

Relish Your Independence!
Independent Supportive Living is for adults and seniors who require some support and assistance, but do not require the services of a designated supportive living or long-term care centre.



POINTS WEST LIVING

FOR INQUIRIES, PLEASE CALL
780.624.0700
or email
gm.peacriver@pointswestliving.com

When cooking meals, cleaning the house, shoveling snow, mowing the lawn, and taking care of home repairs becomes burdensome, choose Points West Living to enjoy a carefree retirement lifestyle.

Recipe of the month

New Year's Eve Pineapple Cheese Ball

2 packages (8 ounces each) cream cheese, softened
1 can (8 ounces) unsweetened crushed pineapple, drained
1/4 cup finely chopped green pepper

2 tablespoons finely chopped onion
2 teaspoons seasoned salt
1-1/2 cups finely chopped walnuts

Optional: Assorted crackers and fresh vegetables

Total Time: 20 min. prep + chilling
Yield: 1 cheese ball (3 cups)

1 In a small bowl, beat cream cheese, pineapple, green pepper, onion and seasoned salt until blended. Cover and refrigerate for 30 minutes. Shape into a ball (mixture will be soft); coat in walnuts. Cover and refrigerate overnight. Serve with crackers and vegetables if desired.

An ideal addition to any festive holiday party or get together!

Source: <https://www.tasteofhome.com>



Love Coffee News?


Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to contests@coffee-news.ca
Please put "Readers" in the subject line.

Please include:
1 Your name 2 Your phone number and 3 Your address so that we can send you some cool prizes if your photo is chosen to appear in the paper!

Reader of the Month
Scott K. & Friend of Edmonton

Coffee News Fun Reading. Serious Advertising.



PEACE RIVER VISION CLINIC

Eye Exams
Designer Frame Lenses
Contact Lenses
Glaucoma Eye Evaluations
Diabetes Eye Evaluations
Safety Glasses

Family Eye Care
780-624-4265
www.drmikeyhopperoptometry.com

New Patients and Walk-ins Welcome!

Open Mon to Fri, 8:45 a.m.-5:00 p.m.


PROMPT APPOINTMENTS AVAILABLE
DIRECT BILLING



Edward Jones

Don't just think about retirement. Plan for it.

Chris M Kadyk
Financial Advisor
780-532-2336
chris.kadyk@edwardjones.com
edwardjones.ca/chris-kadyk

Follow me on  

Congratulations to November's **Coffee News Guy** contest winners!

Your prizes are in the mail!

Barry Johnson
Jenn Brede
Dianna Ridgeway
Carol Williams

Enter today for your chance to win at www.coffee-news.ca



HIP/KNEE REPLACEMENT?

Other medical conditions causing TROUBLE WALKING or DRESSING?

The Disability Tax Credit allows for **\$3,000 YEARLY TAX CREDIT** and **\$30,000 LUMP SUM REFUND**

For Expert Help:
1.844.453.5372

FREE ASSESSMENT CALL TODAY!

BBB Accredited

FREE! New Issue Every Week!
Coffee News[®]
"News To Be Enjoyed Over Coffee"
Grimshaw Edition
877-553-6397




www.coffee-news.ca

Informative, insightful reading from author **Stephen Monk**

Fascinating observations from a long time student of the workings of the human mind

Visit www.stephenmonk.ca

AVAILABLE THROUGH: AMAZON | APPLE BOOKS | BARNES AND NOBLE | KINDLE | GOOGLE PLAY | FRIESENPRESS | INDIGO and at COLES GRANDE PRAIRIE



Earn An Income Online
Join the biggest and best global online business!

NO selling | NO parties
NO inventory | NO recruiting

Register for a **FREE info session** here:
(Scan this code for info)

Freedom - Flexibility - Fun

or visit www.susandeveney.net

NO EXPERIENCE NEEDED - WE TRAIN AND MENTOR






Can't get to your Coffee News each week?

Check out our **PDF editions online!**
New editions are posted every Monday

Sign up here to receive email notifications of new editions.
Now you never have to miss your weekly dose of good news!

www.coffee-news.ca/editions

RE/MAX Slave Lake Realty

Katee Nelson
780-805-4425

Steve Adams
780-516-9000

With You Every Step of the Way



Have You Considered Adopting Your Step-Children?

We prepare and file your step-parent adoption, adult adoption, relative adoption and private direct placement adoption.

A Small Miracle Adoption

Adoption is the ultimate expression of a committed heart

780.421.1177
www.smallmiraclesadoption.com



If you liked Gold Canyon Candles, you are gonna love Sunset Scents!

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

They are the next **Finest candles you will EVER find!**

PSC Prairie Scented Candles

Sunset Scents a RAY of Fragrance

prairiescentedcandles@gmail.com
www.prairiescentedcandles.com



FRASIER WEEKNIGHTS 6:00 (EST) / 6:30 (MT)

yes TV



Coffee News is proudly delivered by

Blue Heron Support Services Association

Coffee News Part of your community.

The World's #1 Restaurant Publication!



Vol. 19 No. 2 January 10, 2022

Everybody's Talking

Wolf dog: Rottweilers may have a reputation for being fierce dogs, but they are not wolves. But some zookeepers in central China hoped that visitors wouldn't be able to tell the difference. At the Xiangwushan Zoo in Xianning, Hubei province, the wolf enclosure was home to one of these domestic canines. An outraged visitor posted a photo of the Rottweiler on social media, and the zoo representatives had to explain the situation. They said the Rottweiler was actually a guard dog, and the wolf that was previously kept in the enclosure had passed away from old age. The zoo was ordered to remove the wolf enclosure sign so visitors wouldn't be confused.

Demanding man: A middle-aged man with a law degree from England's Oxford University seemed to think that his elderly parents owed him a living, and a good one at that. Faiz Siddiqui enjoyed a rent-free life in an expensive Hyde Park flat in London for 20 years, paid for by his parents, who also provided him with a generous weekly allowance. The older folks grew tired of it and wanted to cut off their support for their son. But the son didn't want to let go of his lavish lifestyle, so he sued his Dubai-based parents. With an attitude like that, no wonder he hadn't worked for a decade. His parents' lawyers were fighting the claim in the Court of Appeal.

Flower power: An artist from Melbourne, Australia, works with a unique medium to produce realistic results. Michelle Nguyen is a sugar flower artist who makes amazingly true-to-life flowers from edible ingredients. She crafts all types of flowers, from peonies to poppies and roses to tulips, not overlooking any detail. The flowers she creates look like they have just been picked from the garden. She uses fondant and food colouring, so they are safe to eat, but who would want to devour these beautiful blossoms? Nguyen has won awards for her work, and she offers workshops to teach others about her techniques.

Antarctic treasure: More than half a century after losing his wallet in Antarctica, of all places, an American man got it back. Paul Grisham of San Diego, California, spent 13 months during the 1960s working on the southern continent as a Navy meteorologist. He realized at the time that he'd lost the billfold, but then completely forgot about it in later years. Someone found it behind a locker in 2014, and the search for Grisham began. Finally, amateur sleuths located him through social media, emails, and snail mail. Getting the wallet back thrilled the nonagenarian and his family. Inside were relics of his past, including his driver's licence and his Navy ID.

Quoteable Quotes

"Truth is on the march and nothing can stop it." —Émile Zola

"There is only one success—to be able to spend your life in your own way." —Christopher Morley

What's Happening

NON profit organizations may submit events for FREE at www.coffee-news.ca/whats-happening

Hidden Coffee News Guy ADVENTURE

Find the Coffee News Guy hidden in one of the ads, then enter to win!

\$400* Prize Package
*Coffee News Bucks
Over 150 participating sponsors!

To enter, visit www.coffee-news.ca

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

NEW FEATURE!
...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

Trivia

1. What is tempeh?
2. According to the Periodic Table of Elements, what is the symbol for copper—Co, Cp, or Cu?
3. What is a hyperbole?
4. Chick Corea is a well-known restaurant chain or a jazz musician?
5. On what Hawai'ian island would you find Pearl Harbor?

inogen
FREEDOM. TO BE YOU.
 1-888-998-6714

A wish begins with HOPE
 Hope begins with you.
 Donate at makeawish.ca/createhope
Make-A-Wish
 Coffee News is proud to support Make-A-Wish Northern Alberta

Helping you rediscover fun in the kitchen!
Gifts and Gadgets
 Your one stop kitchen and gift shop.
780.962.5220
 CHECK OUT OUR EXTENSIVE ONLINE CATALOG!
 Visit www.giftsandgadgets.ab.ca
 or visit us in person at 111 First Avenue, Spruce Grove

BEST OF HAWAII FOUR-ISLAND TOUR
 12 days, departs year-round
YMT vacations
1-877-699-7003
 promo code N7017
 FROM \$2,549
 \$2,299 USD
* Prices are per person based on double occupancy plus up to \$299 in taxes & fees. Single supplement and seasonal surcharges may apply. Add-on airfare available. Offers apply to new bookings only, made by 9/30/21. Other terms & conditions may apply. Ask your Travel Consultant for details.

Leave a legacy and be a part of tomorrow's future, today
 If you're thinking of writing or updating your will, The Alberta Lung Association is offering the chance for donors to make a simple Will for free through our partnership with the Canadian Free Wills Network.
 You are not obligated to leave a gift to the Lung Association - we hope that you will see this program as the perfect way to satisfy your estate planning objectives.
BREATHE
 the lung association
www.ab.lung.ca/you-can-help-change-future-today

If It Needs Glass, We Can Provide It!
 Professional, top quality workmanship | Interior and exterior services | Residential and commercial applications
 Mobile service and installation specialists with over 25 years of experience!
ALL PRO Glass Ltd.
780.978.0088 www.allproglass.ca

Windows	Doors
Skylights	Wet Rooms
Glass Railings	Shower Doors

Like us on Facebook Coffee News®
 ...to keep updated on WEEKLY contests in which you can enter to win tickets to sports events, entertainment events, Coffee News Bucks and more!
<https://www.facebook.com/CoffeeNewsWeekly>

SHOP ONLINE!
www.scubagearcanada.ca
 • Snorkelling Gear • Reef-Safe Sunscreen
 • Beach Water Shoes • Dry Bags & Wallets • UV Shirts
The Dive Outfitters
 Scuba Diving & Snorkeling
 11781-156 St., Edmonton 780.483.0044
 Learn to SCUBA DIVE at our Edmonton location - call for details
 SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

Your Weekly Horoscope

ARIES
(March 21 - April 20)
 You may feel angry or resentful about a recent personal slight. If so, focus on the underlying issue and see how you can initiate positive change for yourself and others. Lucky numbers: 10, 15, 21, 22, 26, 35.

TAURUS
(April 21 - May 21)
 There is a potential you may receive information, however unwanted, about a parental conflict. If this applies to you, you may want to avoid taking one side or the other. Lucky numbers: 8, 11, 24, 36, 37, 45.

GEMINI
(May 22 - June 21)
 You may feel a disconnect between your heart and mind about your role in a situation. What form of service will let you help others who need your skills and talents? Lucky numbers: 1, 7, 17, 21, 25, 32.

CANCER
(June 22 - July 22)
 Something in your current environment may be coming to a conclusion now. You may enjoy a sense of balance between your ego and emotions that allows an emotional reset. Lucky numbers: 2, 7, 12, 16, 32, 38.

LEO
(July 23 - Aug. 23)
 Over the next few weeks, you may experience an increased level of communication to pitch your ideas and plans. If you encounter opposition, keep talking until you reach a compromise. Lucky numbers: 3, 11, 12, 15, 32, 34.

VIRGO
(Aug. 24 - Sept. 23)
 There is an opportunity for you to understand more about who you are and what you value. Such information would encourage you to take action in alignment with your new understanding. Lucky numbers: 10, 17, 18, 21, 25, 47.

LIBRA
(Sept. 24 - Oct. 23)
 You may encounter new information about the life experiences of your father. Consider how this new knowledge can give you a different perspective on any issues in your relationship. Lucky numbers: 1, 2, 13, 14, 19, 40.

SCORPIO
(Oct. 24 - Nov. 22)
 The potential exists for you to be very busy, which may increase your stress level. If this happens, find a way to relax and avoid snapping at others. Lucky numbers: 6, 9, 15, 22, 33, 43.

SAGITTARIUS
(Nov. 23 - Dec. 21)
 A lot of new information may come your way, particularly about your ideas and plans. The environment is in flux right now, though, so you may want to wait before taking action. Lucky numbers: 4, 6, 15, 33, 41, 48.

CAPRICORN
(Dec. 22 - Jan. 20)
 The possibility exists that old structures in your life may begin to break down. Be patient, as any deconstruction you experience has the potential to pave the way for something new. Lucky numbers: 8, 10, 11, 31, 35, 46.

AQUARIUS
(Jan. 21 - Feb. 19)
 The next few weeks may be stressful in small, mundane ways. For example, equipment may break down or there may be a communications mishap. Be patient and wait it out. Lucky numbers: 5, 7, 10, 21, 23.

PISCES
(Feb. 20 - March 20)
 You may feel restless and argumentative now. How can you channel that energy into action that expresses compassion to others and focuses on your higher purpose? Lucky numbers: 1, 7, 10, 18, 41, 42.

Lucky numbers this week: This week's odds favour Cancer winners with the luckiest number being 12.

Did You Know...

Route 66: The famous highway in the United States called Route 66 was once nicknamed the "Main Street of America." One of the first highways in the country built for the use of motor vehicles, it runs from Chicago, Illinois, to Los Angeles, California.

Flying high: Astronaut Neil Armstrong was the first human to set foot on the moon on July 20, 1969. His love of flying started at age 6 when he took his first ride in an airplane.

Famous nurse: Nurses are acknowledged on a special day that is celebrated around the world. International Nurses Day takes place on May 12. It marks the birthdate of Florence Nightingale, who is widely known as the founder of modern nursing.

Wee violin: An erhu is a kind of fiddle popular in China. It has two strings, usually tuned a fifth apart, that stretch over a small box covered with snakeskin at the front, and open at the back. It is played using a bow.

Water access: Located in southern Pakistan is the country's capital city of Karachi. It is an Arabian seaport, which serves not only Pakistan, but also the landlocked country of Afghanistan.

On the Lighter Side

Why did the cat cross the road? To find out what those jokes are about.

Knock! Knock! *Who's there?* Dissenter. *Dissenter who?* Dissenter fielder catches a lot of fly balls.

First farmer: Do you like raisin bread?
 Second farmer: Can't say. I've never raised it.

What do you get if you cross a small rodent with an oil can?
 A mouse that never squeaks again.

What do Wall Street cows invest in? Mootual Funds.

Answers

Trivia answers: 1. Fermented soy 2. Cu 3. An overstatement 4. Jazz musician 5. Cahu

This Space for Rent.
877-553-6397

FREE Orthodontic/Invisalign Consult
FREE Implant/Implant Denture Consult
PEACE VALLEY DENTAL
Dr. Michael Ho, DMD
 We are confident in the quality of our work and provide limited warranty for fillings (two years) and crown bridges (no charge for the first three years and 50% for up to five years from placement).
 9811-100 Avenue Peace River, Alberta
www.peacevalleydental.com
780.624.3355 • info@peacevalleydental.com

AUTOMOTIVE LIGHT TRUCK REPAIR
 ■ Out of Province Inspections - \$230
 ■ Rate: \$115/hour
 ■ We service most vehicles, beginning at \$29.95*
* For labour only.
 Services include up to 5L 5W/30 or 5W/20 conventional oil, oil filter and a 34 point inspection.
TRINITY REPAIR LTD.
780.338.3848
 5029 - 51 Street, Berwyn, AB • www.trinityrepair.ca

We Care About Your Smile!
 • Upper/lower dentures
 • Implant supported dentures
 • Partial dentures (flexible or metal)
 • Same day relines
 • Soft denture linings for sore gums
 • Natural tooth whitening kits available
 • Night guards/splints
 Call today to inquire about achieving suction on your lower denture with the new SEMCD Lower Suction Technique
Denture & Implant Cottage
SEMCD
 REPAIRS WITHIN THE HOUR! **780-624-4573**
 9803 - 98 Avenue, Peace River Wheelchair friendly

Everyone has the right to live free of violence and abuse
 Our shelter offers women a safe and secure environment where they can access counselling, housing and other supports
PEACE RIVER REGIONAL WOMEN'S SHELTER
1-877-624-3466
www.prwss.com
 WHEN HOME IS NOT SAFE - WE HAVE A SHELTER FOR YOU

WEBSITES From \$129/Month
(780) 760-6922
FRONTLINECONSULTING.CA

Real Estate Appraisals You Can Bank On!
 COMMERCIAL • INDUSTRIAL • RESIDENTIAL
AGM VALUATIONS GROUP LTD.
 780-624-0020
 10052 - 99 Street, Peace River, AB
 Servicing the Peace River area, including Fort. St. John & Dawson Creek, B.C.

Need ONE More Reason to Join?
 ① You need child support enforced
 ② Your landlord raises rent in violation of your verbal agreement
 ③ You adopt a child
 ④ A friend owes you money and files for bankruptcy
 ⑤ You need help with credit card liability resolution
 ⑥ Your car is vandalized in a parking lot
 Call LLOYD KENNEY, Independent Associate, to find out how LegalShield can help you!
LegalShield 1-877-579-9449