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weekly dose of good news



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Over Coffee"

Edition

Everybody's Talking

Masked bandit: A home in North Ridgeville, Ohio (U.S.), was the site of a masked robbery. The robber was not human, and it didn't steal anything. However, it did make quite a mess. The villain was a raccoon, which had somehow found its way into the home. The owner realized something was amiss after finding the mess, and then discovering the source of the problem. A raccoon was taking a nap in the dishwasher. Police were summoned, and patrolman John Metzo answered the call. Metzo managed to get the animal out of the dishwasher without hurting it, then encouraged the animal to leave the premises. No charges were filed.

Iron shoes: There are various ways to exercise to stay strong and healthy, but a Chinese man decided to take his workout one step further, literally. Zhang Enshun, who hails from Yulin City in Guangxi province, puts on a pair of "iron shoes" and tries to walk. The iron shoes are actually steel plates that he straps to his shoes. He started with one plate and has progressed to four, which together weigh a total of 150 kilograms (330 pounds). He tries to gradually increase the distance he is able to walk in these shoes, and he practices tai chi while doing it. Exercise experts don't advise trying this type of workout without first receiving training from specialists

Garden community: An intriguing landscape design exists in Nærum, Denmark, in the northern outskirts of Copenhagen. Known as the "round gardens," they are actually oval-shaped allotment gardens, laid out between public housing and traditional housing. This creation was designed in 1948 by renowned landscape architect Soren Carl Theodor Marius Sorensen. Still in use today, the gardens consist of 40 hedge-encircled plots of land measuring approximately 25 x15 metres (82x49 feet), within which an owner can build a cottage and design their own garden plots. The plots do not have driveways leading to them, meaning that inhabitants are encouraged to walk to their cars, which helps them get to know their neighbours in the process.

Pretty in pink: Bruna Carolina Peres, who lives in Brazil's state of Parana, has been nicknamed "Bruna Barbie." That's because she has opted for a lifestyle with a theme that revolves around the well-known Barbie doll. She has become famous on the internet for her posts, which show her living in a world of pink. Almost everything in her house is a shade of pink, including carpets, counters, cupboards, pillows, and bedspreads. She has a few blackand-white pieces and a blue room designed with the male Ken doll in mind. Her wardrobe also is all pink, from jackets to sunglasses and from blouses to belts. Images of Bruna Barbie have garnered millions of online followers, and she earns money from her videos. Peres, the woman behind this media sensation, is a law school graduate.

Quoteable Quotes

"Words are the physicians of a mind diseased." -Aeschvlus "The older I grow the more I distrust the familiar doctrine that age brings wisdom." -H.L. Mencken

What's Happening

June 18-Eddies Big Run There will be a Kids Fun Run Loop 1km, 3km walkrun, 5 km walkrun, a 10 km walkrun. Followed by a pancake breakfast, kids zone, and medal ceremony. StartFinish





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Trivia

1. What is bonsai?

2. What is a government run by nobility called?

- 3. Jupiter, Saturn, Uranus, and Neptune all have rings—T/F?
- 4. Who discovered penicillin?
- 5. What is the most destructive insect in the world?

(Flip bottom of page for answers)

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Feel free to take your Coffee News home!





BREATHE

the lung association



an opportunity to move

toward healing. Hard work

is possible at this time

and may be best directed

You may have high energy

to apply to new endeav

ours. Perhaps consider how

your efforts can be geared toward service to others,

in a way that aligns with

You may feel that any

thing is possible right

now. However, there is

also the potential for being overly idealistic or opti-mistic. Perhaps you should

You may feel stymied in

your efforts right now. If

so, examine your fears.

Think about how an

adjustment in your view

of the situation can miti-

Have you recently experi-enced a sudden or unex-

pected change in your

life? If that is the case,

consider examining any

conflicts that you feel

Some other zodiac signs

are usually considered

charismatic in a way that Virgo is not. Right now, however, you have the

potential to be successful

inward, rather than focusing on others. Lucky numbers: 2, 5, 7, 18, 26, 40.

your values. Lucky numbers: 16, 18, 21,

consider tempering your expectations. Lucky numbers: 5, 9, 11, 23, 38, 43.

gate obstacles or restrictions. Lucky

about your life's direction. Lucky numbers: 4, 7, 11, 22, 24, 27.

in persuading others to your viewpoint. Lucky numbers: 18, 20, 22, 30, 31, 46.

(Aug. 24 - Sept. 23)

numbers: 14, 15, 19, 33, 41, 43.

(July 23 - Aug. 23)

(April 21 - May 21)

(May 22 - June 21)

(June 22 - July 22)

TAURUS

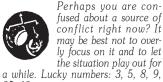
22, 40, 43.

GEMINI

CANCER

LEO

VIRGO



35, 43. **SCORPIO**

(Oct. 24 - Nov. 22)

An old karmic pattern may be coming to the surface at this time. Such events are lessons, meant to help you shed any unhelpful behaviours that

are holding you back. Lucky numbers: 1, 8, 9, 17, 39, 41. **SAGITTARIUS**

(Nov. 23 - Dec. 21)

Now is a good time to consider where you are in your profession and what you want your legacy to be. The potential exists to make some positive

changes. Lucky numbers: 3, 15, 20, 29, 31, 32. CAPRICORN

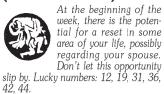
(Dec. 22 - Jan. 20)



breakdowns with mechanical objects, such as your car. This should improve over the next several weeks. Lucky

numbers: 13, 16, 28, 36, 40, 44. **AQUARIUS**

(Jan. 21 - Feb. 19)



Don't let this opportunity Lucky numbers: 12, 19, 31, 36,

PISCES (Feb. 20 - March 20)

Midweek, there is the potential to balance your ego drive and emotions. This may provide an opportunity to manifest your Pisces empathy with-

out losing yourself in the process. Lucky numbers: 6, 8, 9, 27, 28, 31.

Lucky numbers this week: This week's odds favour Aquarius winners with the luckiest number being 31.

Did You Know...

Salty spread: Australians love their Vegemite, but visitors may have to acquire a taste for it. This brown paste is made from yeast extract, and it is very salty. It's usually enjoyed on toast or with cheese.

Thai island: There is an island in the Gulf of Thailand called Koh Chang, which means "Elephant Island" in Thai. It is known for its rugged beauty and its beaches, including Lonely Beach and White Sand Beach.

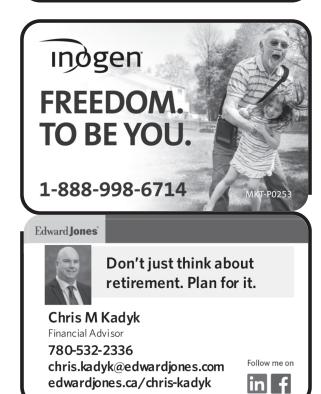
Good cooks: Many different kinds of chefs contribute to a kitchen's production. For example, a sauce chef (or saucier) prepares sauces, gravies, soups, and stews, while a pastry chef (or patissier) looks after the baking.

Sinking feeling: The captain of the *Titanic*, which sank in the Atlantic Ocean on April 15, 1912, was Edward Smith. Actor Bernard Hill portrayed him in the 1997 movie of the same name. The real captain perished when the ship sank, leaving behind a wife and daughter.













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Canadian star: Mary Pickford (1892-1979) was born Gladys Smith in the city of Toronto, Ontario. She was a famous actress of the silent screen era. Movies she starred in include Hearts Adrift (1914) and The Poor Little Rich Girl (1917).



What did the grapes say when the hippo stepped on them? Nothing. They just let out a little wine.

Barry: "That parrot is talking about American history, math problems, and English literature."

Larry: "That's because it used to be a teacher's pet."

What happens when a dog eats garlic? His bark becomes worse than his bite.

Knock! Knock! Who's there? Lion. Lion who? Lion on a block of ice can send shivers down your spine.

What do you get if you cross an antelope with a journalist? A Gnus reporter.

Answers

2. Aristocracy 3. True 4. Sir Alexander Fleming 5. Desert locust Trivia answers: 1. Japanese art of growing dwart trees

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