

If you liked Gold Canyon Candles, you are gonna love Sunset Scents!

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

They are the next Finest candles you will EVER find!



Sunset Scents
a RAY of Fragrance
prairiescentedcandles@gmail.com
www.prairiescentedcandles.com

Quality Testing You Can Trust

- ✓ Workplace Drug Testing
- ✓ Paternity (DNA) Testing
- ✓ Breath Alcohol Testing
- ✓ Onsite Mobile

In Compliance With DOT & COAA Regulations

LTS TESTING

ALCOHOL & DRUG TESTING SERVICE

Call to book an appointment today: 403.896.1814
4803-51 Ave., Wetaskiwin | www.ltstesting.com

SAFETY SAVES YOU MONEY!

Call today to book your appointment!

We only want to make you SMILE

Millet Denture Clinic

780.387.3311 • 5022 - 50 Street, Millet
BARB UNGER, DD • barb@milletdenture.ca

Imagine your business here!

For more information:
780-220-6397
or 877-553-6397
www.coffee-news.ca

Congratulations

to November's Coffee News Guy contest winners!

Your prizes are in the mail!



Enter today for your chance to win at
www.coffee-news.ca

Barry Johnson
Jenn Bredo
Dianna Ridgeway
Carol Williams

Recipe of the month

Savoury Winter Soup

2 pounds ground beef
3 medium onions, chopped
1 garlic clove, minced
3 cans (10-1/2 ounces each) condensed beef broth, undiluted
1 can (28 ounces) diced tomatoes, undrained
3 cups water

1 cup each diced carrots and celery
1 cup fresh or frozen cut green beans
1 cup cubed peeled potatoes
2 tablespoons minced fresh parsley or 2 teaspoons dried parsley flakes
1 teaspoon dried basil
1/2 teaspoon dried thyme
Salt and pepper to taste

Prep Time: 20 min. Cook Time: 6 hours
Yield: 14 servings (3.5 quarts)

- In a large skillet, cook beef and onions over medium heat until meat is no longer pink. Add garlic; cook 1 minute longer. Drain.
- Transfer to a 5-qt. slow cooker. Stir in remaining ingredients. Cover and cook on low until vegetables are tender, 6-8 hours.

The ideal pick me up for a cold winter evening!

Source:
https://www.tasteofhome.com



FREE!

New Issue Every Week!

Coffee News®

"News To Be Enjoyed Over Coffee"

Wetaskiwin - Millet Edition

877-553-6397



www.coffee-news.ca

Vol. 19 No. 4 January 24, 2022

Everybody's Talking

Underground garden: People living in London, England, during World War II were well aware of the city's need for underground bunkers where people could escape air raids. Today, one of these bunkers has found a new purpose. It has become a subterranean farm known as Growing Underground. Located 33 metres (108 feet) under Clapham High Street in the southwest part of London, the concept was the brainchild of co-founder Richard Ballard. The underground garden has no natural light, of course, so LED lights provide nourishment for the hydroponically grown plants, which include radishes, pea shoots, fennel, coriander, and more.

Hiding place: A car thief from the province of Alberta, Canada, didn't cover up his tracks very well, and that led to his capture. Police received word that a Jeep had been stolen from the town of Olds, about 89 kilometres (55 miles) north of Calgary. Someone also reported a vehicle in a ditch on a nearby rural road, which turned out to be the Jeep. Upon taking a closer look, police found a pretty clear clue about where the thief had gone: footprints in the snow. The officers followed by foot, and soon discovered, under a pile of hay in a barn, a young man whom they charged with the offense.

The black violin: Violinists all over the world appreciate the sound of a Stradivarius violin, made by Antonio Stradivari in the 17th and 18th centuries. A replica of one of these instruments, made in 1992 and named Blackbird (after the common bird), was created by Swedish sculptor Lars Widenfalk. The artist made the creation out of a piece of diabase, a dark-coloured, igneous rock. While using his chiseling tools, he had noticed the lovely sound the stone made, and decided to try making an instrument. Widenfalk used black ebony for a few pieces, such as the fingerboard and chin rest. Many musicians have played Blackbird over the years.

Keeping time: Budapest, Hungary, is home to a unique installment called the Timewheel, which was unveiled in 2004 to honour the country's entrance into the European Union. The Timewheel is an enormous hourglass in which small pieces of glass, rather than sand, trickle from the top v-shaped reservoir to the bottom one. A computerized system assists with the release of the glass, which takes an entire year to drop from top to bottom. Every year on December 31, the Timewheel must be manually rotated 180 degrees, with the help of a four-person team using steel cables. Then the glass begins keeping time for the next year.

Quoteable Quotes

"To teach is to learn twice."

-Joseph Joubert

"We should all be concerned about the future because we will have to spend the rest of our lives there." -Charles Franklin Kettering

What's Happening

Jan 22-Club 15th Annual Robbie Burns Dinner Dance A Burns supper is a celebration of the life and poetry of the Scottish poet Robert Burns. Killam Hall. All proceeds support the Battle River Pipes and Drums. COVID-19 rules apply. Tickets are available on www.flagstaffscottishclub.com.

JAN 19-30. Banff Lake Louise SNOWDAYS. The sts of downtown Banff transform into winter galleries with giant snow sculptures and Lake Louise turns into a frozen wonderland of Ice Magic. Speciality cocktails and menus can be found at an array of restaurants for the Tribute Craft Spirit Festival.

FEB 13-15. Sundre Winterfest. Family Day Weekend FUN. Visit sundrewinterfest.com for all this years competitions and events.

NON profit organizations may submit events for FREE at
www.coffee-news.ca/whats-happening

Hidden Coffee News Guy ADVENTURE

Find the Coffee News Guy hidden in one of the ads, then enter to win!

\$400* Prize Package

*Coffee News Bucks
Over 150 participating sponsors!
4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

To enter, visit
www.coffee-news.ca

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

NEW FEATURE!

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

The World's #1 Restaurant Publication!

Have You Considered Adopting Your Step-Children?

We prepare and file your step-parent adoption, adult adoption, relative adoption and private direct placement adoption.



A Small Miracle Adoption

Adoption is the ultimate expression of a committed heart

780.421.1177

www.smallmiraclesadoption.com



Coffee News®

is proudly delivered by

WDACS

Wetaskiwin and District Association for Community Service

Coffee News® Part of your community.



Informative, insightful reading

from author Stephen Monk

Fascinating observations from a long time student of the workings of the human mind

Visit www.stephenmonk.ca

AVAILABLE THROUGH: AMAZON | APPLE BOOKS
BARNES AND NOBLE | KINDLE | GOOGLE PAY
FRIESENPRESS | INDIGO and at COLES GRANDE PRAIRIE

Tinnitus Therapy

available using new Stytleto

Rechargeable Hearing Aids Available

Did you know all seniors and low income adults qualify for \$900-\$2400 towards hearing aids?



Signia Stytleto

Call for an appointment
Unique and beautifully designed hearing aid

EYES + EARS
OPTICAL + HEARING CO.

403.790.2020 • 4502-50 Street, Ponoka

FINANCING FOR HEARING AIDS NOW AVAILABLE

WEBSITES From \$129/Month

(780) 760-6922
FRONTLINECONSULTING.CA

Condo Issues? We Have Solutions!

CONSULTATION

MEDIATION

ARBITRATION



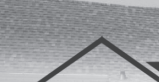
- ✓ Helping to improve the decorum, harmony, and functionality of boards
- ✓ Chair hostile and difficult meetings
- ✓ Update condo board bylaws
- ✓ We help to resolve and/or mediate issues between condo stakeholders

Rosetree

MEDIATION, ARBITRATION & CONSULTING SERVICES

780.982.4355 | rosetreemediation.com

PROVEN EXPERTISE



HALAS ROOFING
Dennis Halas Agencies Ltd.
NEW & RE-ROOFING

Edmonton Area: 780.893.9751 • Wetaskiwin Area: 780.312.8074
dennishalas@shaw.ca • www.halasroofing.ca



Halas provides a 50 Year Extended Warranty including a 25 Year Workmanship Warranty!

FREE ESTIMATES

- Top rated roofing materials
- Family run for 25+ yrs.
- Licensed, insured & WCB



SHOP ONLINE!

www.scubagearcanada.ca

- Snorkelling Gear • Reef-Safe Sunscreen
- Beach Water Shoes • Dry Bags & Wallets • UV Shirts



Learn to SCUBA DIVE at our Edmonton location - call for details



Scuba Diving & Snorkeling 11781-156 St., Edmonton 780.483.0044

SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

Trivia

1. In the human body, what gland controls body temperature?
2. What is myopia?
3. Who wrote The Comedy of Errors and The Tempest?
4. Edam cheese has its origins in what country?
5. The average eagle's nest is 4-5 ft. in diameter and how many feet deep?

(Flip bottom of page for answers)

© Published with Permission by Capital Marketing Ltd

(Over)

Happy Endings start here!

Wherever you are on life's journey, I am here to help.

Buying, selling... for all your real estate needs, contact me today!



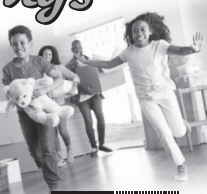
Doreen Noppers
C: 780-885-7398
doreen.noppers@royallepage.ca

REAL ESTATE PROFESSIONAL

ROYAL LEPAGE

NORALTA REAL ESTATE

O: 780.962.4950
202 Main Street
Spruce Grove T7X 0G2



Visit us on Facebook-CoffeeNewsWeekly

Feel free to take your Coffee News home!

Relaxation Station
SPA & SALON

MANICURES
PEDICURES
and
WAXING

Indulge Yourself

780-312-1792 or book
online on Facebook
http://www.relaxationstation.ca
5008 - 51 Street, Wetaskiwin

MASSAGE | REFLEXOLOGY | MANICURES | PEDICURES

LIMITED TIME OFFER
GEL NAILS
\$30

BUYING A HOME?

Call today so I can help create
Joy in Your mortgage experience!

LESLIE CAIRNS 780.570.5457
ACCREDITED MORTGAGE PROFESSIONAL

Joy MORTGAGES
KEYSTONE MORTGAGE CORPORATION
@JoyInMortgages

leslie@joyinmortgages.ca • www.joyinmortgages.ca

Canada's HEALTHY Choice for Pets!

GLOBAL PET FOODS

SENIORS' DAY last Tuesday of every month
Save **15%**

PLUS 10 Bonus Air Miles Reward Miles! Restrictions may apply. Inquire in store.

5103 - 50 Avenue, Leduc
780-980-8711 • www.globalpetfoods.com

A wish begins with **HOPE**

Hope begins with you.
Donate at makeawish.ca/createhope

Make-A-Wish.
Coffee News is proud to support Make-A-Wish Northern Alberta

Stunning, original images
available as digital downloads or as prints

Amateur photographer
Nadine Willich takes
landscapes and old historic
buildings as her unique niche

For image gallery, pricing details
and more information, please visit
<https://essentialattitude.picfair.com/>

inogen

**FREEDOM.
TO BE YOU.**

1-888-998-6714

MKT-P0253

BLUE BLOODS
MON - THURS 9:00

yesTV

BrullerCorp
FIRE RESCUE SAFETY INDUSTRIAL SUPPLY
P: 780-361-8275 BRULLERCORP.COM

CANADIAN MADE

CAN99 Level 3 Masks \$2.25 ea.

CAN95 N95 Masks \$2.00 ea.

"INNOVATIVE PRODUCT PLACEMENT"

CN-Proudly printed by One to One Mailing

Your Weekly Horoscope

ARIES (March 21 - April 20)



Perhaps you have been in a period of doubt and uncertainty, rooted in past negative experiences. This week may provide positive energy so that you can progress in your present efforts. Lucky numbers: 1, 5, 12, 14, 21, 30.

TAURUS (April 21 - May 21)



You may gain insight about your life lessons and how to address them. These lessons may involve a change in your beliefs or actions regarding nurturing and/or parenthood. Lucky numbers: 6, 9, 16, 33, 38, 39.

GEMINI (May 22 - June 21)



This week you may likely feel grounded, stable, and optimistic. There is the potential to use good judgment in building a solid foundation for future progress toward your life goals. Lucky numbers: 3, 18, 27, 37, 42, 48.

CANCER (June 22 - July 22)



You may be experiencing a transformation that shakes up your beliefs about what is important. If so, you can find clues about your next steps by examining what you value passionately. Lucky numbers: 5, 13, 14, 21, 30, 35.

LEO (July 23 - Aug. 23)



At the start of the week, you may experience communication difficulties that tempt you to engage aggressively with others. To avoid problems or restrictions, wait a week before you act. Lucky numbers: 8, 13, 18, 37, 42, 45.

VIRGO (Aug. 24 - Sept. 23)



There is the potential to achieve much toward your goals now. You are likely feeling confident and energetic, but just be careful not to push yourself past your limits. Lucky numbers: 2, 10, 15, 31, 37, 41.

Lucky numbers this week: This week's odds favour Gemini winners with the luckiest number being 3.

Did You Know...

Smelly fish: Visitors to Sweden can buy a can of *surströmming*, which is sea herring caught in the Baltic Sea. While Swedes say it tastes better than it smells, its odor is so pungent that people often eat it outside.

Visitor from afar: On August 6, 2012, the planet Mars received a visitor from Earth: a robotic vehicle called Curiosity. Sent to gather information about Mars, Curiosity was launched from Cape Canaveral, Florida (U.S.), on November 26, 2011.

Film buffs: The official name of the Cannes Film Festival is *Festival de Cannes*. It originated in 1946 as an alternative to the Venice Film Festival, which had promoted fascism and the Nazi agenda.

Rock on: Canadian rock and folk musician Neil Young grew up in the western Canadian city of Winnipeg. In his early years, he played with the bands Buffalo Springfield and Crosby, Stills, Nash & Young.

Women's issues: Godey's *Lady's Book* was an American magazine published between 1830 and 1898. Started by Louis A. Godey, the successful magazine benefitted and educated women, under longtime editor Sarah Josepha Hale.

On the Lighter Side

Flora: "How did you manage to graduate from Clown College?"
Dora: "The professors always laughed at my exam answers."

Knock! Knock! Who's there? Thumping. Thumping who? Thumping green and thlimy is crawling up your leg.

What did the alien put on his toast? Mars-malade.

What's black and white with splashes of red? Two skunks having a tomato fight.

Last night I saw a movie with a happy ending. Everybody was glad it was over!

Answers

Trivia answers: 1. Hypothesis 2. Nearightedness 3. William Shakespeare 4. The Netherlands 5. 2-4 ft.

For available franchise opportunities – visit coffeenewscanada.com
© Published with Permission by Capital Marketing Ltd

Affordable-Effective-Exclusive-CALL NOW!

Can't get to your Coffee News® each week?

Check out our PDF editions online!
New editions are posted every Monday

Sign up here to receive email notifications of new editions.
Now you never have to miss your weekly dose of good news!

www.coffee-news.ca/editions

Love Coffee News®?

Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to contests@coffee-news.ca
Please put "Readers" in the subject line.

Please include:
① Your name ② Your phone number and ③ Your address
so that we can send you some **cool prizes** if your photo is chosen to appear in the paper!

Reader of the Month
Scott K. & Friend of Edmonton

Coffee News® Fun Reading. Serious Advertising.

Leave a legacy
and be a part of tomorrow's future, today

If you're thinking of writing or updating your will, The Alberta Lung Association is offering the chance for donors to make a simple Will for free through our partnership with the Canadian Free Wills Network.

You are not obligated to leave a gift to the Lung Association – we hope that you will see this program as the perfect way to satisfy your estate planning objectives.

BREATHE
the lung association
www.ab.lung.ca/you-can-help-change-future-today

BEST OF HAWAII FOUR-ISLAND TOUR

12 days, departs year-round

FROM \$2,549
\$2,299* USD

VMT vacations 1-877-699-7003
promo code N7017

* Prices are per person based on double occupancy plus up to \$299 in taxes & fees. Single supplement and seasonal surcharges may apply. Add-on airfare available. Offers apply to new bookings only, made by 9/30/21. Other terms & conditions may apply. Ask your Travel Consultant for details.

HIP/KNEE REPLACEMENT?

Other medical conditions causing TROUBLE WALKING or DRESSING?

The Disability Tax Credit allows for **\$3,000 YEARLY TAX CREDIT** and **\$30,000 LUMP SUM REFUND**

FREE ASSESSMENT CALL TODAY!

For Expert Help:
1.844.453.5372

Need ONE More Reason to Join?

- ① You need child support enforced
- ② Your landlord raises rent in violation of your verbal agreement
- ③ You adopt a child
- ④ A friend owes you money and files for bankruptcy
- ⑤ You need help with credit card liability resolution
- ⑥ Your car is vandalized in a parking lot

Call LLOYD KENNEY, Independent Associate, to find out how LegalShield can help you!

LegalShield 1-877-579-9449

Like us on Facebook
...to keep updated on **WEEKLY contests** in which you can enter to win tickets to sports events, entertainment events, Coffee News Bucks and more!

<https://www.facebook.com/CoffeeNewsWeekly>

A&S PURIFIED BOTTLED WATER

CONVENIENCE STORE AND GRAB & GO SNACKS

4712-57 Street, Wetaskiwin | 780-446-0718

Zone 43-Wetaskiwin