

This is **Your Story**

Stories of redemption, discovery and faith
WEEKNIGHTS AT 11PM

yesTV

MISSION VIEW FUNERAL CHAPEL LTD.

SERVING LAC LA BICHE, PLAMONDON, BOYLE, GRASSLAND AND SURROUNDING AREAS FOR OVER 25 YEARS

FUNERALS - CREMATION - MONUMENTS - PRE-PLANNING

We have a large selection of **MONUMENTS** to choose from

780-623-1815 • info@missionview.ca

At Seller Direct® Northern Homes Realty, It's Not About Discounts, It's About **OPTIONS!**

How We Get Your House **SOLD:**

- ✓ 3D Tours & Professional Photos
- ✓ 300+ websites
- ✓ Social media ads
- ✓ 24/7 Info Direct # for your home ...and MORE!

WE HELP BUYERS, TOO!

FIND OUT HOW YOU CAN **SAVE UP TO 50%!**

SELLER DIRECT Tracy Lord Real Estate Agent

Diana Noble Owner/Broker
780.747.8372

PROUDLY SERVING LAC LA BICHE, PLAMONDON, WANDERING RIVER & SURROUNDING AREAS

DROP IN, SIGN UP, AND **GET ACTIVE.**

www.boldcenter.com

BOLD CENTER

Condo Issues? We Have Solutions!

CONSULTATION MEDIATION ARBITRATION

- ✓ Helping to improve the decorum, harmony, and functionality of boards
- ✓ Chair hostile and difficult meetings ✓ Update condo board bylaws
- ✓ We help to resolve and/or mediate issues between condo stakeholders

Rosetree MEDIATION, ARBITRATION & CONSULTING SERVICES

780.982.4355 | rosetreemediation.com

Helping you rediscover **fun** in the kitchen!

Gifts and Gadgets

Your one stop kitchen and gift shop.
780.962.5220

CHECK OUT OUR EXTENSIVE **ONLINE CATALOG!**

Visit: www.giftsandgadgets.ab.ca
or visit us in person at 111 First Avenue, Spruce Grove

Silver Sage Enterprises Ltd

Les Helm, RPFT
Cell 780.520.4000
Office 780.623.2494
Fax 780.623.2894
l.helmsilversage@gmail.com

Land Resource Planning

- Gravel Pits
- Mapping
- Reclamation
- Road Engineering

FREE! **New Issue Every Week!**

Coffee News®

"News To Be Enjoyed Over Coffee"

Lac La Biche and Area Edition

877-553-6397

www.coffee-news.ca

Feel free to take your Coffee News home!

Are you a business owner/office manager? Have 3-20 employees in your office? Paying too much for your current phone system?

We can save you up to 50% off your current phone rates!

How? We offer:

- ✓ VOIP Solutions at a fraction of the traditional carrier cost
- ✓ Long distance rates that outcompete the competition

587.760.2800
<https://zettatelecom.com>

DEDICATED TO FINDING OUR CLIENTS THE BEST SOLUTIONS WITHIN THEIR BUDGETS

Vol. 18 No. 43 October 25, 2021

Everybody's Talking

Phone fiend: People collect lots of different things, like dolls, hats, and porcelain figurines. Not very many collectors choose old cell phones as their object of interest, but that's what Sahabettin Ozcelik of Van province in eastern Turkey collects. Ozcelik is a cell phone repairman, and during his 20-odd years in business, he has seen a lot of different makes and models come and go. He has about 1,000 phones in his collection, and he used to have more before thieves broke in and stole some of them. He keeps them all in working order.

River zipper: Imagine a zipper being pulled by its tab while the fabric, with zipper teeth on both sides, opens up. Now imagine that the fabric is a sheet of still water and the pull tab is a boat. As the boat moves forward, its wake looks like a zipper opening up. Basically, that was the vision of Japanese designer Yasuhiro Suzuki when he designed a boat to look like a zipper's pull-tab. He got the idea while watching a boat from an airplane window. He named his creation "Zip-Fastener Ship" and presented it at the 2020 Designart Tokyo, calling his installation "Opening the River."

Uninvited visitor: Perhaps the deer was only looking for a quiet place to retire when it jumped through the glass in the door of an assisted living facility in the town of Selkirk, Manitoba (Canada). Once inside, though, the wild animal didn't seem to want to lie down for a rest. Police were called to handle the situation, which occurred in the middle of the night. They were able to steer the skittish buck into a large, empty room, away from the area where residents live. Eventually, the animal found the open door and bounded through it to freedom.

Delicious stew: Those who have visited Brazil may be well aware that this South American country's national dish is a stew called feijoada (feijoada completa). This hearty meal consists of smoked pork and flavourful black beans. Finding exact replicas of the dish throughout the country is difficult because families and dining establishments boast their own homemade recipes for the popular mealtime favourite. Flavourings for the dish may include onion, tomatoes, garlic, and coriander. Accompaniments might be green vegetables, rice, and oranges. It is often served for lunch on Saturdays.

Quoteable Quotes

"The principal ingredient in life is love." —Unknown
"Harmony is pure love, for love is complete agreement." —Lope de Vega

What's Happening

Oct 1 to 31-The Haunted Hike It's scary good time at this one-of-a-kind Haunted House located in a giant warehouse in Vegreville. Do not miss this event, open every weekend in October. This is a tentative date. Exact dates and hours TBA. www.thehauntedhike.ca

Workplace Bullying Awareness Week 2021 Please join us for Workplace Bullying Awareness Week! Follow awarenessendsbullying to participate in the conversation and share what you are doing!

Oct 5 to 26-Kids Zone Tuesdays form 10:45 - 12:45. \$2.00 per child. Inflatable Bounce House, Toys, Ball and Sports Equipment. 780-639-6400. Reid Field House

Nov 14-Devon Monthly Arts Market Come check out our local artists, craftspeople and artisans each month at the Devon Community Center, 20 Haven Ave, Devon. The Market runs from noon to 4 pm. Free to attend

NON profit organizations may submit events for FREE at www.coffee-news.ca/whats-happening

Hidden Coffee News Guy ADVENTURE

To enter, visit www.coffee-news.ca

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

Find the Coffee News Guy hidden in one of the ads, then enter to win!

\$400* Prize Package

*Coffee News Bucks
Over 150 participating sponsors!

4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

Trivia

1. Lobsters were once called "the poor man's protein"—T/F?
2. What is the capital of Syria?
3. What is geographically the largest country in Africa?
4. Astronauts Neil Armstrong and Buzz Aldrin walked on the moon in 1967, 1968, or 1969?
5. A ziggurat is a type of pyramid or a species of rodent?

(Flip bottom of page for answers)

A New Children's Book

...to delight and inform young readers from author **Stephen Monk**

Dr. Dreams celebrates family, dreams, sharing and learning helpful skills

Visit www.stephenmonk.ca

AVAILABLE THROUGH:
AMAZON | BARNES AND NOBLE | KINDLE | GOOGLE PLAY | APPLE BOOKS
FRIESENPRESS | INDIGO and at COLES GRANDE PRAIRIE

Happy Halloween

from your friends at **Coffee News**

Get More Traffic, Leads & Sales

SCAN ME

- Website Development
- Google Ads
- Facebook Advertising
- Social Media Management
- SEO & Content Marketing
- Reporting & Analytics

Frontline 780.760.6922
web consulting frontlineconsulting.ca

CONTINUING TO BUILD OUR FOUNDATION FOR FUTURE GENERATIONS

MCMURRAY MÉTIS
780.743.2659
www.McMurrayMetis.org

Beading — First and third Tuesday each month, 5:30-8 p.m.
Cree Coffee Chat — every Wednesday, 5-6 p.m.
Elders' Tea — second Thursday each month, 11:30 a.m.

Leave a legacy and be a part of tomorrow's future, today

If you're thinking of writing or updating your will, The Alberta Lung Association is offering the chance for donors to make a simple Will for free through our partnership with the Canadian Free Wills Network.

You are not obligated to leave a gift to the Lung Association — we hope that you will see this program as the perfect way to satisfy your estate planning objectives.

BREATHE the lung association
www.ab.lung.ca/you-can-help-change-future-today

Recipe of the month

Creamy Ham and Potato Soup

4 strips of bacon
1/2 cup onion, finely chopped
4 medium potatoes, peeled and diced (about 3 cups)
3 tablespoons all-purpose flour
4 cups chicken broth (or 2 tablespoons chicken bouillon powder + 4 cups water)

1 + 1/2 cups cooked ham, cut into 1/2-inch cubes
1 cup frozen corn
1/2 cup heavy cream
1/2 teaspoon ground black pepper salt (to taste)
1 teaspoon fresh parsley, finely chopped

Prep Time: 5 mins. Cook Time: 20 mins. Yield: 4-6 servings

1. Sauté bacon in a large stockpot or Dutch oven over medium high heat (no cooking oil needed) until crisp, about 3-4 minutes. Set the bacon aside on a plate.
2. Add onion and potatoes and sauté for 1-2 minutes until fragrant. Stir in flour and mix well to combine until flour is fully incorporated. Stir in chicken broth and mix until the soup is smooth and uniform. Bring the soup to a boil over medium high heat. Cover and let it continue to boil for 10-15 minutes until potatoes are fork tender.
3. Mash half of the potatoes in the pot with a potato masher or blend with a handheld immersion blender.
4. Stir in ham, corn, heavy cream and black pepper. Let the soup simmer over medium heat and whisk occasionally until thickened to a desired consistency, about 5 minutes. If the chowder gets too thick, add a little bit more water to dilute it. Add salt to taste.
5. Serve warm; top with crispy bacon and fresh parsley.

Source: www.aheadofthyme.com

Pregnant? Facing Difficult Decisions?
 We can help.
 Call 780.421.1177 or text 587.596.5380



A Small Miracle Adoption
 Adoption is the ultimate expression of a committed heart

- Confidential Pregnancy Counselling
- Support and Connection to Resources
- Adoption Information and Advice

www.smallmiraclesadoption.com

inogen

FREEDOM. TO BE YOU.

1-888-998-6714



MKT-P0253

Lac La Biche County
 welcoming by nature.

Your playground of opportunity.



www.laclabichecounty.com

Need ONE More Reason to Join?

- 1 You need child support enforced
- 2 Your landlord raises rent in violation of your verbal agreement
- 3 You adopt a child
- 4 A friend owes you money and files for bankruptcy
- 5 You need help with credit card liability resolution
- 6 Your car is vandalized in a parking lot

Call LLOYD KENNEY, Independent Associate, to find out how LegalShield can help you!

LegalShield 1-877-579-9449



If You Have Room In Your Heart To:

- Provide a safe, loving, stable temporary home to an animal in need
- Care for an injured animal, expectant mom, abandoned senior or animal needing rehab;
- Nurture a young animal until it reaches an adoptable age;

BECOME A FOSTER!


The Humane Society Will Provide:

- Required food & supplies (bedding, litter/box, etc.)
- Veterinary care & expenses
- Ongoing monitoring & support of the animal/foster home

Lac La Biche REGIONAL HUMANE SOCIETY www.librhs.com or on Facebook Lac La Biche Regional Humane Society



BrokerLink Insurance



HOME AUTO BUSINESS FARM

780.623.4246 | Box 476, Lac La Biche | BrokerLink.ca

BEST OF HAWAII FOUR-ISLAND TOUR

12 days, departs year-round

FROM \$2,549
\$2,299 USD

VMT vacations 1-877-699-7003 promo code N7017

* Prices are per person based on double occupancy plus up to \$299 in taxes & fees. Single supplement and seasonal surcharges may apply. Add-on airfare available. Offers apply to new bookings only, made by 9/30/21. Other terms & conditions may apply. Ask your Travel Consultant for details.



Oh no! We're out of bolts!

Call the Boltmobile!

BONNYVILLE BOLT SUPPLY LOCALLY OWNED

Delivery available!
 780.812.2922 On call 24/7


5603-50 Ave., Bonnyville | <https://bbsupply.ca>



Your Weekly Horoscope


ARIES
(March 21 - April 20)

Your drive for self-expression may be high. You may push yourself into a competition with great energy and zeal. If you play hard, you might win in your creative pursuits. Lucky Numbers: 5, 14, 26, 29, 44, 47.



TAURUS
(April 21 - May 21)

Your dreams, wishes, and fantasies about love may be strong. You might be reluctant to share your ideas for fear that others could have very different opinions. Lucky Numbers: 4, 5, 6, 24, 25, 26.




GEMINI
(May 22 - June 21)

Creative hobbies you share with your mate may spark new quests. If single, you might be easily charmed by someone who seems very sophisticated. Lucky Numbers: 33, 37, 39, 42, 43, 47.




CANCER
(June 22 - July 22)

You might need to rely only on yourself and your own resources to succeed. Numerous delays could cause lost time, but you may find better ways to accomplish those tasks. Lucky Numbers: 1, 8, 13, 24, 26, 30.




LEO
(July 23 - Aug. 23)

You may feel much more confident than usual. You might want to take a less direct approach to the creative projects of others and exhibit your knowledge to help them. Lucky Numbers: 2, 11, 23, 34, 43, 44.



VIRGO
(Aug. 24 - Sept. 23)

You may want to communicate in a more sensitive manner. Your mind could be very active, and you might need patience to deal with those who may not follow your directions. Lucky Numbers: 24, 28, 34, 38, 44, 48.



Lucky numbers this week: This week's odds favour Leo winners with the luckiest number being 11.

Did You Know...

Desert and sea: Tunisia, or the Tunisian Republic, is on the North African coast of the Mediterranean Sea. Nearly half of the country is covered by the Sahara Desert. The capital of Tunis is a lively, diverse city of ancient mosques alongside modern office buildings.

Playing tag, eh? Canadians are known for saying "eh" at the end of a sentence. This is known as an "invariant tag" because every use of the word is the same. Other examples of tags include phrases like "isn't it?" and "right?"

Wood pile: When buyers purchase wood for a fireplace, it's usually in "cords." A cord is 128 cubic feet (3.62 cubic metres). In the U.S., this measurement is calculated when the wood is stacked tightly so that it measures 4x4x8 ft. (1.2 x 1.2 x 2.43 m).

Colour codes: Colour is said to have an impact on mood. Designers suggest that decorating a room with shades of cool blues and greens has a peaceful, harmonious effect on people using the room.

Old art: Áísina'í pi (Writing-on-Stone) Provincial Park, is located in the southern part of the province of Alberta, Canada. Sandstone walls in the area contain petroglyphs and pictographs made by Indigenous people over 3,000 years ago.

On the Lighter Side

TV meteorologist: "The forecast for the weekend is clear and warmer with a 70% chance that we're wrong."

Mother: "Why on earth did you swallow the money I just gave you?"
 Child: "Because you said it was lunch money."

My teachers told me I wouldn't amount to anything because I procrastinate. I told them, "Just you wait."

What do you call a fish with no eye? FSH

Helvetica and Times New Roman walk into a bar. "Get out of here," says the bartender. "We don't serve your type."

Answers
 Trivia answers: 1. True 2. Damascus 3. Algeria 4. 1969 5. Pyramid

For available franchise opportunities – visit coffeenewscanada.com
 © Published with Permission by Capital Marketing Ltd

SHOP ONLINE!
www.scubagearcanada.ca

- Snorkelling Gear • Reef-Safe Sunscreen
- Beach Water Shoes • Dry Bags & Wallets • UV Shirts

The Dive Outfitters
 Scuba Diving & Snorkeling
 11781-156 St., Edmonton 780.483.0044

Learn to SCUBA DIVE at our Edmonton location – call for details



SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

COLD SHOT
 A DIVISION OF BALWARIA EMPIRE PVT. LTD.

PASSENGER & PARCEL SERVICES

SHIP BY BUS

GET YOUR REWARD CARD TO GET A FREE TICKET!
 Parcel Website: www.coldshotca.com
 Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005



Love Coffee News?


Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to contests@coffee-news.ca
 Please put "Readers" in the subject line.

Please include:
 1 Your name
 2 Your phone number and
 3 Your address
 so that we can send you some cool prizes if your photo is chosen to appear in the paper!

Reader of the Month
 Camille Snow of Edmonton

Coffee News Fun Reading. Serious Advertising.



If you liked Gold Canyon Candles, you are gonna love Sunset Scents!

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

They are the next Finest candles you will EVER find!

PSC Prairie Scented Candles
 a RAY of Fragrance


prairiescentedcandles@gmail.com
www.prairiescentedcandles.com



MENTION THIS AD FOR A DISCOUNT!

LET US HELP YOU QUIT SMOKING
 Come learn the facts and make a plan
 780-623-2158
 10263-101 Ave., Lac La Biche
 10 am - 6 pm, 7 days a week
 Closed on holidays

OHMY VAPE LOUNGE



A wish begins with HOPE

Hope begins with you.
 Donate at makeawish.ca/createhope

Make-A-Wish
 Coffee News is proud to support Make-A-Wish Northern Alberta



Imagine your business here!

For more information:
 780-220-6397
 or 877-553-6397
www.coffee-news.ca



Congratulations
 to September's Coffee News Guy contest winners!

Your prizes are in the mail!

**Irene Pinnell
 Taylor Wrobel
 Megan Kriger
 Andrea Mackay**

Enter today for your chance to win at www.coffee-news.ca

