

## A New Children's Book



...to delight and inform young readers from author **Stephen Monk**  
*Dr. Dreams* celebrates family, dreams, sharing and learning helpful skills

Visit [www.stephenmonk.ca](http://www.stephenmonk.ca)

AVAILABLE THROUGH:  
 AMAZON | BARNES AND NOBLE | KINDLE | GOOGLE PLAY | APPLE BOOKS  
 FRIESENPRESS | INDIGO and at COLES GRANDE PRAIRIE

## If you liked Gold Canyon Candles, you are gonna love Sunset Scents!



They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

*They are the next Finest candles you will EVER find!*

**PSC** Prairie Scented Candles  
 a RAY of Fragrance  
[prairiescentedcandles@gmail.com](mailto:prairiescentedcandles@gmail.com)  
[www.prairiescentedcandles.com](http://www.prairiescentedcandles.com)

## Helping you rediscover fun in the kitchen!



### Gifts and Gadgets

Your one stop kitchen and gift shop.  
**780.962.5220**

CHECK OUT OUR EXTENSIVE ONLINE CATALOG!  
 Visit [www.giftsandgadgets.ab.ca](http://www.giftsandgadgets.ab.ca)  
 or visit us in person at 111 First Avenue, Spruce Grove

## unleash YOUR RADIANCE

Laser Hair Removal • IPL Services



Splash of Pretty  
 FULL DAY SPA

**780.523.3096** | [splashofpretty.ca](http://splashofpretty.ca)  
 4929-51 Avenue, High Prairie #SharpLight

## NOW ACCEPTING ARI CARDS

Auto • Commercial • Residential



### Advanced Glass Inc.

CALL MARC CLOUTIER TODAY:  
**780-961-2276**

[mccloutier2008@gmail.com](mailto:mccloutier2008@gmail.com) • 5514 - 50 Avenue, Legal AB  
 Morinville Location: Bay #2, 9702-90 Ave. Call 587-985-4427

## WIN a 26-week advertising package in Coffee News for your NON-PROFIT organization!

To enter, simply visit our website at [www.coffee-news.ca](http://www.coffee-news.ca) and submit an upcoming event that your non-profit is holding in the near future. All submissions until March 30 will be counted as one entry. *The more submissions you make, the more entries you get!*

Submission approval is based on specific criteria. For your submission to qualify, you must meet these criteria. Space and category restrictions may apply to prize.


## Love Coffee News?

Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to [contests@coffee-news.ca](mailto:contests@coffee-news.ca)  
 Please put "Readers" in the subject line.

Please include:  
 1 Your name 2 Your phone number and 3 Your address so that we can send you some cool prizes if your photo is chosen to appear in the paper!

**Coffee News** Fun Reading. Serious Advertising.



Reader of the Month  
 Lea Castillo of Grande Prairie

## Chapel of Memories Funeral Home

Serving the entire Lakeland Kinuso to Slave Lake to Wabasca

"Your family care provider offering assistance with Personalized Funerals, Memorials, Cremations, Cremation Jewelry & Monuments"


601 - 1A St. S.E. Slave Lake, Alberta  
 Phone: 780.849.5433

FREE! New Issue Every Week!

# Coffee News

"News To Be Enjoyed Over Coffee"

Slave Lake Edition  
**877-553-6397**



www.coffee-news.ca Est. 1988

Vol. 18 No. 49 December 6, 2021

## Everybody's Talking

**Staying fresh:** Imagine buying grapes at the grocery store and being able to keep them fresh for several months. Farmers in Afghanistan employ an age-old method to do just that. It's called gangina, a technique that involves using two layers of wet soil as a container for the fruit. The soil, which is formed into the shape of a saucer, is dried in the sun, and the grapes are sealed inside. The airtight saucer is then stored in a cool place, sometimes even underground. The fresh grapes placed inside the container must not be spoiled, squashed, or broken, or the rest of the healthy grapes will spoil as well.

**Tiny fruit:** Coconuts, those large balls with the brown shells and the white milk and meat hidden inside, bring thoughts of warm climes and interesting cuisine. But big, familiar coconuts aren't the only variety available. A relative of the coconut is the coquito. This marble-sized fruit is also called pigmy coconut or dwarf coconut, and grows on Jubaea chilensis palm trees that are common in Chile. Unlike the fruit, these trees are huge and can live for many decades. The tiny fruit looks and tastes like its bigger counterpart, but doesn't have milk inside the shell. A coquito can be used in a variety of dishes, including desserts, snacks, and drinks.

**Wild chickens:** There are feral cats and there are feral dogs, but feral chickens? On the Hawaiian island of Kauai (U.S.), these wild birds do, indeed, exist. They can be found everywhere, from the beach to the street to parking lots, which is an odd sight for visitors who are accustomed to seeing chickens in chicken coops. According to the locals, these free-roaming chickens and roosters came into existence after two hurricanes in the 1980s and 1990s wrecked the coops. The homeless domestic birds then mated with other wild fowl already on the island, leading to a poultry population boom.

**Water tower home:** Lots of people make homes out of abandoned buildings, such as old churches or schoolhouses. But a pair of cousins from Nieuw-Lekkerland, Zuid-Holland, Netherlands, made a unique transformation. They turned an unused water tower into a home. The cousins are Sven and Lennart de Jong, who lived near the tower as children. When the tower came on the real estate market, they bought it, then spent 10 years making it into beautiful living quarters with their own hands. In the middle of the renovation, they both met and married their spouses, both of whom loved the idea. Now, the two couples and their children each have their own living spaces in their distinctive home.

## Quoteable Quotes

"Common sense is not so common." —Voltaire  
 "The whole secret of the study of nature lies in learning how to use one's eyes." —George Sand

## What's Happening

**Dec 12-Devon Christmas Arts Market** Come check out our local artists, craftspeople and artisans each month at the Devon Community Center, 20 Haven Ave, Devon. The Market runs from noon to 4 pm. Free to attend

**Dec 3 - Christmas Drive Thru Parade** The Parade will be held on 1st avenue with floats entering on 54th street, and parking on the south side of 1st ave. The drive by of vehicles will start at 6pm until 8pm. This is a drive thru parade only, walking by will not be permitted.

NON profit organizations may submit events for FREE at [www.coffee-news.ca/whats-happening](http://www.coffee-news.ca/whats-happening)

**Hidden Coffee News Guy ADVENTURE**

Find the Coffee News Guy hidden in one of the ads, then enter to win!

**\$400\* Prize Package**  
 \*Coffee News Bucks  
 Over 150 participating sponsors!  
 4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

To enter, visit [www.coffee-news.ca](http://www.coffee-news.ca)

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

NEW FEATURE!  
 ...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

## Get More Traffic, Leads & Sales



SCAN ME

- Website Development
- Google Ads
- Facebook Advertising
- Social Media Management
- SEO & Content Marketing
- Reporting & Analytics

**Frontline** web consulting  
**780.760.6922**  
[frontlineconsulting.ca](http://frontlineconsulting.ca)

## Can't get to your Coffee News each week?



[www.coffee-news.ca/editions](http://www.coffee-news.ca/editions)

## Check out our PDF editions online!

New editions are posted every Monday

Sign up here to receive email notifications of new editions.  
 Now you never have to miss your weekly dose of good news!



## Recipe of the month



### Chocolate Covered Strawberry Christmas Trees

12 ounces dark green candy melts  
 1 pound of strawberries, stems removed  
 24 Oreo cookies  
 white icing  
 sprinkles  
 candy stars

**icing:**  
 2 1/2 cups powdered sugar  
 3 tablespoons heavy cream  
 Add water by the teaspoon and whisk until the desired consistency is reached. You want it to be thick like toothpaste.

Prep Time: 15 min. Cook Time: 10 min. Yield: 24

- Set a heat proof bowl over a small pot of simmering water on the stovetop (double boiler). Slowly melt the candy melts in the bowl, stirring occasionally. Do not allow moisture to come in contact with the candy.
- Spoon or pipe a small amount of icing onto the top of each Oreo. This will adhere the strawberry to the cookie base.
- Once candy melts are fully melted, turn the heat to low while you dip the strawberries using a toothpick inserted into the cut end.
- Shake off excess candy coating gently. Using a second toothpick inserted into the pointed end of the dipped strawberry, carefully place the strawberry on top of the icing on the Oreo.
- Decorate with sprinkles and a candy star while the candy coating is still wet. It will usually dry in about 10 minutes.

Source: <https://lovelylittlekitchen.com>

## Condo Issues? We Have Solutions!

CONSULTATION	MEDIATION	ARBITRATION
--------------	-----------	-------------

✓ Helping to improve the decorum, harmony, and functionality of boards  
 ✓ Chair hostile and difficult meetings ✓ Update condo board bylaws  
 ✓ We help to resolve and/or mediate issues between condo stakeholders

**Rosetree** MEDIATION, ARBITRATION & CONSULTING SERVICES  
**780.982.4355** | [rosetreemediation.com](http://rosetreemediation.com)

## HIP/KNEE REPLACEMENT?

Other medical conditions causing TROUBLE WALKING or DRESSING?

The Disability Tax Credit allows for **\$3,000 YEARLY TAX CREDIT** and **\$30,000 LUMP SUM REFUND**

FREE ASSESSMENT CALL TODAY!

For Expert Help:  
**1.844.453.5372**



## SHOP ONLINE!

[www.scubagearcanada.ca](http://www.scubagearcanada.ca)

- Snorkelling Gear
- Reef-Safe Sunscreen
- Beach Water Shoes
- Dry Bags & Wallets
- UV Shirts

**The Dive Outfitters**  
 Scuba Diving & Snorkeling  
**11781-156 St., Edmonton 780.483.0044**

Learn to SCUBA DIVE at our Edmonton location - call for details

SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

Bras Briefs Boxers Bikinis

## Romantic Notions inc.

Visit us on **f** for promotions and gift ideas!  
**780.962.4944**  
**1.855.962.4944**

[www.romanticnotions.ca](http://www.romanticnotions.ca) | #30, 210 McLeod Ave., Spruce Grove  
 30 YRS. OF PERSONALIZED SERVICE & A REPUTATION FOR EXCELLENCE



**Katee Nelson**  
780-805-4425

**Steve Adams**  
780-516-9000

*With You Every Step of the Way*

# This Space for Rent.

## 877-553-6397

**This is Your Story**

Stories of redemption, discovery and faith  
WEEKNIGHTS AT 11PM

yesTV

**QUALITY WORK. REASONABLE RATES.**

■ 5" Continuous Eavestrough  
■ Decks  
■ Asphalt Roofing  
■ Siding ■ Soffit ■ Fascia

CALL RYAN TODAY FOR YOUR FREE ESTIMATE:  
**780.519.1335**

Serving Athabasca/Slave Lake and area

**BrokerLink Insurance**

HOME AUTO BUSINESS FARM

780.849.3941 | PO Box 329, 105-6 Ave. NW, Slave Lake | BrokerLink.ca

## Leave a legacy and be a part of tomorrow's future, today

If you're thinking of writing or updating your will, The Alberta Lung Association is offering the chance for donors to make a simple Will for free through our partnership with the Canadian Free Wills Network.

You are not obligated to leave a gift to the Lung Association – we hope that you will see this program as the perfect way to satisfy your estate planning objectives.

**BREATHE**  
the lung association

www.ab.lung.ca/you-can-help-change-future-today

## Pregnant? Facing Difficult Decisions?

We can help.  
Call **780.421.1177** or text **587.596.5380**

**A Small Miracles Adoption**

Adoption is the ultimate expression of a committed heart

- Confidential Pregnancy Counselling
- Support and Connection to Resources
- Adoption Information and Advice

www.smallmiraclesadoption.com

## Like us on Facebook

...to keep updated on **WEEKLY contests** in which you can enter to win tickets to sports events, entertainment events, Coffee News Bucks and more!

https://www.facebook.com/CoffeeNewsWeekly

# Your Weekly Horoscope

**ARIES**  
(March 21 - April 20)

You may have a strong drive to take a big risk to go after what you desire. It may be better to develop a strategy rather than making an impulsive move. Lucky numbers: 3, 29, 30, 43, 45, 46.

**TAURUS**  
(April 21 - May 21)

You may feel stymied in your efforts right now. Have a discussion with those you trust on where an adjustment in your plans could give you a better result. Lucky numbers: 8, 10, 15, 22, 25, 27.

**GEMINI**  
(May 22 - June 21)

Your usual ability to readily pick up information from your environment may be on the fritz right now. If so, you will need discernment in your judgment of upcoming situations. Lucky numbers: 4, 9, 23, 24, 37, 45.

**CANCER**  
(June 22 - July 22)

You may be currently focused on how best to keep the home fires burning smoothly. Think through where your viewpoint may need to be changed to achieve this outcome. Lucky numbers: 1, 2, 6, 10, 40, 45.

**LEO**  
(July 23 - Aug. 23)

You may easily communicate your ideas to others. However, don't self-identify so strongly with those ideas that you end up arguing with others. Listen to their viewpoints as well. Lucky numbers: 16, 18, 21, 23, 25, 35.

**VIRGO**  
(Aug. 24 - Sept. 23)

You may be uncertain about what you want in a situation. If so, decide what next step is best in alignment with your heart's desire, and the uncertainty should recede. Lucky numbers: 6, 17, 20, 23, 38, 46.

**LIBRA**  
(Sept. 24 - Oct. 23)

You may be experiencing a calm, smooth environment right now. If so, you may want to take this opportunity to expand outside of your comfort zone to do something different. Lucky numbers: 3, 6, 7, 19, 22, 27.

**SCORPIO**  
(Oct. 24 - Nov. 22)

Your plans may not be manifesting as you hoped. If so, be careful of getting angry, which may only make matters worse. Better to wait and reassess the situation. Lucky numbers: 2, 14, 18, 19, 35, 42.

**SAGITTARIUS**  
(Nov. 23 - Dec. 21)

This time holds a potential for achieving your deeply felt hopes and wishes. To do so, let go of any old karmic patterns and beliefs that are holding you back. Lucky numbers: 4, 7, 18, 23, 31, 43.

**CAPRICORN**  
(Dec. 22 - Jan. 20)

A focus on your relationships may be ongoing. If so, be aware of your emotions and feelings. How are they influencing your interactions with others? What changes need to be made? Lucky numbers: 1, 10, 14, 35, 36, 46.

**AQUARIUS**  
(Jan. 21 - Feb. 19)

Your focus may be on how to improve the lives of others. If so, you may need to wait a bit before the conflicting elements of your plan come together. Lucky numbers: 2, 6, 11, 14, 18, 48.

**PISCES**  
(Feb. 20 - March 20)

Your energy level may be low, leaving you feeling tired. If so, think of where you can reduce your commitments so that you can lower stress and get more rest. Lucky numbers: 3, 5, 7, 25, 36, 48.

Lucky numbers this week: This week's odds favour Aries winners with the luckiest number being 3.

## Did You Know...

**Rock star:** British rock star Rod Stewart was born in London, England, in 1945. He was involved in several bands during his youth, including the Jeff Beck Group and The Faces, before becoming a solo artist with such singles as "Maggie May" and "Tonight's the Night."

**Ouchy elbow:** Tennis elbow, or lateral epicondylitis, means the forearm muscles are being overused, causing damage and pain in the tendons. The condition is caused by repetitive motions, such as painting, repeatedly using a tool and, yes, playing tennis.

**Lovely linen:** Many people may wonder where the linen fabric in their sheets, suits, and napkins originates. This fabric comes from the flax plant. Its fibres are woven to make a durable, moisture-resistant material.

**Migrating mammals:** Another name for the wildebeest is the gnu. These hooved mammals live in the open plains of Africa, such as the Serengeti. They eat grasses and seasonally migrate to find food.

**Tough game:** While most people are familiar with 5-pin and 10-pin bowling, there is also a game called candlepin bowling. The pins in this game are tall and slender and are frustratingly hard to knock over with the small bowling balls used in the game.

## On the Lighter Side

What do you get if you cross an octopus with a piece of furniture? An arm, arm, arm, arm, arm, arm, arm, armchair.

Why did Dracula run out of the garden? He saw sunflowers coming up.

Instructor: What is the most common reason for dry skin? Medical student: Towels.

Knock! Knock! Who's there? Hiatus. Hiatus who? Hiatus lunch and now the school bully is after me.

Where did the smart cat go to school? Purr-due.

## Answers

**Trivia answers:** 1. Baseball star 2. True 3. 1897 4. SOS 5. Red and yellow

For available franchise opportunities – visit [coffeenewscanada.com](http://coffeenewscanada.com)  
© Published with Permission by Capital Marketing Ltd

A wish begins with **HOPE**

Hope begins with you.  
Donate at [makeawish.ca/createhope](http://makeawish.ca/createhope)

Make-A-Wish  
Coffee News is proud to support Make-A-Wish Northern Alberta

**Norwex**  
IMPROVING QUALITY OF LIFE™

Real Products. REAL SOLUTIONS.  
Norwex has been creating Safe Havens since 1994 – healthier homes, healthier families and a healthier world. Join us!

**Christine Rideout**  
Norwex Independent Sales Consultant  
780-933-2792  
[christinerideout@norwex.biz](mailto:christinerideout@norwex.biz)

Imagine your business here!

For more information:  
**780-220-6397**  
or **877-553-6397**  
[www.coffee-news.ca](http://www.coffee-news.ca)

## Need ONE More Reason to Join?

- You need child support enforced
- Your landlord raises rent in violation of your verbal agreement
- You adopt a child
- A friend owes you money and files for bankruptcy
- You need help with credit card liability resolution
- Your car is vandalized in a parking lot

Call **LLOYD KENNEY**, Independent Associate, to find out how LegalShield can help you!  
**1-877-579-9449**

## Congratulations

to October's **Coffee News Guy** contest winners!

Your prizes are in the mail!

**Manson Langman**  
**Shamas Arshad**  
**Raelyn Crush**  
**Wendy Lehman**

Enter today for your chance to win at [www.coffee-news.ca](http://www.coffee-news.ca)

**inogen**  
**FREEDOM. TO BE YOU.**

1-888-998-6714

## Home is Where Your Story Begins.

Let Me Help You Finance Your Dream Home!

**Debbie Jacobsen, AMP**  
780.805.8840  
[deb@dlc1st.ca](mailto:deb@dlc1st.ca) | [www.dlc1st.ca](http://www.dlc1st.ca)

DOMINION LENDING CENTRES  
Mortgage Mentors

## BEST OF HAWAII FOUR-ISLAND TOUR

12 days, departs year-round

FROM \$2,549  
**\$2,299** USD

**1-877-699-7003**  
promo code **N7017**

\* Prices are per person based on double occupancy plus up to \$299 in taxes & fees. Single supplement and seasonal surcharges may apply. Add-on airfare available. Offers apply to new bookings only, made by 9/30/21. Other terms & conditions may apply. Ask your Travel Consultant for details.