

**This Space  
for Rent.**  
**877-553-6397**

**Leave a legacy  
and be a part of  
tomorrow's future, today**

If you're thinking of writing or updating your will, The Alberta Lung Association is offering the chance for donors to make a simple Will for free through our partnership with the Canadian Free Wills Network.

You are not obligated to leave a gift to the Lung Association – we hope that you will see this program as the perfect way to satisfy your estate planning objectives.

**BREATHE**  
the lung association

[www.ab.lung.ca/you-can-help-change-future-today](http://www.ab.lung.ca/you-can-help-change-future-today)

**MORE SELECTION  
THAN ANY OTHER WINDOW  
COVERING SOURCE!**

We make 100+ kinds of blinds  
We stock 15 million feet of inventory

**real blinds**

CANADA'S #1 RETAIL WINDOW COVERING FACTORY  
**1 855 8 GO REAL REALBLINDS.CA**

**EDMONTON**  
10510-107 Ave. NW  
780-250-7325

**VEGREVILLE**  
5006-52 Avenue  
780-632-2142

**DERWENT**  
118 Main Road  
780-741-2376

**BONNYVILLE/COLD LAKE**  
780-826-2239

**WAINWRIGHT/PROVOST**  
780-842-2477

**LLOYDMINSTER**  
780-875-1093

**New Beginning Law**

**Family Law  
Criminal Defence**

**Jerred L.T.T. Moore**  
B.A. (Adv.), J.D.  
Barrister & Solicitor

**Renée L.T. Moore**  
B.A., B.Comm. (Co-op), J.D.  
Barrister & Solicitor

**780.645.0050**

[www.newbeginninglaw.ca](http://www.newbeginninglaw.ca) | 4902-50 St., St. Paul, AB

**The Little Convenience Store**

Need snacks? Drinks, household items? Lottery? Hunting/fishing licensing? Or other "Oops, I forgot" items?

**We've got them!**

**Confectionery**

**881**  
CONVENIENCE STORE + MORE

**5123-47 St., Mannville**  
780.853.7306 | [www.confectionery881.ca](http://www.confectionery881.ca)

**ICE  
CREAM  
UPGRADE**

Pay for a single, get a double!  
When you bring in this ad

**HIP/KNEE REPLACEMENT?**

Other medical conditions causing TROUBLE WALKING or DRESSING?

The Disability Tax Credit allows for **\$3,000** YEARLY TAX CREDIT and **\$30,000** LUMP SUM REFUND

**FREE ASSESSMENT CALL TODAY!**



For Expert Help:

**1.844.453.5372**

**Congratulations**

to the past months' **Coffee News Guy** contest winners!

Your prizes are in the mail!

**JULY**  
Koshua Kyrejto  
Katarina Penfold  
Lucyna Szczepanik  
Tammy Werner

**AUG.**  
Jess Boyd  
Jennifer Gee  
Brian Janiten  
Sharon Kurceba

Enter today for your chance to win at [www.coffee-news.ca](http://www.coffee-news.ca)

Happy **Halloween**  
from your friends at **Coffee News**

**FREE!**

**New Issue Every Week!**

**Coffee News**

"News To Be Enjoyed Over Coffee"

**Vermilion Edition**

**780-220-6397**



[www.coffee-news.ca](http://www.coffee-news.ca)

Est. 1988

Vol. 2021 No. 42 October 18, 2021

**Everybody's Talking**

**Hungry owls:** No one wants to use chemical pesticides to protect crops, and apple farmers in Japan don't have to. That's because a natural predator is available to help keep their orchards free of field voles. That predator is the Ural owl (*Strix uralensis*). These birds build nests in the hollows of trees near the orchards, and farmers even supply manmade structures to attract them. The night hunters do swift work of nabbing voles, which can do considerable damage to apple trees and cut into the profits of the farm.

**Inked all over:** Some people get a tattoo (or two) somewhere on their bodies, but Kerstin Tristan decided to get her whole body tattooed. The grandmother from Leipzig, Germany, started on her tattoo odyssey in 2015 when she got her first one. Now, her arms, legs, torso, hands, and feet are almost completely covered. The tattoos range from flowers to butterflies to women's faces to leopard spots to strings of pearls. Tristan has spent, so far, about 30,000 Euro on her body art, and she doesn't regret it. She intends to keep filling the blank spots with more tattoos.

**Mural mandate:** A mural on the side of a building in Warsaw, Poland, helps clear the air of pollutants. Located near a busy metro station, the mural is made of special photocatalytic paint that lures pollutants from the air. The pollutants are then changed into harmless particles, which are washed away when it rains. The mural features flowers with smiling faces, with the foliage wrapped around tall buildings. The project was part of the City Forests campaign. Several other cities around the world are part of the movement, including Bogotá, Columbia; Johannesburg, South Africa; and Melbourne, Australia.

**Cat lady:** A woman who lives in Muscat, Oman, is a true animal lover. In fact, she loves animals so much that her home has become a shelter for homeless cats and dogs. Maryam al-Balushi didn't always appreciate animals. Her affection for felines began in 2008 when her son brought home a Persian cat, which she grew to adore. She started taking pity on strays, and today she has nearly 500 cats and about a dozen dogs. It costs almost \$8,000 per month for food and vet care, which at first she paid herself, but now donors help her with the bills. She hopes everyone will understand that animals need to be treated with compassion.

**Quoteable Quotes**

"We heed no instincts but our own." —Jean de La Fontaine  
"Tell him to live by yes and no—yes to everything good, no to everything bad." —William James

**What's Happening**

**Sept 18 to Oct 17-Vegreville Corn Maze** A family-friendly corn maze experience. Enjoy themed weekends featuring everything from pony rides to live music. All in support of local non-profit organizations. These are tentative dates. Visit <https://www.facebook.com/vegrevillecornmaze> for details.

**Oct 1 to 31-The Haunted Hike** It's scary good time at this one-of-a-kind Haunted House located in a giant warehouse in Vegreville. Do not miss this event, open every weekend in October. This is a tentative date. Exact dates and hours TBA. [www.thehauntedhike.ca](http://www.thehauntedhike.ca)

**Workplace Bullying Awareness Week 2021** Please join us for Workplace Bullying Awareness Week! Follow [awarenessendsbullying](https://www.awarenessendsbullying.com) to participate in the conversation and share what you are doing!

NON profit organizations may submit events for FREE at [www.coffee-news.ca/whats-happening](http://www.coffee-news.ca/whats-happening)

**Hidden Coffee News Guy ADVENTURE**

Find the Coffee News Guy hidden in one of the ads, then enter to win! **\$400\* Prize Package**

\*Coffee News Bucks  
Over 150 participating sponsors!  
4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

To enter, visit [www.coffee-news.ca](http://www.coffee-news.ca)

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

**Trivia**

1. Which country produces the most tea in the world—China, India, or Sri Lanka?
2. One fathom is equal to 6 ft., 8 ft., or 12 ft.?
3. What is a chanterelle?
4. The Caladrius, the Phoenix, and the Roc are types of what?
5. What creates a phenomenon called a fogbow or white rainbow?

(Flip bottom of page for answers)

© Published with Permission by Capital Marketing Ltd

(Over)

The World's #1 Restaurant Publication!



**COLD SHOT**  
A DIVISION OF BALWARIA EMPIRE PVT. LTD.

**PASSENGER & PARCEL SERVICES**

SHIP BY BUS

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: [www.coldshotca.com](http://www.coldshotca.com)  
Passenger Website: [www.coldshot.ca](http://www.coldshot.ca)

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

**If you liked Gold Canyon Candles, you are gonna love Sunset Scents!**

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

**PSC**  
Prairie Scented Candles

**Sunset Scents**  
a RAY of Fragrance

[prairiescentedcandles@gmail.com](mailto:prairiescentedcandles@gmail.com)  
[www.prairiescentedcandles.com](http://www.prairiescentedcandles.com)

**Recipe of the month**

**Pumpkin Spice Cupcakes**

2 cups sugar  
1 can (15 ounces) pumpkin  
4 large eggs, room temperature  
1 cup canola oil  
2 cups all-purpose flour  
2 teaspoons baking powder  
2 teaspoons ground cinnamon  
1 teaspoon baking soda  
1/2 teaspoon salt

1/4 teaspoon ground ginger  
1/4 teaspoon ground cloves  
1 cup raisins  
**Cream Cheese Frosting:**  
1/3 cup butter, softened  
3 ounces cream cheese, softened  
1 teaspoon vanilla extract  
2 cups confectioners' sugar  
1/2 cup chopped walnuts, toasted

Prep Time: 30 min. Bake: 30 min + cooling Yield: 2 dozen

- 1 Preheat oven to 350°. Beat sugar, pumpkin, eggs and oil until well blended. In another bowl, whisk next seven ingredients; gradually beat into pumpkin mixture. Stir in raisins.
- 2 Fill each of 24 paper-lined muffin cups with 1/4 cup plus 1 teaspoon batter. Bake until a toothpick inserted in centre comes out clean, 28-32 minutes. Cool 10 minutes before removing from pans to wire racks to cool completely.
- 3 For frosting, beat butter and cream cheese until smooth. Beat in vanilla. Gradually add confectioners' sugar. Frost cupcakes; sprinkle with walnuts. Refrigerate.

Source: [www.tasteofhome.com](http://www.tasteofhome.com)



### Love Coffee News?

Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to [contests@coffee-news.ca](mailto:contests@coffee-news.ca)  
Please put "Readers" in the subject line.

**Please include:**  
 1 Your name 2 Your phone number and 3 Your address so that we can send you some cool prizes if your photo is chosen to appear in the paper!

**Reader of the Month**  
Camille Snow of Edmonton

**Coffee News** Fun Reading. Serious Advertising.

### BEST OF HAWAII FOUR-ISLAND TOUR

12 days, departs year-round

**VMT vacations**

FROM \$2,549  
\$2,299 USD

**1-877-699-7003**  
promo code N7017

\* Prices are per person based on double occupancy plus up to \$299 in taxes & fees. Single supplement and seasonal surcharges may apply. Add-on airfare available. Offers apply to new bookings only, made by 9/30/21. Other terms & conditions may apply. Ask your Travel Consultant for details.

### inogen FREEDOM. TO BE YOU.

**1-888-998-6714**

MKT-P0253

### WEBSITES From \$129/Month

**(780) 760-6922**  
FRONTLINECONSULTING.CA

Oh no! We're out of bolts!

Call the Boltmobile!

**BONNYVILLE BOLT SUPPLY LTD.**

Delivery available! **780.812.2922** On call 24/7

5603-50 Ave., Bonnyville | <https://bbsupply.ca>

LOCALLY OWNED

### CRAVING COUNTRY?

**106.5 COUNTRY**

PLAYS THE COUNTRY THAT SATISFIES YOUR APPETITE!

Join **Renée** weekdays for  
**THE WAKE UP SHOW** from 6 a.m. to 9 a.m.,  
**THE TRADING POST** at 9 a.m., and  
**THE COUNTRY CRAVINGS REQUEST SHOW** at 12:30 p.m.!

Helping you rediscover fun in the kitchen!

### Gifts and Gadgets

Your one stop kitchen and gift shop.

**780.962.5220**

CHECK OUT OUR EXTENSIVE ONLINE CATALOG!

Visit [www.giftsandgadgets.ab.ca](http://www.giftsandgadgets.ab.ca) or visit us in person at 111 First Avenue, Spruce Grove

## Your Weekly Horoscope

**ARIES (March 21 - April 20)**

Your concentration could be very strong. You might become so engrossed in your work that you may not be able to do anything else until you find the information that you seek. Lucky Numbers: 2, 7, 12, 18, 22, 34.

**TAURUS (April 21 - May 21)**

You may want to pursue the one person you desire. This could be exciting, as romance also might run high. Games or contests may provide you with an extra burst of energy. Lucky Numbers: 11, 18, 20, 25, 38, 45.

**GEMINI (May 22 - June 21)**

Your ability to keep yourself on track may enable you to reach out to new resources for solutions. Your past experiences could help you see past facades to find answers. Lucky Numbers: 5, 7, 9, 10, 40, 42.

**CANCER (June 22 - July 22)**

A new or renewed personal relationship may prove to be romantic and pleasing to you. You might want to look your best and behave in a friendly way. Lucky Numbers: 12, 15, 26, 31, 32, 45.

**LEO (July 23 - Aug. 23)**

You may attract what you need by allowing others to approach you. You might be more inclined to go along with situations than to forcefully try to make things happen. Lucky Numbers: 6, 16, 21, 26, 36, 41.

**VIRGO (Aug. 24 - Sept. 23)**

This may be a positive time, especially if you are involved in learning. Your appreciation for the warmth and assurance of a mentor could provide you with much pride. Lucky Numbers: 1, 5, 11, 13, 15, 21.

**LIBRA (Sept. 24 - Oct. 23)**

Trivial battles may be obstacles. You might need to stop pushing yourself so hard. Your personal need to be nurtured could help you understand the importance of family. Lucky Numbers: 5, 23, 24, 31, 41, 45.

**SCORPIO (Oct. 24 - Nov. 22)**

Some intense rivalry or personal conflict may take you by surprise. You might feel that you must stand up for your rights in the face of this opposition. Lucky Numbers: 8, 18, 28, 36, 39, 44.

**SAGITTARIUS (Nov. 23 - Dec. 21)**

Interesting connections may unlock new doors. You might want to edit a proposal or in some way adjust your way of communicating in order to come to a mutual agreement. Lucky Numbers: 17, 20, 24, 25, 27, 30.

**CAPRICORN (Dec. 22 - Jan. 20)**

You may need to talk about past experiences to understand the truth. Old resentments that you might have tried to conceal could resurface and cause you distress. Lucky Numbers: 13, 21, 26, 32, 41, 42.

**AQUARIUS (Jan. 21 - Feb. 19)**

Your ability to converse may attract the interest of people who matter. Do not allow pressure to push your goals out of focus. Think hard and fast, remembering all the facts. Lucky Numbers: 5, 15, 16, 17, 30, 47.

**PISCES (Feb. 20 - March 20)**

You may feel an urgency to eliminate negative influences. You might need to show your reliability and your willingness to perform your duties and obligations. Lucky Numbers: 16, 19, 23, 26, 33, 46.

Lucky numbers this week: This week's odds favour Pisces winners with the luckiest number being 4.

### Did You Know...

**Famous relative:** The famous F. Scott Fitzgerald was named after his distant relative, who may be even more famous. Francis Scott Key wrote the words to "The Star-Spangled Banner," America's national anthem.

**Landlocked:** The Lao People's Democratic Republic, known as Laos, is landlocked and shares borders with China, Vietnam, Cambodia, Thailand, and Burma (Myanmar). The capital of Laos is Vientiane, and the country's official language is Lao.

**Cold lovers:** Yakutian horses live in Yakutia (Sakha) Republic, in the Siberian region of Russia, where temperatures in the winter can dip to -70°C (-94°F). These small horses are heavy for their size because they have a layer of fat, as well as a thick mane, to keep them warm.

**Unique design:** For a unique, personalized cooking and eating space, people may choose to have a "bespoke" kitchen. That means that the area is custom designed for the owner's exact preferences.

**Runny nose:** Having a runny nose is a common consequence of eating spicy foods. That's because the chili peppers in spicy dishes contain the chemical capsaicin, which is a natural decongestant.

### On the Lighter Side

Why did the chicken cross the playground? To get to the other slide.

A three-year-old had received a severe sunburn that reached the peeling stage. His mother heard him saying to himself as he was washing up for dinner, "Only three years old, and wearing out already."

Three men were in a boat. It capsized, but only two got their hair wet. Why? One was bald.

Dentist: "You need a crown."  
Patient: "Finally, someone who understands me!"

Did you hear about the umbrella salesman who saved his money for a sunny day?

### Answers

**Trivia answers:** 1. China 2. 6 ft. 3. Type of mushroom 4. Light retracted in fog 5. Mythical birds

For available franchise opportunities – visit [coffeenewscanada.com](http://coffeenewscanada.com)  
 © Published with Permission by Capital Marketing Ltd

Are you a business owner/office manager? Have 3-20 employees in your office? Paying too much for your current phone system?

**We can save you up to 50% off your current phone rates!**

**ETA TELECOM**

VOIP Solutions at a fraction of the traditional carrier cost  
 Long distance rates that outcompete the competition

**587.760.2800**  
<https://zettatelecom.com>

DEDICATED TO FINDING OUR CLIENTS THE BEST SOLUTIONS WITHIN THEIR BUDGETS

**MUSIC | APPLIANCES | SECOND HAND STORE**

### Factory Direct & Consignment

5225-52 Avenue  
780-632-4141

Serving Vegreville for 20+ Years!

Imagine your business here!

For more information:  
**780-220-6397**  
 or **877-553-6397**  
[www.coffee-news.ca](http://www.coffee-news.ca)

### Have You Considered Adopting Your Step-Children?

We prepare and file your step-parent adoption, adult adoption, relative adoption and private direct placement adoption.

**A Small Miracle Adoption**

Adoption is the ultimate expression of a committed heart

**780.421.1177**  
[www.smallmiraclesadoption.com](http://www.smallmiraclesadoption.com)

### SHOP ONLINE!

[www.scubagearcanada.ca](http://www.scubagearcanada.ca)

- Snorkelling Gear • Reef-Safe Sunscreen
- Beach Water Shoes • Dry Bags & Wallets • UV Shirts

**The Dive Outfitters**

Learn to SCUBA DIVE at our Edmonton location – call for details

11781-156 St., Edmonton **780.483.0044**

SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

### PROFESSIONALS TRAINING PROFESSIONALS

**THE WESTERN INSTITUTE OF EMERGENCY EDUCATION**

- EMR - Emergency Medical Responder
- BLS - Basic Life Support
- ACLS - Advanced Cardiovascular Life Support
- SFA - Standard First Aid
- AFA/MFR - Advanced First Aid/Medical First Responder
- PALS - Paediatric Advanced Life Support
- RFA - Remote First Aid
- H, S

103-5208 46th Avenue Vermilion **780.643.6163** | [www.emergencyed.ca](http://www.emergencyed.ca)

FIRST AID | MEDICAL COURSES | SAFETY COURSES

### At Seller Direct® Northern Homes Realty, It's Not About Discounts, It's About OPTIONS!

How We Get Your House **SOLD:**

- 3D Tours & Professional Photos
- 300+ websites
- Social media ads
- 24/7 Info Direct # for your home ...and MORE!

**WE HELP BUYERS, TOO!**

FIND OUT HOW YOU CAN **SAVE UP TO 50%!**

**SELLER DIRECT**

**Tracy Lord**  
Real Estate Agent

**780.747.8372**

PROUDLY SERVING LAC LA BICHE, PLAMONDON, WANDERING RIVER & SURROUNDING AREAS