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WILLS WEEK

FALL 2021

Edmonton Community Foundation is pleased to present **Wills Week October 4 - 8**. Free seminars on the importance of having a valid, up-to-date will.

Topics include:
Real life estate planning fails (and how to avoid them), Documents beyond the will, Blended families, Beneficiaries with disabilities, & more.

FOR THE FULL SCHEDULE AND TO REGISTER PLEASE GO TO:
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Most seminars are online, a few will be in person. Register for one or all of them.

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Everybody's Talking

Climb for salt: A mountain goat that lives in the European Alps is called the Alpine ibex. These amazing animals can climb exceptionally steep inclines because their special hooves allow them to grip. They even climb up to the top of very high and extremely steep dams. For example, they've been seen climbing dams in Italy, including the Cingino Dam in the Piedmont region and the Barbellino Dam in Lombardy. The reason these goats are driven to scamper up these structures is because the cement at the top contains salt, which is important to their diet.

Lost and found: A Chinese family was overjoyed when their lost dog, Dou Dou, arrived on their doorstep after being missing for 26 days. The family had accidentally left Dou Dou behind at a gas station when they were driving back to their home in Hangzhou after visiting relatives. The next day, they went back to the station, which is 60 kilometres (37 mi.) from their home. With no sign of Dou Dou, the family could only hope that a kind person had rescued him. When the family pet reappeared, he was so skinny that they barely recognized him. But with loving care, they nursed him back to health.

Wrinkled fender: Driving a new car off the lot is exciting. Most people scrimp and save if they plan to buy a brand-new vehicle from a dealership. That was probably the case for a man in India as he drove his car out of the lot, looking forward to showing it off. Unfortunately, he seemed to know more about accelerators than about breaks because he drove the white, four-door Kia Carnival right into a wall. The lack of driving finesse caused the airbags to deploy and the front end to buckle. The only good thing about the situation is that no one was hurt.

Big gator: Those who enjoy the sport of golf in the state of Florida (U.S.), know that spotting alligators on the fairways is not unusual. The reptiles are common in that state, and everyone knows to stay clear of them if they pop up from a pond to lie in the sun. However, onlookers were quite startled when an outrageously large specimen appeared on the Valencia Golf and Country Club in Naples. It looked like it belonged in a movie about prehistoric creatures! Footage of the beast was taken by Tyler Stolting, a golf pro at the club.

Love Coffee News?

Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to **contests@coffee-news.ca**

Please put "Readers" in the subject line.

Please include:
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Reader of the Month
Camille Snow of Edmonton

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Quoteable Quotes

"One half of the world cannot understand the pleasures of the other." —Jane Austen

"Important principles may and must be inflexible." —Abraham Lincoln

What's Happening

Sept 7 to 28-Seniors Whist Card Group Meets at the Old Timers Cabin 9430 - 99 Street N.W. Edmonton, every Tuesday, starting Sept 7 to May 31 from noon to 2:30 pm. Cost is \$4 per week person provides coffee or tea with sweets 20 games of whist with prizes. Contact 780-463-2347 for info.

Sept 13-Old Tyme Fiddling Weekly, Monday Group Lessons - Beginner The Wild Rose Old Tyme Fiddlers Association is offering weekly adult beginner group fiddle lessons commencing September 13, 7:00-8:00 pm. Pleasantview Hall, 10860-57 Avenue, Edmonton. For more information, or to register, call Ava at 780-962-8857.

Sept 19 to 26-Run for life Run for Life will be a virtual event this year. People can participate anywhere, anytime, and in any way: by running, walking, or doing any other physical activity. Register here: <https://raceroster.comevents202146378run-for-life-2021>.

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Trivia

1. What man-made lake was created by the Hoover Dam (U.S.)?
2. Which comic actor named Jim starred in The Truman Show?
3. The loonie is what country's \$1 coin?
4. What was Merriam-Webster's Word of the Year for 2020?
5. Moths are repelled by what type of wood?

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Lucyna Szczepanik
Tammy Werner

AUG.
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Jennifer Gee
Brian Janiten
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Zone 10 Updated (05.07.21)

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Barbarella	Firestone Pizza	Quizmos	Tokyo Express
Restaurant and Lounge	Freshii	Rice to Go	Waves Coffee
Booster Juice	Good Buddy Restaurant	Ricky's	House Wendys
Boston Pizza	Guru	Roma Pizza and Donair	Wok Box
Brewsters	Jams Pizza and Donair	Royal Pizza	
Chefs Butter	Joey's Seafood	Safeway - Tim Hortons	
Chicken	Kathmandu Rasoi	Safeway - Starbuck's	
Chopped Leaf	KFC	Second Cup	
Chopsticks Diner	Laperle Restaurant	Spice N Rice/Rise and Root	
Chutney West Restaurant	Little Ceasars Pizza	Starbucks - Safeway	
Co Do Hue	McDonalds x 4	Subway	
Confetti Sweets	Muggn'z	Tasty Pizza & Donair	
Bake Shop	New Asian Village		
Dairy Queen x 3	New Dragon Palace		
Domino's	Ooodle Noodle		
	Original Joe's		

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Your Weekly Horoscope

ARIES (March 21 - April 20)
Your mind could be very active and sharp. Some differences of opinions or viewpoints may arise. You may need to speak your mind softly to avoid challenges. Lucky Numbers: 15, 22, 23, 24, 30, 41.

TAURUS (April 21 - May 21)
You may feel highly ambitious and enthusiastic about new plans. It might be a very productive time if you can keep your expectations within reasonable bounds. Lucky Numbers: 7, 16, 20, 26, 39, 41.

GEMINI (May 22 - June 21)
You may want to be a peacemaker, as harmony seems more important than ever. Loving relationships, and attracting people who are good for you, could likely happen. Lucky Numbers: 5, 16, 17, 25, 37, 46.

CANCER (June 22 - July 22)
Strong support from close friends and family could give you the confidence you need. You may want to mend fences and try to improve your domestic situation. Lucky Numbers: 2, 6, 8, 12, 16, 20.

LEO (July 23 - Aug. 23)
You may experience a positive flow of warmth and friendliness between yourself and others. This could stimulate and energize your creative and artistic efforts. Lucky Numbers: 26, 29, 34, 38, 39, 48.

VIRGO (Aug. 24 - Sept. 23)
Social activities could reign very high. There may be a harmonious tone to your interactions. Sharing good times with friends could be right in tune with your mood. Lucky Numbers: 2, 23, 29, 30, 35, 41.

LIBRA (Sept. 24 - Oct. 23)
This positive time for your career could definitely create some big life changes. You may change jobs or receive training in another field to help you reach your goals. Lucky Numbers: 3, 5, 17, 18, 28, 41.

SCORPIO (Oct. 24 - Nov. 22)
You may feel quite care-free, but you shouldn't expect others to work on your problems without any effort on your part. Your emotional well-being could dominate. Lucky Numbers: 8, 14, 26, 29, 34, 44.

SAGITTARIUS (Nov. 23 - Dec. 21)
Ego conflicts, especially with those who have a bearing on the fate of your career, may arise. Control your emotions and demonstrate your teamwork capabilities. Lucky Numbers: 2, 14, 15, 22, 35, 45.

CAPRICORN (Dec. 22 - Jan. 20)
You may need to stand up for the honour of your colleagues. You might have been a little selfish in the limelight, but now you could help others receive some praise. Lucky Numbers: 9, 13, 31, 35, 40, 48.

AQUARIUS (Jan. 21 - Feb. 19)
Your need for excitement, adventure, and fun could strongly prevail. Exciting outdoor activities may appeal to you and you could enjoy any sort of physical activity. Lucky Numbers: 6, 13, 25, 34, 37, 41.

PISCES (Feb. 20 - March 20)
You may be in harmony with the people in your immediate environment. There may be a sense of ease and flow, which could provide you with more energy and fun. Lucky Numbers: 4, 10, 19, 21, 26, 31.

Lucky numbers this week: This week's odds favour Pisces winners with the luckiest number being 4.

Did You Know...

Dog bites: Dogs may be man's best friend, but research in the United States indicates that about 4.5 million dog bites occur there every year. Luckily, most don't require medical attention.

Unique décor: Boebel Bratwurst Bed and Breakfast, in Rittersbach, Germany, is said to be the world's first sausage hotel. The wallpaper is festooned with sausages, cushions are in the shape of bratwurst, and sausages hang from hooks on the walls.

Largest lollipop: See's Candies Lollypop Factory in Burlingame, California (U.S.), claims to have created the world's largest lollipop, a chocolate-flavoured monster that weighed 7,000 pounds (3,175 kg). The record was set in 2012.

Getting clean: Many dermatologists say showers are better than baths because relaxing in a bathtub for a long period of time can dry out the skin. Unless they're too long, showers also use less water so they are better for the planet, too.

Wind speeds: The Fujita Scale of Tornado Intensity has six levels. The mildest is the "gale tornado," with wind speeds of 40 to 72 miles per hour (64 to 116 kph). The most dangerous is the "incredible tornado," with wind speeds of 261 to 318 mph (420 to 512 kph).

On the Lighter Side

I went to a concert by the Bermuda Symphony Orchestra. They played the coconuts beautifully, but the triangle kept disappearing.

When fish are in schools, they sometimes take debate.

My only regret was that I had but one life to give for my country. If I'd had two, I would have felt much safer.

My car radio only gets talk shows, no music. It needs a tune-up.

A smile is a curve that sets everything straight.

Answers

Trivia answers: 1. Lake Mead 2. Jim Carrey 3. Canada 4. Pandemic 5. Cedar

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Recipe of the month

Pumpkin Spice Cupcakes

2 cups sugar
1 can (15 ounces) pumpkin
4 large eggs, room temperature
1 cup canola oil
2 cups all-purpose flour
2 teaspoons baking powder
2 teaspoons ground cinnamon
1 teaspoon baking soda
½ teaspoon salt

¼ teaspoon ground ginger
1/4 teaspoon ground cloves
1 cup raisins

Cream Cheese Frosting:
1/3 cup butter, softened
3 ounces cream cheese, softened
1 teaspoon vanilla extract
2 cups confectioners' sugar
1/2 cup chopped walnuts, toasted

Prep Time: 30 min. Bake: 30 min + cooling Yield: 2 dozen

- Preheat oven to 350°. Beat sugar, pumpkin, eggs and oil until well blended. In another bowl, whisk next seven ingredients; gradually beat into pumpkin mixture. Stir in raisins.
- Fill each of 24 paper-lined muffin cups with 1/4 cup plus 1 teaspoon batter. Bake until a toothpick inserted in centre comes out clean, 28-32 minutes. Cool 10 minutes before removing from pans to wire racks to cool completely.
- For frosting, beat butter and cream cheese until smooth. Beat in vanilla. Gradually add confectioners' sugar. Frost cupcakes; sprinkle with walnuts. Refrigerate.

Source: www.tasteofhome.com

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