

Love Coffee News?

Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to contests@coffee-news.ca
Please put "Readers" in the subject line.

Please include:
 ● Your name ● Your phone number
 and ● Your address
 so that we can send you some **cool prizes**
 if your photo is chosen to appear in the paper!



Reader of the Month
Camille Snow of Edmonton

Coffee News Fun Reading. Serious Advertising.


FREE! *New Issue Every Week!*

Coffee News®

"News To Be Enjoyed Over Coffee"

**South West
Edmonton
Edition**

780-220-6397



www.coffee-news.ca Est. 1988



JEOPARDY!
WEEKNIGHTS 7:30
yesTV

Every \$3.51 You Give = **1 MEAL FOR A HOMELESS NEIGHBOUR**

Give Hope. Give Today.
TheSeed.ca/donate



Don't know how to fix your home?

We complete 100's of lists each year!

www.HOHS.ca | 780.940.2127
Framing & Drywall | Caulking | Much More



START YOUR OWN BUSINESS!

FREE government funded Self-Employment Training

www.microbusiness.ca
Call: 780.482.4462

microbusiness
TRAINING CENTRE INC
Suite 203 Energy Square, 10109-106 St., Edmonton AB T5J 3L7

If you liked Gold Canyon Candles, you are gonna love **Sunset Scents!**

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

They are the next Finest candles you will EVER find!



PSC Prairie Scented Candles
www.prairiescentedcandles.com

Sunset Scents
a RAY of Fragrance
prairiescentedcandles@gmail.com
www.prairiescentedcandles.com

DELIVERY PERSON NEEDED

...to deliver **Coffee News®!**

- Deliver CN to restaurants and other locations
- Part-time position



Interested?
Please email your résumé to info@coffee-news.ca

HAPPY Thanksgiving

from your friends at **Coffee News**

Congratulations

to the past months' **Coffee News® Guy** contest winners!

Your prizes are in the mail!

Enter today for your chance to win at www.coffee-news.ca

JULY
Koshua Kyreito
Katarina Penfold
Lucyna Szczepanik
Tammy Werner

AUG.
Jess Boyd
Jennifer Gee
Brian Janite
Sharon Kurceba



Everybody's Talking

Countless cookies: Those looking for fancy cookies to wrap up and give to friends, or to devour themselves, need look no further than Lorena's Sweets. The brand is the brainchild of Costa Rican confectioner, Lorena Rodriguez, whose collection has something for everyone. Rodriguez always loved baking cookies, and her husband convinced her to go into business. Now, she has many molds for a wide variety of shapes, which she ornately decorates with fondant. Buyers can order any shape, from a horse on a carousel to the Eiffel Tower to a grandfather clock. The options are almost limitless!

Caring for raccoons: There are dog whisperers and horse whisperers, and now Canada has its very own raccoon whisperer. His name is James Blackwood, and his home is near the forest in the province of Nova Scotia. Back in 1999, his late wife, Jane, rescued an injured raccoon, nursing it back to health and releasing it. The cute mammal returned for food, along with its babies. That was the beginning of the couple's daily ritual of feeding the raccoons. Before she died nearly 20 years ago, Jane asked James to keep caring for the raccoons, and he's been doing it ever since, often posting videos on social media.

Bowling news: The sport of bowling will never be the same again! An entrepreneur from Southfield, Michigan (U.S.), has come up with an interesting idea: a mobile bowling alley. Terence Jackson Jr. calls his creation Luxury Strike Bowling. A two-lane bowling alley is built inside the trailer of a 53-foot (16-metre) semi-truck. The inside is decorated with colourful lights, a theatre screen, and elevated seating. The game played is "duckpin," which employs shorter lanes and lighter weight balls than the five- or 10-pin varieties. The bowling-alley-on-wheels is available for parties and events.

Yellow tree: Needing to make a reservation to see a tree is unusual, but that is the case in China's Shaanxi Province. At a temple in the Zhongnan Mountains stands a 1,400-year-old ginkgo biloba tree. The reason this specimen is so popular is the beautiful scene that ensues when it starts to lose its leaves. The leaves turn a brilliant yellow-gold, making them look as though they were painted by a giant artist's brush. The fallen leaves surround the tree in a sea of yellow. The sight attracts so many tourists that, to avoid large crowds, people must reserve the day and time of their visit.

Quoteable Quotes

"To conquer fear is the beginning of wisdom." —Bertrand Russell
 "I cannot and will not cut my conscience to fit this year's fashion." —Lillian Hellman

What's Happening

Sept 13-Old Tyme Fiddling Weekly, Monday Group Lessons - Beginner The Wild Rose Old Tyme Fiddlers Association is offering weekly adult beginner group fiddle lessons commencing September 13, 7:00-8:00 pm. Pleasantview Hall, 10860-57 Avenue, Edmonton. For more information, or to register, call Ava at 780-962-8857.

Oct 17-Devon Monthly Arts Market Throughout COVID, our Artists have been couped up. Imagine what they've created! Come check out our local artists, craftspeople and artisans each month at the Devon Community Center, 20 Haven Ave, Devon. The Market runs from noon to 4 pm. Free to attend

Workplace Bullying Awareness Week 2021 Please join us for Workplace Bullying Awareness Week! Follow awarenessendsbullying.com to participate in the conversation and share what you are doing!

NON profit organizations may submit events for FREE at www.coffee-news.ca/whats-happening

Hidden Coffee News Guy ADVENTURE

To enter, visit www.coffee-news.ca

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

Find the Coffee News Guy hidden in one of the ads, then enter to win!

\$400* Prize Package
*Coffee News Bucks
Over 150 participating sponsors!

4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

Trivia

1. Machu Picchu is located high in the mountains of what country?
2. Oregano and basil come from the mint family of herbs—T/F?
3. A zax is used to cut _____ ?
4. What male actor played the lead role in the movie The Shining?
5. Where are the mouth and eyes of the stargazer fish located?

(Flip bottom of page for answers)

© Published with Permission by Capital Marketing Ltd

(Over)

RETIREMENT LIVING

CHRISTENSON

Optional Meals • Personalized Services • On-site Care

Join Our Safe & Social Community

1 Bedroom 1+Den suites now available

Glastonbury Village




Scan QR Code

Full Kitchens • Social & Recreation • U/G Parking

1585 Glastonbury Blvd., Edmonton

780-934-6636
CDLhomes.com



A wish begins with **HOPE**

Hope begins with you.

Donate at makeawish.ca/createhope

Make-A-Wish

Coffee News is proud to support Make-A-Wish Northern Alberta



Thank You to these distribution partners for continuing to support Coffee News through these unprecedented times...

Zone 10 Updated 05.07.21

We appreciate you!

87 Pizza and Donair	Donair Station Edo x 2	Papa John's Pizza	Teriyaki Corner
Bar Burrito	Extreme Pita	Pizza 73	Tim Hortons x 4
Barbarella	Firestone Pizza	Quiznos	Tokyo Express
Restaurant and Lounge	Freshii	Rice to Go	Waves Coffee
Booster Juice	Good Buddy	Ricky's	House
Boston Pizza	Restaurant	Roma Pizza and Donair	Wendys
Brewsters	Guru	Royal Pizza	Wok Box
Chefs Butter	Jams Pizza and Donair	Safeway - Tim Hortons	
Chicken	Joey's Seafood	Safeway - Starbucks	
Chopped Leaf	Kathmandu Rasoi	Second Cup	
Chopsticks Diner	KFC	Spice N Rice/Rise and Root	
Chutney West	Laperle Restaurant	Starbucks - Safeway	
Restaurant	Little Ceasars Pizza	Subway	
Co Do Hue	McDonalds x 4	Tasty Pizza & Donair	
Confetti Sweets	Muggn'z		
Bake Shop	New Asian Village		
Dairy Queen x 3	New Dragon Palace		
Domino's	Oodle Noodle		
	Original Joe's		

Would you like to offer your customers the opportunity to enjoy the "good news" message of Coffee News?

► For more information on becoming a distribution partner, call us at 780.220.6397 or scan the QR code at right.



THIS SPACE FOR RENT

780-220-6397

Get More Traffic, Leads & Sales



SCAN ME

- Website Development
- Google Ads
- Facebook Advertising
- Social Media Management
- SEO & Content Marketing
- Reporting & Analytics

Frontline web consulting

780.760.6922
frontlineconsulting.ca

WE COME TO YOU - HOME, OFFICE, COFFEE SHOP OR VIRTUALLY! I HAVE BEEN DOING TAX RETURNS SINCE 1985

Personal Tax Returns • Corporate Tax Returns
GST Returns • Preparation of T4s/T5s

DBV Donald B. Verbeke, CPA, CA, CFP
PROFESSIONAL CORPORATION
CHARTERED PROFESSIONAL ACCOUNTANT & CERTIFIED FINANCIAL PLANNER

Terwillegar Gardens, Edmonton • don@verbeke.ca
Cell: 780.945.6190 • www.verbeke.ca

Trustworthy, Honest and Reliable House Cleaning... *Just For You!*

- ✓ Flat and Hourly Rates Available
- ✓ Over 15 Years Experience
- ✓ Thorough, Considerate, Friendly

3 HRS CLEANING FOR \$99+ GST

Whatsapp: (780) 239-3553 | almescape@gmail.com

WE COME TO YOU!

NERDS2YOU
VIRUS REMOVAL & COMPUTER REPAIR
ONSITE COMPUTER REPAIR

Your on-site computer and network service specialists. Virus removal, network setup, repairs and more.

587-772-NERD(6373)

FAST, FRIENDLY AND PROFESSIONAL
DEBIT, VISA AND MASTERCARD ACCEPTED
NERDS2YOU.CA

Looking for an activity to promote team building, customer appreciation or a social club?

Consider Curling

Reasonable Price • Fun Accessible for Everyone

Then, enjoy a craft beer, wine selections in the licensed lounge, and have dinner catered by "Preserve Food Truck"

To book, call 780.489.6428 or email cathy@jasperplacecurling.ca

Jasper Place Curling Club

HIP/KNEE REPLACEMENT?

Other medical conditions causing TROUBLE WALKING or DRESSING?

The Disability Tax Credit allows for **\$3,000 YEARLY TAX CREDIT** and **\$30,000 LUMP SUM REFUND**

FREE ASSESSMENT CALL TODAY!

For Expert Help: **1.844.453.5372**

ELECTRICIAN FOR HIRE

Residential Light Commercial Electrical Repairs and Renovations

Art de Leon Master Electrician

780.932.3858 Cell
ajdeleon63@gmail.com

Earn An Income Online

Join the biggest and best global online business!

NO selling | NO parties
NO inventory | NO recruiting

Register for a **FREE info session** here: (Scan this code for info)

Freedom - Flexibility - Fun

or visit www.susandeveney.net

NO EXPERIENCE NEEDED - WE TRAIN AND MENTOR

WEST EDMONTON OPEN Mon - Sat, 8-6 Sun, 10-5

jiffylube

- OIL CHANGES
- TRANSMISSION AND DRIVELINE SERVICE
- AIR FILTERS ■ FUEL FILTERS

WARRANTY APPROVED
NO APPOINTMENT NECESSARY!

780.483.2281

17771 - 98A Avenue, Edmonton (beside the Domo)

\$10 OFF ANY OIL CHANGE PACKAGE (WITH THIS AD)

Your Weekly Horoscope

ARIES
(March 21 - April 20)

Your aura may lead you to help you find answers. You could be at the right place at the right time. Your ideas might fit in well with the hum of community activities. Lucky Numbers: 6, 15, 26, 32, 38, 48.

TAURUS
(April 21 - May 21)

You may need to work a little harder to find a good compromise for everyone. Take the time necessary to research some fascinating adventures, far away from home. Lucky Numbers: 13, 27, 28, 34, 38, 42.

GEMINI
(May 22 - June 21)

You may feel as if your head is full to overflowing. By focusing on the tasks at hand, you might find deeper meanings in things. Others could react well to your success. Lucky Numbers: 5, 6, 12, 21, 23, 40.

CANCER
(June 22 - July 22)

Your patience and understanding may enable you to grow. You might find new interests to lead you, and you could branch out to reach a larger audience. Lucky Numbers: 20, 21, 25, 30, 31, 35.

LEO
(July 23 - Aug. 23)

You may want to look past the immediate to find some old treasures that fit your style. Decorating your surroundings might be a great way to express yourself. Lucky Numbers: 7, 18, 27, 29, 43, 45.

VIRGO
(Aug. 24 - Sept. 23)

Your immediate plans may include a little bit of rest and relaxation. Take time to rejuvenate yourself and get started on a new regime of healthy eating and exercise. Lucky Numbers: 15, 29, 30, 31, 46, 49.

LIBRA
(Sept. 24 - Oct. 23)

Your intellectual curiosity and mental restlessness may combine, and your mood to socialize could be high. You might be more than ready to commit to a relationship. Lucky Numbers: 9, 14, 21, 27, 34, 47.

SCORPIO
(Oct. 24 - Nov. 22)

You may be able to communicate with great conviction. You might also be very effective and could find yourself in the position to bring others around to your point of view. Lucky Numbers: 1, 4, 13, 23, 33, 43.

SAGITTARIUS
(Nov. 23 - Dec. 21)

You simply may not be seeing people very objectively. You may be a little infatuated with someone, only to be sad when you discover who they really are. Lucky Numbers: 14, 19, 23, 25, 34, 41.

CAPRICORN
(Dec. 22 - Jan. 20)

Finding a more positive perspective may provide you with a real boost. Your sense of well-being could become quite fragile if you continue to dwell on the negative. Lucky Numbers: 14, 15, 42, 44, 48, 46.

AQUARIUS
(Jan. 21 - Feb. 19)

Whatever you decide to pursue, you may do so with great intensity. Your focus might depend on your personal interests. You could feel empowered to reach many goals. Lucky Numbers: 32, 37, 42, 47, 48, 49.

PISCES
(Feb. 20 - March 20)

A spontaneous inspiration may prove to be very beneficial to your life. You might have an opportunity to directly pitch your ideas to those who can make things happen. Lucky Numbers: 20, 24, 26, 30, 34, 36.

Lucky numbers this week: This week's odds favour Scorpio winners with the luckiest number being 13.

Did You Know...

Trained mechanic: If your car broke down in the 1940s, you could have asked the future queen of England to fix it. Queen Elizabeth II was 18 when she joined the Women's Auxiliary Territorial Service and trained to become a mechanic and military truck driver.

No brainer: Woodpeckers can slam their beaks against a tree up to 20 times per second without suffering brain damage because of their unusual skull and tongue structures. They have impact-absorbing adaptations other birds lack.

Margherita pizza: Many theories suggest how the Margherita pizza got its name, but the most common is that it is named after Queen Margherita of Savoy. She was visiting Naples and asked a local pizza maker (or pizzaiolo) to make something special for her.

No pockets: Women's fashions seldom included pockets until the mid- to late 1800s. One theory is that pockets represented independence, as did the pants that women started to wear around the same time.

Invisible plant: Fritillaria grows in the Himalayan Mountains, but the plant camouflages itself against rocky backgrounds and can be hard to find. Used for over 2,000 years to make a cough treatment, the plant evolved to hide itself to avoid being picked.

On the Lighter Side

Two men meet on opposite sides of a river. One shouts to the other, "I need you to help me to the other side." The other guy says, "You are on the other side."

Old refrigerators never die. They just lose their cool.

Did you hear about the new dance called the "Elevator"? It has no steps.

Why shouldn't you write with a broken pencil? Because it would be pointless.

What about the guy who stole calendars? He got 12 months.

Answers

Trivia answers: 1. Peru 2. True 3. Slate 4. Jack Nicholson 5. Top of the head

For available franchise opportunities - visit coffeenewscanada.com
© Published with Permission by Capital Marketing Ltd

Recipe of the month

Pumpkin Spice Cupcakes

2 cups sugar
1 can (15 ounces) pumpkin
4 large eggs, room temperature
1 cup canola oil
2 cups all-purpose flour
2 teaspoons baking powder
2 teaspoons ground cinnamon
1 teaspoon baking soda
½ teaspoon salt

½ teaspoon ground ginger
¼ teaspoon ground cloves
1 cup raisins

Cream Cheese Frosting:
2 cups cream cheese, softened
1 teaspoon vanilla extract
2 cups confectioners' sugar
1/2 cup chopped walnuts, toasted

Prep Time: 30 min. Bake: 30 min + cooling Yield: 2 dozen

- Preheat oven to 350°. Beat sugar, pumpkin, eggs and oil until well blended. In another bowl, whisk next seven ingredients; gradually beat into pumpkin mixture. Stir in raisins.
- Fill each of 24 paper-lined muffin cups with 1/4 cup plus 1 teaspoon batter. Bake until a toothpick inserted in centre comes out clean, 28-32 minutes. Cool 10 minutes before removing from pans to wire racks to cool completely.
- For frosting, beat butter and cream cheese until smooth. Beat in vanilla. Gradually add confectioners' sugar. Frost cupcakes; sprinkle with walnuts. Refrigerate.

Source: www.fastefhome.com

Create a variety pack of 24 and get **24 for FREE!**

Limit 1 per customer per day, in store offer only. Expires December 31, 2021.

50+ Keto Syrups

500+ K-Cups PODS Davinci Syrups

singlecup.ca

Mon-Sat, 9-5

FREE SHIPPING \$60+

Calgary 403-354-4962
Edmonton 587-357-0955
#3, 401-33 St. NE 9754-45 Ave. NW

STOP STREAMING! IT'S FUNNIER LIVE AT THE COMIC STRIP

BOURBON STREET, WEST EDMONTON MALL

PURCHASE TICKETS ONLINE AT thecomicstrip.ca

Rick Bronson's **THE COMIC STRIP**
DRINK • DINE • LAUGH

Imagine your business here!

For more information:
780-220-6397
or **877-553-6397**
www.coffee-news.ca

Need ONE More Reason to Join?

- You need child support enforced
- Your landlord raises rent in violation of your verbal agreement
- You adopt a child
- A friend owes you money and files for bankruptcy
- You need help with credit card liability resolution
- Your car is vandalized in a parking lot

Call **LOYD KENNEY**, Independent Associate, to find out how LegalShield can help you!

LegalShield 1-877-579-9449

inogen

FREEDOM. TO BE YOU.

1-888-998-6714

MKT-P0253