

Create a variety pack of 24 and get **FREE!**

Limit 1 per customer per day, in store offer only. Expires June 30th, 2021.

**50<sup>+</sup> Keto Syrups**

LOCALLY OWNED AND OPERATED



**500<sup>+</sup> K-Cups PODS Davinci Syrups**

singlecup.ca

Mon-Sat, 9-5

Calgary: 403-354-4962 #3, 401-33 St. NE

Edmonton: 587-357-0955 9754-45 Ave. NW

FREE SHIPPING \$60+

**Recipe of the month**

**Spicy Cajun Potato Salad**

5 pounds medium Yukon Gold potatoes, peeled and cut into 3/4-inch cubes  
1 large yellow onion  
1/2 medium lemon  
1/2 teaspoon salt  
8 hard-boiled large eggs, chopped

1-1/2 cups mayonnaise with olive oil and coarsely ground pepper  
1 cup dill pickle relish  
1/4 cup yellow mustard  
1 to 2 tablespoons Cajun seasoning  
1/4 cup minced fresh parsley  
Paprika

Prep Time: 20 min. Cook Time: 10 min. + chilling Yield: 20 servings

1 Place potatoes in a Dutch oven; add water to cover. Cut onion in half crosswise; add one half to saucepan. Bring to a boil. Add lemon and salt to cooking water. Reduce heat; cook, uncovered, until potatoes tender, 5-6 minutes.  
2 Meanwhile, chop remaining onion. Combine with eggs, mayonnaise, dill pickle relish, mustard and Cajun seasoning.  
3 Drain potatoes; rinse under cold water. Discard onion and lemon. Add potatoes to egg mixture; gently toss until well mixed (do not overmix, or potatoes will break down). Refrigerate, covered, 1-2 hours. Just before serving, sprinkle with parsley and paprika.

Source: www.tasteofhome.com



**STOP STREAMING! IT'S FUNNIER LIVE AT THE COMIC STRIP**

BOURBON STREET, WEST EDMONTON MALL

PURCHASE TICKETS ONLINE AT [thecomicstrip.ca](http://thecomicstrip.ca)

Rick Bronson's THE COMIC STRIP DRINK • DINE • LAUGH



Bras Briefs Boxers Bikinis

**Romantic Notions inc.**

Visit us on **f** for promotions and gift ideas!

780.962.4944  
1.855.962.4944

www.romanticnotions.ca | #30, 210 McLeod Ave., Spruce Grove

30 YRS. OF PERSONALIZED SERVICE & A REPUTATION FOR EXCELLENCE



**QUIT SMOKING TODAY!**

Free juice bar with over 200 flavours to sample

Incredibly helpful staff who will set up your new device and teach you how to use it

• Salt Nic  
• Starter Kits  
• Top Brands

**Liberty Vape**

eCig • eJuice • Tech

Located in West Edmonton Mall Phase 1, Lower Level, next to The Bay

780.893.1838  
libertyvape.ca



**HIP/KNEE REPLACEMENT?**

Other medical conditions causing TROUBLE WALKING or DRESSING?

The Disability Tax Credit allows for **\$3,000 YEARLY TAX CREDIT** and **\$30,000 LUMP SUM REFUND**

FREE ASSESSMENT CALL TODAY!

For Expert Help: **1.844.453.5372**



**FREE!** New Issue Every Week!


**Coffee News**<sup>®</sup>

"News To Be Enjoyed Over Coffee"

West Edmonton Edition

780-220-6397

www.coffee-news.ca



**Congratulations** to this month's **Coffee News Guy** contest winners!

Your prizes are in the mail!

Nancy Preece  
Mara De Leon  
Carmelle Zurowski  
Gloria Barrios

Enter today for your chance to win at [www.coffee-news.ca](http://www.coffee-news.ca)



Vol. 18 No. 34 August 23, 2021

**Everybody's Talking**

**Duck dynasty:** Who needs pesticides in Thailand? Not the rice farmers in Nakhon Pathom province, west of Bangkok. That's because each year flocks of ducks are brought in to eat weeds and pests, such as snails. The ducks come from duck farms, and the farmers appreciate the free food their ducks eat from the rice paddies. Rice farmers benefit because they can cut back on the use of chemicals, and their fields get fertilized. The ducks move around the rice fields for a few months and then return to their farms to lay their eggs. Using ducks for this purpose is known as "ped lai thoong."

**Building blocks:** A 20-something-year-old woman from Pietermaritzburg near Durban, South Africa, unwittingly provided encouragement for other women to take on jobs usually done by men. Zama Philisiwe Zungu decided to build an addition to her home, and did it herself, from mixing the cement to stacking the bricks. Photos of her progress attracted attention on social media, bringing Zungu a lot of praise. As a civil engineer by training, she loves constructing things, a skill she learned from her father. She wants to empower more women in the construction industry and may start her own construction company.

**Replicating art:** A woman from Saint Petersburg, Russia, took an art challenge seriously. Liza Yukhnyova heard about the #gettychallenge, in which people recreate a work of art using household items, and then take a photo of the result. Bored during the COVID-19 pandemic, Yukhnyova decided to create one piece of art each day for as many days as she could. So she picked famous paintings, and using makeup and items from around the house, she turned herself into women from cultures around the world. Yukhnyova has a degree in art history, so she has a wide base of knowledge about art.

**Wall crawler:** If Spider-Man had a son, it might just be Yasharth Singh Gaur of Kanpur, Uttar Pradesh, India. Gaur has his own parents, but the young boy can scale walls in much the same manner as the comic book hero. The young fellow, facing outward and using only his hands and feet, taught himself to creep a 10-foot high wall. He settles into a corner and then up he goes. His parents are concerned that he may fall down, but they are also thrilled with this athletic skill. If the boy feels like he is going to fall, he makes a controlled jump to the ground without hurting himself.

**Quoteable Quotes**

"Great literature, past or present, is the expression of great knowledge of the human heart."  
*Edith Hamilton*

"Your life will be rich for others only as it is rich for you."  
*David McCord*

**What's Happening**

**July 14 to Aug 31-Kid Connect Ages 5 - 12** Want to occupy your kids this summer. AT Kid Connect Kids get to create art, play games, and get out some of their extra energy with short exercises. Wednesdays and Saturdays from 11am to 12 pm. For details call 780-428-3041 or kidconnectyeg@outlook.com

**Sept 10-Bridge of Life** is a suicide awareness prevention candle light vigil walk across the high level bridge. There is light music, refreshments and guest speakers. [www.yegmentalhealth.com](http://www.yegmentalhealth.com). Constable Ezio Faraone Park 7-9 PM

**Oct 1-Sight Night** fun run after dark, in support of visually impaired Albertans! The event raises funds and awareness for the Alberta Sports and Recreation Association for the Blind. The event features distances for all abilities. For more info [www.asrab.ab.ca](http://www.asrab.ab.ca).

NON profit organizations may submit events for FREE at [www.coffee-news.ca/whats-happening](http://www.coffee-news.ca/whats-happening)

**Hidden Coffee News Guy ADVENTURE**

To enter, visit [www.coffee-news.ca](http://www.coffee-news.ca)

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

Find the Coffee News Guy hidden in one of the ads, then enter to win!

**\$400\* Prize Package**

\*Coffee News Bucks  
Over 150 participating sponsors!  
4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

**BLUE BLOODS**

MON - THURS 9:00

yesTV



**THIS SPACE FOR RENT**

780-220-6397

**Calling all Fishermen**

50 YEARS & OVER

Come find fishing buddies at THE EDMONTON Old Timers' FISHING CLUB

Monthly meetings Monthly newsletter

...with guest speaker, free coffee & donuts. For more info, call or text Gary Preece at 780.940.6679



**Thank You** to these distribution partners for continuing to support Coffee News through these unprecedented times...


We appreciate you!

Zone 11 Updated 06.01.21

A & W	Enzo's Donairs	Pho Tasty	Walmart-
Badass Jacks	Fifendekel	Pizza Hut	McDonalds
Best Donair	Green Bean Java	Press'd	Wendy's x 2
Big Daddy's	Bistro	Quan's Cafe	Westmount Food
Sandwich Co.	Harvey's	Robyn's Diner	Court - West
Booster Juice	IHOP	Second Cup x 2	Entrance
Boston Pizza x 2	Just Donair	Sir Donair & Subs	Westmount Food
Chopped Leaf	KFC	Smitty's x 2	Court - Taco
Churches Chicken	Manila Grill	Snack Heaven Deli	Time
Continental Inn	Restaurant	Square 1 Craft Coffee	Zambelli's
Country Cooking	Mary Brown's	Steacken	
Restaurant	McDonalds x 2	Subway	
Dairy Queen x 2	Mom's Donair	Super 8 Motel	
Dang Good	More Subs	Taco Time	
Days Inn and	Mr. Sub x 2	The Grocery People	
Suites	Nak's Bistro & Café	Tim Hortons x 7	
Domino's Pizza	Oodle Noodle	Tony Roma's	
Donna's Eatery	Opa	Village at Westmount	
Edo Japan	Panda Hut Express	Vi's for Pies	
	Pat & Mike's		
	Pho Binh		

Would you like to offer your customers the opportunity to enjoy the "good news" message of Coffee News?

► For more information on becoming a distribution partner, call us at 780.220.6397 or scan the QR code at right.



**Don't know how to fix your home?**

We complete 100's of lists each year!

www.HOHS.ca | 780.940.2127

Framing & Drywall | Caulking | Much More

**HOME & OFFICE HANDYMAN SERVICES**



**If you liked Gold Canyon Candles, you are gonna love Sunset Scents!**

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

They are the next Finest candles you will EVER find!

PSC Prairie Scented Candles

Sunset Scents a RAY of Fragrance

prairiescentedcandles@gmail.com  
www.prairiescentedcandles.com



**Trivia**

1. In the popular Mother Goose nursery rhyme, where is the farmer?
2. The lychee fruit is native to what area of the world?
3. What caused the Statue of Liberty in the U.S. to turn green?
4. In ancient Greek mythology, a cyclops has one eye, two eyes, or three eyes?
5. What is the full name of the explosive TNT?

(Flip bottom of page for answers)

© Published with Permission by Capital Marketing Ltd

(Over)

**inogen**  
**FREEDOM. TO BE YOU.**  
 1-888-998-6714  
 MKT-P0253

**DELIVERY PERSON NEEDED**  
 ...to deliver **Coffee News®!**

- Deliver CN to restaurants and other locations
- Part-time position

**Interested?**  
 Please email your résumé to [info@coffee-news.ca](mailto:info@coffee-news.ca)

**Need ONE More Reason to Join?**

- 1 You need child support enforced
- 2 Your landlord raises rent in violation of your verbal agreement
- 3 You adopt a child
- 4 A friend owes you money and files for bankruptcy
- 5 You need help with credit card liability resolution
- 6 Your car is vandalized in a parking lot

Call **LOYD KENNEY**, Independent Associate, to find out how LegalShield can help you!  
**LegalShield 1-877-579-9449**

Looking for an activity to promote team building, customer appreciation or a social club?  
**Consider Curling**  
 Reasonable Price • Fun Accessible for Everyone  
 Then, enjoy a craft beer, wine selections in the licensed lounge, and have dinner catered by "Preserve Food Truck"

To book, call **780.489.6428** or email [cathy@jasperplacecurling.ca](mailto:cathy@jasperplacecurling.ca)  
**Jasper Place Curling Club**

**Earn An Income Online**  
 Join the biggest and best global online business!  
 NO selling | NO parties | NO inventory | NO recruiting  
**Freedom - Flexibility - Fun**  
 Register for a **FREE info session** here:  
 (Scan this code for info)  
 or visit [www.susandeveney.net](http://www.susandeveney.net)  
**NO EXPERIENCE NEEDED - WE TRAIN AND MENTOR**

★ ★ OVER 50 ★ ★  
**5 STAR REVIEWS!**  
 INDEPENDENT AUTO REPAIR SHOP  
 SERVICING ALL MAKES AND MODELS  
 FOCUSED ON CUSTOMER SATISFACTION  
 EXPERIENCED TECHS  
 FAIR PRICING  
**AUTO TECH WEST**  
 17348-107 Ave. NW  
 M-F, 8 a.m. - 5 p.m.  
**780-448-2228**  
 Book Your Appointment Online: [www.autotechwest.ca](http://www.autotechwest.ca)

**200+ Delicious Meals Made for SENIORS!**  
 PLEASE ASK US FOR STARTER PACK  
 NOW SERVING THIS COMMUNITY!  
 ✓ Free Delivery\*  
 ✓ No Obligations  
 ✓ No Minimum Orders\*  
 \*Some conditions apply

Request your **FREE MENU Catalogue** today!  
**780-666-2336**  
 TF: 1-800-704-4779

**HEART TO HOME MEALS**  
 DELICIOUS MEALS MADE FOR SENIORS®  
[www.hearttohomemeals.ca](http://www.hearttohomemeals.ca)

**Love Coffee News?**  
 Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!  
 Send your selfie to [contests@coffee-news.ca](mailto:contests@coffee-news.ca)  
 Please put "Readers" in the subject line.  
 Please include:  
 1 Your name 2 Your phone number and 3 Your address so that we can send you some cool prizes if your photo is chosen to appear in the paper!

**Readers of the Month**  
 Franz Fritzwitz & Wilbur Ramsbottom

**Coffee News®** Fun Reading. Serious Advertising.

# Your Weekly Horoscope

**ARIES (March 21 - April 20)**  
 Your desire for love may be strong and you may act on impulse. Some aspects of your life might not be happy, but facing this issue may help you realize that it can be remedied. Lucky Numbers: 15, 16, 17, 33, 34, 35.

**LIBRA (Sept. 24 - Oct. 23)**  
 Giving and receiving appreciation and love may come into your life. You might want to experiment with new things, but be careful about what you throw out. Lucky Numbers: 1, 15, 22, 31, 44, 47.

**TAURUS (April 21 - May 21)**  
 You may gain what you want through your diplomacy and charm. You might want to enlist the support of allies and friends, rather than trying to be so outspoken and bold. Lucky Numbers: 1, 5, 7, 18, 27, 31.

**SCORPIO (Oct. 24 - Nov. 22)**  
 You might need to apologize for being so stubborn. You may be humbled to see how the flaws in your attitude affect others, and you may need to remedy the situation. Lucky Numbers: 12, 30, 33, 35, 37, 48.

**GEMINI (May 22 - June 21)**  
 Differences in styles or personal tastes might be an issue for you. You may want to be gracious about making adjustments, even if you feel uncomfortable at first. Lucky Numbers: 22, 28, 31, 37, 40, 46.

**SAGITTARIUS (Nov. 23 - Dec. 21)**  
 Your imagination in the arts or music may have great appeal. Using your creative talents might prove to be more fruitful than dealing with more practical matters. Lucky Numbers: 3, 4, 23, 24, 43, 44.

**CANCER (June 22 - July 22)**  
 Your drive for personal freedom may be pressing, and a confrontation could likely occur. Insist on your rights and stand up for yourself. Others should follow your lead. Lucky Numbers: 2, 6, 16, 26, 36, 46.

**CAPRICORN (Dec. 22 - Jan. 20)**  
 Relaxation, enjoyment, and pleasurable activities might be highlighted now. You may not want to get involved in anything that requires a great expenditure of energy. Lucky Numbers: 4, 6, 12, 20, 24, 30.

**LEO (July 23 - Aug. 23)**  
 You might feel very bold and adventurous. You may not tolerate delays, restrictions, or any form of authority that prevents you from behaving exactly as you please. Lucky Numbers: 6, 24, 29, 35, 40, 42.

**AQUARIUS (Jan. 21 - Feb. 19)**  
 Someone important may come into your life. You might meet a person who becomes your strongest influence. It could be in the form of teacher or mentor. Lucky Numbers: 15, 16, 29, 32, 39, 49.

**VIRGO (Aug. 24 - Sept. 23)**  
 Health matters may be a concern, and you might be inspired to start a self-improvement program. You may be able to create better health habits and a new regimen. Lucky Numbers: 13, 17, 21, 25, 29, 33.

**PISCES (Feb. 20 - March 20)**  
 You may feel realistic about love and may be interested in being with people on whom you can depend. Reach out to an older person who means a lot to you. Lucky Numbers: 6, 9, 16, 20, 28, 45.

Lucky numbers this week: This week's odds favour Aries winners with the luckiest number being 15.

## Did You Know...

**Northern dogs:** "Reindeer dogs" are a type of hot dog sold in the northern U.S. state of Alaska. These are sausages made with caribou, pork, and beef, and served in a bun. Accompaniments include onions glazed with cola, mustard, and cream cheese.

**Seashell delights:** The Monastery of São Vicente de Fora in Lisbon, Portugal, houses a unique attraction: a seashell gallery. It contains a beautiful and artfully arranged collection of seashells from the country's shorelines.

**Florence Nightingale:** Known as "The Lady with the Lamp," Florence Nightingale is considered the founder of modern nursing. She was named Florence after the Italian city where she was born in 1820. Her family moved to England in 1821.

**Bouncy pickle:** There is a law in the U.S. state of Connecticut that says pickles must bounce. The law stems from an incident in 1948 when two men were arrested for selling rotten pickles. The new law established that if a pickle bounced, it was safe to eat.

**Can't go backward:** Kangaroos are one of the few animals that can't walk backward. They can only hop forward using both feet at the same time and their tail for balance.

## On the Lighter Side

Animal testing is a terrible idea—they get all nervous and give you the wrong answers.  
 "Doctor, I think I'm suffering from memory loss."  
 "Have you ever had it before?"  
 A bird does not sing because it has an answer. It sings because it has a song.  
 Today is the tomorrow you worried about yesterday. But not enough.  
 Did you hear about the invisible man who married the invisible woman? Yeah, their kids aren't much to look at, either.

## Answers

**Trivia answers:** 1. In the dell 2. Southeast Asia 3. Oxidation of copper 4. One eye 5. Trinitrotoluene

IS ADVENTURE ON YOUR BUCKET LIST?  
**Discover Scuba**  
 Try **Scuba Diving** and see what it's like to breathe underwater!  
 \$50 per person. Save \$10 each when you register two or more!  
 Or, discover **Snorkelling!**  
 \$30 per person. Save \$5 each when you register two or more!  
**780.483.0044**  
 11781-156 St., Edmonton  
**www.thediveoutfitters.ca**  
 CALL OR REGISTER ONLINE

**Jennifer Miles, Agent**  
 125-15 Circle Dr  
 St. Albert AB T8N 3Y7  
 780-460-2279  
[www.jmilesinsurance.com](http://www.jmilesinsurance.com)

**Desjardins Insurance**  
 Desjardins Insurance refers to Certas Home and Auto Insurance Company, underwriter of automobile and property insurance or Desjardins Financial Security Life Assurance Company, underwriter of life insurance and living benefits products.  
 Desjardins, Desjardins Insurance and related trademarks are trademarks of the Fédération des caisses Desjardins du Québec, used under licence.

**RETIREMENT LIVING CHRISTENSON**  
 Optional Meals • Personalized Services • On-site Care  
**Join Our Safe & Social Community**

**Westmount**  
 Scan QR Code

Ask about our rental promotion

**Full Kitchens • Social & Recreation • U/G Parking**  
**13317-115th Ave, Edmonton**  
**780-452-2030**  
 CDLhomes.com

**God's Word Never Changes**  
**InScribe**  
 Christian Writers' Fellowship  
**FALL CONFERENCE 2021**  
**OPEN TO ALL WRITERS!**  
 Join us September 30 - October 2  
 Providence Renewal Centre  
 3005-119 Street NW  
 Edmonton  
**REGISTER BEFORE AUG. 15 & SAVE!**

Featuring Keynote Speaker **D.S. Martin**

- Thursday Night Mixer
- Keynote
- Presentations
- Friday Banquet
- Awards Ceremony
- Panel Discussions
- Variety of Workshops
- Author Readings
- ...and more!

Registration & Details:  
[www.inscribe.org/events/fall-conference](http://www.inscribe.org/events/fall-conference)

**ELECTRICIAN FOR HIRE**  
 Residential Light Commercial  
 Electrical Repairs and Renovations  
**Art de Leon Master Electrician**  
**780.932.3858** Cell  
[ajdeleon63@gmail.com](mailto:ajdeleon63@gmail.com)

**WEST EDMONTON**  
**jiffylube®**  
 Mon - Sat, 8-6  
 Sun, 10-5

- OIL CHANGES
- TRANSMISSION AND DRIVELINE SERVICE
- AIR FILTERS ■ FUEL FILTERS

WARRANTY APPROVED  
 NO APPOINTMENT NECESSARY!  
**780.483.2281**  
 17771 - 98A Avenue, Edmonton (beside the Domo)

**\$10 OFF**  
 ANY OIL CHANGE PACKAGE (WITH THIS AD)

Every \$3.51 You Give = **1 MEAL FOR A HOMELESS NEIGHBOUR**

Give Hope. Give Today.  
**TheSeed.ca/donate**

THE MUSTARD SEED