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Everybody's Talking

Hot spot: In a town in the Outback of South Australia, people choose to live underground. The town of Coober Pedy, known for the mining of opal, is a very hot place to be. Many of the town's inhabitants find living underground to be a cooler alternative to the blazing sun on the surface, so they use old mines or dig new spots for underground houses. People can shop, visit a library, or stay at a hotel—all underground. The treeless environment of the area has attracted moviemakers of such films as Mad Max Beyond Thunderdome and Red Planet, which were filmed there.

Tall forest: In downtown Milan, Italy, two apartment buildings tower over the neighbourhood. Called Bosco Verticale, they are a rare site. One stands 80 metres (262 ft.) high and the other stands 112 metres (368 ft.) high. Both are completely covered in vegetation, including 800 trees, 15,000 perennials, and 5,000 shrubs. This vertical forest was designed with a purpose: to regulate temperature and humidity in the buildings, while attracting birds and butterflies. Residents feel like they live in a rural area, instead of in the middle of a big city. The vegetation is carefully pruned each year, and watering is done automatically.

Inside and out: A home in Novaya Razvodnaya, near Irkutsk, Russia, looks quite decidedly modern on the outside. But this house's exterior camouflages a surprising interior. On the outside, the five-bedroom home, with its two-car garage, swimming pool, and plate glass windows, appears to be a 21st-century structure. On the inside, however, visitors are greeted with décor that seems to belong in a Baroque castle: flowered carpets, chandeliers, gilded ceilings, ornate furniture, and wrought-iron railings. Any fan of the Baroque era will like this place.

Eyeful of art: Tal Peleg, an Israeli artist known as Scarlet Moon, loves to make eyes into works of art. She always enjoyed painting and drawing, and she studied makeup artistry and visual communications. With this education, she decided to use her talents to create mini art pieces in the space around her eyes. She succeeded and has completed many intricate works. Using makeup and tiny brushes, she'll turn her eyebrow into a cat's tail, showing the cat playing with a ball of yarn. Blue eye shadow might become a lake where ducks swim, or her eyelid might become the base of a princess's gown.

Quoteable Quotes

"Four be the things I am wiser to know: Idleness, sorrow, a friend, and a foe." —*Dorothy Parker*

"Beauty in things exists in the mind which contemplates them." —*David Hume*

What's Happening

Learn more about Open Arms Patient Advocacy Society! Check us out at www.openarmspatientadvocacy.com and learn more about how we help Albertans navigate the health care system. We are always looking for volunteers and are currently recruiting a Fundraising Director - please connect with Gail to learn more!

Sneakers Strays Complete a 5k or 10k walk or run to help the humane animal rescue team hart rescue stray, abandoned, and unwanted dogs. Register as a team or individual at raceroster.com

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Trivia

1. The Sargasso Sea is located in the Atlantic or Pacific Ocean?
2. In a litter of animals, what is the smallest of the litter called?
3. Silent Spring by Rachel Carson called attention to what hazardous materials?
4. What is the official currency of the nation of Samoa?
5. A prong on a pitchfork is called a tine, a spear, or a spade?

(Flip bottom of page for answers)

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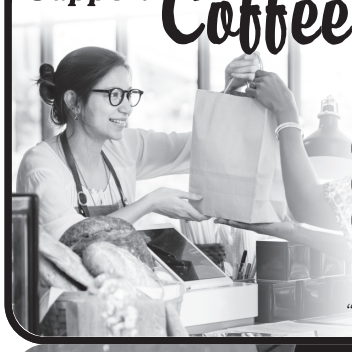

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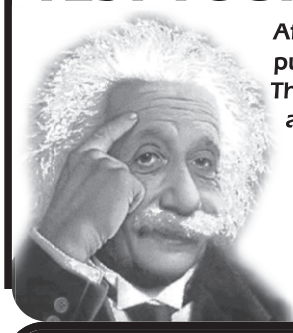

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Your Weekly Horoscope

ARIES
(March 21 - April 20)

Your dedication to your profession could be very high. It may be meaningful and satisfying to you to recognize that you provide a valuable service to others. Lucky Numbers: 5, 8, 12, 13, 32, 35.

TAURUS
(April 21 - May 21)

You may engage in stimulating discussions about controversial topics. The tempo of your life may increase, so you should ensure you get proper rest. Lucky Numbers: 30, 37, 38, 40, 42, 48.

GEMINI
(May 22 - June 21)

Your physical drive and energy level may be on the upswing. You could accomplish much fairly easily. Take the initiative and you may reap great rewards. Lucky Numbers: 7, 14, 16, 24, 32, 35.

CANCER
(June 22 - July 22)

You might find that you can effectively communicate idealistic or abstract ideas. You should be very clear about your plans and try to better understand others. Lucky Numbers: 12, 13, 21, 32, 33, 43.

LEO
(July 23 - Aug. 23)

Your vitality and courage may feel strong and you might be eager to meet challenges. Self-confidence feels high and you could accomplish a great deal of work. Lucky Numbers: 10, 11, 12, 36, 39, 42.

VIRGO
(Aug. 24 - Sept. 23)

Try not to be too insistent about your own opinion. You may be preoccupied with a mystery or an unsolved subject that people want to sweep under the rug. Lucky Numbers: 4, 9, 13, 24, 36, 39.

LIBRA
(Sept. 24 - Oct. 23)

You may be articulate and ready for any challenge. You might really have to assert your own needs and desires to clearly communicate what you really want. Lucky Numbers: 5, 14, 17, 20, 21, 22.

SCORPIO
(Oct. 24 - Nov. 22)

A nonstop flow of communication may happen. You might choose to engage in informative discussions or fritter away your time with inconsequential chatter. Lucky Numbers: 2, 3, 9, 11, 16, 19.

SAGITTARIUS
(Nov. 23 - Dec. 21)

Any endeavour that involves providing helpful information to others may occur. You could speak clearly and articulately about whatever you believe in. Lucky Numbers: 1, 16, 24, 31, 44, 47.

CAPRICORN
(Dec. 22 - Jan. 20)

You may want to take the initiative with positive, decisive direction on your part. You may want to be more sensitive to the needs of others and about making ground rules. Lucky Numbers: 4, 14, 18, 40, 44, 48.

AQUARIUS
(Jan. 21 - Feb. 19)

You may want to travel, especially to destinations you've never been to before. You might be exposed to new ideas and a very different way of looking at the world. Lucky Numbers: 6, 16, 23, 32, 33, 34.

PISCES
(Feb. 20 - March 20)

Your spiritual idealism, or desire to help, could be recognized by those who matter. You may be apt to attract those whose helplessness evokes your compassion. Lucky Numbers: 10, 11, 15, 35, 41, 45.

Lucky numbers this week: This week's odds favour Sagittarius winners with the luckiest number being 1.

Did You Know...

Staying warm: Picasso, one of the most well-known artists of the 20th century, was so poor early in his career that he burned some of his paintings to stay warm in his Paris apartment.

Famous game: The game Jenga is the brainchild of Leslie Scott of England. Players of all ages attempt to remove wooden blocks from a rectangular tower, while hoping it doesn't collapse. Jenga was inducted into the National Toy Hall of Fame in 2020.

Silly duel: In 1792, one of the first recorded duels between two women occurred in Hyde Park, London. Known in accounts as Lady Braddock and Mrs. Elphinstone, the women drew their pistols after Mrs. Elphinstone disparaged Lady Braddock regarding her age and looks.

Red dye: In several countries during World War II, women's clothing was increasingly available in shades of red. The U.S. War Production Board restricted the use of brown and green dyes because those were used for military uniforms.

Most offspring: John Tyler, who was president of the United States from 1841 to 1845, holds the distinction of being the president with the most children. He was married twice and had 15 children, eight with his first wife and seven with his second.

On the Lighter Side

Why can't a bicycle stand up? Because it's two tired.

Teenager: "I'm so confused! Half the adults I know tell me to find myself. The other half tell me to get lost."

The accountant couldn't get to sleep, so he tried counting sheep. But then he made a mistake, and it took him all night to find it.

A will is a dead giveaway.

What do you get if you cross a pastry chef with a soft drink? Baking soda.

Answers

Trivia answers: 1. Atlantic 2. The runt 3. Pesticides 4. Samoan tālā 5. A tine

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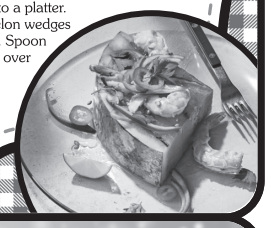
Recipe of the month

Watermelon Steaks with Warm Pickled Shrimp

1 cup apple cider vinegar
½ cup plus 2 tablespoon extra-virgin olive oil, divided
1 tablespoon plus ½ teaspoon kosher salt, divided
2 teaspoons coriander seeds, lightly crushed
12 ounces peeled and deveined tail-on raw large shrimp
1 medium-size red onion, thinly sliced
1 medium jalapeño, thinly sliced
1 (2-inch-thick) watermelon round (from the centre of 1 large seedless watermelon), quartered
1/4 cup fresh flat-leaf parsley leaves
Lime wedges, for serving

Prep Time: 25 min. Yield: 4 servings

❶ Stir together vinegar, ½ cup olive oil, 1 tablespoon salt, and coriander seeds in a medium saucepan; bring to a boil over high. Add shrimp, onion, and jalapeño. Cover pan, and remove from heat; let stand 20 minutes, stirring once after 10 minutes.
❷ Meanwhile, preheat grill to high (450°F to 500°F). Brush watermelon quarters with remaining 2 tablespoons oil, and sprinkle with remaining 1/2 teaspoon salt. Place watermelon on grill grates, and grill, uncovered, until slightly softened and grill marks appear, about 4 minutes per side. Transfer to a platter.
Using a slotted spoon, top watermelon wedges evenly with pickled shrimp mixture. Spoon a few tablespoons of pickling liquid over top of each, and garnish with parsley. Serve immediately with lime wedges.



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