

WE DIRECT BILL YOUR INSURANCE

*Come...  
See...  
Smile...*

- ♦ Our fees follow the Alberta Fee Guide

- ♦ Open Wed. & Thurs. evenings and two Saturdays per month

## Devon Dental Associates

#129, 180 Miquelon Ave. Devon (beside Boston Pizza)

Dr. Maura Lavoie  
Dr. Ian Orellana-Jordan  
Dr. Darren Forst  
(Orthodontist)

**780.987.2833**

www.devondentalassociates.ca

## Informative, insightful reading

from author  
**Stephen Monk**

Fascinating observations from a long time student of the workings of the human mind

Visit [www.stephenmonk.ca](http://www.stephenmonk.ca)

AVAILABLE THROUGH: AMAZON | APPLE BOOKS  
BARNES AND NOBLE | KINDLE | GOOGLE PLAY  
FRIESENPRESS | INDIGO and at COLES GRANDE PRAIRIE

A wish  
begins with  
**HOPE**

Hope begins with you.

Donate at [makeawish.ca/createhope](http://makeawish.ca/createhope)

**Make-A-Wish.**

Coffee News is proud to support Make-A-Wish Northern Alberta

## Congratulations

to November's  
**Coffee News Guy**  
contest winners!

- ♦ Your prizes are in the mail!

Enter today for  
your chance to win at  
[www.coffee-news.ca](http://www.coffee-news.ca)

**Barry Johnson  
Jenn Bredo  
Dianna Ridgeway  
Carol Williams**

**Locally Owned.  
Genuinely  
Canadian.**



**Home  
hardware**

Al & Claire  
Emerson  
Dealer-Owners

780.987.3325 | 24 Athabasca Ave., Devon

**FREE!**

**New Issue Every Week!**

**Coffee News®**

"News To Be Enjoyed  
Over Coffee"

**Devon -  
Calmar Edition  
780-220-6397**



www.coffee-news.ca

Vol. 19 No. 4 January 24, 2022

## Everybody's Talking

**Underground garden:** People living in London, England, during World War II were well aware of the city's need for underground bunkers where people could escape air raids. Today, one of these bunkers has found a new purpose. It has become a subterranean farm known as Growing Underground. Located 33 metres (108 feet) under Clapham High Street in the southwest part of London, the concept was the brainchild of co-founder Richard Ballard. The underground garden has no natural light, of course, so LED lights provide nourishment for the hydroponically grown plants, which include radishes, pea shoots, fennel, coriander, and more.

**Hiding place:** A car thief from the province of Alberta, Canada, didn't cover up his tracks very well, and that led to his capture. Police received word that a Jeep had been stolen from the town of Olds, about 89 kilometres (55 miles) north of Calgary. Someone also reported a vehicle in a ditch on a nearby rural road, which turned out to be the Jeep. Upon taking a closer look, police found a pretty clear clue about where the thief had gone: footprints in the snow. The officers followed by foot, and soon discovered, under a pile of hay in a barn, a young man whom they charged with the offense.

**The black violin:** Violinists all over the world appreciate the sound of a Stradivarius violin, made by Antonio Stradivari in the 17th and 18th centuries. A replica of one of these instruments, made in 1992 and named Blackbird (after the common bird), was created by Swedish sculptor Lars Widenfalk. The artist made the creation out of a piece of diabase, a dark-coloured, igneous rock. While using his chiseling tools, he had noticed the lovely sound the stone made, and decided to try making an instrument. Widenfalk used black ebony for a few pieces, such as the fingerboard and chin rest. Many musicians have played Blackbird over the years.

**Keeping time:** Budapest, Hungary, is home to a unique installment called the Timewheel, which was unveiled in 2004 to honour the country's entrance into the European Union. The Timewheel is an enormous hourglass in which small pieces of glass, rather than sand, trickle from the top v-shaped reservoir to the bottom one. A computerized system assists with the release of the glass, which takes an entire year to drop from top to bottom. Every year on December 31, the Timewheel must be manually rotated 180 degrees, with the help of a four-person team using steel cables. Then the glass begins keeping time for the next year.

## Quoteable Quotes

"To teach is to learn twice."

-Joseph Joubert

"We should all be concerned about the future because we will have to spend the rest of our lives there."

-Charles Franklin Kettering

## What's Happening

**Jan 22-Club 15th Annual Robbie Burns Dinner Dance**  
A Burns supper is a celebration of the life and poetry of the Scottish poet Robert Burns. Killam Hall. All proceeds support the Battle River Pipes and Drums. COVID-19 rules apply. Tickets are available on [www.flagstaffscottishclub.com](http://www.flagstaffscottishclub.com).

NON profit organizations may submit events for FREE at  
[www.coffee-news.ca/whats-happening](http://www.coffee-news.ca/whats-happening)

## Hidden Coffee News Guy ADVENTURE

Find the Coffee News Guy hidden  
in one of the ads, then enter to win!

**\$400\* Prize Package**

\*Coffee News Bucks  
Over 150 participating sponsors!

4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

To enter, visit  
[www.coffee-news.ca](http://www.coffee-news.ca)

Submit your birth date  
and we'll send you a  
birthday card with valuable  
offers on your special day!

...or send your entry by snail mail to: CN Guy Contest,  
9768 170 Street, Suite 303, Edmonton, AB T5T 5L4.  
Be certain to include your full name, complete mailing  
address (including postal code), phone number, email  
address and your birth date. Also include the name of  
the ad in which you found the hidden Coffee News Guy.

## Trivia

1. In the human body, what gland controls body temperature?
2. What is myopia?
3. Who wrote The Comedy of Errors and The Tempest?
4. Edam cheese has its origins in what country?
5. The average eagle's nest is 4-5 ft. in diameter and how many feet deep?

(Flip bottom of page for answers)

© Published with Permission by Capital Marketing Ltd

(Over)

Affordable-Effective-Exclusive-CALL NOW!

## HIP/KNEE REPLACEMENT?

Other medical conditions causing  
TROUBLE WALKING or DRESSING?

The Disability Tax Credit allows for

**\$3,000 YEARLY TAX CREDIT**  
and **\$30,000 LUMP SUM REFUND**

FREE  
ASSESSMENT  
CALL  
TODAY!



For Expert Help:

**1.844.453.5372**

Canada's **HEALTHY**  
Choice for Pets!



**SENIORS' DAY**  
last Tuesday  
of every month

Save **15%**

Restrictions may apply.  
Inquire in store.

5103 - 50 Avenue, Leduc

780-980-8711 • [www.globalpetfoods.com](http://www.globalpetfoods.com)

Imagine  
your  
business  
here!

For more information:  
**780-220-6397**  
or **877-553-6397**  
[www.coffee-news.ca](http://www.coffee-news.ca)

## Love Coffee News?

Send a selfie of yourself with your  
weekly edition of the paper, and  
your picture may appear here!

Send your selfie to  
[contests@coffee-news.ca](mailto:contests@coffee-news.ca)  
Please put "Readers" in the subject line.

► Please include:  
① Your name ② Your phone number  
and ③ Your address  
so that we can send you some **cool prizes**  
if your photo is chosen to appear in the paper!



**Reader of the Month**  
Scott K. & Friend of Edmonton

**Coffee News** Fun Reading. Serious Advertising.

## PROVEN EXPERTISE

FREE  
ESTIMATES

**HALAS ROOFING**  
Dennis Halas Agencies Ltd.  
NEW & RE-ROOFING

Edmonton Area: 780.893.9751 • Wetaskiwin Area: 780.312.8074  
[dennishalas@shaw.ca](mailto:dennishalas@shaw.ca) • [www.halasroofing.ca](http://www.halasroofing.ca)



Halas provides a 50 Year Extended Warranty  
including a 25 Year Workmanship Warranty!



## WEBSITES

From \$129/Month

**(780) 760-6922**

[FRONTLINECONSULTING.CA](http://FRONTLINECONSULTING.CA)

## Leave a legacy

and be a part of  
tomorrow's future, today

If you're thinking of writing or updating  
your will, The Alberta Lung Association is  
offering the chance for donors to make a  
simple Will for free through our partnership  
with the Canadian Free Wills Network.

You are not obligated to leave a gift to  
the Lung Association - we hope  
that you will see this program  
as the perfect way to  
satisfy your estate  
planning objectives.

**BREATHE**  
the lung association

[www.ab.lung.ca/you-can-help-change-future-today](http://www.ab.lung.ca/you-can-help-change-future-today)

If you liked Gold Canyon Candles, you  
are gonna love  
**Sunset Scents!**

They are creating candles that  
have a strong scent throw and  
the cleanest burning  
scented candles  
out there!

They are the next Finest candles you will EVER find!



**Sunset Scents**  
a RAY of Fragrance

[prairiescentedcandles@gmail.com](mailto:prairiescentedcandles@gmail.com)  
[www.prairiescentedcandles.com](http://www.prairiescentedcandles.com)

[www.scubagearcanada.ca](http://www.scubagearcanada.ca)

## Recipe of the month

### Savoury Winter Soup

- |   |  |
|---|--|
| 2 pounds ground beef  | 1 cup each diced carrots   |
| 3 medium onions,<br>chopped                                       | and celery   |
| 1 garlic clove, minced  | 1 cup fresh or frozen cut<br>green beans                                     |
| 3 cans (10-1/2 ounces<br>each) condensed beef<br>broth, undiluted | 1 cup cubed peeled potatoes  |
| 1 can (28 ounces) diced<br>tomatoes, undrained                    | 2 tablespoons minced fresh<br>parsley or 2 teaspoons<br>dried parsley flakes |
| 3 cups water  | 1 teaspoon dried basil   |
|   | 1/2 teaspoon dried thyme   |
|   | Salt and pepper to taste   |

Prep Time: 20 min. Cook Time: 6 hours  
Yield: 14 servings (3.5 quarts)

- 1 In a large skillet, cook beef and onions over medium heat until meat is no longer pink. Add garlic; cook 1 minute longer. Drain.
- 2 Transfer to a 5-qt. slow cooker. Stir in remaining ingredients. Cover and cook on low until vegetables are tender, 6-8 hours.

The ideal pick me up  
for a cold winter evening!

Source:  
<https://www.tasteofhome.com>

The World's #1 Restaurant Publication!



## Like us on Facebook

...to keep updated on **WEEKLY contests** in which you can enter to win tickets to sports events, entertainment events, Coffee News Bucks and more!



<https://www.facebook.com/CoffeeNewsWeekly>

Helping you rediscover

**fun** In the kitchen!

**Gifts and Gadgets**

Your one stop kitchen and gift shop. **780.962.5220**

CHECK OUT OUR EXTENSIVE **ONLINE CATALOG!**

Visit [www.giftsandgadgets.ab.ca](http://www.giftsandgadgets.ab.ca) or visit us in person at 111 First Avenue, Spruce Grove

**BEST OF HAWAII FOUR-ISLAND TOUR**

12 days, departs year-round



FROM \$2,549 **\$2,299\*** USD

**VMT vacations**

**1-877-699-7003** promo code N7017

\* Prices are per person based on double occupancy plus up to \$299 in taxes & fees. Single supplement and seasonal surcharges may apply. Add-on airfare available. Offers apply to new bookings only, made by 9/30/21. Other terms & conditions may apply. Ask your Travel Consultant for details.

Bras Briefs Boxers Bikinis

**Romantic Notions inc.**

Visit us on **f** for promotions and gift ideas!

**780.962.4944**  
**1.855.962.4944**

[www.romanticnotions.ca](http://www.romanticnotions.ca) | #30, 210 McLeod Ave., Spruce Grove

30 YRS. OF PERSONALIZED SERVICE & A REPUTATION FOR EXCELLENCE

**inogen**

**FREEDOM. TO BE YOU.**

**1-888-998-6714**

MKT-P0253

WE OFFER **IN-HOUSE PEDICURE SERVICES** FOR THOSE WHO ARE HOUSEBOUND



**Nails by PAM**

Manicures • Pedicures  
Gel Nails • Brow and Lash Tinting  
Senior and Diabetic Pedicures

**780.514.7990**

**Have You Considered Adopting Your Step-Children?**

We prepare and file your step-parent adoption, adult adoption, relative adoption and private direct placement adoption.



**A Small Miracle Adoption**

Adoption is the ultimate expression of a committed heart

**780.421.1177**

[www.smallmiraclesadoption.com](http://www.smallmiraclesadoption.com)

**Expert Computer Assistance Is Just a Call Away!**

- PC Software and Hardware
- Malware Removal and Protection
- Cloud Technology
- Backup • Mobile and Sync
- Parental Controls and Web Content Filtering
- Wireless Networking Security
- Tutoring for Seniors
- Performance Increase
- ...and more!

**HOME CARE COMPUTERS**  
Caring for your Computer needs

**780.938.7662 | matt@homecarecomputers.ca**

Visit us on Facebook-CoffeeNewsWeekly

## Your Weekly Horoscope

**ARIES**

(March 21 - April 20)



Perhaps you have been in a period of doubt and uncertainty, rooted in past negative experiences. This week may provide positive energy so that you can progress in your present efforts. Lucky numbers: 1, 5, 12, 14, 21, 30.

**TAURUS**

(April 21 - May 21)



You may gain insight about your life lessons and how to address them. These lessons may involve a change in your beliefs or actions regarding nurturing and/or parenthood. Lucky numbers: 6, 9, 16, 33, 38, 39.

**GEMINI**

(May 22 - June 21)



This week you may likely feel grounded, stable, and optimistic. There is the potential to use good judgment in building a solid foundation for future progress toward your life goals. Lucky numbers: 3, 18, 27, 37, 42, 48.

**CANCER**

(June 22 - July 22)



You may be experiencing a transformation that shakes up your beliefs about what is important. If so, you can find clues about your next steps by examining what you value passionately. Lucky numbers: 5, 13, 14, 21, 30, 35.

**LEO**

(July 23 - Aug. 23)



At the start of the week, you may experience communication difficulties that tempt you to engage aggressively with others. To avoid problems or restrictions, wait a week before you act. Lucky numbers: 8, 13, 18, 37, 42, 45.

**VIRGO**

(Aug. 24 - Sept. 23)



There is the potential to achieve much toward your goals now. You are likely feeling confident and energetic, but just be careful not to push yourself past your limits. Lucky numbers: 2, 10, 15, 31, 37, 41.

Lucky numbers this week: This week's odds favour Gemini winners with the luckiest number being 3.

**LIBRA**

(Sept. 24 - Oct. 23)



Your feelings and emotions may provide the drive you need now to achieve your heart's desire. Just don't let the residue of an old wound get in the way. Lucky numbers: 17, 21, 35, 37, 41, 43.

**SCORPIO**

(Oct. 24 - Nov. 22)



At this time, there is an opportunity for a balance between your mind and your emotions. This could allow a positive change in your physical and mental health. Lucky numbers: 4, 12, 25, 28, 41, 48.

**SAGITTARIUS**

(Nov. 23 - Dec. 21)



You may have recently experienced greater energy and unusual vitality. If so, that period has peaked. Honour the quiet of Winter, and Spring can bring a return to greater vitality. Lucky numbers: 11, 21, 27, 32, 36, 45.

**CAPRICORN**

(Dec. 22 - Jan. 20)



One or more relationships may be at a stalemate. If so, the near future can bring a breakthrough for any female partner. However, communication difficulties may continue for a while longer. Lucky numbers: 13, 28, 31, 33, 40, 47.

**AQUARIUS**

(Jan. 21 - Feb. 19)



You are likely entering a period of sudden and unexpected change. While it may be disconcerting, this change could provide an opportunity for you to find out who you truly are. Lucky numbers: 14, 21, 38, 41, 42, 47.

**PISCES**

(Feb. 20 - March 20)



At the beginning of the week, your thoughts and emotions are likely to be out of balance. It is important to make an adjustment in your view of a stressful situation. Lucky numbers: 7, 9, 26, 31, 34, 44.

## Did You Know...

**Smelly fish:** Visitors to Sweden can buy a can of *surströmming*, which is sea herring caught in the Baltic Sea. While Swedes say it tastes better than it smells, its odor is so pungent that people often eat it outside.

**Visitor from afar:** On August 6, 2012, the planet Mars received a visitor from Earth: a robotic vehicle called Curiosity. Sent to gather information about Mars, Curiosity was launched from Cape Canaveral, Florida (U.S.), on November 26, 2011.

**Film buffs:** The official name of the Cannes Film Festival is *Festival de Cannes*. It originated in 1946 as an alternative to the Venice Film Festival, which had promoted fascism and the Nazi agenda.

**Rock on:** Canadian rock and folk musician Neil Young grew up in the western Canadian city of Winnipeg. In his early years, he played with the bands Buffalo Springfield and Crosby, Stills, Nash & Young.

**Women's issues:** Godey's *Lady's Book* was an American magazine published between 1830 and 1898. Started by Louis A. Godey, the successful magazine benefitted and educated women, under longtime editor Sarah Josepha Hale.

## On the Lighter Side

Flora: "How did you manage to graduate from Clown College?"  
Dora: "The professors always laughed at my exam answers."

Knock! Knock! Who's there? Thumping. Thumping who? Thumping green and thlimy is crawling up your leg.

What did the alien put on his toast? Mars-malade.

What's black and white with splashes of red? Two skunks having a tomato fight.

Last night I saw a movie with a happy ending. Everybody was glad it was over!

## Answers

**Trivia answers:** 1. Hypothalamus 2. Nearightedness 3. William Shakespeare 4. The Netherlands 5. 2-4 ft.

Feel free to take your Coffee News home!

January is...

**Puppy/Kitten\* Month**  
(\*under 7 months old)

Offering veterinary care for your pets

Dr. Sandipkumar Patel

**Southfork Animal Hospital**



101-102 Southfork Drive, Leduc  
587.274.0026 • [clinic.southforkvets@gmail.com](mailto:clinic.southforkvets@gmail.com)  
[www.southforkvets.com](http://www.southforkvets.com)

**WE BUY USED GOLD AND DIAMONDS**



Blue Diamond Jewellers

**780.968.0040**  
Main Street, Stony Plain  
[www.bluediamondjewellers.com](http://www.bluediamondjewellers.com)

**Call today to book your appointment!**

We only want to make you SMILE

**Millet Denture Clinic**

**780.387.3311 • 5022 - 50 Street, Millet**  
BARB UNGER, DD • [barb@milletdenture.ca](mailto:barb@milletdenture.ca)

**Need ONE More Reason to Join?**

- 1 You need child support enforced
- 2 Your landlord raises rent in violation of your verbal agreement
- 3 You adopt a child
- 4 A friend owes you money and files for bankruptcy
- 5 You need help with credit card liability resolution
- 6 Your car is vandalized in a parking lot

Call LLOYD KENNEY, Independent Associate, to find out how LegalShield can help you!

**LegalShield**

**1-877-579-9449**

Can't get to your **Coffee News** each week?

Check out our PDF editions online!

New editions are posted every Monday

Sign up here to receive email notifications of new editions. Now you never have to miss your weekly dose of good news!



[www.coffee-news.ca/editions](http://www.coffee-news.ca/editions)



**SHOP ONLINE!**  
[www.scubagearcanada.ca](http://www.scubagearcanada.ca)

- Snorkelling Gear • Reef-Safe Sunscreen
- Beach Water Shoes • Dry Bags & Wallets • UV Shirts

SNORKELLING AND SCUBA DIVING LESSONS

**The Dive Outfitters**  
Scuba Diving & Snorkeling  
11781-156 St., Edmonton  
**780.483.0044**

Learn to SCUBA DIVE at our Edmonton location - call for details



SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

**CANADA'S #1 RETAIL WINDOW COVERING FACTORY**

**real blinds**

FREE DESIGN CONSULTATION  
COMMERCIAL • RESIDENTIAL • WHOLESALE

**780.741.2376**  
**Toll Free 1.855.846.7325**  
**REALBLINDS.CA**



For available franchise opportunities – visit [coffeenewscanada.com](http://coffeenewscanada.com)  
© Published with Permission by Capital Marketing Ltd