

RICHARD ROSIN
FUNERAL DIRECTOR LTD

Winnipeg's Friendliest Undertaker™
Helping Families Celebrate Life Since 1985

Green Burials
Cremations Pre-planning

204.219.1126 | www.richardrosin.ca

FREE! *New Issue Every Week!*

Coffee News®
"News To Be Enjoyed Over Coffee"

St. James Edition
204-510-6397

www.coffeenewswinnipeg.com

IMPROVE YOUR HEALTH ...THROUGH GOOD NUTRITION!

An individual nutrition consultation can help to improve your health and wellness

Do you have:
- a chronic health condition (high blood pressure or high cholesterol)?
- digestive problems, celiac disease or IBS?
- a desire to make lifestyle changes?

CONTACT DAYNA TODAY!

Food for You DAYNA WEITEN, RD
Nutrition Consulting
204.771.7518 / www.foodforyou.ca

LegalShield | **IDShield**

LAWYER REFERRAL SERVICE | IDENTITY THEFT

PROTECT YOURSELF

LegalShield has an Identity Theft Plan to protect your integrity

IDSHIELD IS BETTER THAN EVER –
TransUnion Credit Report / Credit Monitoring
Monthly Credit Score Tracker
DataSweep/Wallet Lock
Email Breach Search / Track your alerts and have on-the-go access with the IDSHIELD mobile App
Identity Theft Plan delivers affordable and accessible service 24/7.

ADDITIONAL MONITORING –
Dark Web Monitoring / Identity Consultation
Full-Service Restoration
Unlimited Service Guarantee and
Counsel When You Need It and
Identifying Coronavirus Scams

204-781-7472 PETER J. MANASTYRSKY
peterj48.wearelegalshield.ca Independent Associate

TOTAL LEGAL AND IDENTITY THEFT PROTECTION

Vol. 16 No. 33 August 16, 2021

Everybody's Talking

Perfect office pet: Some stores may have pet cats, mechanic shops have pet dogs, and hairdressing salons have pet birds, but a pet alpaca is unusual. That is the case with a video production company in the city of Wuxi near Shanghai, China. A llama-alpaca mix named Tuo Baiwan regularly visits the office, providing a dose of relaxation to employees. Tuo Baiwan is the perfect mammal to do this, as he enjoys being petted and getting treats from the staff. He also loves for employees to take breaks and lead him out to the grassy grounds so he can roll around.

Cool car: To say that Nguyen Dac Chung is a Batman fan would be an understatement. In fact, the architecture student from Hanoi, Vietnam, is so enamoured with the character that he decided to build his own Batmobile. The replica has an engine and suspension system, and it can be driven around, with a maximum speed of 100 kilometres (62 mi.) per hour. The driver can take one passenger, but the car's creator says he wants to make some improvements to the interior. Just like the Batmobile in the movies, this version has doors that lift up to open. It took him 10 months to create the vehicle.

Waterlogged: Two adventurous boaters, thought to be lost at sea, were found safe and unharmed after several days in a wooden boat off the coast of South Australia. The boat belongs to Tony Higgins, who bought it to restore it. His passenger was Derek Robinson. The two men putted out from Coffin Bay, but ran into trouble when a propeller broke, slowing them down. They didn't realize they were considered (missing) and that a friend had called authorities when they didn't show up at their destination on time. A huge search ensued, but thankfully, all ended well.

Ham for dinner: Those who love a good ham dinner may not want to spend as much on a meal as a ham lover from Japan did. The piece of ham came from Spain's Huelva region. The buyer, who paid 12,000 Pounds, demanded that the meat come from an Iberian pig that was over two years old. The pig had to spend 100 days grazing in the mountains, and it had to put on at least 100 kilos (220 pounds) from eating nothing but acorns and herbs. Then the meat had to be cured for five years, which is twice the usual time. Here's hoping the cut tasted good!

Quoteable Quotes

Hear everything and judge for yourself." *George Eliot*
"Sweet are the thoughts that savour of content; The quiet mind is richer than a crown." *Robert Greene*

What's Happening

Join us in combatting human trafficking. Join the JOY IN ACTION TEAM in a virtual fundraising event to help the survivors of human trafficking and their families.

Registration is free! Go to joysmithfoundation.com to register today! **Anavet Assiniboia Unit 283 - Opening** 3584 Portage Ave. 204 837 6708 Opening 10 a.m. to 6 p.m. each Monday to Saturday beginning on Sat. July 24th. Basic Health Rules will be followed so we can visit with old and new friends at the Friendly Club!

Anavets Assiniboia Unit 283 Labour Day BBQ Meat Draw - Everyone Welcome! Join us on September 4th - Our first BBQ Meat Draw for 2021 Open 10 a.m. to 6 p.m. Mon. to Sat. for the time being. Health Rules in place as necessary. 204 837 6708 - 3584 Portage Ave.

Bring a friend to the Friendly Club, Anavets 283! **South Osborne Farmers Market** The 2021 South Osborne Farmers Market will be running on Wednesdays from 4-8pm at the Lord Roberts Community Centre, 725 Kylemore, from June 23rd-September 29th. Learn more at <https://www.fireweedfoodcoop.ca>

annual Yard Sale from 10am to 2pm in the parking lot at 321 Pandora Avenue West. If interested in either donating items or renting a table please contact office 204-222-1942 or check website <http://www.stgeorgesanglicantranscona.ca>

NON profit organizations may submit events for FREE at <https://coffeenewswinnipeg.com/whats-happening>

Trivia

1. The Matterhorn is part of which mountain range?
2. What atmospheric layer blocks many ultraviolet rays?
3. Which comet made its closest approach to Earth on July 22, 2020?
4. Who was the creator of the popular sitcom All in the Family?
5. St. Joan of Arc was a national heroine of what country?

(Flip bottom of page for answers)

We Care For Your Pets As If They Were Our Own

25% OFF SPAY/NEUTER
Coupon must be presented. Cannot be combined with any other coupons or offers. Taxes applicable.

50% OFF EXAM FEE
Coupon must be presented. Cannot be combined with any other coupons or offers. Taxes applicable.

\$250 OFF VETERINARY SERVICES SUBSIDY
Coupon must be presented. Cannot be combined with any other coupons or offers. Taxes applicable.

\$100 OFF DENTAL CLEANING
Coupon must be presented. Cannot be combined with any other coupons or offers. Taxes applicable.

2018 TOP CHOICE WINNER AMONG WINNIPEG ANIMAL HOSPITALS
Animal Hospital of Manitoba
995 Main St., Winnipeg 204.586.3334 animalhosppmb.com

MANITOBA'S LARGEST YEAR-ROUND INDOOR MARKET!

MULVEY FLEA MARKET

EST. 2001

www.mulveymarket.ca

Air Conditioned and Wheelchair Accessible | Table Rental Information: 204-478-1217 | Open 10 a.m.-5 p.m. Sat. & Sun., and Holiday Mondays or Fridays

✓ OODLES OF ODDITIES
✓ ROWS OF RARITIES
✓ CORNUCOPIA OF COLLECTIBLES
✓ EVERYTHING NEW AND USED
✓ LOTS TO SEE AND DO
✓ CANTEN

Visit us at 421 Mulvey Avenue E, Winnipeg

Hip or Knee Replacement?

The disability tax credit allows for a **\$2,500 Yearly Tax Credit** and up to **\$25,000 Lump Sum Refund**

Copd, arthritis, and many other disabling conditions that cause **Restrictions in Walking or Dressing** may qualify.

GET THE FASTEST REFUND IN CANADA!

For Expert Help:
204-453-5372

Coffee News® ... Doing our part

FRESH ~ CLEAN ~ SANITIZED

WE will be increasing our number of available copies, so please feel free to take one with you.

- One Time Use
- Do Not Return to Stand
- Recycle

Coffee News®... doing our part to STOP THE SPREAD

Blair Sonnichsen REALTOR®
Tyson Sonnichsen REALTOR®

40 Years Experience

WINNIPEG HOMES.COM

204-989-5000
An Experience Worth Repeating

"Buyer Agency" "Vendor Agency" "Real Estate Services"

ROYAL LEPAGE
Dynamic Real Estate

Do you want your TV on the wall?

Give us a call – as low as \$99!

We are experts in home and business theatre, automation, alarm, voice controlled lighting and blinds.

Contact one of our experts today!

204.505.1840 • interfusionmedia.ca

This Space for Rent

204-510-6397

For the first time ever...
Advertise Your Restaurant Here!*

For complete details, call Alastair at 204-510-6397

Qualifying distributors of **Coffee News®** receive **FIRST MONTH FREE!****

* Space restrictions may apply.
** On 6 month term.

Coffee News® #supportlocal Initiative

WINNIPEG BUSINESS OWNERS!
Connect with other businesses and customers

BizExchangeMall.com
"Your Local Business Mall"

REQUEST LISTING ONLINE: USE CODE **BMX 001**

From Port Alberni, B.C. to St. John's, Newfoundland

Served in **1579** restaurants and coffee shops

Read by over 1.25 million Canadians per week

Coffee News® is Canada's choice for positive news from around the world!

Call Citadel Exteriors today for a FREE no-obligation quote!

Licensed and Insured!
Insurance Claims Welcome!

CITADEL EXTERIORS

204-668-7663
citadlexteriors@shaw.ca
www.citadlexteriors.ca

YOUR COMPLETE MAINTENANCE SPECIALISTS

- EAVESTROUGHS
- SOFFIT
- FASCIA
- SIDING
- CLADDING
- ROOFING
- PAVING
- STUCCO

NOW RECRUITING!

Professional Career Training Opportunities

Call 204-589-4433 for more info or come to 519 Selkirk Ave., Winnipeg

URBAN CIRCLE TRAINING CENTRE INC.
WINNIPEG, MANITOBA

"A Learning Centre That Makes a Difference!"

www.urbancircletraining.com

Support Coffee News!



The paper you have grown to love can't do it without readers like you...

- Visit our advertisers
- Browse our website
- Like us on Facebook

Coffee News
"News to Enjoy Over Coffee"

Get Coffee News Online!

Delivered to your inbox weekly



Please visit www.coffeenewswinnipeg.com for details

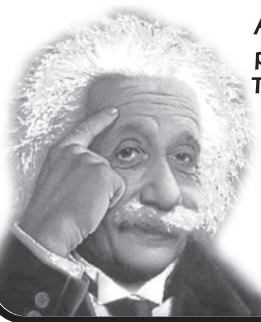
Home and Office BOTTLED WATER DELIVERY

ORDER 3 BOTTLES, GET A 4TH FREE!

CALL 204.284.1704 Use promo code "Coffeenews"

WaterDirectPLUS
More than just water!
waterdirectplus.com

TEST YOUR MEMORY



After reading *Coffee News*, put it aside for a moment. Then challenge yourself or a friend to remember as many ads as you can.

Your Score:

- Less than 6 – Keep trying
- 7-10 – Getting better
- 11-15 – Excellent
- 16 or more – Genius!

Just hatching a new business?

CHECK OUT **Coffee News** ADVERTISING!

- People need to know about you!
- Reach thousands of local readers every single week
- Exclusive, affordable advertising

It's a crackin' good deal!

CHESSKINGS CAR RENTAL

✓ NO CREDIT CARD REQUIRED

✓ WE CAN DELIVER THE CAR TO YOU!

\$10 OFF
USE PROMO CODE COFFEE NEWS

204-887-7777

WWW.CHESSKINGS.CA

GetAssist.com
CONNECT WITH PURPOSE

Are you looking to help on some home projects or a tutor? **GetAssist is here to help with everything from A to Z!** Download the free app or go online and make a request for anything you need.
GET LOCAL HELP QUICKLY AND EASILY!

If you are a Realtor, Property Management Company or a Builder looking for local trades, pop in and ask how it works.

GetAssist Networking Centre
Co-working space
Unit 3-236 Osborne St. (Confusion Corner)
9-5 Monday-Friday

www.getassist.com

Download on the App Store | GET IT ON Google Play

Your Weekly Horoscope

ARIES
(March 21 - April 20)



You may be very optimistic and possibly a little too extravagant now. Be cautious because things may not always be as they seem. Beware of any get-rich-quick schemes. Lucky Numbers: 10, 11, 33, 34, 45, 46.

TAURUS
(April 21 - May 21)



You may be inspired creatively, artistically, and spiritually. You might find yourself wanting to create or listen to music, rather than concentrate on practical matters. Lucky Numbers: 22, 23, 44, 46, 48, 49.

GEMINI
(May 22 - June 21)



You may have the discipline to tackle difficult tasks. It might be easy for you to concentrate and to eliminate the things distracting you from reaching your goals. Lucky Numbers: 5, 10, 15, 25, 35, 45.

CANCER
(June 22 - July 22)



Speaking about very personal, private matters may come easier to you now. You might also find it useful to record some of your memories by writing a journal. Lucky Numbers: 3, 15, 16, 18, 33, 38.

LEO
(July 23 - Aug. 23)



Asserting yourself in a more positive manner may assist you in earning a leadership role. You could have an opportunity to shine, once you choose your future path. Lucky Numbers: 7, 9, 12, 22, 31, 41.

VIRGO
(Aug. 24 - Sept. 23)



You may have an extra measure of confidence and could make a strong first impression. Interviews or public relations of some nature might be highlighted. Lucky Numbers: 2, 9, 13, 15, 17, 44.

LIBRA
(Sept. 24 - Oct. 23)



Your imagination and sensitivity may spark your interest in psychology, as well as in the deep secrets of others. You might enjoy reading some mystery and supernatural stories. Lucky Numbers: 1, 7, 9, 17, 26, 42.

SCORPIO
(Oct. 24 - Nov. 22)



Your ability to understand abstract ideas and your desire to grow intellectually may be very strong. Studying new concepts could enable you to get past recent difficulties. Lucky Numbers: 6, 7, 13, 19, 25, 38.

SAGITTARIUS
(Nov. 23 - Dec. 21)



You may be willing to experience a refreshing change of pace. A more adventurous attitude in your relationships could make this time very stimulating. Lucky Numbers: 6, 10, 24, 25, 32, 48.

CAPRICORN
(Dec. 22 - Jan. 20)



You may be fascinated by the mysterious and want to probe until you discover the truth. An interest in detective investigations or legal matters might come to the fore. Lucky Numbers: 2, 13, 19, 30, 39, 47.

AQUARIUS
(Jan. 21 - Feb. 19)



You may have to be quiet and to look more objectively at your relationships. It might be a fruitful time for you to learn more about love and about what you truly value. Lucky Numbers: 7, 14, 15, 21, 28, 29.

PISCES
(Feb. 20 - March 20)



Any partnership that might start now could likely prove to be a lasting one. Don't allow your power and control to become a major issue in the relationship. Lucky Numbers: 25, 27, 30, 34, 39, 45.

Lucky numbers this week: This week's odds favour Scorpio winners with the luckiest number being 6.

Did You Know...

Tart drink: A beverage enjoyed by people in Colombia is *lulada*. It is made with lime juice, water, sugar, and ice, along with its namesake, mashed *lulo* (also known as *naranjilla*), a sweet and tart fruit loved by Colombians.

Good stuff: Earwax, or "cerumen," may not be the most glamorous of topics, but the substance is healthy for a person's ears. Along with lubricating the skin in the ear canal, it protects the middle and inner ear from dust and dirt.

Volcano action: Known as the Land of Ice and Fire, Iceland has between 20 and 30 active volcanoes, with Grímsvötn being among the most active. It is located in Iceland's Vatnajökull National Park.

Loud and odd: A bird called the horned screamer lives in the northern half of South America. These birds are known for their odd, loud call, as well as for the horn of cartilage that grows out of their foreheads.

First hit: American musicians Simon and Garfunkel (Paul Simon and Art Garfunkel) were high school friends in the 1950s. Before they became famous, they performed as a duo named Tom and Jerry. Their song, "Hey Schoolgirl," became a hit.

On the Lighter Side

Hospitality: Making your guests feel at home, even when you wish they were.

Why didn't the physics teacher marry the biology teacher? Their chemistry just wasn't right.

The things that come to those who wait may be the things left by those who got there first.

What did the lovestruck cat say to the "man" of her dreams? "O Romeo, Romeo, wherefore art thou Romeo?"

They told me that I had type A blood, but it was a type-O.

Answers

Trivia answers: 1. The Alps 2. Ozone 3. Neowise 4. Norman Lear 5. France

For available franchise opportunities – visit coffeenewscanada.com

WOULD YOU LIKE TO VOLUNTEER?



- All are welcome!
 - We operate on a drop-in basis
 - No need to sign up or register
 - Arrive 5:30pm - 6pm any location
 - North End, West End, W. Broadway
 - Patrols +18 (Youth patrols every other Tues North End Patrol)
- CALL BEAR CLAN 204-918-8996**
OR BEARCLANMB@HOTMAIL.COM

HELP STOP THE SPREAD!



Wear a mask



Keep your distance – six feet!



Wash your hands



Take a copy of *Coffee News* home with you

Stay safe!

A message from your friends at **Coffee News**

Support **Canada** and Canadian workers!

Check our superior quality **BSTsecurity** BST Surveillance products

When Quality and Reliability Are Required

CLEARLY INSIGHT SECURITY SOLUTIONS

204-414-2590

Camera@ClearlyInSightIP.com | ClearlyInSightIP.com

I can show you how to save each month risk free

with an initial fee of only \$40



Money is guaranteed by CIBC Savings Plan

C A SAVERS Co. P.O. Box 61051 Winnipeg, MB R3M 3X8 is registered with the City of Winnipeg

Recipe of the month

Spicy Cajun Potato Salad

- | | |
|---|---|
| 5 pounds medium Yukon Gold potatoes, peeled and cut into 3/4-inch cubes | 1-1/2 cups mayonnaise with olive oil and coarsely ground pepper |
| 1 large yellow onion | 1 cup dill pickle relish |
| 1/2 medium lemon | 1/2 cup yellow mustard |
| 1/2 teaspoon salt | 1 to 2 tablespoons Cajun seasoning |
| 8 hard-boiled large eggs, chopped | 1/4 cup minced fresh parsley |
| | Paprika |

Prep Time: 20 min. Cook Time: 10 min. + chilling Yield: 20 servings

- Place potatoes in a Dutch oven; add water to cover. Cut onion in half crosswise; add one half to saucepan. Bring to a boil. Add lemon and salt to cooking water. Reduce heat; cook, uncovered, until potatoes tender, 5-6 minutes.
- Meanwhile, chop remaining onion. Combine with eggs, mayonnaise, dill pickle relish, mustard and Cajun seasoning.
- Drain potatoes; rinse under cold water. Discard onion and lemon. Add potatoes to egg mixture; gently toss until well mixed (do not overmix, or potatoes will break down). Refrigerate, covered, 1-2 hours. Just before serving, sprinkle with parsley and paprika.

Source: www.fasttohome.com

"CONNECTING THROUGH HORSES" SAGEHILL STABLES

Horseback Riding Lessons & Birthday Parties

- Beginners welcome!
- Equine Assisted Learning Life Skills Programs
- Develop skills to combat anxiety, bullying and addiction
- Conference Room and Facility Rentals

AGES 4 TO 70+

1-800-217-4184

4180 Waverley Street in Winnipeg



www.sagehillstables.com