

COLD SHOT
A DIVISION OF BALWARIA EMPIRE PVT. LTD.

PASSENGER & PARCEL SERVICES

SHIP BY BUS
GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: www.coldshotca.com
Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

Every \$3.51 You Give =
1 MEAL FOR A HOMELESS NEIGHBOUR

Give Hope. Give Today.
TheSeed.ca/donate

THE MUSTARD SEED

Ingrown toenails, diabetic feet, hardened, thickened nails, fungal nails, corns, calluses, nails you cannot trim and file?

Take a step to healthier feet!

Kimberly Hudson LPN/Foot Care Nurse

STEP UP FOOT CARE

780.297.7027 | stepupfootcare@shaw.ca

If you liked Gold Canyon Candles, you are gonna love **Sunset Scents!**

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

They are the next Finest candles you will EVER find!

PSC Prairie Scented Candles

Sunset Scents a RAY of Fragrance

prairiescentedcandles@gmail.com
www.prairiescentedcandles.com

WE CLEAN YOUR HOME LIKE IT'S OUR OWN!

- Weekly/Biweekly/Monthly Personalized Cleans
- Move In/Outs
- Residential and Small Business

ASK ABOUT OUR SENIORS' RATES!

NOBODY CLEANS LIKE MOM

780.700.6686 • www.nobodycleanslikemom.com

Recipe of the month

Savoury Winter Soup

2 pounds ground beef	1 cup each diced carrots and celery
3 medium onions, chopped	1 cup fresh or frozen cut green beans
1 garlic clove, minced	1 cup cubed peeled potatoes
3 cans (10-1/2 ounces each) condensed beef broth, undiluted	2 tablespoons minced fresh parsley or 2 teaspoons dried parsley flakes
1 can (28 ounces) diced tomatoes, undrained	1 teaspoon dried basil
3 cups water	1/2 teaspoon dried thyme
	Salt and pepper to taste

Prep Time: 20 min. Cook Time: 6 hours
Yield: 14 servings (3.5 quarts)

- In a large skillet, cook beef and onions over medium heat until meat is no longer pink. Add garlic; cook 1 minute longer. Drain.
- Transfer to a 5-qt. slow cooker. Stir in remaining ingredients. Cover and cook on low until vegetables are tender, 6-8 hours.

The ideal pick me up for a cold winter evening!

Source: <https://www.tasteofhome.com>

Learn to Earn Online with a Digital Business

Join the biggest and best global online business!

- Freedom
- Flexibility
- Fun

Register for a FREE info session here: (Scan this code for info)

NO EXPERIENCE NEEDED - WE TRAIN & MENTOR!

or visit www.susandeveney.net

FREE! *New Issue Every Week!*

Coffee News®

"News To Be Enjoyed Over Coffee"

South Edmonton Edition

780-220-6397

www.coffee-news.ca

Est. 1988

Vol. 19 No. 3 January 17, 2022

Everybody's Talking

Big cell phone: When his newly purchased cell phone arrived on the doorstep in a large, unwieldy box, a young Thai man might have figured that something wasn't quite right. The fellow had ordered the phone online because the price was so low. Unfortunately, he didn't read the small print before adding it to his online cart and paying for it. What arrived at his house was definitely not the mobile phone he'd been waiting for. Instead, the box contained a coffee table. But the coffee table was shaped like a cell phone, complete with an on-off button and rose gold edging. The lesson here is to carefully check the details before buying!

Big bug: A woman from Brisbane, Australia, got the shock of her life while on an outing in the surrounding area with her husband and grandson. Pam Taylor discovered the biggest moth she had ever seen on a tree branch. In fact, it was larger than her outstretched hand. She took a photo of the insect beside her hand and posted it on social media. Members of the Facebook group called Amateur Entomology Australia identified the moth as a giant wood moth scientifically known as *Endoxyla cinereus*. Viewers of the post were amazed at the sight of the beautiful insect, which is common in the eastern coastal areas of Australia, although the specimen found by Taylor was larger than most.

River house: The Loire River meanders its way through France and empties into the Bay of Biscay on the country's Atlantic Ocean coastline. In the middle of this waterway near the town of Lavau-sur-Loire, a building is tilted and appears to have been caught in a flood. In reality, the structure is a large-scale work of art created by Jean-Luc Courcoult for the Estuaire Art Exhibition in 2007. Known as *La maison dans la Loire* (The House in the Loire), this building catches the attention of riverbank strollers. The building is secured to the riverbed so it won't float away. At night, a light comes on in one of the windows, eerily glowing over the waterscape.

Timeline: Two islands in the Bering Sea belong to different countries: Big Diomedede and Little Diomedede. The former belongs to Russia and the latter to the United States. Although less than five kilometres (3.1 miles) apart, the time on Big Diomedede Island is almost a full day ahead of that on Little Diomedede Island. So, when it's noon on a Thursday in Little Diomedede, it's 9 a.m. on Friday on Big Diomedede. That's because the International Date Line runs right between the two islands. So, if someone stands on Little Diomedede ("Yesterday Island") and looks west, toward Big Diomedede ("Tomorrow Island"), they are looking into the future, and vice versa.

Quoteable Quotes

"All work and no play makes Jack a dull boy." *James Howell*
"No rule is so general, which admits not some exception." *Robert Burton*

What's Happening

Dec 9 to Jan 17-Online Classes open for registration-Adults 50 plus Learn something new! Classes start January 17-something for almost every interest. Non-credit classes in sciences, humanities, arts leisure. ELLA offers education, affordable, fun, non-credit courses for adults. Register now MY_ELLA.COM.

April 2-Edmonton Spring Stamp Show Stamp circuit books, show and tell exhibits, door prizes, presentations, fun frame exhibits and junior stamp tables. No cost appraisals. Parking is Free! 11113 - 113 Street. www.edmontonstampclub.com

NON profit organizations may submit events for FREE at www.coffee-news.ca/whats-happening

Hidden Coffee News Guy ADVENTURE

Find the Coffee News Guy hidden in one of the ads, then enter to win!

\$400* Prize Package

*Coffee News Bucks
Over 150 participating sponsors!
4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

To enter, visit www.coffee-news.ca

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

Trivia

1. In what year did the U.S. federal government set up the Peace Corps?
2. One cup of chickpeas has a protein count of about how many grams?
3. What is a wordsmith?
4. The letters RDA on a bottle of vitamins stand for what?
5. What does the term nouveau riche mean?

(Flip bottom of page for answers)

Great news! We are getting ready to sing again...

The St. David's Welsh Male Voice Choir is preparing to resume choral singing

Our longstanding Edmonton choir is planning to begin rehearsals in early 2022.

If you enjoy camaraderie, making new friends and sharing joyful music with others... then we would love to meet you.

We will practice in a safe environment following strict AHS guidelines.

BARRY at 780.434.5524 or BOB at 780.475.4140

<https://stdavidswelshmalevoicechoir.ca>

FOR FURTHER INFO, CALL:

THIS SPACE FOR RENT

780-220-6397

Congratulations to November's **Coffee News Guy** contest winners!

Your prizes are in the mail!

Barry Johnson
Jenn Bredo
Dianna Ridgeway
Carol Williams

Enter today for your chance to win at www.coffee-news.ca

FAST, ACCURATE, CLEAN & FRIENDLY SERVICE

MILLWOODS Bottle Depot

2830 Parsons Road
(south extension of 99th St. above South Edmonton Common)

mybottledepot.ca

14 receiving stations to serve you REALLY FAST!

Mon - Sat 8:30 am - 7 pm
Sunday 10 am - 6 pm

BEST IN THE CITY!

Bring in your bottles for a chance to win in our regular Customer Appreciation Draws!

Love Coffee News?

Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to contests@coffee-news.ca
Please put "Readers" in the subject line.

Please include:
• Your name • Your phone number and • Your address so that we can send you some cool prizes if your photo is chosen to appear in the paper!

Reader of the Month
Scott K. & Friend of Edmonton

Coffee News Fun Reading. Serious Advertising.

Can't get to your **Coffee News** each week?

Check out our PDF editions online!
New editions are posted every Monday

Sign up here to receive email notifications of new editions.

Now you never have to miss your weekly dose of good news!

www.coffee-news.ca/editions

WE COME TO YOU!

NERDS2YOU
VIRUS REMOVAL & COMPUTER REPAIR

ONSITE COMPUTER REPAIR

Your on-site computer and network service specialists. Virus removal, network setup, repairs and more.

587-772-NERD(6373)

FAST, FRIENDLY AND PROFESSIONAL
DEBIT, VISA AND MASTERCARD ACCEPTED

NERDS2YOU.CA

No time to be handy...?

WE CAN HELP!
CONTACT THE EXPERIENCED PROFESSIONALS AT

HOME & OFFICE HANDYMAN services

Give Us Your List. We'll Do The Rest.

780.940.2127 | www.HOHS.ca

**STOP STREAMING!
IT'S FUNNIER LIVE**
AT THE COMIC STRIP
BOURBON STREET, WEST EDMONTON MALL

PURCHASE TICKETS ONLINE AT
thecomicstrip.ca

Rick Branson's
THE COMIC STRIP
DRINK • DINE • LAUGH



Coats for Kids & Families

We accept clean, gently used, or new winter outerwear for men, women, and children in need.



Keeping our community warm.

United Way
Alberta Capital Region

coatsforkidsandfamilies.ca



HIP/KNEE REPLACEMENT?

Other medical conditions causing TROUBLE WALKING or DRESSING?

The Disability Tax Credit allows for **\$3,000 YEARLY TAX CREDIT** and **\$30,000 LUMP SUM REFUND**

RECEIVE YOUR REFUND BY CHRISTMAS!

For Expert Help:
1.844.453.5372



Ray's Coins and Stamps
THE CHOICE OF DISCERNING COLLECTORS

BUY and SELL

Coins
Graded coins and collectible coins from the Royal Canadian Mint and a few other mints

Tim Hortons Hockey Cards
...available to finish your set. Text 780.2619.2929 with your list!

Paper Money
Graded Canadian currency

Cell.: 780-619-2928
rgrikinis@yahoo.com | www.rayscoinsandstamps.com

Check our showcase # letter "I" at Old Strathcona Antique Market, 10323-78 Ave.

Learn something new!

EDMONTON
lifelong learners
ASSOCIATION

Register now for non-credit online classes starting mid-January

Fine Arts, Humanities, Science & Wellness

my-ella.com



A wish begins with HOPE

Hope begins with you.
Donate at makeawish.ca/createhope

Make-A-Wish
Coffee News is proud to support Make-A-Wish Northern Alberta



ELECTRICIAN FOR HIRE

Residential
Light Commercial
Electrical Repairs and Renovations

Art de Leon Master Electrician


780.932.3858 Cell
ajdeleon63@gmail.com



Your Weekly Horoscope


ARIES
(March 21 - April 20)

There may be an opportunity to present your ideas to others and solicit their cooperation. However, make sure that clear expectations are set for both parties or problems may arise later. Lucky numbers: 6, 10, 13, 27, 30, 44.




TAURUS
(April 21 - May 21)

If you have been subjected to sudden and/or unexpected events for a while, the situation may settle in the near future. What have you learned as a result of these experiences? Lucky numbers: 1, 11, 18, 28, 39, 31.




GEMINI
(May 22 - June 21)

You may have the opportunity to be a catalyst for others in their journey. If you decide to manifest this potential, do so consciously and be sure to ask for their permission. Lucky numbers: 2, 9, 11, 13, 19, 38.




CANCER
(June 22 - July 22)

Recent events may have shaken loose a long-standing pattern in your life. How do you want to take advantage of this change to move things forward in your life? Lucky numbers: 4, 29, 31, 34, 41, 46.




LEO
(July 23 - Aug. 23)

Leos can be the Pied Pipers of the zodiac. Your natural enthusiasm may attract followers to your cause. Just be sure your efforts result in a win-win for all involved. Lucky numbers: 2, 3, 9, 11, 34, 36.



VIRGO
(Aug. 24 - Sept. 23)

At this time, there may be an opportunity for inner balance. If true, this is a good moment to explore any emotional issues keeping you from expressing your authentic self. Lucky numbers: 17, 24, 42, 44, 47, 48.



Lucky numbers this week: This week's odds favour Virgo winners with the luckiest number being 17.

Did You Know...

Southern constellation: The Southern Cross, also called Crux, is a well-known constellation in the southern hemisphere. People living south of the equator can see it all night, all year round. The brightest star on the Southern Cross is called Acrux.

Dwarf planet: The first asteroid to be discovered was Ceres, a dwarf planet in the asteroid belt between Mars and Jupiter. It was discovered by Giuseppe Piazzi, an Italian astronomer, in 1801.

Best nest: *One Flew over the Cuckoo's Nest* is a 1975 American movie starring Jack Nicholson. It won five Academy Awards, including Best Picture, Best Director, and Best Actor.

Song makers: Tim Rice's full title is Sir Timothy Miles Bindon Rice. An English lyricist, he worked extensively with composer Andrew Lloyd Webber to produce music for many productions, including *Jesus Christ Superstar* and *Evita*.

No votes: From 1908 to 1912, *The Anti-Suffragist* magazine was published in the U.S. state of New York. At the time, women were advocating for the vote, and the editors of this magazine were opposed to the idea.

On the Lighter Side

Ted: I know a monster with one eye called Cyclops.
Ned: What is his other eye called?

Why do skeletons stay so calm? Because nothing gets under their skin.

Patient, with a cucumber up his nose, a carrot in one ear, and a banana in the other ear: "What's the matter with me?"
Doctor: "You're not eating properly."

Why do cows cross the road? To get to the udder side.


Knock! Knock! *Who's there?* Handsome. *Handsome who?* Handsome of those cookies over here. I'm hungry.

Answers

Trivia answers: 1. 1961 2. 10 to 15 3. Skillful writer 4. Recommended Dietary Allowance 5. New to wealth

LIBRA
(Sept. 24 - Oct. 23)

The circumstances surrounding you may encourage you to make an adjustment in some aspect of your life. Trust that making this change will be in your best, long-term interest. Lucky numbers: 9, 10, 11, 15, 26, 40.




SCORPIO
(Oct. 24 - Nov. 22)

Continuing from last week, you may still be feeling overly busy and stressed. If so, it would be good to find a way to relax and lower your emotional temperature. Lucky numbers: 2, 8, 9, 16, 33, 37.




SAGITTARIUS
(Nov. 23 - Dec. 21)

You may feel it is finally time to deal with long-standing issues that have been holding you back. Find a role model in someone who has successfully navigated your challenge. Lucky numbers: 12, 29, 30, 33, 38, 42.




CAPRICORN
(Dec. 22 - Jan. 20)

You may be having conflicting feelings about what you want. Try to understand what is motivating this discord so that you may formulate a solution that makes you happy. Lucky numbers: 3, 10, 17, 24, 26, 48.




AQUARIUS
(Jan. 21 - Feb. 19)

Your thought processes may be particularly quick and clever now. If you are experiencing this dynamic, utilize it to help with conversations where you need clear communication to prevent mishaps. Lucky numbers: 8, 11, 12, 14, 15, 22.



PISCES
(Feb. 20 - March 20)

Pisces sometimes have difficulty making sense of all the intuitive information they regularly receive from their environment. Now, though, things may begin to point more clearly in a particular direction. Lucky numbers: 5, 7, 9, 13, 15, 24.



RETIREMENT LIVING
CHRISTENSON
Optional Meals • Personalized Services • On-site Care

Join Our Safe & Social Community
1 and 2 Bedroom suites now available

DEVONSHIRE
VILLAGE

Scan QR Code

Full Kitchens • Social & Recreation • U/G Parking

1728 Rabbit Hill Road, Edmonton
780-934-6636
CDLhomes.com





inogen

FREEDOM. TO BE YOU.

1-888-998-6714



New Year's Special!


SOCIAL MEDIA
1-2 Posts/Week (on 2-3 Platforms)
Unique Content Creation & Calendar
#Hashtag Strategy
Monthly Reporting

SEARCH ENGINE OPTIMIZATION
Keyword Research & Tracking
Content Marketing
Google My Business Optimization
Technical SEO
Monthly Reporting

\$799/MONTH - REG. \$1000/MONTH
NEED MORE SOCIAL MEDIA OR SEO? INQUIRE ABOUT A CUSTOM PACKAGE!

Frontline web consulting
780.760.6922
info@frontlineconsulting.ca
frontlineconsulting.ca

JEOPARDY!
WEEKNIGHTS 7:30
yesTV



Like us on Facebook
Coffee News®


...to keep updated on **WEEKLY contests** in which you can enter to win tickets to sports events, entertainment events, Coffee News Bucks and more!

<https://www.facebook.com/CoffeeNewsWeekly>



WINTER SPECIAL
Complimentary Hair Treatment with any colour service, customized to your hair's needs OR Complimentary Paraffin, Scrub or Massage to your Manicure or Pedicure

Clarity
SALON & SPA
780.761.5959
965 James Mowatt Tr, SW
www.claritysalonandspa.ca



Need ONE More Reason to Join?

- You need child support enforced
- Your landlord raises rent in violation of your verbal agreement
- You adopt a child
- A friend owes you money and files for bankruptcy
- You need help with credit card liability resolution
- Your car is vandalized in a parking lot

Call **LOYD KENNEY**, Independent Associate, to find out how LegalShield can help you!

LegalShield 1-877-579-9449

