

WHY RENT ...when you can BUY?

You may be financially ready – and don't even know!

Call George about *real solutions* to build equity:
780.982.4247
www.georgevandewalle.com

GEORGE VAN DE WALLE

FREE! *New Issue Every Week!*

Coffee News®

"News To Be Enjoyed Over Coffee"

St. Albert Edition

780-220-6397

www.coffee-news.ca

Recipe of the month

Chocolate Covered Strawberry Christmas Trees

12 ounces dark green candy melts
1 pound of strawberries, stems removed
24 Oreo cookies
white icing
sprinkles
candy stars

Icing:
2 1/2 cups powdered sugar
3 tablespoons heavy cream
Add water by the teaspoon and whisk until the desired consistency is reached.
You want it to be thick like toothpaste.

Prep Time: 15 min. Cook Time: 10 min. Yield: 24

- Set a heat proof bowl over a small pot of simmering water on the stovetop (double boiler). Slowly melt the candy melts in the bowl, stirring occasionally. Do not allow moisture to come in contact with the candy.
- Spoon or pipe a small amount of icing onto the top of each Oreo. This will adhere the strawberry to the cookie base.
- Once candy melts are fully melted, turn the heat to low while you dip the strawberries using a toothpick inserted into the cut end.
- Shake off excess candy coating gently. Using a second toothpick inserted into the pointed end of the dipped strawberry, carefully place the strawberry on top of the icing on the Oreo.
- Decorate with sprinkles and a candy star while the candy coating is still wet. It will usually dry in about 10 minutes.

Source: <https://lovelylittlekitchen.com>

Imagine **your business here!**

For more information:
780-220-6397
or **877-553-6397**
www.coffee-news.ca

This is **Your Story**

Stories of redemption, discovery and faith
WEEKNIGHTS AT 11PM

yesTV

Coffee News® is proudly delivered by

LoSeCa Foundation
Love | Service | Care

Coffee News® Part of your community.

Vol. 18 No. 49 December 6, 2021

Everybody's Talking

Staying fresh: Imagine buying grapes at the grocery store and being able to keep them fresh for several months. Farmers in Afghanistan employ an age-old method to do just that. It's called gangina, a technique that involves using two layers of wet soil as a container for the fruit. The soil, which is formed into the shape of a saucer, is dried in the sun, and the grapes are sealed inside. The airtight saucer is then stored in a cool place, sometimes even underground. The fresh grapes placed inside the container must not be spoiled, squashed, or broken, or the rest of the healthy grapes will spoil as well.

Tiny fruit: Coconuts, those large balls with the brown shells and the white milk and meat hidden inside, bring thoughts of warm climes and interesting cuisine. But big, familiar coconuts aren't the only variety available. A relative of the coconut is the coquito. This marble-sized fruit is also called pigmy coconut or dwarf coconut, and grows on Jubaea chilensis palm trees that are common in Chile. Unlike the fruit, these trees are huge and can live for many decades. The tiny fruit looks and tastes like its bigger counterpart, but doesn't have milk inside the shell. A coquito can be used in a variety of dishes, including desserts, snacks, and drinks.

Wild chickens: There are feral cats and there are feral dogs, but feral chickens? On the Hawaiian island of Kauai (U.S.), these wild birds do, indeed, exist. They can be found everywhere, from the beach to the street to parking lots, which is an odd sight for visitors who are accustomed to seeing chickens in chicken coops. According to the locals, these free-roaming chickens and roosters came into existence after two hurricanes in the 1980s and 1990s wrecked the coops. The homeless domestic birds then mated with other wild fowl already on the island, leading to a poultry population boom.

Water tower home: Lots of people make homes out of abandoned buildings, such as old churches or schoolhouses. But a pair of cousins from Nieuw-Lekkerland, Zuid-Holland, Netherlands, made a unique transformation. They turned an unused water tower into a home. The cousins are Sven and Lennart de Jong, who lived near the tower as children. When the tower came on the real estate market, they bought it, then spent 10 years making it into beautiful living quarters with their own hands. In the middle of the renovation, they both met and married their spouses, both of whom loved the idea. Now, the two couples and their children each have their own living spaces in their distinctive home.

CORY KNOTT
MORTGAGE BROKER

- ✓ Mortgages
- ✓ Refinancing
- ✓ Investment Properties
- ✓ Renewal
- ✓ Pre-Approvals

MAKING MORTGAGES EASY

780.293.9212 | cory@coryknott.ca | The Mortgage Centre

GET ONE **FREE** GENERAL CLEANING

WITH A COMMITMENT OF 3 MONTHS OF BI-WEEKLY CLEANINGS*

*OFFER VALID THROUGH AUGUST 30, 2021. TERMS AND CONDITIONS APPLY.

Sparkle & Sheen
Organize And Cleaning Services Ltd.
A SHINE ABOVE THE REST

825-512-1277

CALL TO BOOK TODAY!

STOP STREAMING! IT'S FUNNIER LIVE AT THE COMIC STRIP

BOURBON STREET, WEST EDMONTON MALL

PURCHASE TICKETS ONLINE AT thecomicstrip.ca

Rick Bronson's **THE COMIC STRIP**
DRINK • DINE • LAUGH

WE COME TO YOU!

NERDS2YOU
VIRUS REMOVAL & COMPUTER REPAIR

ONSITE COMPUTER REPAIR

Your on-site computer and network service specialists. Virus removal, network setup, repairs and more.

587-772-NERD(6373)

FAST, FRIENDLY AND PROFESSIONAL
DEBIT, VISA AND MASTERCARD ACCEPTED

NERDS2YOU.CA

Get More Traffic, Leads & Sales

• Website Development
• Google Ads
• Facebook Advertising
• Social Media Management
• SEO & Content Marketing
• Reporting & Analytics

Frontline 780.760.6922
frontlineconsulting.ca

Are your ducks all in a row...?

Offering years of paralegal experience to assist you by preparing documents such as:

- Last Will and Testament
- Enduring Power of Attorney
- Personal Directives

RATES AS LOW AS \$150 FOR WILLS

WILLPOWER WILLS
EXPERIENCED. DEDICATED. KNOWLEDGEABLE.

780-418-7611
Call Terri today for a FREE consult.

TERRI BRUNNING

Quoteable Quotes

"Common sense is not so common." —Voltaire

"The whole secret of the study of nature lies in learning how to use one's eyes." —George Sand

What's Happening

Dec 9 to Jan 17-Online Classes open for registration-Adults 50 plus Learn something new! Classes start January 17-something for almost every interest. Non-credit classes in sciences, humanities, arts leisure. ELLA offers education, affordable, fun, non-credit courses for adults. Register now MY_ELLA.COM.

Dec 12-Devon Christmas Arts Market Come check out our local artists, craftspeople and artisans each month at the Devon Community Center, 20 Haven Ave, Devon. The Market runs from noon to 4 pm. Free to attend

NON profit organizations may submit events for FREE at www.coffee-news.ca/whats-happening

Hidden Coffee News Guy ADVENTURE

Find the Coffee News Guy hidden in one of the ads, then enter to win!

\$400* Prize Package
*Coffee News Bucks
Over 150 participating sponsors!

To enter, visit www.coffee-news.ca

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

NEW FEATURE!

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

Learn something new!

lifelong learners ASSOCIATION

Register now for non-credit online classes starting mid-January

Fine Arts, Humanities, Science & Wellness

my-ella.com

RETIREMENT LIVING CHRISTENSON

Optional Meals • Personalized Services • On-site Care

Join Our Safe & Social Community

1+den & 2 Bedroom suites now available

CITADEL VILLAGE

Full Kitchens • Social & Recreation • U/G Parking

15 Erin Ridge Road, St. Albert

780-267-5282
CDLhomes.com

If you liked Gold Canyon Candles, you are gonna love Sunset Scents!

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

PSC Prairie Scented Candles

Sunset Scents
a RAY of Fragrance

prairiescentedcandles@gmail.com
www.prairiescentedcandles.com

Trivia

1. Honus Wagner was a famous basketball, soccer, or baseball star?
2. Jellyfish are 95% water—T/F?
3. Grape Nuts cereal was created by Charles Post in 1897, 1920, or 1950?
4. What is a sailor's emergency signal?
5. Orange is the combination of what two colours?

(Flip bottom of page for answers)

Can't get to your Coffee News® each week?

Check out our PDF editions online!
New editions are posted every Monday

Sign up here to receive email notifications of new editions.

Now you never have to miss your weekly dose of good news!



www.coffee-news.ca/editions

IS ADVENTURE ON YOUR BUCKET LIST?

Discover Scuba

Try **Scuba Diving** and see what it's like to breathe underwater!

The Dive Outfitters
Scuba Diving & Snorkelling
780.483.0044
11781-156 St., Edmonton

Or, discover **Snorkelling!**
\$30 per person. Save \$5 each when you register two or more!

CALL OR REGISTER ONLINE

www.thediveoutfitters.ca

SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

HIP/KNEE REPLACEMENT?

Other medical conditions causing TROUBLE WALKING or DRESSING?

The Disability Tax Credit allows for **\$3,000 YEARLY TAX CREDIT** and **\$30,000 LUMP SUM REFUND**

For Expert Help: **1.844.453.5372**

RECEIVE YOUR REFUND BY CHRISTMAS!

BBB ACCREDITED

Congratulations to October's **Coffee News Guy** contest winners!

Your prizes are in the mail!

Enter today for your chance to win at www.coffee-news.ca

Manson Langman
Shamas Arshad
Raelyn Crush
Wendy Lehman

Learn to Earn Online with a Digital Business

Join the biggest and best global online business!

- Freedom
- Flexibility
- Fun

Register for a **FREE** info session here: (Scan this code for info)



NO EXPERIENCE NEEDED - WE TRAIN & MENTOR!

or visit www.susandeveney.net

Love Coffee News®?

Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to contests@coffee-news.ca
Please put "Readers" in the subject line.

Please include:
1 Your name 2 Your phone number and 3 Your address so that we can send you some cool prizes if your photo is chosen to appear in the paper!

Coffee News® Fun Reading. Serious Advertising.

Reader of the Month
Lea Castillo of Grande Prairie

Coats for Kids & Families

We accept clean, gently used, or new winter outerwear for men, women, and children in need.

United Way
Alberta Capital Region

coatsforkidsandfamilies.ca

Keeping our community warm.

United Way
Alberta Capital Region

Your Weekly Horoscope

ARIES
(March 21 - April 20)

You may have a strong drive to take a big risk to go after what you desire. It may be better to develop a strategy rather than making an impulsive move. Lucky numbers: 3, 29, 30, 43, 45, 46.

TAURUS
(April 21 - May 21)

You may feel stymied in your efforts right now. Have a discussion with those you trust on where an adjustment in your plans could give you a better result. Lucky numbers: 8, 10, 15, 22, 25, 27.

GEMINI
(May 22 - June 21)

Your usual ability to readily pick up information from your environment may be on the fritz right now. If so, you will need discernment in your judgment of upcoming situations. Lucky numbers: 4, 9, 23, 24, 37, 45.

CANCER
(June 22 - July 22)

You may be currently focused on how best to keep the home fires burning smoothly. Think through where your viewpoint may need to be changed to achieve this outcome. Lucky numbers: 1, 2, 6, 10, 40, 45.

LEO
(July 23 - Aug. 23)

You may easily communicate your ideas to others. However, don't self-identify so strongly with those ideas that you end up arguing with others. Listen to their viewpoints as well. Lucky numbers: 16, 18, 21, 23, 25, 35.

VIRGO
(Aug. 24 - Sept. 23)

You may be uncertain about what you want in a situation. If so, decide what next step is best in alignment with your heart's desire, and the uncertainty should recede. Lucky numbers: 6, 17, 20, 23, 38, 46.

LIBRA
(Sept. 24 - Oct. 23)

You may be experiencing a calm, smooth environment right now. If so, you may want to take this opportunity to expand outside of your comfort zone to do something different. Lucky numbers: 3, 6, 7, 19, 22, 27.

SCORPIO
(Oct. 24 - Nov. 22)

Your plans may not be manifesting as you hoped. If so, be careful of getting angry, which may only make matters worse. Better to wait and reassess the situation. Lucky numbers: 2, 14, 18, 19, 35, 42.

SAGITTARIUS
(Nov. 23 - Dec. 21)

This time holds a potential for achieving your deeply felt hopes and wishes. To do so, let go of any old karmic patterns and beliefs that are holding you back. Lucky numbers: 4, 7, 18, 23, 31, 43.

CAPRICORN
(Dec. 22 - Jan. 20)

A focus on your relationships may be ongoing. If so, be aware of your emotions and feelings. How are they influencing your interactions with others? What changes need to be made? Lucky numbers: 1, 10, 14, 35, 36, 46.

AQUARIUS
(Jan. 21 - Feb. 19)

Your focus may be on how to improve the lives of others. If so, you may need to wait a bit before the conflicting elements of your plan come together. Lucky numbers: 2, 6, 11, 14, 18, 48.

PISCES
(Feb. 20 - March 20)

Your energy level may be low, leaving you feeling tired. If so, think of where you can reduce your commitments so that you can lower stress and get more rest. Lucky numbers: 3, 5, 7, 25, 36, 48.

Lucky numbers this week: This week's odds favour Aries winners with the luckiest number being 3.

Did You Know...

Rock star: British rock star Rod Stewart was born in London, England, in 1945. He was involved in several bands during his youth, including the Jeff Beck Group and The Faces, before becoming a solo artist with such singles as "Maggie May" and "Tonight's the Night."

Ouchy elbow: Tennis elbow, or lateral epicondylitis, means the forearm muscles are being overused, causing damage and pain in the tendons. The condition is caused by repetitive motions, such as painting, repeatedly using a tool and, yes, playing tennis.

Lovely linen: Many people may wonder where the linen fabric in their sheets, suits, and napkins originates. This fabric comes from the flax plant. Its fibres are woven to make a durable, moisture-resistant material.

Migrating mammals: Another name for the wildebeest is the gnu. These hooved mammals live in the open plains of Africa, such as the Serengeti. They eat grasses and seasonally migrate to find food.

Tough game: While most people are familiar with 5-pin and 10-pin bowling, there is also a game called candlepin bowling. The pins in this game are tall and slender and are frustratingly hard to knock over with the small bowling balls used in the game.

On the Lighter Side

What do you get if you cross an octopus with a piece of furniture? An arm, arm, arm, arm, arm, arm, armchair.

Why did Dracula run out of the garden? He saw sunflowers coming up.

Instructor: What is the most common reason for dry skin? Medical student: Towels.

Knock! Knock! Who's there? Hiatus. Hiatus who? Hiatus lunch and now the school bully is after me.

Where did the smart cat go to school? Purr-due.

Answers

Trivia answers: 1. Baseball star 2. True 3. 1897 4. SOS 5. Red and yellow

Thank You to these distribution partners for continuing to support **Coffee News** through these unprecedented times...

Zone 1
Updated 18.20.20

We appreciate you!

A&W	The Hot Grill	Pizza 73
Asian Connection	Jack's Sandwich Shop	Pressed
The Atlantic Kitchen	Joey's Only	Quiznos
Banh Mi Street Food	KFC/Taco Bell	Ricky's
Bar Burrito	La Crema Café	St. Albert Inn
Booster Juice	Little Caesars	St. Louis
Cajun House	McDonalds	Bar and Grill
Capital Steak	MaDonald's - Walmart	Sarah's Kitchen
The Chopped Leaf	Marble Slab	Second Bowl
Cora	Menya Yuzen	Oriental
Dairy Queen	Mr. Sub	Second Cup
East Side Mario's	Montana's	Simply Donair
Edo	Nitza's Pizza	Smashburger
Edo Japan	Ohana-Ya Japanese Pizzeria	Sunset Grill
Family Medical Clinic	PanPan Express	Tim Hortons
Famoso Neapolitan		Wok House
Pizzeria		Wendy's
		Wok House

Would you like to offer your customers the opportunity to enjoy the "good news" message of **Coffee News**?

► For more information on becoming a distribution partner, call us at 780.220.6397 or scan the QR code at right.



Jennifer Miles, Agent
125-15 Circle Dr
St. Albert AB T8N 3Y7
780-460-2279
www.jmilesinsurance.com

Desjardins Insurance

Desjardins Insurance refers to Certas Home and Auto Insurance Company, underwriter of automobile and property insurance or Desjardins Financial Security Life Assurance Company, underwriter of life insurance and living benefits products. Desjardins, Desjardins Insurance and related trademarks are trademarks of the Fédération des caisses Desjardins du Québec, used under licence.

Get a fast, secure, reliable mobile internet connection while travelling abroad

Wi-Fi Anytime, Anywhere!

► Turn on your **Go9Tro Hotspot** and it will automatically find the best local signal wherever you go.

- NO Sim card required
- NO commitments, NO contracts
- NO surprise roaming fees • NO overage fees
- Secured private internet network access
- Patented seamless technology

4G LTE FAST INTERNET ACCESS IN 137 COUNTRIES

www.go9trowireless.com/newtech

WIN a 26-week advertising package in **Coffee News** for your NON-PROFIT organization!

To enter, simply visit our website at www.coffee-news.ca and submit an upcoming event that your non-profit is holding in the near future. All submissions until March 30 will be counted as one entry. The more submissions you make, the more entries you get!

Submission approval is based on specific criteria. For your submission to qualify, you must meet these criteria. Space and category restrictions may apply to prize.

IS THE JOB JAR FULL?

Call your home and small job specialist!

MAN ABOUT THE HOUSE

WCB INSURED - 30 YEARS' EXPERIENCE
780-660-0023 RESIDENTIAL OR COMMERCIAL



UH-OH!

DON'T WORRY - We repair damage to leather, vinyl, plastic and fabric.

COLORGlo
NORTH EDMONTON

For a free estimate, call **780.239.7917**

AUTOMOTIVE | COMMERCIAL | RECREATIONAL | RESIDENTIAL

THIS SPACE FOR RENT

780-220-6397