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Everybody's Talking

Hungry owls: No one wants to use chemical pesticides to protect crops, and apple farmers in Japan don't have to. That's because a natural predator is available to help keep their orchards free of field voles. That predator is the Ural owl (*Strix uralensis*). These birds build nests in the hollows of trees near the orchards, and farmers even supply manmade structures to attract them. The night hunters do swift work of nabbing voles, which can do considerable damage to apple trees and cut into the profits of the farm.

Inked all over: Some people get a tattoo (or two) somewhere on their bodies, but Kerstin Tristan decided to get her whole body tattooed. The grandmother from Leipzig, Germany, started on her tattoo odyssey in 2015 when she got her first one. Now, her arms, legs, torso, hands, and feet are almost completely covered. The tattoos range from flowers to butterflies to women's faces to leopard spots to strings of pearls. Tristan has spent, so far, about 30,000 Euro on her body art, and she doesn't regret it. She intends to keep filling the blank spots with more tattoos.

Mural mandate: A mural on the side of a building in Warsaw, Poland, helps clear the air of pollutants. Located near a busy metro station, the mural is made of special photocatalytic paint that lures pollutants from the air. The pollutants are then changed into harmless particles, which are washed away when it rains. The mural features flowers with smiling faces, with the foliage wrapped around tall buildings. The project was part of the City Forests campaign. Several other cities around the world are part of the movement, including Bogotá, Columbia; Johannesburg, South Africa; and Melbourne, Australia.

Cat lady: A woman who lives in Muscat, Oman, is a true animal lover. In fact, she loves animals so much that her home has become a shelter for homeless cats and dogs. Maryam al-Balushi didn't always appreciate animals. Her affection for felines began in 2008 when her son brought home a Persian cat, which she grew to adore. She started taking pity on strays, and today she has nearly 500 cats and about a dozen dogs. It costs almost \$8,000 per month for food and vet care, which at first she paid herself, but now donors help her with the bills. She hopes everyone will understand that animals need to be treated with compassion.

Quoteable Quotes

"We heed no instincts but our own." —Jean de La Fontaine
"Tell him to live by yes and no—yes to everything good, no to everything bad." —William James

What's Happening

Anavet Assiniboia Unit 283 - Opening 3584 Portage Ave. 204 837 6708 Opening 10 a.m. to 6 p.m. each Monday to Saturday beginning on Sat. July 24th. Basic Health Rules will be followed so we can visit with old and new friends at the Friendly Club!

Yoga classes at Deer Lodge Community Centre Gentle Yoga classes at Deer Lodge Community Centre, 323 Bruce E. begin September 13, 2021.

For more info email Doreen at: dwuckert@shaw.ca **Anavets Assiniboia Unit 283 at 3584 Portage Ave.**

204 837 6708 join us... Double vaxed - proof photo ID needed to enter - Masks worn when you are not seated. Bands Dancing with masks on Fri. 8 to 11 pm. Check our Website for monthly Band lists.

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Exploring Spiritual Mysteries on Dreams presented by Eckankar Discover tools for unfoldment, reassurances of departed loved ones, spiritual guides and the inner world of Light and Sound. 7PM. Visit <https://www.meetup.com/The-Winnipeg-Spiritual-Experiences-Group> or email beckmanitoba@gmail.com

NON profit organizations may submit events for FREE at <https://coffeenewswinnipeg.com/whats-happening>

Trivia

- Which country produces the most tea in the world—China, India, or Sri Lanka?
- One fathom is equal to 6 ft., 8 ft., or 12 ft.?
- What is a chanterelle?
- The Caladrius, the Phoenix, and the Roc are types of what?
- What creates a phenomenon called a fogbow or white rainbow?

(Flip bottom of page for answers)

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Rainbow Resource Centre's Over the Rainbow is for 2SLGBTQ+ folks aged 55± .

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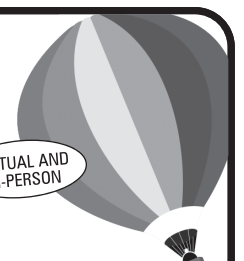
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These conversations about work experiences are part of a Mount Saint Vincent University research project on immigrant home care workers who care for older people in Manitoba. Our goal is to better understand the unique experiences of immigrant workers and the kinds of care they provide older people during the COVID-19 pandemic. The results will help improve the working conditions of immigrant care workers and the quality of care of their older clients.

To get involved, contact Mehmet Yavuz, Project Coordinator 204.815.4061 | Mehmet.Yavuz@msvu.ca

Contact Lead Researcher, Mary Jean Hande, for more information. MaryJean.Hande@msvu.ca | tinyurl.com/y25xhoht



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