God Realization Via Zoom** Members of all faiths are invited to an ECK Light and Sound Service. Listen to a reading from the ECK writings, and discuss spiritual principles. For info call 204-253-2499 or email [beckmanitoba@gmail.com](mailto:beckmanitoba@gmail.com). Zoom link: <https://meetu.pseK2PVYd54Z2a>

NON profit organizations may submit events for FREE at <https://coffeenewsinnipeg.com/whats-happening>

**Trivia**

1. Statins are a class of drugs used to treat what?
2. Brazil, macadamia, and pignoli are types of dances or nuts?
3. Lying under oath in a court of law is called what?
4. In the Chinese Zodiac, 2021 is the year of what animal?
5. The Bermuda Triangle is approximately bounded by Bermuda, the U.S., and what other landmass?

(Flip bottom of page for answers)  
 © Published with Permission by Winnipeg Coffee News  
**(Over)**

**LegalShield** | **IDShield** | **BBB**

LAWYER REFERRAL SERVICE | IDENTITY THEFT | ACCREDITED BUSINESS A+ RATING

**PROTECT YOURSELF**

LegalShield has an Identity Theft Plan to protect your integrity

**IDSHIELD IS BETTER THAN EVER -**  
 TransUnion Credit Report / Credit Monitoring  
 Monthly Credit Score Tracker  
 DateSweep/Wallet Lock  
 Email Breach Search /Track your alerts and have on-the-go access with the IDSHIELD mobile App

**ADDITIONAL MONITORING -**  
 Dark Web Monitoring / Identity Consultation  
 Full-Service Restoration  
 Unlimited Service Guarantee and  
 Counsel When You Need It and  
 Identifying Coronavirus Scams

Identity Theft Plan delivers affordable and accessible service 24/7.

**204-781-7472**  
[peterj48.wearelegalshield.ca](mailto:peterj48.wearelegalshield.ca)

**PETER J. MANASTYRSKY**  
 Independent Associate

**TOTAL LEGAL AND IDENTITY THEFT PROTECTION**

**RICHARD ROSIN**  
 FUNERAL DIRECTOR LTD.

*Winnipeg's Friendliest Undertaker™*  
 Helping Families Celebrate Life Since 1985

Green Burials  
 Cremations  
 Pre-planning

**204.219.1126 | [www.richardrosin.ca](http://www.richardrosin.ca)**

**This Space for Rent**  
**204-510-6397**

**Looking for a printer or multifunctional copier for your home or office?**

**Lexmark GO-Line™**

**bio-static**  
 DIGITAL OFFICE SOLUTIONS

**204-237-7631**  
 Dakota Plaza | Unit 1-1105 St. Mary's Road | [info@bio-static.com](mailto:info@bio-static.com)

Visit our new website at [www.bio-static.com](http://www.bio-static.com)

**goulet**  
 CHIROPRACTIC CENTRE

3-150 Goulet St.

**Back Pain?**  
 We can help.

- Full assessment
- On-site x-rays
- Personalized care
- Direct Billing

[gouletchiropractic.com](http://gouletchiropractic.com)  
**204-233-7894**

**Hip or Knee Replacement?**

The disability tax credit allows for a **\$2,500 Yearly Tax Credit** and up to **\$25,000 Lump Sum Refund**

Copd, arthritis, and many other disabling conditions that cause **Restrictions in Walking or Dressing** may qualify.

**GET THE FASTEST REFUND IN CANADA!**

For Expert Help:  
**204-453-5372**

"CONNECTING THROUGH HORSES"

**SAGEHILL STABLES**

**Horseback Riding Lessons & Birthday Parties**

- Beginners welcome!
- Equine Assisted Learning Life Skills Programs  
 ~ Develop skills to combat anxiety, bullying and addiction
- Conference Room and Facility Rentals

**AGES 4 TO 70+**

**1-800-217-4184**  
 4180 Waverley Street in Winnipeg

[www.sagehillstables.com](http://www.sagehillstables.com)

Call Citadel Exteriors today for a FREE no-obligation quote!

Licensed and Insured!  
 Insurance Claims Welcome!

**CITADEL EXTERIORS**

**204-668-7663**  
[citadlexteriors@shaw.ca](mailto:citadlexteriors@shaw.ca)  
[www.citadlexteriors.ca](http://www.citadlexteriors.ca)

**YOUR COMPLETE MAINTENANCE SPECIALISTS**

- EAVESTROUGHS
- SOFFIT
- FASCIA
- SIDING
- CLADDING
- ROOFING
- PAVING
- STUCCO

- AND MUCH MORE!

Are you looking to help on some home projects or a tutor?  
**GetAssist is here to help with everything from A to Z!**  
Download the free app or go online and make a request for anything you need.

**GET LOCAL HELP QUICKLY AND EASILY!**

If you are a Realtor, Property Management Company or a Builder looking for local trades, pop in and ask how it works.

GetAssist Networking Centre  
Co-working space  
Unit 3-236 Osborne St. (Confusion Corner)  
9-5, Monday - Friday

[www.getassist.com](http://www.getassist.com)



# Recipe of the month



## Spicy Cajun Potato Salad

5 pounds medium Yukon Gold potatoes, peeled and cut into 3/4-inch cubes  
1 large yellow onion  
1/2 medium lemon  
1/2 teaspoon salt  
8 hard-boiled large eggs, chopped

1-1/2 cups mayonnaise with olive oil and coarsely ground pepper  
1 cup dill pickle relish  
1/4 cup yellow mustard  
1 to 2 tablespoons Cajun seasoning  
1/4 cup minced fresh parsley  
Paprika

Prep Time: 20 min. Cook Time: 10 min. + chilling Yield: 20 servings

- Place potatoes in a Dutch oven; add water to cover. Cut onion in half crosswise; add one half to saucepan. Bring to a boil. Add lemon and salt to cooking water. Reduce heat; cook, uncovered, until potatoes tender, 5-6 minutes.
- Meanwhile, chop remaining onion. Combine with eggs, mayonnaise, dill pickle relish, mustard and Cajun seasoning.
- Drain potatoes; rinse under cold water. Discard onion and lemon. Add potatoes to egg mixture; gently toss until well mixed (do not overmix, or potatoes will break down). Refrigerate, covered, 1-2 hours. Just before serving, sprinkle with parsley and paprika.

Source: [www.tasteofhome.com](http://www.tasteofhome.com)

**MANITOBA'S LARGEST YEAR-ROUND INDOOR MARKET!**

# MULVEY FLEA MARKET

EST. 2001

[www.mulveymarket.ca](http://www.mulveymarket.ca)

Air Conditioned and Wheelchair Accessible | Table Rental Information: 204-478-1217 | Open 10 a.m.-5 p.m. Sat. & Sun., and Holiday Mondays or Fridays

- ODDIES OF ODDITIES
- ROWS OF RARITIES
- CORNUCOPIA OF COLLECTIBLES
- EVERYTHING NEW AND USED
- LOTS TO SEE AND DO
- CANTEEN

Visit us at 421 Mulvey Avenue E, Winnipeg

## WOULD YOU LIKE TO VOLUNTEER?

- All are welcome!
- We operate on a drop-in basis
- No need to signup or register
- Arrive 5:30pm - 6pm any location
- North End, West End, W. Broadway
- Patrols +18 (Youth patrols every other Tues North End Patrol)

**CALL BEAR CLAN 204-918-8996 OR BEARCLANMB@HOTMAIL.COM**



TMJ Pain! Sciatica Pain!  
**Are you suffering any kind of PAIN?**

**I CAN HELP!**

Dr. Guojian Huang (MD/PhD, China)  
Pain Specialist

**Call 204.775.2266**

ANKANG ACUPUNCTURE HEALING CENTRE  
[www.acupuncturewinnipeg.ca](http://www.acupuncturewinnipeg.ca)  
689 St. Mary's Road



## Support Canada and Canadian workers!

Check our superior quality BSTsecurity BST Surveillance products

When Quality and Reliability Are Required

# CLEARLY INSIGHT SECURITY SOLUTIONS

**204-414-2590**

Camera@ClearlyInSightP.com | ClearlyInSightP.com



# Your Weekly Horoscope

**ARIES**  
(March 21 - April 20)



You may need to take advantage of opportunities to help some neglected people in your community. Your efforts could be met with interest and great support. Lucky Numbers: 6, 9, 24, 37, 42, 48.

**TAURUS**  
(April 21 - May 21)



This might be a good time for you to work on your own. You may really know just what you want to do, and woe to anyone or anything that gets in your way! Lucky Numbers: 2, 16, 17, 32, 36, 37.

**GEMINI**  
(May 22 - June 21)



You may feel creatively inspired and could express your feelings quite openly. You might enjoy artistic, musical, or cultural activities in your community. Lucky Numbers: 5, 16, 42, 43, 44, 45.

**CANCER**  
(June 22 - July 22)



Your feelings may run hot and you may be more likely to act on instinct, rather than on reason. Your responses to life could be passionate and based on natural impulses. Lucky Numbers: 8, 17, 23, 29, 36, 44.

**LEO**  
(July 23 - Aug. 23)



You might be interested in the big picture and less in the small details. You could feel quite ready for a vacation. Anything that broadens your world may appeal to you. Lucky Numbers: 1, 19, 34, 35, 46, 49.

**VIRGO**  
(Aug. 24 - Sept. 23)



You may want to avoid social events that distract your focus. You should be able to concentrate on work that requires patience, attention to detail, and precision. Lucky Numbers: 8, 9, 10, 32, 36, 43.

**LIBRA**  
(Sept. 24 - Oct. 23)



You may feel quite amorous and may want to share your time with someone you love. This may be a good time to make connections and discover emotional fulfillment. Lucky Numbers: 9, 19, 23, 25, 26, 29.

**SCORPIO**  
(Oct. 24 - Nov. 22)



Competitive energies may run high, so taking a stand on your own could likely work out well. Your deepest motivations may help you reach your goals. Lucky Numbers: 5, 17, 28, 30, 44, 45.

**SAGITTARIUS**  
(Nov. 23 - Dec. 21)



An inviting atmosphere and appreciation for work well done may be indicated. You could sign new contracts, which could be good for future endeavours. Lucky Numbers: 2, 8, 16, 21, 32, 33.

**CAPRICORN**  
(Dec. 22 - Jan. 20)



You may make your influence felt and any efforts to advance your career could be very effective. You could receive a green light to take on a leadership role. Lucky Numbers: 4, 6, 15, 17, 22, 23.

**AQUARIUS**  
(Jan. 21 - Feb. 19)



Financial security and practical matters may be your focus now. Try not to be too extravagant or generous. You might begin to see the light at the end of the tunnel. Lucky Numbers: 3, 18, 29, 30, 45, 47.

**PISCES**  
(Feb. 20 - March 20)



You may be cooperative and more interested in similarities than in differences. You could let people know you care about them. Contact them or send them a letter. Lucky Numbers: 13, 14, 15, 21, 30, 47.

Lucky numbers this week: This week's odds favour Cancer winners with the luckiest number being 8.

## Did You Know...

**Light the way:** The Fisgard Lighthouse, located near Victoria, British Columbia (Canada), started guiding boats into Esquimalt Harbour in 1860. Automated in 1929, the lighthouse is still operating today and is a National Historic Site.

**Small island:** Barbados is the most easterly of the Caribbean islands and is located in the Atlantic Ocean, northeast of Venezuela. It is small, at only 34 kilometres (21 mi.) long and 23 kilometres (14 mi.) wide.

**Save the frogs:** The Togo slippery frog lives in lush highland regions along the border of Ghana and Togo in western Africa. This amphibian is endangered because its habitat is being destroyed by human activity.

**Early gig:** Stevie Nicks, of Fleetwood Mac fame, was once a member of the psychedelic rock band Fritz. Leader Lindsey Buckingham called her to join after the pair met in 1966. Fritz used to open for big acts, such as Santana and Janis Joplin.

**Big money:** The town of Campbellford, Ontario (Canada), is home to a giant statue of a Toonie, the country's two-dollar coin. Like the real thing, the statue has silver around the edges with a gold disk in the middle. It is 8.2 metres (27 ft.) tall.

## On the Lighter Side

Hotel clerk: "Would you like the \$80 room or the \$100 room?"

Guest: "What's the difference?"

Clerk: "The \$100 room comes with free TV."

Show me a good loser, and I'll show you someone playing golf with the boss.

What does the winner of the race lose? Her breath.

Reporter on the campaign trail: "After all is said and done, more is usually said than done."

Worry is the interest you pay on trouble before it's due.

## Answers

**Trivia answers:** 1. High cholesterol 2. Nuts 3. Perjury 4. Ox 5. Puerto Rico

For available franchise opportunities - visit [coffeenewscanada.com](http://coffeenewscanada.com)

© Published with Permission by Winnipeg Coffee News

# Arctic Fuel

NUNAVUT PURCHASING AND SUPPLIES

## CAREER OPPORTUNITIES AVAILABLE

Contact with résumé:  
Alastair@arcticfuel.ca

**Class 1 Truck Drivers**  
Tanker experience preferred. Needed for Baker Lake, Nunavut.

**Retail Trainee Associates**  
Positions available for Baker Lake.

**Fly In, Fly Out Positions**  
Accommodation and airfare provided.



For more information, visit  
[www.arcticfuel.ca](http://www.arcticfuel.ca)

## Home and Office BOTTLED WATER DELIVERY

ORDER 3 BOTTLES, GET A 4TH FREE!

CALL 204.284.1704 Use promo code "Coffeenews"

# WaterDirectPLUS

More than just water!  
[waterdirectplus.com](http://waterdirectplus.com)

## Get Coffee News® Online!

Delivered to your inbox weekly



Please visit [www.coffeenewswinnipeg.com](http://www.coffeenewswinnipeg.com) for details

# CHESSKINGS CAR RENTAL

- NO CREDIT CARD REQUIRED
- WE CAN DELIVER THE CAR TO YOU!

**\$10 OFF**  
USE PROMO CODE COFFEE NEWS

**204-887-7777**

[WWW.CHESSKINGS.CA](http://WWW.CHESSKINGS.CA)



EXTENDED BY POPULAR DEMAND!

## SPECIAL!

SOUTHDALÉ LOCATION ONLY  
157 VERMILLION RD.

**FOUR WHEEL ALIGNMENT** **Only \$89.99**

Most vehicles; some restrictions apply.  
Shop supplies and taxes extra.

REGULAR \$124.99

Plus 10% DISCOUNT ON LABOUR FOR REQUIRED WORK TO COMPLETE ALIGNMENT

Phone **204.254.5169**  
for info and to book an appointment

