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These conversations about work experiences are part of a Mount Saint Vincent University research project on immigrant home care workers who care for older people in Manitoba. Our goal is to better understand the unique experiences of immigrant workers and the kinds of care they provide older people during the COVID-19 pandemic. The results will help improve the working conditions of immigrant care workers and the quality of care of their older clients.

To get involved, contact Mehmet Yavuz, Project Coordinator  
204.815.4061 | Mehmet.Yavuz@msvu.ca

Contact Lead Researcher, Mary Jean Hande, for more information.  
Mary.Jean.Hande@msvu.ca | tinyurl.com/y25xhoht

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Vol. 16 No. 40 October 4, 2021

**Everybody's Talking**

**Slippery soap:** A silky bar of scented soap is always nice to have in the shower, but a soap maker in Lebanon has taken that idea several steps further. The family-owned Bader Hassen & Sons factory in Lebanon, makes exclusive skincare products, but perhaps none more so than its Khan Al Saboun brand of soap. One expensive bar costs about \$2,800 (USD), because it contains gold and diamond powder, along with olive oil, honey, essential oils, and fragrance.

**Big fight:** It must have been a whopper of an argument! An Italian man and his wife, who live in a town north of Milan, Italy, had a spat one night. The husband decided the best thing to do was to go for walk to "cool down." While that's often a good way to start the process of making up, the man took his walk many steps further, literally! He kept going for about 420 kilometres (261 mi.!) His flight from the fight lasted about a week, during which time he received food from strangers. His wife had reported him missing, and the police finally caught up with him.

**Pricey pigeon:** A bird lover might buy a parrot or a finch for company, but few will spend over a million dollars for a feathered friend. That actually happened in Belgium, although the bird in question is not a pet. It's a racing pigeon named New Kim and was owned by the Van De Wouwer family. The respected breeder put New Kim up for auction, and to everyone's surprise, a bidding war took place before New Kim sold for 1.6 million Euro. Racing pigeons are valuable, both as breeding birds and as racers. In a race, the pigeons are released at a measured distance from their homes. The winner is the first one to return home.

**Leafy talent:** Lito, an artist in Japan who has attention deficit hyperactivity disorder (ADHD), has found the perfect way to focus his active mind. He carves incredibly intricate scenes into tree leaves, spending many hours on each one. Lito imagines playful scenes and then sets out to make them. For example, one portrays an anteater sticking its long tongue into an anthill to find a treat. Another features a rhinoceros brushing its baby's teeth. Lito has carved a herd of sheep jumping over a fence and a family of fish swimming amongst seaweed, and many more! His work has appeared on social media.

**Quoteable Quotes**

"Beware of allowing a tactless word, a rebuttal, a rejection to obliterate the whole sky."  
—Anais Nin

"A teacher affects eternity; he can never tell where his influence stops."  
—Henry Adams

**What's Happening**

**Anavet Assiniboia Unit 283 - Opening** 3584 Portage Ave. 204 837 6708 Opening 10 a.m. to 6 p.m. each Monday to Saturday beginning on Sat. July 24th. Basic Health Rules will be followed so we can visit with old and new friends at the Friendly Club!

**Yoga classes at Deer Lodge Community Centre** Gentle Yoga classes at Deer Lodge Community Centre, 323 Bruce E. begin September 13, 2021.

For more info email Doreen at: dwuckert@shaw.ca **Witch Wizards Trade Show, Red River Ex Place 3799 Portage**

**Oct 2-3** Come on out and enjoy a weekend full of spooks and shops full of Halloween fun!

Silent Auction and 5050 Raffle in support of the Christmas Cheer Board Kids Corner Halloween Dress Up

Selfie Station Vendors Crafters \$2 Admission **Transcona Collegiate Murdoch MacKay Collegiate 50th Reunion 2022** TCI MMCI Grads from 1971 to 1974 are invited to join the class of '72 as they celebrate their 50th graduation anniversary.

May 14, 2022

Contact : 2022TCI.MMCI.REUNION@GMAIL.COM for information and registration. **NON profit organizations may submit events for FREE** at <https://coffeenewsmanitoba.com/whats-happening>

**Trivia**

1. Yo-Yo Ma is a famous pianist, violinist, or cellist?
2. All varieties of pumpkin are orange in colour—T/F?
3. What are magnetite and bauxite?
4. A medium-size banana has about 50, 105, or 200 calories?
5. What type of vehicle would a musher use?

(Flip bottom of page for answers)

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**(Over)**

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# Recipe of the month



## Pumpkin Spice Cupcakes

2 cups sugar  
1 can (15 ounces) pumpkin  
4 large eggs, room temperature  
1 cup canola oil  
2 cups all-purpose flour  
2 teaspoons baking powder  
2 teaspoons ground cinnamon  
1 teaspoon baking soda  
½ teaspoon salt

½ teaspoon ground ginger  
¼ teaspoon ground cloves  
1 cup raisins

**Cream Cheese Frosting:**  
1/3 cup butter, softened  
3 ounces cream cheese, softened  
1 teaspoon vanilla extract  
2 cups confectioners' sugar  
1/2 cup chopped walnuts, toasted

Prep Time: 30 min. Bake: 30 min + cooling Yield: 2 dozen

- Preheat oven to 350°. Beat sugar, pumpkin, eggs and oil until well blended. In another bowl, whisk next seven ingredients; gradually beat into pumpkin mixture. Stir in raisins.
- Fill each of 24 paper-lined muffin cups with 1/4 cup plus 1 teaspoon batter. Bake until a toothpick inserted in centre comes out clean, 28-32 minutes. Cool 10 minutes before removing from pans to wire racks to cool completely.
- For frosting, beat butter and cream cheese until smooth. Beat in vanilla. Gradually add confectioners' sugar. Frost cupcakes; sprinkle with walnuts. Refrigerate.

Source: [www.fasteeofhome.com](http://www.fasteeofhome.com)



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# Your Weekly Horoscope

**ARIES**  
(March 21 - April 20)




Your close relationships may need a little boost of energy. Use your restless and assertive spirit to invite your partner to join you in pursuing your creative impulses. Lucky Numbers: 9, 16, 26, 29, 36, 49.

**TAURUS**  
(April 21 - May 21)




New knowledge might help you deal with a crucial situation. Regardless of your occupation, you could gain a deeper understanding to help improve your methods. Lucky Numbers: 4, 6, 14, 16, 24, 26.

**GEMINI**  
(May 22 - June 21)




Your steady, hard work may reap greater gains than you expect. Your positive energy might nurture stronger alliances that instill trust in your personal relationships. Lucky Numbers: 1, 17, 19, 21, 27, 39.

**CANCER**  
(June 22 - July 22)




Your energy level may soar high, and strong personal relationships could bring out your true self. You might want to be wary of those who try to hide their true interests. Lucky Numbers: 2, 12, 21, 25, 30, 47.

**LEO**  
(July 23 - Aug. 23)




You may be able to enjoy new adventures while you research the cuisines of distant places. Dreaming of traveling to new lands might give you a thirst for adventure. Lucky Numbers: 14, 16, 20, 37, 39, 44.

**VIRGO**  
(Aug. 24 - Sept. 23)




You might want to seize an opportunity to try to increase your income. Thoroughly researching the situation could help ensure that no deception may be involved. Lucky Numbers: 6, 13, 26, 33, 36, 46.

**LIBRA**  
(Sept. 24 - Oct. 23)



Your hard work may be well noted. Try to free yourself of any negative energy. Your positive efforts to improve your lifestyle could help make your dreams come true. Lucky Numbers: 23, 27, 32, 37, 41, 47.

**SCORPIO**  
(Oct. 24 - Nov. 22)




You might not have to push your ideas very hard to find mutual agreements. This may be a time to slow down your hectic pace to enjoy the company of friends and family. Lucky Numbers: 5, 7, 12, 17, 23, 49.

**SAGITTARIUS**  
(Nov. 23 - Dec. 21)




You might be able to find a new way to share your duties and activities with loved ones. You often love happy endings. This story may prove to be a real winner. Lucky Numbers: 13, 21, 28, 39, 42, 48.

**CAPRICORN**  
(Dec. 22 - Jan. 20)




An original proposal may start to fade, but you might preserve its essential idea by promoting it again. You may need to push your positive influence toward those in charge. Lucky Numbers: 4, 14, 24, 29, 32, 43.

**AQUARIUS**  
(Jan. 21 - Feb. 19)



Being your unique self makes you a real treasure. Once you feel understood, you might feel empowered. To find answers, you may need to trust the ability of others. Lucky Numbers: 23, 27, 33, 37, 43, 47.

**PISCES**  
(Feb. 20 - March 20)



You might want to streamline your tasks to create more leisure time. Your perceptive touch may help you find the best result. Keep your interest strong in your activities. Lucky Numbers: 15, 19, 25, 29, 35, 45.

Lucky numbers this week: This week's odds favour Capricorn winners with the luckiest number being 4.

## Did You Know...

- Long pregnancy:** An elephant's pregnancy is one of the longest of any existing species. It can take up to 22 months before the baby elephant is ready to arrive in the world.
- Rich cousins:** Jeff Bezos, CEO and president of Amazon and one of the wealthiest men in the world, has a multi-millionaire relative. Bezos and Grammy award-winning country singer George Strait are cousins.
- Few words:** Taki Taki, also known as Sranan, is a language of few words. One of 16 languages spoken in the South American country of Suriname, and used as a common one, it has just 340 words.
- Big personality:** Buffalo Bill (1846-1917) was a man of many talents, including buffalo hunter, army scout, and actor. He became an entertainer in his own, circus-like show, "Buffalo Bill's Wild West." He was born William Frederick Cody in the U.S. state of Iowa.
- Monitoring baby:** The first baby monitor was commercially available in 1937. The Zenith Radio Nurse was developed by Zenith president Eugene F. McDonald and Japanese designer Isamu Noguchi. Technical problems, such as distortions and picking up local radio signals, hindered its success.

## On the Lighter Side

Learn from the mistakes of others because you can't live long enough to make them all yourself.

There is a new book out called *How to be Happy without Money*. It costs \$10.

Did you hear about the composer who took too many baths? He began to write soap operas.

Dad: "I don't trust stairs."  
Child: "Why?"  
Dad: "Because they are always up to something."

What did the police officer say to the belly button? "You are under a vest."

### Answers

5. A dog sled  
4. 105  
3. Types of ore  
2. False  
1. Cellist

**Trivia answers:** 1. Cellist 2. False 3. Types of ore 4. 105 5. A dog sled

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