

Real Estate | Wills | Contracts



**HOMESTEAD**  
..... L A W .....

Tamara D. Epple B.A., J.D.

780.243.2116  
www.homesteadlaw.ca

"OUR GOAL IS TO MAKE CLIENTS FEEL LIKE FAMILY"

**I HAVE BEEN DOING TAX RETURNS SINCE 1985**

Personal Tax Returns • Corporate Tax Returns  
GST Returns • Preparation of T4s/T5s



**Donald B. Verbeke**, CPA, CA, CFP  
PROFESSIONAL CORPORATION

CPA  
CHARTERED PROFESSIONAL ACCOUNTANT  
CFP

1169 Tory Road NW Edmonton • don@verbeke.ca  
**Cell: 780.945.6190 • www.verbeke.ca**

**THIS SPACE FOR RENT**

**780-220-6397**

**HIP/KNEE REPLACEMENT?**

Other medical conditions causing TROUBLE WALKING or DRESSING?

The Disability Tax Credit allows for

**\$3,000 YEARLY TAX CREDIT**  
and **\$30,000 LUMP SUM REFUND**

**FREE ASSESSMENT CALL TODAY!**

**For Expert Help:**  
**1.844.453.5372**



**If you liked Gold Canyon Candles, you are gonna love Sunset Scents!**

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

*They are the next Finest candles you will EVER find!*



**PSC**  
Prairie Scented Candles

**Sunset Scents**  
a RAY of Fragrance

prairiescentedcandles@gmail.com  
www.prairiescentedcandles.com



**BLUE BLOODS**

MON - THURS 9:00

yesTV

**"A Proven Leader in Digital Security"**

- Commercial CCTV Surveillance Solutions
- Commercial Access Control Solutions
- Commercial Alarm Solutions
- Rural Farm and Acreage Solutions

**EAGLE EYE SECURITY SOLUTIONS LTD.**

780.570.5974 | eesecuritysolutions.ca

LOCALLY OWNED AND OPERATED

**Welcoming new patients!**

Offering a full line of dental services, including

- Invisible Braces
- Myofunctional Therapy
- Snore and Apnea Appliances

**PARK DENTAL**

WELLNESS CENTRE #302, 2018 Sherwood Dr.

**780.467.2444**  
www.parkdentalcare.ca

We are pleased to announce that Dr. Sabrina Atwal has joined our team

**FREE!** *New Issue Every Week!*

**Coffee News**®

"News To Be Enjoyed Over Coffee"

**Sherwood Park North Edition**

**780-220-6397**



www.coffee-news.ca

Est. 1988

Vol. 18 No. 34 August 23, 2021

**Everybody's Talking**

**Duck dynasty:** Who needs pesticides in Thailand? Not the rice farmers in Nakhon Pathom province, west of Bangkok. That's because each year flocks of ducks are brought in to eat weeds and pests, such as snails. The ducks come from duck farms, and the farmers appreciate the free food their ducks eat from the rice paddies. Rice farmers benefit because they can cut back on the use of chemicals, and their fields get fertilized. The ducks move around the rice fields for a few months and then return to their farms to lay their eggs. Using ducks for this purpose is known as "ped lai thoong."

**Building blocks:** A 20-something-year-old woman from Pietermaritzburg near Durban, South Africa, unwittingly provided encouragement for other women to take on jobs usually done by men. Zama Philisiwe Zungu decided to build an addition to her home, and did it herself, from mixing the cement to stacking the bricks. Photos of her progress attracted attention on social media, bringing Zungu a lot of praise. As a civil engineer by training, she loves constructing things, a skill she learned from her father. She wants to empower more women in the construction industry and may start her own construction company.

**Replicating art:** A woman from Saint Petersburg, Russia, took an art challenge seriously. Liza Yukhnyova heard about the #gettychallenge, in which people recreate a work of art using household items, and then take a photo of the result. Bored during the COVID-19 pandemic, Yukhnyova decided to create one piece of art each day for as many days as she could. So she picked famous paintings, and using makeup and items from around the house, she turned herself into women from cultures around the world. Yukhnyova has a degree in art history, so she has a wide base of knowledge about art.

**Wall crawler:** If Spider-Man had a son, it might just be Yasharth Singh Gaur of Kanpur, Uttar Pradesh, India. Gaur has his own parents, but the young boy can scale walls in much the same manner as the comic book hero. The young fellow, facing outward and using only his hands and feet, taught himself to creep a 10-foot high wall. He settles into a corner and then up he goes. His parents are concerned that he may fall down, but they are also thrilled with this athletic skill. If the boy feels like he is going to fall, he makes a controlled jump to the ground without hurting himself.

**Quoteable Quotes**

"Great literature, past or present, is the expression of great knowledge of the human heart."  
*Edith Hamilton*

"Your life will be rich for others only as it is rich for you."  
*David McCord*

**What's Happening**

**Oct 1-Sight Night** fun run after dark, in support of visually impaired Albertans! The event raises funds and awareness for the Alberta Sports and Recreation Association for the Blind. The event features distances for all abilities. For more info www.asrab.ab.ca.

**Jun 3 to Sep 26-Century Park Market** Southside open air public farmers market. Open Thursdays from 3:30pm to 7:30pm. Phone 780-913-2586 for more information or visit www.centuryparkmarket.com

**July 14 to Aug 31-Kid Connect Ages 5 - 12** Want to occupy your kids this summer. AT Kid Connect Kids get to create art, play games, and get out some of their extra energy with short exercises. Wednesdays and Saturdays from 11am to 12 pm. For details call 780-428-3041 or kidconnectyeg@outlook.com

NON profit organizations may submit events for FREE at  
www.coffee-news.ca/whats-happening

**Hidden Coffee News Guy ADVENTURE**

Find the Coffee News Guy hidden in one of the ads, then enter to win!

**\$400\* Prize Package**

\*Coffee News Bucks  
Over 150 participating sponsors!  
4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

To enter, visit **www.coffee-news.ca**

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

**NEW FEATURE!**

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

**Trivia**

1. In the popular Mother Goose nursery rhyme, where is the farmer?
2. The lychee fruit is native to what area of the world?
3. What caused the Statue of Liberty in the U.S. to turn green?
4. In ancient Greek mythology, a cyclops has one eye, two eyes, or three eyes?
5. What is the full name of the explosive TNT?

(Flip bottom of page for answers)

© Published with Permission by Capital Marketing Ltd

(Over)



**RETIREMENT LIVING CHRISTENSON**

Optional Meals • Personalized Services • On-site Care

**Join Our Safe & Social Community**

1 and 2 Bedroom suites now available

**Bedford Village**  
Centre in the Park



Scan QR Code

Full Kitchens • Social & Recreation • U/G Parking

161 Festival Way, Sherwood Park

**780-233-6077**  
CDLhomes.com



GET ONE **FREE** GENERAL CLEANING

WITH A COMMITMENT OF 3 MONTHS OF BI-WEEKLY CLEANINGS\*

\*OFFER VALID THROUGH AUGUST 30, 2021. TERMS AND CONDITIONS APPLY.



**Sparkle & Sheen**  
Organize And Cleaning Services Ltd.  
A SHINE ABOVE THE REST

**825-512-1277**

**CALL TO BOOK TODAY!**

**LANDSCAPE MAINTENANCE AND INSTALLATION**

Mowing, Trimming, Edging • Fertilizing  
Bed Maintenance, Weeding, Enhancements  
Final Grades, Paving Stones, Retaining Walls

**THREE SEASONS LANDSCAPING LTD.**

**780-922-4619** landscape industry certified

www.ThreeSeasonsLandscaping.ca

**THOSE GUYS GARAGE**

CALL NOW TO BOOK YOUR APPOINTMENT!

Come visit our new location!

**587-456-0164** Family Owned and Operated

241 Portage Close, Unit 140 (across from Atco Gas)

**DSP HITCHES**

**www.dsphitches.com**

Manufacturer of DSP Hitches and retailer of all other major brand towing accessories

DSP 32K Weld-On, Sliding, X-Bed & OEM Fifth Wheel Hitches  
Gooseneck Hitches  
Folding Goose Balls  
Weight Distribution Hitch Systems

**We also offer:**

- CAMPER ACCESSORIES**  
Tiedowns • Steps • Turnbuckles  
Receiver Extensions  
Jacks • Supertrusses & Hitches
- WEIGHT DISTRIBUTION HITCH SYSTEMS 4k-15k**  
Round Bar • Trunnion  
4-point Sway Control
- RECEIVER HITCHES 2k-16k**  
Adjustable Ball Mounts  
Hitch Balls • Pintle • Clevis  
Locks & Security
- MOTORHOME TOWABLE**  
Towbars • Baseplates  
Brake Systems • Dollies  
Suspension & Steering Support
- FLATDECK COMMERCIAL**  
Hitch Plates  
King Pin Boxes • Couplers  
Light Boxes • Tool Boxes • Winches  
**WELDING PIPE STANDS**
- TRUCK AND TRAILER ACCESSORIES**  
Tonneau Covers • Running Boards  
Jacks • Landing Gear
- RACKS & ELECTRICAL**  
Bike Racks • Cargo Racks • Plugs  
Brake Controls • 7-way Harness  
Headache Racks & Rails

**I-800-265-3377 | Edmonton, Alberta**

**FREE ROLLING TRAY**

- WHEN YOU PRESENT THIS COUPON -

LIMIT 1 PER CUSTOMER - SEE IN STORE FOR DETAILS

**BUBONIC KRONIK**  
420  
ECIGS • VAPORIZERS • BONGS

99 WYE ROAD SHERWOOD PARK

NO PURCHASE NECESSARY

Feel free to take your Coffee News home!

Helping you rediscovers  
**fun** In the kitchen!  
**Gifts and Gadgets**  
Your one stop kitchen and gift shop.  
**780.962.5220**  
CHECK OUT OUR EXTENSIVE ONLINE CATALOG!  
Visit [www.giftsandgadgets.ab.ca](http://www.giftsandgadgets.ab.ca) or visit us in person at 111 First Avenue, Spruce Grove

PLEASE ASK US FOR STARTER PACK  
**200+ Delicious Meals Made for SENIORS!**  
NOW SERVING THIS COMMUNITY!  
✓ Free Delivery\*  
✓ No Obligations  
✓ No Minimum Orders\*  
\*Some conditions apply  
Request your **FREE MENU Catalogue** today!  
**780-666-2336**  
TF: 1-800-704-4779  
**HEART TO HOME MEALS**  
DELICIOUS MEALS MADE FOR SENIORS™  
[www.hearttohomemeals.ca](http://www.hearttohomemeals.ca)

**We've got you covered!**  
CALL FOR YOUR FREE ESTIMATE TODAY  
Serving Edmonton and Area for Generations  
**ALF'S ROOFING**  
464.6464  
◆ Specializing in residential re-roofing  
◆ Visit our showroom today  
◆ In business since 1976  
[alfsroofing.com](http://alfsroofing.com)

**ART CLASSES**  
*Artfully Yours*  
School of Fine Art  
#126 150 Chippewa Road (upstairs) Sherwood Park  
\* Drawing \* Painting \* Sculpture \* Portfolio Preparation  
LIMITED ENROLMENT - REGISTER TODAY  
**780.449.3824**  
GIFT CERTIFICATES AVAILABLE!  
info@artfullyyoursschool.ca  
artfullyyoursschool.ca

**Congratulations** to this month's **Coffee News Guy** contest winners!  
Your prizes are in the mail!  
Nancy Preece  
Mara De Leon  
Carmelle Zurowski  
Gloria Barrios  
Enter today for your chance to win at [www.coffee-news.ca](http://www.coffee-news.ca)

FIRST AID MEDICAL COURSES SAFETY COURSES  
**PROFESSIONALS TRAINING PROFESSIONALS**  
EMR - Emergency Medical Responder  
BLS - Basic Life Support  
ACLS - Advanced Cardiovascular Life Support  
SFA - Standard First Aid  
AFA/MFR - Advanced First Aid/Medical First Responder  
PALS - Paediatric Advanced Life Support  
RFA - Remote First Aid  
THE WESTERN INSTITUTE OF EMERGENCY EDUCATION  
232-2755 Broadmoor Blvd. Sherwood Park  
**780.643.6163 | www.emergencyed.ca**

**FLAT RATE ALFA TAXI**  
SERVING SHERWOOD PARK AND AREA  
**780.410.0667**  
Airport - \$40. Anywhere in Sherwood Park - up to \$10.\*  
\*Except weekends and evenings.  
Reasonable flat rate anywhere • 24 Hr. Service.  
Toll Free 1.855.688.2941

**Love Coffee News?**  
Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!  
Send your selfie to [contests@coffee-news.ca](mailto:contests@coffee-news.ca)  
Please put "Readers" in the subject line.  
Please include:  
① Your name ② Your phone number and ③ Your address so that we can send you some cool prizes if your photo is chosen to appear in the paper!  
**Readers of the Month**  
Franz Fritzwitz & Wilbur Ramsbottom  
**Coffee News** Fun Reading. Serious Advertising.  
The World's #1 Restaurant Publication!

## Your Weekly Horoscope

**ARIES**  
(March 21 - April 20)



Your desire for love may be strong and you may act on impulse. Some aspects of your life might not be happy, but facing this issue may help you realize that it can be remedied. Lucky Numbers: 15, 16, 17, 33, 34, 35.

**TAURUS**  
(April 21 - May 21)



You may gain what you want through your diplomacy and charm. You might want to enlist the support of allies and friends, rather than trying to be so outspoken and bold. Lucky Numbers: 1, 5, 7, 18, 27, 31.

**GEMINI**  
(May 22 - June 21)



Differences in styles or personal tastes might be an issue for you. You may want to be gracious about making adjustments, even if you feel uncomfortable at first. Lucky Numbers: 22, 28, 31, 37, 40, 46.

**CANCER**  
(June 22 - July 22)



Your drive for personal freedom may be pressing, and a confrontation could likely occur. Insist on your rights and stand up for yourself. Others should follow your lead. Lucky Numbers: 2, 6, 16, 26, 36, 46.

**LEO**  
(July 23 - Aug. 23)



You might feel very bold and adventurous. You may not tolerate delays, restrictions, or any form of authority that prevents you from behaving exactly as you please. Lucky Numbers: 6, 24, 29, 35, 40, 42.

**VIRGO**  
(Aug. 24 - Sept. 23)



Health matters may be a concern, and you might be inspired to start a self-improvement program. You may be able to create better health habits and a new regimen. Lucky Numbers: 13, 17, 21, 25, 29, 33.

**LIBRA**  
(Sept. 24 - Oct. 23)



Giving and receiving appreciation and love may come into your life. You might want to experiment with new things, but be careful about what you throw out. Lucky Numbers: 1, 15, 22, 31, 44, 47.

**SCORPIO**  
(Oct. 24 - Nov. 22)



You might need to apologize for being so stubborn. You may be humbled to see how the flaws in your attitude affect others, and you may need to remedy the situation. Lucky Numbers: 12, 30, 33, 35, 37, 48.

**SAGITTARIUS**  
(Nov. 23 - Dec. 21)



Your imagination in the arts or music may have great appeal. Using your creative talents might prove to be more fruitful than dealing with more practical matters. Lucky Numbers: 3, 4, 23, 24, 43, 44.

**CAPRICORN**  
(Dec. 22 - Jan. 20)



Relaxation, enjoyment, and pleasurable activities might be highlighted now. You may not want to get involved in anything that requires a great expenditure of energy. Lucky Numbers: 4, 6, 12, 20, 24, 30.

**AQUARIUS**  
(Jan. 21 - Feb. 19)



Someone important may come into your life. You might meet a person who becomes your strongest influence. It could be in the form of teacher or mentor. Lucky Numbers: 15, 16, 29, 32, 39, 49.

**PISCES**  
(Feb. 20 - March 20)



You may feel realistic about love and may be interested in being with people on whom you can depend. Reach out to an older person who means a lot to you. Lucky Numbers: 6, 9, 16, 20, 28, 45.

Lucky numbers this week: This week's odds favour Aries winners with the luckiest number being 15.

## Did You Know...

**Northern dogs:** "Reindeer dogs" are a type of hot dog sold in the northern U.S. state of Alaska. These are sausages made with caribou, pork, and beef, and served in a bun. Accompaniments include onions glazed with cola, mustard, and cream cheese.

**Seashell delights:** The Monastery of São Vicente de Fora in Lisbon, Portugal, houses a unique attraction: a seashell gallery. It contains a beautiful and artfully arranged collection of seashells from the country's shorelines.

**Florence Nightingale:** Known as "The Lady with the Lamp," Florence Nightingale is considered the founder of modern nursing. She was named Florence after the Italian city where she was born in 1820. Her family moved to England in 1821.

**Bouncy pickle:** There is a law in the U.S. state of Connecticut that says pickles must bounce. The law stems from an incident in 1948 when two men were arrested for selling rotten pickles. The new law established that if a pickle bounced, it was safe to eat.

**Can't go backward:** Kangaroos are one of the few animals that can't walk backward. They can only hop forward using both feet at the same time and their tail for balance.

## On the Lighter Side

Animal testing is a terrible idea—they get all nervous and give you the wrong answers.

"Doctor, I think I'm suffering from memory loss."  
"Have you ever had it before?"

A bird does not sing because it has an answer. It sings because it has a song.

Today is the tomorrow you worried about yesterday. But not enough.

Did you hear about the invisible man who married the invisible woman? Yeah, their kids aren't much to look at, either.

## Answers

**Trivia answers:** 1. In the dell 2. Southeast Asia 3. Oxidation of copper 4. One eye 5. Trinitrotoluene

**Business Owners' Choice for Insurance & Financial Planning**  
Tom Ciezki Agencies  
Tom Ciezki - 780.464.3279  
Tom\_Ciezki\_Agencies@cooperators.ca  
**the co-operators**  
A Better Place For You™  
Aspen Plaza - 260 - 3820 Sherwood Dr., Sherwood Park C&CC  
SAVE TIME WITH OUR CUSTOMIZED BUSINESS INSURANCE PROGRAM!

**God's Word Never Changes**  
InScribe Christian Writers' Fellowship  
FALL CONFERENCE 2021  
Featuring Keynote Speaker D.S. Martin  
OPEN TO ALL WRITERS!  
Join us September 30 - October 2  
Providence Renewal Centre  
3005-119 Street NW  
Edmonton  
• Thursday Night Mixer  
• Keynote Presentations  
• Friday Banquet  
• Awards Ceremony  
• Panel Discussions  
• Variety of Workshops  
• Author Readings...and more!  
REGISTER BEFORE AUG. 15 & SAVE!  
VIRTUAL OPTION AVAILABLE  
Registration & Details:  
[www.inscribe.org/events/fall-conference](http://www.inscribe.org/events/fall-conference)

**TRINITY**  
Baptist Church  
Serving the community for over 40 years.  
10:30 AM Sunday Worship Service  
[www.tbcsherwoodpark.ca](http://www.tbcsherwoodpark.ca)  
**780-464-4040**  
East on Baseline; First left after Hwy 21  
22550 Twp Road 530, Sherwood Park, AB

**Sonia Sells!**  
SONIA TARABAY  
#1 AGENT  
RE/MAX ELITE (2017 and 2018)  
**780.707.6015**  
SONIASSELLS.COM

IF WATER RUNS THROUGH IT, WE DO IT!  
**LUC'S PLUMBING INC.**  
Your Local Plumber  
CERTIFIED GASFITTER  
**780-405-0436**  
[lucsplumbinginc@gmail.com](mailto:lucsplumbinginc@gmail.com)  
Proudly Serving Sherwood Park & Surrounding Areas  
NO CALL OUT FEE IN SHERWOOD PARK!

**BUYING A NEW HOME? LOOKING TO REFINANCE? TIME TO RENEW?**  
Contact your local mortgage broker to get started today!  
LESLIE CAIRNS 780.570.5457  
ACCREDITED MORTGAGE PROFESSIONAL  
Joy MORTGAGES KEystone MORTGAGES  
[leslie@joyinmortgages.ca](mailto:leslie@joyinmortgages.ca) • [www.joyinmortgages.ca](http://www.joyinmortgages.ca)

**Recipe of the month**  
**Spicy Cajun Potato Salad**  
5 pounds medium Yukon Gold potatoes, peeled and cut into 3/4-inch cubes  
1 large yellow onion  
1/2 medium lemon  
1/2 teaspoon salt  
8 hard-boiled large eggs, chopped  
1-1/2 cups mayonnaise with olive oil and coarsely ground pepper  
1 cup dill pickle relish  
1/4 cup yellow mustard  
1 to 2 tablespoons Cajun seasoning  
1/4 cup minced fresh parsley  
Paprika  
Prep Time: 20 min. Cook Time: 10 min. + chilling Yield: 20 servings  
① Place potatoes in a Dutch oven; add water to cover. Cut onion in half crosswise; add one half to saucepan. Bring to a boil. Add lemon and salt to cooking water. Reduce heat; cook, uncovered, until potatoes tender, 5-6 minutes.  
② Meanwhile, chop remaining onion. Combine with eggs, mayonnaise, dill pickle relish, mustard and Cajun seasoning.  
③ Drain potatoes; rinse under cold water. Discard onion and lemon. Add potatoes to egg mixture; gently toss until well mixed (do not overmix, or potatoes will break down). Refrigerate, covered, 1-2 hours. Just before serving, sprinkle with parsley and paprika.  
Source: [www.tasteofhome.com](http://www.tasteofhome.com)