

Recipe of the month

Pumpkin Spice Cupcakes

2 cups sugar
1 can (15 ounces) pumpkin
4 large eggs, room temperature
1 cup canola oil
2 cups all-purpose flour
2 teaspoons baking powder
2 teaspoons ground cinnamon
1 teaspoon baking soda
1/2 teaspoon salt

1/2 teaspoon ground ginger
1/4 teaspoon ground cloves
1 cup raisins

Cream Cheese Frosting:
1/3 cup butter, softened
3 ounces cream cheese, softened
1 teaspoon vanilla extract
2 cups confectioners' sugar
1/2 cup chopped walnuts, toasted

Prep Time: 30 min. Bake: 30 min + cooling Yield: 2 dozen

- Preheat oven to 350°. Beat sugar, pumpkin, eggs and oil until well blended. In another bowl, whisk next seven ingredients; gradually beat into pumpkin mixture. Stir in raisins.
- Fill each of 24 paper-lined muffin cups with 1/4 cup plus 1 teaspoon batter. Bake until a toothpick inserted in centre comes out clean, 28-32 minutes. Cool 10 minutes before removing from pans to wire racks to cool completely.
- For frosting, beat butter and cream cheese until smooth. Beat in vanilla. Gradually add confectioners' sugar. Frost cupcakes; sprinkle with walnuts. Refrigerate.

Source: www.fasteefhome.com

October is... **Dental Month**

Offering veterinary care for your pets

Dr. Sandipkumar Patel

Southfork Animal Hospital

101-102 Southfork Drive, Leduc
587.274.0026 • clinic.southforkvets@gmail.com
www.southforkvets.com

FAST, ACCURATE, CLEAN & FRIENDLY SERVICE

MILLWOODS Bottle Depot

2830 Parsons Road
(south extension of 99th St. above South Edmonton Common)

Mon - Sat 8:30 am - 7 pm
Sunday 10 am - 6 pm

mybottledepot.ca

14 receiving stations to serve you REALLY FAST!

Bring in your bottles for a chance to win in our regular Customer Appreciation Draws!

What's In Your Glass? with R&R

Alberta Has It All

"Flatlands and rollin' plains, clear blue skies, prairie rains; a tapestry of colours in the fall. Snow covered mountain tops, wheat fields, canola crops; Alberta has it all." This is from our Alberta provincial anthem. That's just a smidge of it, because if we wrote the whole thing, well, you would miss our monthly wit and wisdom. Okay, maybe just our wit (haha).

There's no part in the anthem about our liquid assets. We mean of the alcohol type, of course. We make some wicked products in Alberta.

Nutri Juice'd Blood Orange/
Fruit Punch 6 pk. \$13.71*
Blindman Dry Hopped
Kettle Sour 4 pk. \$14.85*
Strathcona Spirits
Seaberry Gin. \$49.42*
White Owl Coconut
Whisky. \$36.09*
Alberta Premium
Whisky 1.14L. \$35.13*
Rig Hand Double
Double. \$35.13*

* Price does not include GST or health deposit.

Beer... lots of fabulous beer of every size and type. We're in the spirit of things too with vodka, gin, whisky. Liqueurs, too. How about mead, coolers, fruit wines and pre-mixed cocktails... Albertans make those, too.

Come on everybody. Let's celebrate Alberta made products. We've got a ton to salute. Cheers!

www.leduccoopliquor.com

Leduc Co-op Liquor
CO-OP 103-100B Deer Valley Dr. • 780.980.5139

BUILD YOUR SUMMER SANCTUARY

DIAMOND IN THE ROUGH!

2130 2001 TWP RD 474, LEDUC COUNTY MLS E4203834
REDUCED TO \$99,977

- Mitchell Beach at Pigeon Lake
- NOT IN A SUMMER VILLAGE
- Lot measures 70 ft. wide, 180 ft. deep = 0.29 Acre
- Mother Nature offers YOU a blank slate
- Short stroll to beach via park reserve

Doreen Noppers REAL ESTATE PROFESSIONAL
C: 780-885-7398
doreen.noppers@royallepage.ca

ROYALLEPAGE NORALTA REAL ESTATE
O: 780.962.4950
202 Main Street
Spruce Grove T7X 0G2

Are you a business owner/office manager? Have 3-20 employees in your office? Paying too much for your current phone system?

We can save you up to 50% off your current phone rates!

How? We offer:

- VOIP Solutions at a fraction of the traditional carrier cost
- Long distance rates that outcompete the competition

587.760.2800
<https://zettatelecom.com>

DEDICATED TO FINDING OUR CLIENTS THE BEST SOLUTIONS WITHIN THEIR BUDGETS

FREE! New Issue Every Week!

Coffee News®

"News To Be Enjoyed Over Coffee"

Leduc - Nisku Edition
780-220-6397

www.coffee-news.ca

Est. 1988

Vol. 18 No. 41 October 11, 2021

Everybody's Talking

Countless cookies: Those looking for fancy cookies to wrap up and give to friends, or to devour themselves, need look no further than Lorena's Sweets. The brand is the brainchild of Costa Rican confectioner, Lorena Rodriguez, whose collection has something for everyone. Rodriguez always loved baking cookies, and her husband convinced her to go into business. Now, she has many molds for a wide variety of shapes, which she ornately decorates with fondant. Buyers can order any shape, from a horse on a carousel to the Eiffel Tower to a grandfather clock. The options are almost limitless!

Caring for raccoons: There are dog whisperers and horse whisperers, and now Canada has its very own raccoon whisperer. His name is James Blackwood, and his home is near the forest in the province of Nova Scotia. Back in 1999, his late wife, Jane, rescued an injured raccoon, nursing it back to health and releasing it. The cute mammal returned for food, along with its babies. That was the beginning of the couple's daily ritual of feeding the racoons. Before she died nearly 20 years ago, Jane asked James to keep caring for the racoons, and he's been doing it ever since, often posting videos on social media.

Bowling news: The sport of bowling will never be the same again! An entrepreneur from Southfield, Michigan (U.S.), has come up with an interesting idea: a mobile bowling alley. Terence Jackson Jr. calls his creation Luxury Strike Bowling. A two-lane bowling alley is built inside the trailer of a 53-foot (16-metre) semi-truck. The inside is decorated with colourful lights, a theatre screen, and elevated seating. The game played is "duckpin," which employs shorter lanes and lighter weight balls than the five- or 10-pin varieties. The bowling-alley-on-wheels is available for parties and events.

Yellow tree: Needing to make a reservation to see a tree is unusual, but that is the case in China's Shaanxi Province. At a temple in the Zhongnan Mountains stands a 1,400-year-old gingko biloba tree. The reason this specimen is so popular is the beautiful scene that ensues when it starts to lose its leaves. The leaves turn a brilliant yellow-gold, making them look as though they were painted by a giant artist's brush. The fallen leaves surround the tree in a sea of yellow. The sight attracts so many tourists that, to avoid large crowds, people must reserve the day and time of their visit.

Quoteable Quotes

"To conquer fear is the beginning of wisdom." —Bertrand Russell
"I cannot and will not cut my conscience to fit this year's fashion." —Lillian Hellman

What's Happening

Wed Sept 15 -to Oct 27 - Navigating Motherhood Are you expecting or just had a baby. If your feeling low, anxious, angry or overwhelmed. You are not alone.

Beaumont FCSS, 5817 Rue Eaglemont. 130 to 3 PM. to register, call 780-979-2385 or email frn@leduc-county.com **Oct 7 to Nov 4-Rhymes That Bind** Join us for a fun and free opportunity with your babytoddler to learn new songs, rhymes and nger plays. Recommended for children aged 0 to 3.FRN Building, 299 Telford Court. o register, contact FCSS at 780-980-7109 or email frn@leduc.ca

Oct 17-Devon Monthly Arts Market Throughout COVID, our Artists have been couped up. Imagine what they've created! Come check out our local artists, craftspeople and artisans each month at the Devon Community Center, 20 Haven Ave, Devon. The Market runs from noon to 4 pm. Free to attend

Dec 4-Christmas Farmers Market Leduc Recreation Center, 4330 Black Gold Drive.

NON profit organizations may submit events for FREE at www.coffee-news.ca/whats-happening

Hidden Coffee News Guy ADVENTURE

To enter, visit www.coffee-news.ca

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

Find the Coffee News Guy hidden in one of the ads, then enter to win! **\$400* Prize Package**

* Coffee News Bucks
Over 150 participating sponsors!
4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

Trivia

1. Machu Picchu is located high in the mountains of what country?
2. Oregano and basil come from the mint family of herbs—T/F?
3. A zax is used to cut _____ ?
4. What male actor played the lead role in the movie The Shining?
5. Where are the mouth and eyes of the stargazer fish located?

(Flip bottom of page for answers)

© Published with Permission by Capital Marketing Ltd

(Over)

Feel free to take your Coffee News home!

If you liked Gold Canyon Candles, you are gonna love **Sunset Scents!**

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

They are the next Finest candles you will EVER find!

PSC Prairie Scented Candles

Sunset Scents a RAY of Fragrance

prairiescentedcandles@gmail.com
www.prairiescentedcandles.com

Congratulations to the past months' **Coffee News Guy** contest winners!

Your prizes are in the mail!

Enter today for your chance to win at www.coffee-news.ca

JULY
Koshua Kyrejto
Katarina Penfold
Lucyna Szczepanik
Tammy Werner

AUG.
Jess Boyd
Jennifer Gee
Brian Janiten
Sharon Kurceba

HAPPY Thanksgiving

from your friends at **Coffee News**

A wish begins with **HOPE**

Hope begins with you.

Donate at makeawish.ca/createhope

Make-A-Wish

Coffee News is proud to support Make-A-Wish Northern Alberta

Love Coffee News?

Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to contests@coffee-news.ca
Please put "Readers" in the subject line.

Please include:
• Your name • Your phone number and • Your address so that we can send you some cool prizes if your photo is chosen to appear in the paper!

Reader of the Month
Camille Snow of Edmonton

Coffee News Fun Reading. Serious Advertising.

WE DIRECT BILL YOUR INSURANCE

Come... See... Smile...

◆ Our fees follow the Alberta Fee Guide

◆ Open Wed. & Thurs. evenings and two Saturdays per month

Devon Dental Associates

#129, 180 Miquelon Ave. Devon (beside Boston Pizza)

Dr. Maura Lavoie
Dr. Ian Orellana-Jordan
Dr. Darren Forst (Orthodontist)

780.987.2833
www.devondentalassociates.ca

Canada's **HEALTHY Choice for Pets!**

GLOBAL PET FOODS

SENIORS' DAY last Tuesday of every month

Save **15%**

Restrictions may apply. Inquire in store.

5103 - 50 Avenue, Leduc
780-980-8711 • www.globalpetfoods.com

The World's #1 Restaurant Publication!

Pregnant? Facing Difficult Decisions?
 We can help.
 Call 780.421.1177 or text 587.596.5380



A Small Miracle Adoption
 Adoption is the ultimate expression of a committed heart

- Confidential Pregnancy Counselling
- Support and Connection to Resources
- Adoption Information and Advice

www.smallmiraclesadoption.com

inogen
FREEDOM. TO BE YOU.



1-888-998-6714

BEST OF HAWAII FOUR-ISLAND TOUR
 12 days, departs year-round



FROM \$2,549
\$2,299 USD

VMT vacations
 1-877-699-7003
 promo code N7017

* Prices are per person based on double occupancy plus up to \$299 in taxes & fees. Single supplement and seasonal surcharges may apply. Add-on airfare available. Offers apply to new bookings only, made by 9/30/21. Other terms & conditions may apply. Ask your Travel Consultant for details.

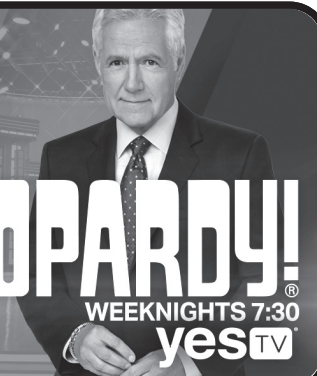
Get More Traffic, Leads & Sales



- Website Development
- Google Ads
- Facebook Advertising
- Social Media Management
- SEO & Content Marketing
- Reporting & Analytics

Frontline 780.760.6922
 www.frontlineconsulting.ca

JEOPARDY!
 WEEKNIGHTS 7:30
yes TV



Imagine **your** business here!



For more information:
 780-220-6397
 or 877-553-6397
www.coffee-news.ca

HIP/KNEE REPLACEMENT?
 Other medical conditions causing TROUBLE WALKING or DRESSING?
 The Disability Tax Credit allows for

\$3,000 YEARLY TAX CREDIT
 and **\$30,000** LUMP SUM REFUND

FREE ASSESSMENT CALL TODAY!

For Expert Help:
1.844.453.5372



DELIVERY PERSON NEEDED
 ...to deliver **Coffee News®!**



- Deliver CN to restaurants and other locations
- Part-time position

Interested?
 Please email your résumé to info@coffee-news.ca

Your Weekly Horoscope

ARIES
(March 21 - April 20)
 Your aura may lead you to help you find answers. You could be at the right place at the right time. Your ideas might fit in well with the hum of community activities. Lucky Numbers: 6, 15, 26, 32, 38, 48.

TAURUS
(April 21 - May 21)
 You may need to work a little harder to find a good compromise for everyone. Take the time necessary to research some fascinating adventures, far away from home. Lucky Numbers: 13, 27, 28, 34, 38, 42.

GEMINI
(May 22 - June 21)
 You may feel as if your head is full to overflowing. By focusing on the tasks at hand, you might find deeper meanings in things. Others could react well to your success. Lucky Numbers: 5, 6, 12, 21, 23, 40.

CANCER
(June 22 - July 22)
 Your patience and understanding may enable you to grow. You might find new interests to lead you, and you could branch out to reach a larger audience. Lucky Numbers: 20, 21, 25, 30, 31, 35.

LEO
(July 23 - Aug. 23)
 You may want to look past the immediate to find some old treasures that fit your style. Decorating your surroundings might be a great way to express yourself. Lucky Numbers: 7, 18, 27, 29, 43, 45.

VIRGO
(Aug. 24 - Sept. 23)
 Your immediate plans may include a little bit of rest and relaxation. Take time to rejuvenate yourself and get started on a new regime of healthy eating and exercise. Lucky Numbers: 15, 29, 30, 31, 46, 49.

LIBRA
(Sept. 24 - Oct. 23)
 Your intellectual curiosity and mental restlessness may combine, and your mood to socialize could be high. You might be more than ready to commit to a relationship. Lucky Numbers: 9, 14, 21, 27, 34, 47.

SCORPIO
(Oct. 24 - Nov. 22)
 You may be able to communicate with great conviction. You might also be very effective and could find yourself in the position to bring others around to your point of view. Lucky Numbers: 1, 4, 13, 23, 33, 43.

SAGITTARIUS
(Nov. 23 - Dec. 21)
 You simply may not be seeing people very objectively. You may be a little infatuated with someone, only to be sad when you discover who they really are. Lucky Numbers: 14, 19, 23, 25, 34, 41.

CAPRICORN
(Dec. 22 - Jan. 20)
 Finding a more positive perspective may provide you with a real boost. Your sense of well-being could become quite fragile if you continue to dwell on the negative. Lucky Numbers: 14, 15, 42, 44, 48, 46.

AQUARIUS
(Jan. 21 - Feb. 19)
 Whatever you decide to pursue, you may do so with great intensity. Your focus might depend on your personal interests. You could feel empowered to reach many goals. Lucky Numbers: 32, 37, 42, 47, 48, 49.

PISCES
(Feb. 20 - March 20)
 A spontaneous inspiration may prove to be very beneficial to your life. You might have an opportunity to directly pitch your ideas to those who can make things happen. Lucky Numbers: 20, 24, 26, 30, 34, 36.

Lucky numbers this week: This week's odds favour Scorpio winners with the luckiest number being 13.

Did You Know...

Trained mechanic: If your car broke down in the 1940s, you could have asked the future queen of England to fix it. Queen Elizabeth II was 18 when she joined the Women's Auxiliary Territorial Service and trained to become a mechanic and military truck driver.

No brainer: Woodpeckers can slam their beaks against a tree up to 20 times per second without suffering brain damage because of their unusual skull and tongue structures. They have impact-absorbing adaptations other birds lack.

Margherita pizza: Many theories suggest how the Margherita pizza got its name, but the most common is that it is named after Queen Margherita of Savoy. She was visiting Naples and asked a local pizza maker (or pizzaiolo) to make something special for her.

No pockets: Women's fashions seldom included pockets until the mid- to late 1800s. One theory is that pockets represented independence, as did the pants that women started to wear around the same time.

Invisible plant: Fritillaria grows in the Himalayan Mountains, but the plant camouflages itself against rocky backgrounds and can be hard to find. Used for over 2,000 years to make a cough treatment, the plant evolved to hide itself to avoid being picked.

On the Lighter Side

Two men meet on opposite sides of a river. One shouts to the other, "I need you to help me to the other side." The other guy says, "You are on the other side."

Old refrigerators never die. They just lose their cool.

Did you hear about the new dance called the "Elevator"? It has no steps.

Why shouldn't you write with a broken pencil? Because it would be pointless.

What about the guy who stole calendars? He got 12 months.

Answers

Trivia answers: 1. Peru 2. True 3. Slate 4. Jack Nicholson 5. Top of the head

Leave a legacy
 and be a part of tomorrow's future, today



If you're thinking of writing or updating your will, The Alberta Lung Association is offering the chance for donors to make a simple Will for free through our partnership with the Canadian Free Wills Network.

You are not obligated to leave a gift to the Lung Association – we hope that you will see this program as the perfect way to satisfy your estate planning objectives.

BREATHE
 the lung association

www.ab.lung.ca/you-can-help-change-future-today

Helping you rediscover fun In the kitchen!
Gifts and Gadgets
 Your one stop kitchen and gift shop.
780.962.5220



CHECK OUT OUR EXTENSIVE ONLINE CATALOG!
 Visit www.giftsandgadgets.ab.ca
 or visit us in person at 111 First Avenue, Spruce Grove

Need ONE More Reason to Join?



- 1 You need child support enforced
- 2 Your landlord raises rent in violation of your verbal agreement
- 3 You adopt a child
- 4 A friend owes you money and files for bankruptcy
- 5 You need help with credit card liability resolution
- 6 Your car is vandalized in a parking lot

Call **LOYD KENNEY**, Independent Associate, to find out how LegalShield can help you!
LegalShield 1-877-579-9449

COLD SHOT
 A DIVISION OF BALWARIA EMPIRE PVT. LTD.

PASSENGER & PARCEL SERVICES
 GET YOUR REWARD CARD TO GET A FREE TICKET!
 Parcel Website: www.coldshotca.com
 Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

Call today to book your appointment!



We only want to make you SMILE

Millet Denture Clinic
 780.387.3311 • 5022 - 50 Street, Millet
 BARB UNGER, DD • barb@milletdenture.ca

Tinnitus Therapy
 available using new Stylleto

Rechargeable Hearing Aids Available



Did you know all seniors and low income adults qualify for \$900-\$2400 towards hearing aids?
 Signia Stylleto

EYES + EARS
 OPTICAL + HEARING CO.
 403.790.2020 • 4502-50 Street, Ponoka

FINANCING FOR HEARING AIDS NOW AVAILABLE

SHOP ONLINE!
www.scubagearcanada.ca

- Snorkelling Gear • Reef-Safe Sunscreen
- Beach Water Shoes • Dry Bags & Wallets • UV Shirts

The Dive Outfitters
 Learn to SCUBA DIVE at our Edmonton location – call for details
 11781-156 St., Edmonton 780.483.0044



SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

THIS SPACE FOR RENT
780-220-6397