This **Space for Rent** 204-510-6397



Are you looking to help on some home projects or a tutor? GetAssist is here to help with everything from A to Z! Download the free app or go online and make a request for anything you need.

GET LOCAL HELP QUICKLY AND EASILY!

If you are a Realtor, Property Management Company or a Builder looking for local trades, pop in and ask how it works.

www.getassist.com



When Quality and **Reliability Are Required**



204-414-2590

Camera@ClearlyInSightIP.com | ClearlyInSightIP.com





Skip open house and other showings Fees free - you keep it all! Flexible possession

GET YOUR OFFER TODAY!

Call or text, I'm always available!

(431) 336-3665



Hip or Knee Replacement?

The disability tax credit allows for a \$2.500 Yearly Tax Credit and \$25,000 Lump Sum Refund

Copd, arthritis, and many other disabling conditions that cause Restrictions in Walking or Dressing may qualify. GET THE FASTEST REFUND IN CANADA!

For Expert Help:

204-453-5372

FREE! New Issue Every Week!



"News To Be Enjoyed Over Coffee"

Transcona **Edition** 204-510-6397

www.coffeenewswinnipeg.com

Vol. 16 No. 34 August 23, 2021

Everybody's Talking

Duck dynasty: Who needs pesticides in Thailand? Not the rice farmers in Nakhon Pathom province, west of Bangkok. That's because each year flocks of ducks are brought in to eat weeds and pests, such as snails. The ducks come from duck farms, and the farmers appreciate the free food their ducks eat from the rice paddies. Rice farmers benefit because they can cut back on the use of chemicals, and their fields get fertilized. The ducks move around the rice fields for a few months and then return to their farms to lay their eggs. Using ducks for this purpose is known as "ped lai thoong."

Building blocks: A 20-something-year-old woman from Pietermaritzburg near Durban, South Africa, unwittingly provided encouragement for other women to take on jobs usually done by men. Zama Philisiwe Zungu decided to build an addition to her home, and did it herself, from mixing the cement to stacking the bricks. Photos of her progress attracted attention on social media, bringing Zungu a lot of praise. As a civil engineer by training, she loves constructing things, a skill she learned from her father. She wants to empower more women in the construction industry and may start her own construction company.

Replicating art: A woman from Saint Petersburg, Russia, took an art challenge seriously. Liza Yukhnyova heard about the #gettychallenge, in which people recreate a work of art using household items, and then take a photo of the result. Bored during the COVID-19 pandemic, Yukhnyova decided to create one piece of art each day for as many days as she could. So she picked famous paintings, and using makeup and items from around the house, she turned herself into women from cultures around the world. Yukhnyova has a degree in art history, so she has a wide base of knowledge about art

Wall crawler: If Spider-Man had a son, it might just be Yasharth Singh Gaur of Kanpur, Uttar Pradesh, India. Gaur has his own parents, but the young boy can scale walls in much the same manner as the comic book hero. The young fellow, facing outward and using only his hands and feet, taught himself to creep a 10-foot high wall. He settles into a corner and then up he goes. His parents are concerned that he may fall down, but they are also thrilled with this athletic skill. If the boy feels like he is going to fall, he makes a controlled jump to the ground without hurting himself.

Quoteable Quotes

"Great literature, past or present, is the expression of great knowledge of the human heart.' Edith Hamilton

"Your life will be rich for others only as it is rich for you." McCord

What's Happening

Join us in combatting human trafficking. Join the JOY IN ACTION TEAM in a virtual fundraising event to help the survivors of human trafficking and their families.

Registration is free! Go to joysmithfoundation.com to register today! On the Road to God Realization Via Zoom Members of all faiths are invited to an ECK Light and Sound Service. Listen to a reading from the ECK writings, and discuss spiritual principles. For info call 204-253-2499 or email beckmanitoba@gmail.com. Zoom link: https://meetu.pseK2PVYd54Z2a

Spiritual Wisdom on Soul Travel Eckankar presents a 3 part series via Zoom starting Thurs. Sep.23 at 7 PM. For more info call 204-378-2419. For Zoom link email beckmanitoba@gmail.com. Also visit www.eckankar-mb.ca

South Osborne Farmers Market The 2021 South Osborne Farmers Market will be running on Wednesdays from 4-8pm at the Lord Roberts Community Centre, 725 Kylemore, from June 23rd-September 29th. Learn more at https://www.fireweedfoodcoop.ca

Anavet Assiniboia Unit 283 - Opening 3584 Portage Ave. 204 837 6708 Opening 10 a.m. to 6 p.m. each Monday to Saturday beginning on Sat. July 24th. Basic Health Rules will be followed so we can visit with old and new friends at the Friendly Club!

> NON profit organizations may submit events for FREE at https://coffeenewswinnipeg.com/whats-happening

Trivia

1.In the popular Mother Goose nursery rhyme, where is the farmer?

2. The lychee fruit is native to what area of the world?

3. What caused the Statue of Liberty in the U.S. to turn green? 4. In ancient Greek mythology, a cyclops has one eye, two eyes, or three

5. What is the full name of the explosive TNT?

(Flip bottom of page for answers) © Published with Permission by Winnipeg Coffee News

(Over)



Living Made Easy

665 ARCHIBALD ST. • 231-1746

FOR PURCHASE **SOCK PULLER - \$15-\$20 REACHERS - \$17-\$35** DRESSING STICKS - \$9

WOULD YOU LIKE TO VOLUNTEER?

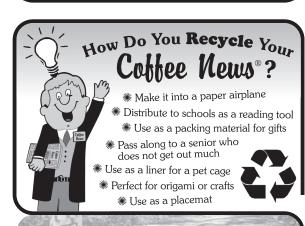
- · All are welcome!
- We operate on a drop-in basis
- No need to signup or register
- Arrive 5:30pm 6pm any location
- North End, West End, W. Broadway
- Patrols +18 (Youth patrols every other Tues North End Patrol)

CALL BEAR CLAN 204-918-8996 OR BEARCLANMB@HOTMAIL.COM



Coffee News #supportlocal Initiative





Family matters. Let us take care of yours.

We offer everything you need for final arrangements in one convenient location, including funeral, cemetery and reception.

Start your Pre-Arrangment NOW:

Cremation Lots for Two People \$53 per month over 48 months

Indoor Cremation Niche for Two People \$93 per month over 48 months*

Traditional Burial Lot for Two Caskets \$116 per month over 48 months'



4477 Main Street West St. Paul







citadelexteriors@shaw.ca

www.citadelexteriors.ca

MAINTENANCE SPECIALISTS 204-668-7663 SOFFIT

PAVING SIDING STUCCO

AND MUCH MORE!

EAVESTROUGHS - CLADDING ROOFING FASCIA



· Wide Selection of Evewear/Contact Lenses . Direct Billing to Blue Cross, GWL, Sunlife & more



Tues, Wed & Fri 9 AM to 5 PM Thurs 9 AM to 6 PM Sat 9 AM to 3 PM

50-11 Reenders Drive 204.421.9429 · rseyecentre.ca

From Port Alberni, B.C. to St. John's, Newfoundland Served in restaurants and coffee shops Read by over 1.25 million Canadians per week Coffee News® is Canada's choice for positive

news from around the world! Do you want your TV on the wall? Give us a call -

as low as \$99; We are experts in home and business theatre, automation, alarm, voice controlled lighting and blinds.



204.505.1840 • interfusionmedia.ca

WINNIPEG BUSINESS OWNERS!

Connect with other businesses and customers





REQUEST LISTING ONLINE: USE CODE BMX 001

kildonan

NEIL & WATT SERVICE





WE will be increasing our number of available copies, so please feel free to take one with you.

- One Time Use
- Do Not Return to Stand
- Recycle

Coffee News... doing our part to STOP THE SPREAD

Your Weekly Horoscope

ARIES

(March 21 - April 20)



Your desire for love may be strong and you may act on impulse. Some aspects of your life might not be happy, but facing

this issue may help you realize that it can be remedied. Lucky Numbers: 15, 16, 17, 33, 34, 35.

TAURUS

(April 21 - May 21)



You may gain what you want through your diplomacy and charm. You might want to enlist the support of allies and friends, rather than try-

ing to be so outspoken and bold. Lucky Numbers: 1, 5, 7, 18, 27, 31.

GEMINI

(May 22 - June 21)



Differences in styles or personal tastes might be an issue for you. You may want to be gracious about making adjust-ments, even if you feel

uncomfortable at first. Lucky Numbers: 22, 28, 31, 37, 40, 46.

CANCER

(June 22 - July 22)



Your drive for personal freedom may be pressing, and a confrontation could likely occur. Insist on your rights and stand up for yourself. Others should follow your lead. Lucky Numbers:

2, 6, 16, 26, 36, 46.

LEO (July 23 - Aug. 23)



You might feel very bold and adventurous. You may not tolerate delays, restrictions, or any form of authority that prevents you from behaving

exactly as you please. Lucky Numbers: 6, 24, 29, 35, 40, 42,

VIRGO

(Aug. 24 - Sept. 23)



Health matters may be a concern, and you might be inspired to start a selfimprovement program. You may be able to create better health habits

and a new regimen. Lucky Numbers: 13, 17, 21, 25, 29, 33.

(Sept. 24 - Oct. 23)



Giving and receiving appreciation and love may come into your life. You might want to experiment with new things, but be careful about what

you throw out. Lucky Numbers: 1, 15,

SCORPIO (Oct. 24 - Nov. 22)



You might need to apologize for being so stubborn. You may be humbled to see how the flaws in your attitude affect others, and you may

need to remedy the situation. Lucky Numbers: 12, 30, 33, 35, 37, 48.

SAGITTARIUS (Nov. 23 - Dec. 21)



Your imagination in the arts or music may have great appeal. Using your creative talents might prove to be more fruitful than dealing with more practical matters. Lucky Numbers: 3,

4, 23, 24, 43, 44.

CAPRICORN

(Dec. 22 - Jan. 20)



Relaxation, enjoyment, and pleasurable activities might be highlighted now. You may not want to get involved in anything that requires a great

expenditure of energy. Lucky Numbers: 4, 6, 12, 20, 24, 30,

AQUARIUS (Jan. 21 - Feb. 19)



Someone important may come into vour life. You might meet a person who becomes your strongest influence. It could be in the form of teacher or

mentor. Lucky Numbers: 15, 16, 29, 32, 39, 49.

PISCES

(Feb. 20 - March 20)



You may feel realistic about love and may be interested in being with people on whom you can depend. Reach out to an older person who means

a lot to you. Lucky Numbers: 6, 9,

Lucky numbers this week: This week's odds favour Aries winners with the luckiest number being 15.

Did You Know.

Northern dogs: "Reindeer dogs" are a type of hot dog sold in the northern U.S. state of Alaska. These are sausages made with caribou, pork, and beef, and served in a bun. Accompaniments include onions glazed with cola, mustard, and cream cheese

Seashell delights: The Monastery of São Vicente de Fora in Lisbon, Portugal, houses a unique attraction: a seashell gallery. It contains a beautiful and artfully arranged collection of seashells from the country's shorelines.

Florence Nightingale: Known as "The Lady with the Lamp," Florence Nightingale is considered the founder of modern nursing. She was named Florence after the Italian city where she was born in 1820. Her family moved to England in 1821.

Bouncy pickle: There is a law in the U.S. state of Connecticut that says pickles must bounce. The law stems from an incident in 1948 when two men were arrested for selling rotten pickles. The new law established that if a pickle bounced, it was safe to eat.

Can't go backward: Kangaroos are one of the few animals that can't walk backward. They can only hop forward using both feet at the same time and their tail for balance.

On the Lighter Side

Animal testing is a terrible idea—they get all nervous and give you the wrong answers.

"Doctor, I think I'm suffering from memory loss." "Have you ever had it before?"

A bird does not sing because it has an answer. It sings because

Today is the tomorrow you worried about yesterday. But not enough.

Did you hear about the invisible man who married the invisible woman? Yeah, their kids aren't much to look at, either.

Answers

3. Oxidation of copper 4. One eye 5. Trinitrotoluene Trivia answers: 1. In the dell 2. Southeast Asia

For available franchise opportunities - visit coffeenewscanada.com

© Published with Permission by Winnipeg Coffee News





BBB

PROTECT YOURSELF LegalShield has an Identity Theft Plan to protect your integrity

IDSHIELD IS BETTER THAN EVER -ADDITIONAL MONITORING -Dark Web Monitoring / Identity Consultation Full-Service Restoration

TransUnion Credit Report / Credit Monitoring
Monthly Credit Score Tracker
DatesSweep/Wallet Lock
Email Breach Search /Track your alerts and have
on-the-go access with the IDSHIELD mobile App Unlimited Service Guarantee and Counsel When You Need It and

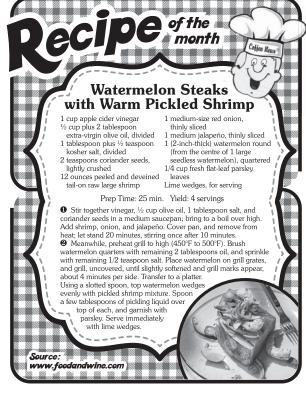
204-781-7472 peterj48, wearelegalshield, ca

Identity Theft Plan delivers affordable and accessible service 24/7.



CALL 204_284_1704 Use promo code "Coffeenews"







Please visit www.coffeenewswinnipeg for details



WWW.CHESSKINGS.CA

"CONNECTING THROUGH HORSES"

SAGEHILL STABLES

Horseback Riding Lessons & Birthday Parties

 Beginners welcome! • Equine Assisted Learning Life Skills Programs Develop skills to combat anxiety, bullying and addiction

Conference Room and Facility Rentals

1-800-217-4184

www.sagehillstables.com