

If you liked Gold Canyon Candles, you are gonna love Sunset Scents!
They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!
They are the next Finest candles you will EVER find!



PSC
Prairie Scented Candles
a RAY of Fragrance
prairiescentedcandles@gmail.com
www.prairiescentedcandles.com

Silver
Sage
Enterprises Ltd

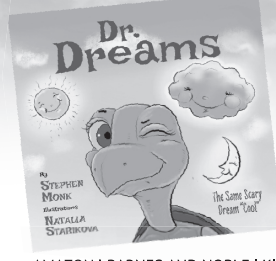
Les Helm, RPFT
Cell 780.520.4000
Office 780.623.2494
Fax 780.623.2894
l.helmsilversage@gmail.com

Land Resource Planning

- Gravel Pits
- Mapping
- Reclamation
- Road Engineering

THIS SPACE FOR RENT
780-220-6397

A New Children's Book
...to delight and inform young readers from author **Stephen Monk**
Dr. Dreams celebrates family, dreams, sharing and learning helpful skills
Visit www.stephenmonk.ca



AVAILABLE THROUGH:
AMAZON | BARNES AND NOBLE | KINDLE | GOOGLE PLAY | APPLE BOOKS
FRIESENPRESS | INDIGO and at COLES GRANDE PRAIRIE

Congratulations to November's **Coffee News Guy** contest winners!
Your prizes are in the mail!
Enter today for your chance to win at www.coffee-news.ca



Barry Johnson
Jenn Bredo
Dianna Ridgeway
Carol Williams

SHOP ONLINE!
www.scubagearcanada.ca

- Snorkelling Gear • Reef-Safe Sunscreen
- Beach Water Shoes • Dry Bags & Wallets • UV Shirts

The Dive Outfitters
Scuba Diving & Snorkeling
11781-156 St., Edmonton 780.483.0044
Learn to SCUBA DIVE at our Edmonton location - call for details



SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

Pregnant? Facing Difficult Decisions?
We can help.
Call 780.421.1177 or text 587.596.5380

A Small Miracle Adoption
Adoption is the ultimate expression of a committed heart

- Confidential Pregnancy Counselling
- Support and Connection to Resources
- Adoption Information and Advice

www.smallmiraclesadoption.com


Can't get to your Coffee News® each week?
Check out our PDF editions online!
New editions are posted every Monday

Sign up here to receive email notifications of new editions.
Now you never have to miss your weekly dose of good news!



www.coffee-news.ca/editions

FREE! **New Issue Every Week!**
Coffee News®
"News To Be Enjoyed Over Coffee"
Lac La Biche and Area Edition
877-553-6397
www.coffee-news.ca
Vol. 19 No. 3 January 17, 2022



Everybody's Talking

Big cell phone: When his newly purchased cell phone arrived on the doorstep in a large, unwieldy box, a young Thai man might have figured that something wasn't quite right. The fellow had ordered the phone online because the price was so low. Unfortunately, he didn't read the small print before adding it to his online cart and paying for it. What arrived at his house was definitely not the mobile phone he'd been waiting for. Instead, the box contained a coffee table. But the coffee table was shaped like a cell phone, complete with an on-off button and rose gold edging. The lesson here is to carefully check the details before buying!

Big bug: A woman from Brisbane, Australia, got the shock of her life while on an outing in the surrounding area with her husband and grandson. Pam Taylor discovered the biggest moth she had ever seen on a tree branch. In fact, it was larger than her outstretched hand. She took a photo of the insect beside her hand and posted it on social media. Members of the Facebook group called Amateur Entomology Australia identified the moth as a giant wood moth scientifically known as *Endoxyla cinereus*. Viewers of the post were amazed at the sight of the beautiful insect, which is common in the eastern coastal areas of Australia, although the specimen found by Taylor was larger than most.

River house: The Loire River meanders its way through France and empties into the Bay of Biscay on the country's Atlantic Ocean coastline. In the middle of this waterway near the town of Lavau-sur-Loire, a building is tilted and appears to have been caught in a flood. In reality, the structure is a large-scale work of art created by Jean-Luc Courcoult for the Estuaire Art Exhibition in 2007. Known as La maison dans la Loire (The House in the Loire), this building catches the attention of riverbank strollers. The building is secured to the riverbed so it won't float away. At night, a light comes on in one of the windows, eerily glowing over the waterscape.

Timeline: Two islands in the Bering Sea belong to different countries: Big Diomedede and Little Diomedede. The former belongs to Russia and the latter to the United States. Although less than five kilometres (3.1 miles) apart, the time on Big Diomedede Island is almost a full day ahead of that on Little Diomedede Island. So, when it's noon on a Thursday in Little Diomedede, it's 9 a.m. on Friday on Big Diomedede. That's because the International Date Line runs right between the two islands. So, if someone stands on Little Diomedede ("Yesterday Island") and looks west, toward Big Diomedede ("Tomorrow Island"), they are looking into the future, and vice versa.

Quoteable Quotes

All work and no play makes Jack a dull boy. *James Howell*
No rule is so general, which admits not some exception. *Robert Burton*

What's Happening

Feb 12 to 13-Ladies Ice Fishing Event LADIES - Are You Ready To Fish Anglers, non anglers and every lady in between. I will be hosting an all ladies fishing event on Lac La Biche Lake. www.facebook.com/LisaRoperOutdoors

June 10 to 11 - Cold Lake Treaty Six Contemporary Art Festival This event is a showcase of Contemporary Indigenous Art from all across Western Treaty Six Territory. It is a celebration of Indigenous Artists working in the mediums of visual art, spoken-word, performance art, and music. www.treaty-six-contemporary.com

NON profit organizations may submit events for FREE at www.coffee-news.ca/whats-happening

Hidden Coffee News Guy ADVENTURE
Find the Coffee News Guy hidden in one of the ads, then enter to win!
\$400* Prize Package
*Coffee News Bucks
Over 150 participating sponsors!
4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

To enter, visit www.coffee-news.ca
Submit your birth date and we'll send you a birthday card with valuable offers on your special day!
NEW FEATURE!
...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

Trivia

1. In what year did the U.S. federal government set up the Peace Corps?
2. One cup of chickpeas has a protein count of about how many grams?
3. What is a wordsmith?
4. The letters RDA on a bottle of vitamins stand for what?
5. What does the term nouveau riche mean?

(Flip bottom of page for answers)

Love Coffee News®?
Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!
Send your selfie to contests@coffee-news.ca
Please put "Readers" in the subject line.
Please include:
1 Your name 2 Your phone number and 3 Your address so that we can send you some cool prizes if your photo is chosen to appear in the paper!



Reader of the Month
Scott K. & Friend of Edmonton

Coffee News® Fun Reading. Serious Advertising.

At Seller Direct® Northern Homes Realty, It's Not About Discounts, It's About OPTIONS!

How We Get Your House SOLD:

- ✓ 3D Tours & Professional Photos
- ✓ 300+ websites
- ✓ Social media ads
- ✓ 24/7 Info Direct # for your home ...and MORE!

WE HELP BUYERS, TOO!

FIND OUT HOW YOU CAN **SAVE UP TO 50%!**

SELLER DIRECT
Diana Noble Owner/Broker
780.747.8372
Tracy Lord
Real Estate Agent

www.sellerdirectnorthernhomes.com

PROUDLY SERVING LAC LA BICHE, PLAMONDON, WANDERING RIVER & SURROUNDING AREAS

FREE 1/2 HOUR CONSULTATION
BUSINESS LAW, CONTRACTS, and CORPORATE SERVICES
PERSONAL INJURY, EMPLOYMENT LAW
ENVIRONMENTAL and REGULATORY LAW

BIG BUFFALO LAW
Rate: \$255 per hour* *Taxes and disbursements extra

Now serving Lac La Biche, Fort McMurray, Athabasca, Bonnyville, St. Paul, Cold Lake
587.532.9392 | www.BigBuffalo.ca



A wish begins with HOPE
Hope begins with you.
Donate at makeawish.ca/createhope
Make-A-Wish.
Coffee News is proud to support Make-A-Wish Northern Alberta



BONNYVILLE BOLT SUPPLY LTD
Delivery available!
780.812.2922
5603-50 Ave., Bonnyville | <https://bbsupply.ca>

Oh no! We're out of bolts!
Call the Boltmobile!

LOCALLY OWNED
On call 24/7

Leave a legacy and be a part of tomorrow's future, today

If you're thinking of writing or updating your will, The Alberta Lung Association is offering the chance for donors to make a simple Will for free through our partnership with the Canadian Free Wills Network.

You are not obligated to leave a gift to the Lung Association - we hope that you will see this program as the perfect way to satisfy your estate planning objectives.

BREATHE
the lung association
www.ab.lung.ca/you-can-help-change-future-today

FOR MORE INFO, PLEASE VISIT.



BrokerLink Insurance

HOME AUTO BUSINESS FARM

780.623.4246 | Box 476, Lac La Biche | BrokerLink.ca
©2020 BrokerLink Inc. *BrokerLink & Design is a trademark of BrokerLink Inc. All rights reserved.

Need ONE More Reason to Join?

- 1 You need child support enforced
- 2 Your landlord raises rent in violation of your verbal agreement
- 3 You adopt a child
- 4 A friend owes you money and files for bankruptcy
- 5 You need help with credit card liability resolution
- 6 Your car is vandalized in a parking lot

Call **LOYD KENNEY**, Independent Associate, to find out how LegalShield can help you!

LegalShield 1-877-579-9449

New Year's Special!

SOCIAL MEDIA
1-2 Posts/Week (on 2-3 Platforms)
Unique Content Creation & Calendar
#Hashtag Strategy
Monthly Reporting

PLUS

SEARCH ENGINE OPTIMIZATION
Keyword Research & Tracking
Content Marketing
Google My Business Optimization
Technical SEO
Monthly Reporting

\$799/MONTH - REG. \$1000/MONTH
NEED MORE SOCIAL MEDIA OR SEO? INQUIRE ABOUT A CUSTOM PACKAGE!

Frontline
web consulting

780.760.6922
info@frontlineconsulting.ca
frontlineconsulting.ca

MISSION VIEW FUNERAL CHAPEL LTD.
SERVING LAC LA BICHE, PLAMONDON, BOYLE, GRASSLAND AND SURROUNDING AREAS FOR OVER 25 YEARS

FUNERALS - CREMATION - MONUMENTS - PRE-PLANNING

We have a large selection of **MONUMENTS** to choose from

780-623-1815 • info@missionview.ca

DROP IN, SIGN UP, AND

GET ACTIVE.



www.boldcenter.com



BEST OF HAWAII FOUR-ISLAND TOUR

12 days, departs year-round



FROM \$2,549
\$2,299* USD



1-877-699-7003
promo code N7017

* Prices are per person based on double occupancy plus up to \$299 in taxes & fees. Single supplement and seasonal surcharges may apply. Add-on airfare available. Offers apply to new bookings only, made by 9/30/21. Other terms & conditions may apply. Ask your Travel Consultant for details.

JEOPARDY!
WEEKNIGHTS 7:30
yesTV



MENTION THIS AD FOR A DISCOUNT!

LET US HELP YOU QUIT SMOKING
Come learn the facts and make a plan

OHMY VAPE LOUNGE

780-623-2158
10263-101 Ave., Lac La Biche
10 am - 6 pm, 7 days a week
Closed on holidays

Helping you rediscover

fun In the kitchen!

Gifts and Gadgets

Your one stop kitchen and gift shop.
780.962.5220

CHECK OUT OUR EXTENSIVE ONLINE CATALOG!

Visit www.giftsandgadgets.ab.ca or visit us in person at 111 First Avenue, Spruce Grove

Your Weekly Horoscope

ARIES (March 21 - April 20)



There may be an opportunity to present your ideas to others and solicit their cooperation. However, make sure that clear expectations are set for both parties or problems may arise later. Lucky numbers: 6, 10, 13, 27, 30, 44.

TAURUS (April 21 - May 21)



If you have been subjected to sudden and/or unexpected events for a while, the situation may settle in the near future. What have you learned as a result of these experiences? Lucky numbers: 1, 11, 18, 28, 39, 31.

GEMINI (May 22 - June 21)



You may have the opportunity to be a catalyst for others in their journey. If you decide to manifest this potential, do so consciously and be sure to ask for their permission. Lucky numbers: 2, 9, 11, 13, 19, 38.

CANCER (June 22 - July 22)



Recent events may have shaken loose a long-standing pattern in your life. How do you want to take advantage of this change to move things forward in your life? Lucky numbers: 4, 29, 31, 34, 41, 46.

LEO (July 23 - Aug. 23)



Leos can be the Pied Pipers of the zodiac. Your natural enthusiasm may attract followers to your cause. Just be sure your efforts result in a win-win for all involved. Lucky numbers: 2, 3, 9, 11, 34, 36.

VIRGO (Aug. 24 - Sept. 23)



At this time, there may be an opportunity for inner balance. If true, this is a good moment to explore any emotional issues keeping you from expressing your authentic self. Lucky numbers: 17, 24, 42, 44, 47, 48.

Lucky numbers this week: This week's odds favour Virgo winners with the luckiest number being 17.

LIBRA (Sept. 24 - Oct. 23)



The circumstances surrounding you may encourage you to make an adjustment in some aspect of your life. Trust that making this change will be in your best, long-term interest. Lucky numbers: 9, 10, 11, 15, 26, 40.

SCORPIO (Oct. 24 - Nov. 22)



Continuing from last week, you may still be feeling overly busy and stressed. If so, it would be good to find a way to relax and lower your emotional temperature. Lucky numbers: 2, 8, 9, 16, 33, 37.

SAGITTARIUS (Nov. 23 - Dec. 21)



You may feel it is finally time to deal with long-standing issues that have been holding you back. Find a role model in someone who has successfully navigated your challenge. Lucky numbers: 12, 29, 30, 33, 38, 42.

CAPRICORN (Dec. 22 - Jan. 20)



You may be having conflicting feelings about what you want. Try to understand what is motivating this discord so that you may formulate a solution that makes you happy. Lucky numbers: 3, 10, 17, 24, 26, 48.

AQUARIUS (Jan. 21 - Feb. 19)



Your thought processes may be particularly quick and clever now. If you are experiencing this dynamic, utilize it to help with conversations where you need clear communication to prevent mishaps. Lucky numbers: 8, 11, 12, 14, 15, 22.

PISCES (Feb. 20 - March 20)



Pisces sometimes have difficulty making sense of all the intuitive information they regularly receive from their environment. Now, though, things may begin to point more clearly in a particular direction. Lucky numbers: 5, 7, 9, 13, 15, 24.

Did You Know...

Southern constellation: The Southern Cross, also called Crux, is a well-known constellation in the southern hemisphere. People living south of the equator can see it all night, all year round. The brightest star on the Southern Cross is called Acrux.

Dwarf planet: The first asteroid to be discovered was Ceres, a dwarf planet in the asteroid belt between Mars and Jupiter. It was discovered by Giuseppe Piazzi, an Italian astronomer, in 1801.

Best nest: *One Flew over the Cuckoo's Nest* is a 1975 American movie starring Jack Nicholson. It won five Academy Awards, including Best Picture, Best Director, and Best Actor.

Song makers: Tim Rice's full title is Sir Timothy Miles Bindon Rice. An English lyricist, he worked extensively with composer Andrew Lloyd Webber to produce music for many productions, including *Jesus Christ Superstar* and *Evita*.

No votes: From 1908 to 1912, *The Anti-Suffragist* magazine was published in the U.S. state of New York. At the time, women were advocating for the vote, and the editors of this magazine were opposed to the idea.

On the Lighter Side

Ted: I know a monster with one eye called Cyclops.
Ned: What is his other eye called?

Why do skeletons stay so calm? Because nothing gets under their skin.

Patient, with a cucumber up his nose, a carrot in one ear, and a banana in the other ear: "What's the matter with me?"
Doctor: "You're not eating properly."

Why do cows cross the road? To get to the udder side.

Knock! Knock! *Who's there?* Handsome. *Handsome who?* Handsome of those cookies over here. I'm hungry.

Answers

Trivia answers: 1. 1961 2. 10 to 15 3. Skillful writer 4. Recommended Dietary Allowance 5. New to wealth

Recipe of the month

Savoury Winter Soup

2 pounds ground beef
3 medium onions, chopped
1 garlic clove, minced
3 cans (10-1/2 ounces each) condensed beef broth, undiluted
1 can (28 ounces) diced tomatoes, undrained
3 cups water

1 cup each diced carrots and celery
1 cup fresh or frozen cut green beans
1 cup cubed peeled potatoes
2 tablespoons minced fresh parsley or 2 teaspoons dried parsley flakes
1 teaspoon dried basil
1/2 teaspoon dried thyme
Salt and pepper to taste

Prep Time: 20 min. Cook Time: 6 hours
Yield: 14 servings (3.5 quarts)

- 1 In a large skillet, cook beef and onions over medium heat until meat is no longer pink. Add garlic; cook 1 minute longer. Drain.
- 2 Transfer to a 5-qt. slow cooker. Stir in remaining ingredients. Cover and cook on low until vegetables are tender, 6-8 hours.

The ideal pick me up for a cold winter evening!

Source: <https://www.tasteofhome.com>

Coffee News

is proudly delivered by

Ilbds
LAC LA BICHE DISABILITY SERVICES
focusing on abilities

Coffee News Part of your community.

Lac La Biche County
welcoming by nature.

Your playground of opportunity.

www.laclabichecounty.com

New Beginning Law

- Separation Agreements
- Divorces
- Common Law
- Restraining orders
- Emergency Protection Orders
- Criminal Defence
- Driving Offences

Renée L.T. Moore
B.A., B.Comm.(Co-op), J.D.
Barrister & Solicitor

Jerred L.T.T. Moore
B.A. (Adv.), J.D.
Barrister & Solicitor

4802-49 Avenue, St. Paul (Located behind ATB)
780.645.0050 | www.newbeginninglaw.ca

inogen

FREEDOM. TO BE YOU.

1-888-998-6714

Thank You to these distribution partners for supporting the "good news" message of Coffee News!

We appreciate you!

A&W	IGA
Associated Medical Clinic	Independent Grocers
BCMI	KFC
Beaver Shell	LaBone's Kitchen
Bold Centre	Lacalta Lodge
Boston Pizza	Lee's Burger Baron
Canalta Hotel	Lucky 15
Costa Café	McArthur Place
Fat Unicorn	Queen Bean
Brewing	Bakery and Café
Ginger House Family Restaurant	Subway
	Tara's Pizza
	The Café on Main
	Tom's Pizza & Steakhouse
	VH Drive-in

Would you like to offer your valued customers the opportunity to read and enjoy Coffee News?
► For more information on becoming a distribution partner, call us at 780.220.6397 or scan the QR code at right.