

**Thank You** to these distribution partners for supporting the "good news" message of **Coffee News!**

Zone 16  
Updated 08/09/21

**We appreciate you!**

A & W x 3	Fargos	Mr. Sub	Take 5 Coffee
Albert's	Fat Albert's Pizza and Donair	Papa's Restaurant	The Carrot
Anvil Coffee House	Flava Café	Pasta Brioni	The Cheese Factory
AUM Cafe	Frenchese	Pho King	Tim Hortons
Basha Donair	Gourmet Express	Pizza Hut x 2	x 4
Boston Pizza x 3	Handy Bakery Ltd.	Privilege Donair	Twin Atria Café
Brits Fish and Chips	Humpty's	Quiznos	Uncle Ed's Restaurant
Café La Reine	India Garden	Red Swan Pizza	
Carl's Jr.	Jasmine Belle Café	Ronaldo's Pizza	
Cebuchon & BBQ	JB's Big Boy	Royal Pizza	
Dairy Queen	Joey's Fish Shack	Safron's	
Diner Fifty	Joy's Café	Caribbean Delight	
Donair Express	Little Caesars Pizza	Saigon Hut	
Donair Lover	Maria's Place	Sandwich Palace	
Donair Stop	Mike's Sub	Simply Donairs	
El Fogon Latino	Millcreek Café	Stadium Donair	
	More Subs	Swiss to Go	

**Would you like to offer your valued customers the opportunity to read and enjoy Coffee News?**

► For more information on becoming a distribution partner, call us at 780.220.6397 or scan the QR code at right.



**FREE!** *New Issue Every Week!*

# Coffee News®

"News To Be Enjoyed Over Coffee"

**East Edmonton Edition**

**780-220-6397**

www.coffee-news.ca

Est. 1988

Vol. 18 No. 41 October 11, 2021

## Everybody's Talking

**Countless cookies:** Those looking for fancy cookies to wrap up and give to friends, or to devour themselves, need look no further than Lorena's Sweets. The brand is the brainchild of Costa Rican confectioner, Lorena Rodriguez, whose collection has something for everyone. Rodriguez always loved baking cookies, and her husband convinced her to go into business. Now, she has many molds for a wide variety of shapes, which she ornately decorates with fondant. Buyers can order any shape, from a horse on a carousel to the Eiffel Tower to a grandfather clock. The options are almost limitless!

**Caring for raccoons:** There are dog whisperers and horse whisperers, and now Canada has its very own raccoon whisperer. His name is James Blackwood, and his home is near the forest in the province of Nova Scotia. Back in 1999, his late wife, Jane, rescued an injured raccoon, nursing it back to health and releasing it. The cute mammal returned for food, along with its babies. That was the beginning of the couple's daily ritual of feeding the raccoons. Before she died nearly 20 years ago, Jane asked James to keep caring for the raccoons, and he's been doing it ever since, often posting videos on social media.

**Bowling news:** The sport of bowling will never be the same again! An entrepreneur from Southfield, Michigan (U.S.), has come up with an interesting idea: a mobile bowling alley. Terence Jackson Jr. calls his creation Luxury Strike Bowling. A two-lane bowling alley is built inside the trailer of a 53-foot (16-metre) semi-truck. The inside is decorated with colourful lights, a theatre screen, and elevated seating. The game played is "duckpin," which employs shorter lanes and lighter weight balls than the five- or 10-pin varieties. The bowling-alley-on-wheels is available for parties and events.

**Yellow tree:** Needing to make a reservation to see a tree is unusual, but that is the case in China's Shaanxi Province. At a temple in the Zhongnan Mountains stands a 1,400-year-old ginkgo biloba tree. The reason this specimen is so popular is the beautiful scene that ensues when it starts to lose its leaves. The leaves turn a brilliant yellow-gold, making them look as though they were painted by a giant artist's brush. The fallen leaves surround the tree in a sea of yellow. The sight attracts so many tourists that, to avoid large crowds, people must reserve the day and time of their visit.

## Quoteable Quotes

"To conquer fear is the beginning of wisdom." —Bertrand Russell  
"I cannot and will not cut my conscience to fit this year's fashion." —Lillian Hellman

## What's Happening

**Sept 13-Old Tyme Fiddling Weekly, Monday Group Lessons - Beginner** The Wild Rose Old Tyme Fiddlers Association is offering weekly adult beginner group fiddle lessons commencing September 13, 7:00-8:00 pm. Pleasantview Hall, 10860-57 Avenue, Edmonton. For more information, or to register, call Ava at 780-962-8857.

**Workplace Bullying Awareness Week 2021** Please join us for Workplace Bullying Awareness Week! Follow awarenessendsbullying to participate in the conversation and share what you are doing!

**Aug 8 to Oct 13-Outdoor Market Garden** Every Wednesday from 12:00-3:00, Market Garden will be set up outside of the North West Edmonton Seniors Society selling farm fresh organic produce. Come support your local Seniors Centre and enjoy fresh vegetables from the garden! Cash only please.

NON profit organizations may submit events for FREE at [www.coffee-news.ca/whats-happening](http://www.coffee-news.ca/whats-happening)

**Hidden Coffee News Guy ADVENTURE**

Find the Coffee News Guy hidden in one of the ads, then enter to win!

**\$400\* Prize Package**

Over 150 participating sponsors!  
4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

To enter, visit [www.coffee-news.ca](http://www.coffee-news.ca)

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

NEW FEATURE!  
...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

## Trivia

1. Machu Picchu is located high in the mountains of what country?
2. Oregano and basil come from the mint family of herbs—T/F?
3. A zax is used to cut \_\_\_\_\_?
4. What male actor played the lead role in the movie The Shining?
5. Where are the mouth and eyes of the stargazer fish located?

(Flip bottom of page for answers)

© Published with Permission by Capital Marketing Ltd

(Over)

# Recipe of the month

## Pumpkin Spice Cupcakes

2 cups sugar  
1 can (15 ounces) pumpkin  
4 large eggs, room temperature  
1 cup canola oil  
2 cups all-purpose flour  
2 teaspoons baking powder  
2 teaspoons ground cinnamon  
1 teaspoon baking soda  
½ teaspoon salt

½ teaspoon ground ginger  
¼ teaspoon ground cloves  
1 cup raisins

**Cream Cheese Frosting:**  
1 ½ cups butter, softened  
3 ounces cream cheese, softened  
1 teaspoon vanilla extract  
2 cups confectioners' sugar  
1/2 cup chopped walnuts, toasted

Prep Time: 30 min. Bake: 30 min + cooling Yield: 2 dozen

- 1 Preheat oven to 350°. Beat sugar, pumpkin, eggs and oil until well blended. In another bowl, whisk next seven ingredients; gradually beat into pumpkin mixture. Stir in raisins.
- 2 Fill each of 24 paper-lined muffin cups with 1/4 cup plus 1 teaspoon batter. Bake until a toothpick inserted in centre comes out clean, 28-32 minutes. Cool 10 minutes before removing from pans to wire racks to cool completely.
- 3 For frosting, beat butter and cream cheese until smooth. Beat in vanilla. Gradually add confectioners' sugar. Frost cupcakes; sprinkle with walnuts. Refrigerate.

Source: [www.fastcoffhome.com](http://www.fastcoffhome.com)



**COLD SHOT**  
A DIVISION OF BALWARIA EMPIRE PVT. LTD.

**PASSENGER & PARCEL SERVICES**

SHIP BY BUS

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: [www.coldshotca.com](http://www.coldshotca.com)  
Passenger Website: [www.coldshot.ca](http://www.coldshot.ca)

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005




**If you liked Gold Canyon Candles, you are gonna love Sunset Scents!**

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

*They are the next Finest candles you will EVER find!*

**PSC** Prairie Scented Candles

**Sunset Scents** a RAY of Fragrance

[prairiescentedcandles@gmail.com](mailto:prairiescentedcandles@gmail.com)  
[www.prairiescentedcandles.com](http://www.prairiescentedcandles.com)



**Come and enjoy rural Alberta!**


Tired of waiting for high cost accommodation in the big city? We have vacancies to offer residents living outside of town!

Studio suites, all inclusive \$1981.00 (maximum) and one bedroom couples' suites \$3004.00 (maximum), all inclusive. Experience fresh air and country living.

**780.853.5706**

Contact Tabitha at [tabitha.dykstra@vdhf.ca](mailto:tabitha.dykstra@vdhf.ca)  
[www.vdhf.ca](http://www.vdhf.ca)  
5401-46 St., Vermilion

**Vermilion & District Housing Foundation**



**WINTER SPECIAL**

Complimentary Hair Treatment with any colour service, customized to your hair's needs OR Complimentary Paraffin, Scrub or Massage to your Manicure or Pedicure

**Clarity** SALON & SPA

780.761.5959  
965 James Mowatt Tr. SW  
[www.claritysalonandspa.ca](http://www.claritysalonandspa.ca)



Create a variety pack of 24 and get **FREE!**

Limit 1 per customer per day, in store offer only. Expires December 31, 2021.

**50+ Keto Syrups**

LOCALLY OWNED AND OPERATED



**500+ K-Cups PODS Davinci Syrups**

**singlecup.ca**

Mon-Sat, 9-5

Calgary 403-354-4962  
Edmonton 587-357-0955  
#3, 401-33 St. NE 9754-45 Ave. NW

**FREE SHIPPING \$60+**



**J.R. WATKINS** Since 1868 TRADE MARK

A full line of natural products for your home and family

YOUR INDEPENDENT WATKINS CONSULTANT

**Donna Ouellette**  
ID# 029268N

**780-469-5715**  
[www.RespectedHomeBusiness.com/enter29268](http://www.RespectedHomeBusiness.com/enter29268)



**ELECTRICIAN FOR HIRE**

Residential  
Light Commercial  
Electrical Repairs and Renovations

Art de Leon Master Electrician

**780.932.3858** Cell  
[ajdeleon63@gmail.com](mailto:ajdeleon63@gmail.com)



**Get More Traffic, Leads & Sales**

SCAN ME

- Website Development
- Google Ads
- Facebook Advertising
- Social Media Management
- SEO & Content Marketing
- Reporting & Analytics

**Frontline** 780.760.6922  
[frontlineconsulting.ca](http://frontlineconsulting.ca)



**A wish begins with HOPE**

Hope begins with you.

Donate at [makeawish.ca/createhope](http://makeawish.ca/createhope)

**Make-A-Wish**

Coffee News is proud to support Make-A-Wish Northern Alberta



**Love Coffee News?**

Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to [contests@coffee-news.ca](mailto:contests@coffee-news.ca)  
Please put "Readers" in the subject line.

**Please include:**  
1 Your name 2 Your phone number and 3 Your address so that we can send you some cool prizes if your photo is chosen to appear in the paper!

**Reader of the Month**  
Camille Snow of Edmonton

**Coffee News** Fun Reading. Serious Advertising.



**Calling all Fishermen**  
50 YEARS & OVER

Come find fishing buddies at THE EDMONTON **Old Timers' FISHING CLUB**

Monthly meetings  
Monthly newsletter

...with guest speaker, free coffee & donuts.

For more info, call or text Gary Preece at 780.940.6679



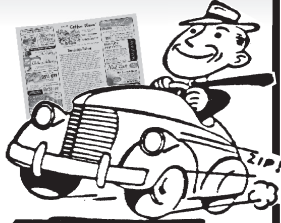
# THIS SPACE FOR RENT

## 780-220-6397

### DELIVERY PERSON NEEDED

...to deliver **Coffee News®!**

- Deliver CN to restaurants and other locations
- Part-time position



Interested? Please email your résumé to [info@coffee-news.ca](mailto:info@coffee-news.ca)

**inogen**  
FREEDOM.  
TO BE YOU.

1-888-998-6714

Are you a business owner/office manager? Have 3-20 employees in your office? Paying too much for your current phone system?

**We can save you up to 50% off your current phone rates!**

- How? We offer:**
- ✓ VOIP Solutions at a fraction of the traditional carrier cost
  - ✓ Long distance rates that outcompete the competition

ETTA TELECOM

587.760.2800  
<https://zettatelecom.com>

DEDICATED TO FINDING OUR CLIENTS THE BEST SOLUTIONS WITHIN THEIR BUDGETS

## Your Weekly Horoscope

### ARIES

(March 21 - April 20)



Your aura may lead you to help you find answers. You could be at the right place at the right time. Your ideas might fit in well with the hum of community activities. Lucky Numbers: 6, 15, 26, 32, 38, 48.

### TAURUS

(April 21 - May 21)



You may need to work a little harder to find a good compromise for everyone. Take the time necessary to research some fascinating adventures, far away from home. Lucky Numbers: 13, 27, 28, 34, 38, 42.

### GEMINI

(May 22 - June 21)



You may feel as if your head is full to overflowing. By focusing on the tasks at hand, you might find deeper meanings in things. Others could react well to your success. Lucky Numbers: 5, 6, 12, 21, 23, 40.

### CANCER

(June 22 - July 22)



Your patience and understanding may enable you to grow. You might find new interests to lead you, and you could branch out to reach a larger audience. Lucky Numbers: 20, 21, 25, 30, 31, 35.

### LEO

(July 23 - Aug. 23)



You may want to look past the immediate to find some old treasures that fit your style. Decorating your surroundings might be a great way to express yourself. Lucky Numbers: 7, 18, 27, 29, 43, 45.

### VIRGO

(Aug. 24 - Sept. 23)



Your immediate plans may include a little bit of rest and relaxation. Take time to rejuvenate yourself and get started on a new regime of healthy eating and exercise. Lucky Numbers: 15, 29, 30, 31, 46, 49.

### LIBRA

(Sept. 24 - Oct. 23)



Your intellectual curiosity and mental restlessness may combine, and your mood to socialize could be high. You might be more than ready to commit to a relationship. Lucky Numbers: 9, 14, 21, 27, 34, 47.

### SCORPIO

(Oct. 24 - Nov. 22)



You may be able to communicate with great conviction. You might also be very effective and could find yourself in the position to bring others around to your point of view. Lucky Numbers: 1, 4, 13, 23, 33, 43.

### SAGITTARIUS

(Nov. 23 - Dec. 21)



You simply may not be seeing people very objectively. You may be a little infatuated with someone, only to be sad when you discover who they really are. Lucky Numbers: 14, 19, 23, 25, 34, 41.

### CAPRICORN

(Dec. 22 - Jan. 20)



Finding a more positive perspective may provide you with a real boost. Your sense of well-being could become quite fragile if you continue to dwell on the negative. Lucky Numbers: 14, 15, 42, 44, 48, 46.

### AQUARIUS

(Jan. 21 - Feb. 19)



Whatever you decide to pursue, you may do so with great intensity. Your focus might depend on your personal interests. You could feel empowered to reach many goals. Lucky Numbers: 32, 37, 42, 47, 48, 49.

### PISCES

(Feb. 20 - March 20)



A spontaneous inspiration may prove to be very beneficial to your life. You might have an opportunity to directly pitch your ideas to those who can make things happen. Lucky Numbers: 20, 24, 26, 30, 34, 36.

Lucky numbers this week: This week's odds favour Scorpio winners with the luckiest number being 13.

## Did You Know...

**Trained mechanic:** If your car broke down in the 1940s, you could have asked the future queen of England to fix it. Queen Elizabeth II was 18 when she joined the Women's Auxiliary Territorial Service and trained to become a mechanic and military truck driver.

**No brainer:** Woodpeckers can slam their beaks against a tree up to 20 times per second without suffering brain damage because of their unusual skull and tongue structures. They have impact-absorbing adaptations other birds lack.

**Margherita pizza:** Many theories suggest how the Margherita pizza got its name, but the most common is that it is named after Queen Margherita of Savoy. She was visiting Naples and asked a local pizza maker (or pizzaiolo) to make something special for her.

**No pockets:** Women's fashions seldom included pockets until the mid- to late 1800s. One theory is that pockets represented independence, as did the pants that women started to wear around the same time.

**Invisible plant:** Fritillaria grows in the Himalayan Mountains, but the plant camouflages itself against rocky backgrounds and can be hard to find. Used for over 2,000 years to make a cough treatment, the plant evolved to hide itself to avoid being picked.

## On the Lighter Side

Two men meet on opposite sides of a river. One shouts to the other, "I need you to help me to the other side." The other guy says, "You are on the other side."

Old refrigerators never die. They just lose their cool.

Did you hear about the new dance called the "Elevator"? It has no steps.

Why shouldn't you write with a broken pencil? Because it would be pointless.

What about the guy who stole calendars? He got 12 months.

### Answers

Trivia answers: 1. Peru 2. True 3. Slate 4. Jack Nicholson 5. Top of the head

For available franchise opportunities – visit [coffeenewsCanada.com](http://coffeenewsCanada.com)  
© Published with Permission by Capital Marketing Ltd

**Congratulations** to the past months' **Coffee News Guy** contest winners!

**JULY** Koshua Kyrejo  
Katarina Penfold  
Lucyna Szczepanik  
Tammy Werner

**AUG.** Jess Boyd  
Jennifer Gee  
Brian Janiten  
Sharon Kurceba

Your prizes are in the mail!

Enter today for your chance to win at [www.coffee-news.ca](http://www.coffee-news.ca)

Every \$3.51 You Give = **1 MEAL FOR A HOMELESS NEIGHBOUR**

Give Hope. Give Today.  
[TheSeed.ca/donate](http://TheSeed.ca/donate)

THE MUSTARD SEED

**Need ONE More Reason to Join?**

- 1 You need child support enforced
- 2 Your landlord raises rent in violation of your verbal agreement
- 3 You adopt a child
- 4 A friend owes you money and files for bankruptcy
- 5 You need help with credit card liability resolution
- 6 Your car is vandalized in a parking lot

Call LLOYD KENNEY, Independent Associate, to find out how LegalShield can help you!

**LegalShield** 1-877-579-9449

**HIP/KNEE REPLACEMENT?**

Other medical conditions causing TROUBLE WALKING or DRESSING?

The Disability Tax Credit allows for **\$3,000 YEARLY TAX CREDIT** and **\$30,000 LUMP SUM REFUND**

For Expert Help: **1.844.453.5372**

FREE ASSESSMENT CALL TODAY!

BBB A+

Imagine your business here!

For more information: **780-220-6397** or **877-553-6397**  
[www.coffee-news.ca](http://www.coffee-news.ca)

**STOP STREAMING! IT'S FUNNIER LIVE AT THE COMIC STRIP**

BOURBON STREET, WEST EDMONTON MALL

PURCHASE TICKETS ONLINE AT [thecomicstrip.ca](http://thecomicstrip.ca)

Rick Bronson's **THE COMIC STRIP**  
DRINK · DINE · LAUGH

**Earn An Income Online**

Join the biggest and best global online business!

NO selling | NO parties  
NO inventory | NO recruiting

Register for a **FREE info session** here: (Scan this code for info)

**Freedom - Flexibility - Fun**

or visit [www.susandeveney.net](http://www.susandeveney.net)

NO EXPERIENCE NEEDED - WE TRAIN AND MENTOR

**WHY RENT ...when you can BUY?**

You may be financially ready – and don't even know!

Call George about **real solutions** to build equity:

**780.982.4247**  
[www.georgevandewalle.com](http://www.georgevandewalle.com)

RE/MAX  
GEORGE VAN DE WALLE

Each office independently owned and operated

**Quality, Reliable Service for Over 20 Years**

**15% OFF YOUR FIRST PURCHASE**

- HVAC and Mechanical Building Maintenance
- Troubleshooting and Diagnostics
- Installations, Repairs and Maintenance on all Heating & Ventilation
- We Service all Makes and Sizes of Boilers and Furnaces
- Serving Residential and Commercial Clientele

CALL FOR SERVICE TODAY!

**RBA MECHANICAL INC.**  
**780-474-7481** [www.rbamech.ab.ca](http://www.rbamech.ab.ca)