

WE'RE HIRING!

Salford Group Inc., a global leader in manufacturing of farming equipment, is currently looking for employees to work at our Elie, MB location.

SALFORD

**Welders • Metal Fabricators
Assemblers • Warehouse
General Labour**
Day Shift and Evening Shift available

Interested? Send your résumé to
mbjobs@salfordgroup.com

or drop off at 70 Main St. East Elie MB or call 204.353.2789 ext. 3246

Do you want your TV on the wall?

**Give us a call –
as low as \$99:**

We are experts in home and business theatre, automation, alarm, voice controlled lighting and blinds.



Contact one of our experts today!

* Conditions apply. Inquire for details.

InterFusion MEDIA

204.505.1840 • interfusionmedia.ca

Your family's eye health is our passion!**CLEAR EYE CARE**

Dr. Edward Kundzicz, Optometrist, offers a variety of services, including:

- Comprehensive Eye Exams
- Diabetic • Wheelchair Friendly
- Social Assistance

DIRECT BILLING

Located at
352-1120 Grant Ave. R3M 2A6

Book your eye exam today: 204.453.0474

Hip or Knee Replacement?

The disability tax credit allows for a
\$2,500 Yearly Tax Credit and
up to **\$25,000 Lump Sum Refund**

Copd, arthritis, and many other disabling conditions that cause **Restrictions in Walking or Dressing** may qualify.

GET THE FASTEST REFUND IN CANADA!



For Expert Help:

204-453-5372

MANITOBA'S LARGEST YEAR-ROUND INDOOR MARKET!

MULVEY
FLEA MARKET
EST ★ 2001

www.mulveymarket.ca

Air Conditioned and Wheelchair Accessible
Table Rental Information: 204-478-1217
Open 10 a.m.-5 p.m. Sat. & Sun., and Holiday Mondays or Fridays

✓ OODLES OF
ODDITIES

✓ ROWS OF
RARITIES

✓ CORNUCOPIA OF
COLLECTIBLES

✓ EVERYTHING
NEW AND USED

✓ LOTS TO
SEE AND DO

✓ CANTEEN

Visit us at 421 Mulvey Avenue E, Winnipeg

"CONNECTING THROUGH HORSES"

SAGEHILL STABLES**Horseback Riding Lessons & Birthday Parties**

- Beginners welcome!
- Equine Assisted Learning Life Skills Programs
~ Develop skills to combat anxiety, bullying and addiction
- Conference Room and Facility Rentals

AGES
4 TO
70+

1-800-217-4184

4180 Waverley Street in Winnipeg

www.sagehillstables.com

OUTSOURCE YOUR SEARCH FOR LOVE**THE OFFLINE DATING SOLUTION**

Manitoba's only Matchmaker
Turning singles into couples for 28 years

CAMELOT 204-257-LOVE (5683)
introductions Camelotintroductions.com

**Your Natural Green Burial Provider**

Winnipeg's Friendliest Undertaker™

Richard Rosin
FUNERAL DIRECTOR LTD

Cremation & Memorial Events
Education Seminars • Traditional Funeral Events

204.219.1126 | www.richardrosin.ca

**FREE!**

New Issue Every Week!

Coffee News®

"News To Be Enjoyed
Over Coffee"

**Charleswood -
Tuxedo Edition**
204-510-6397



Est. 1988

www.coffeenewswinnipeg.com

Vol. 17 No. 5 January 31, 2022

Everybody's Talking

Masked bandit: A home in North Ridgeville, Ohio (U.S.), was the site of a masked robbery. The robber was not human, and it didn't steal anything. However, it did make quite a mess. The villain was a raccoon, which had somehow found its way into the home. The owner realized something was amiss after finding the mess, and then discovering the source of the problem. A raccoon was taking a nap in the dishwasher. Police were summoned, and patrolman John Metzo answered the call. Metzo managed to get the animal out of the dishwasher without hurting it, then encouraged the animal to leave the premises. No charges were filed.

Iron shoes: There are various ways to exercise to stay strong and healthy, but a Chinese man decided to take his workout one step further, literally. Zhang Enshun, who hails from Yulin City in Guangxi province, puts on a pair of "iron shoes" and tries to walk. The iron shoes are actually steel plates that he straps to his shoes. He started with one plate and has progressed to four, which together weigh a total of 150 kilograms (330 pounds). He tries to gradually increase the distance he is able to walk in these shoes, and he practices tai chi while doing it. Exercise experts don't advise trying this type of workout without first receiving training from specialists

Garden community: An intriguing landscape design exists in Nærum, Denmark, in the northern outskirts of Copenhagen. Known as the "round gardens," they are actually oval-shaped allotment gardens, laid out between public housing and traditional housing. This creation was designed in 1948 by renowned landscape architect Soren Carl Theodor Marius Sorensen. Still in use today, the gardens consist of 40 hedge-encircled plots of land measuring approximately 25 x 15 metres (82x49 feet), within which an owner can build a cottage and design their own garden plots. The plots do not have driveways leading to them, meaning that inhabitants are encouraged to walk to their cars, which helps them get to know their neighbours in the process.

Pretty in pink: Bruna Carolina Peres, who lives in Brazil's state of Parana, has been nicknamed "Bruna Barbie." That's because she has opted for a lifestyle with a theme that revolves around the well-known Barbie doll. She has become famous on the internet for her posts, which show her living in a world of pink. Almost everything in her house is a shade of pink, including carpets, counters, cupboards, pillows, and bedspreads. She has a few black-and-white pieces and a blue room designed with the male Ken doll in mind. Her wardrobe also is all pink, from jackets to sunglasses and from blouses to belts. Images of Bruna Barbie have garnered millions of online followers, and she earns money from her videos. Peres, the woman behind this media sensation, is a law school graduate.

Quoteable Quotes

"Words are the physicians of a mind diseased." -Aeschylus
"The older I grow the more I distrust the familiar doctrine that age brings wisdom." -H.L. Mencken

What's Happening

Make a Great Save! Free Stereo E-Waste Collection Days Old or new, working or not, recycle your Stereo stuff with SAVINGAUDIORECYCLING.CA. We fix up radios, speakers, amplifiers, record cd players etc., then give it to local not-for-profit organizations! Free pu drop-off. Visit our website for details.

21st Annual Ironman Outdoor Curling Bonspiel This family FUN-raiser event in support of the Heart Stroke Foundation and HOPE worldwide Canada takes place February 4-6, 2022. To participate, register your team max of 64 by January 30, 2022 at IronmanCurling.com or call 204-831-8816 for more info.

Spiritual Wisdom on Inner Guidance A FREE 3-part online Eckankar Event Discover techniques that help enhance your awareness and receive spiritual guidance. Thurs. Feb.10, 17, and 24 at 7PM. For registration and Zoom link visit: <https://www.meetup.com/The-Winnipeg-Spiritual-Experiences-Group> or email beckmanitoba@gmail.com

NON profit organizations may submit events for FREE at
<https://coffeenewswinnipeg.com/whats-happening>

Trivia

1. What is bonsai?
2. What is a government run by nobility called?
3. Jupiter, Saturn, Uranus, and Neptune all have rings—T/F?
4. Who discovered penicillin?
5. What is the most destructive insect in the world?

(Flip bottom of page for answers)

© Published with Permission by Winnipeg Coffee News

(Over)

**Participants are Needed
for a Wellness Study****Adults 18+**

Contact us to determine if you are
eligible to participate:

Phone: 431-478-0983

Email: info@snclinic.com
www.snclinic.com

An honorarium will be provided.

**This
Space for Rent
204-510-6397**

**We Care For
Your Pets
As If
They
Were
Our
Own**



**25% OFF
SPAY/NEUTER**
Coupon must be presented. Cannot
be combined with any other
coupons or offers. Taxes applicable.

**50% OFF
EXAM FEE**
Coupon must be presented. Cannot
be combined with any other
coupons or offers. Taxes applicable.

**\$250 OFF
VETERINARY
SERVICES SUBSIDY**
Coupon must be presented. Cannot
be combined with any other
coupons or offers. Taxes applicable.

**\$100 OFF
DENTAL
CLEANING**
Coupon must be presented. Cannot
be combined with any other
coupons or offers. Taxes applicable.



2018 TOP CHOICE WINNER AMONG WINNIPEG ANIMAL HOSPITALS

Animal Hospital of Manitoba

995 Main St., Winnipeg **204.586.3334** animalhospofmb.com

WINNIPEG BUSINESS OWNERS!

Connect with other businesses and customers

BizExchangeMall.com

"Your Local Business Mall"



REQUEST LISTING ONLINE: USE CODE **BMX 001**

**MPI APPROVED
TIRE FINANCING CENTER**

OK TIRE TRANSCONA
204.668.8171 | transcona@oktire.com
1600 Regent Avenue West at Lagimodiere

OK TIRE
Service, Repair and Tires.

**The
Wellington**

\$2000 Move-in Bonus

revera
Retirement Living
Your kind of place

Book your tour today 204-831-0788

**Bob's
TRANSMISSIONS**
"Building Relationships
One Transmission at a Time"

**Automatic
Transmission
Repairs and
Maintenance Services**
...from the Experts
Who Have Been
Serving Winnipeg
Since 1974!

700 PEMBINA HWY.

204.475.5590

www.bobstransmissions.mb.ca

**Get More Traffic,
Leads & Sales**

Frontline
web consulting

- Website Development
- Google Ads
- Facebook Advertising
- Social Media Management
- SEO & Content Marketing
- Reporting & Analytics

780.760.6922
frontlineconsulting.ca

GRAND ALASKAN CRUISE & TOUR

12 days, departs
May - Sep 2022

VMT
vacations



1-888-618-1836
promo code N7017

* Prices are per person based on double occupancy plus \$299 in taxes & fees. Single supplement and seasonal surcharges may apply. Add-on airfare available. Onboard Credit requires purchase of Ocean View or Balcony Cabin. Offers apply to new bookings only, made by 3/31/22. Other terms & conditions may apply. Ask your Travel Consultant for details.



Support Canada and Canadian workers!

Check our
superior
quality
BST security
BST Surveillance products



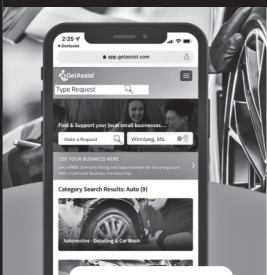
When Quality and
Reliability Are Required

CLEARLY INSIGHT
SECURITY SOLUTIONS

204-414-2590

Camera@ClearlyInSightLP.com | ClearlyInSightLP.com

GET LEADS + RUN YOUR BUSINESS ALL ON ONE APP!



GetAssist
CONNECT WITH PURPOSE

www.getassist.com

Let's remember and appreciate our favourite companies we rely on! Whether you're shopping locally or requesting a local service through the GetAssist app, we've got your back!



204.410.0461

Winnipeg GetAssist Network Centre - 3-236 Osborne St.

PRE-WINTER Walker Sales Event!

- ✓ Assorted Models and Sizes
- ✓ Starting at \$50

COME
EARLY FOR BEST
SELECTION!

LIVING MADE EASY
HOME HEALTH CARE PRODUCTS • NEW & USED
665 ARCHIBALD ST. • 231-1746

Coast to Coast Sports
A SUPER SPORTS NETWORK

**Advocating for
High School Athletes
deprived of senior year
due to Covid**

For details, visit
<https://coasttocoastsports.net/>

Recipe of the month

Savoury Winter Soup

- | | |
|---|--|
| 2 pounds ground beef | 1 cup each diced carrots and celery |
| 3 medium onions, chopped | 1 cup fresh or frozen cut green beans |
| 1 garlic clove, minced | 1 cup cubed peeled potatoes |
| 3 cans (10-1/2 ounces each) condensed beef broth, undiluted | 2 tablespoons minced fresh parsley or 2 teaspoons dried parsley flakes |
| 1 can (28 ounces) diced tomatoes, undrained | 1 teaspoon dried basil |
| 3 cups water | 1/2 teaspoon dried thyme |
| | Salt and pepper to taste |

Prep Time: 20 min. Cook Time: 6 hours
Yield: 14 servings (3.5 quarts)

- In a large skillet, cook beef and onions over medium heat until meat is no longer pink. Add garlic; cook 1 minute longer. Drain.
- Transfer to a 5-qt. slow cooker. Stir in remaining ingredients. Cover and cook on low until vegetables are tender, 6-8 hours.

The ideal pick me up for a cold winter evening!

Source:
<https://www.tasteofhome.com>



Your Weekly Horoscope

ARIES
(March 21 - April 20)



The astrological environment now is offering you an opportunity to move toward healing. Hard work is possible at this time and may be best directed inward, rather than focusing on others. Lucky numbers: 2, 5, 7, 18, 26, 40.

TAURUS
(April 21 - May 21)



You may have high energy to apply to new endeavours. Perhaps consider how your efforts can be geared toward service to others, in a way that aligns with your values. Lucky numbers: 16, 18, 21, 22, 40, 43.

GEMINI
(May 22 - June 21)



You may feel that anything is possible right now. However, there is also the potential for being overly idealistic or optimistic. Perhaps you should consider tempering your expectations. Lucky numbers: 5, 9, 11, 23, 38, 43.

CANCER
(June 22 - July 22)



You may feel stymied in your efforts right now. If so, examine your fears. Think about how an adjustment in your view of the situation can mitigate obstacles or restrictions. Lucky numbers: 14, 15, 19, 33, 41, 43.

LEO
(July 23 - Aug. 23)



Have you recently experienced a sudden or unexpected change in your life? If that is the case, consider examining any conflicts that you feel about your life's direction. Lucky numbers: 4, 7, 11, 22, 24, 27.

VIRGO
(Aug. 24 - Sept. 23)



Some other zodiac signs are usually considered charismatic in a way that Virgo is not. Right now, however, you have the potential to be successful in persuading others to your viewpoint. Lucky numbers: 18, 20, 22, 30, 31, 46.

LIBRA
(Sept. 24 - Oct. 23)



Perhaps you are confused about a source of conflict right now? It may be best not to overly focus on it and to let the situation play out for a while. Lucky numbers: 3, 5, 8, 9, 35, 43.

SCORPIO
(Oct. 24 - Nov. 22)



An old karmic pattern may be coming to the surface at this time. Such events are lessons, meant to help you shed any unhelpful behaviours that are holding you back. Lucky numbers: 1, 8, 9, 17, 39, 41.

SAGITTARIUS
(Nov. 23 - Dec. 21)



Now is a good time to consider where you are in your profession and what you want your legacy to be. The potential exists to make some positive changes. Lucky numbers: 3, 15, 20, 29, 31, 32.

CAPRICORN
(Dec. 22 - Jan. 20)



In the last few weeks, there may have been communication difficulties or breakdowns with mechanical objects, such as your car. This should improve over the next several weeks. Lucky numbers: 13, 16, 28, 36, 40, 44.

AQUARIUS
(Jan. 21 - Feb. 19)



At the beginning of the week, there is the potential for a reset in some area of your life, possibly regarding your spouse. Don't let this opportunity slip by. Lucky numbers: 12, 19, 31, 36, 42, 44.

PISCES
(Feb. 20 - March 20)



Midweek, there is the potential to balance your ego drive and emotions. This may provide an opportunity to manifest your Pisces empathy without losing yourself in the process. Lucky numbers: 6, 8, 9, 27, 28, 31.

Lucky numbers this week: This week's odds favour Aquarius winners with the luckiest number being 31.

Did You Know...

Salty spread: Australians love their Vegemite, but visitors may have to acquire a taste for it. This brown paste is made from yeast extract, and it is very salty. It's usually enjoyed on toast or with cheese.

Thai island: There is an island in the Gulf of Thailand called Koh Chang, which means "Elephant Island" in Thai. It is known for its rugged beauty and its beaches, including Lonely Beach and White Sand Beach.

Good cooks: Many different kinds of chefs contribute to a kitchen's production. For example, a sauce chef (or saucier) prepares sauces, gravies, soups, and stews, while a pastry chef (or patissier) looks after the baking.

Sinking feeling: The captain of the *Titanic*, which sank in the Atlantic Ocean on April 15, 1912, was Edward Smith. Actor Bernard Hill portrayed him in the 1997 movie of the same name. The real captain perished when the ship sank, leaving behind a wife and daughter.

Canadian star: Mary Pickford (1892-1979) was born Gladys Smith in the city of Toronto, Ontario. She was a famous actress of the silent screen era. Movies she starred in include *Hearts Adrift* (1914) and *The Poor Little Rich Girl* (1917).

On the Lighter Side

What did the grapes say when the hippo stepped on them? Nothing. They just let out a little wine.

Barry: "That parrot is talking about American history, math problems, and English literature."
Larry: "That's because it used to be a teacher's pet."

What happens when a dog eats garlic? His bark becomes worse than his bite.

Knock! Knock! Who's there? Lion. Lion who? Lion on a block of ice can send shivers down your spine.

What do you get if you cross an antelope with a journalist? A Gnus reporter.

Answers

Trivia answers: 1. Japanese art of growing dwarf trees 2. Aristocracy 3. True 4. Sir Alexander Fleming 5. Desert locust

For available franchise opportunities – visit coffeenewscanada.com

© Published with Permission by Winnipeg Coffee News

HELPING NEWCOMERS SUCCEED THROUGH PERSONALIZED SETTLEMENT PLANS AND COMMUNITY PARTNERSHIPS

Settlement Services



Services are
FREE and include:

- Assessment and identification of clients' settlement needs
- Referrals to support services
- Supportive counselling, advocacy and links to community resources
- Familiarizing newcomers to Canadian life and culture
- Information on immigration forms



Immigrant Centre

100 Adelaide St., Winnipeg
204.943.9158

icmanitoba.com

This organization is funded by the Government of Canada. Cette organisation est financée par le gouvernement du Canada.

1-866-963-0824

inogen FREEDOM. TO BE YOU.

If you think oxygen therapy means slowing down, it's time for a welcome breath of fresh air.

1-844-569-0257

MKT-P0253



Get Coffee News® Online!

Delivered to your inbox weekly



Please visit www.coffeenewswinnipeg for details

QUIT SMOKING TODAY!!!

95%
Success
Rate!

Ask about our
Affordable Packages!

LASER THERAPY
can also help you with:

Drug & Alcohol Abuse ~ Stress/Depression
Weight Management ~ And Much More...

SMARTCHOICE LASER CENTRE
204-795-6300 WWW.SMARTCHOICELASER.COM

Blair Sonnichsen
REALTOR®

Tyson Sonnichsen
REALTOR®

40 Years Experience



WINNIPEG
HOMES.COM

204-989-5000
An Experience Worth
Repeating

"Buyer Agency" "Vendor Agency"
"Real Estate Services"

ROYAL LEPAGE
Dynamic Real Estate

Home & Office Bottled

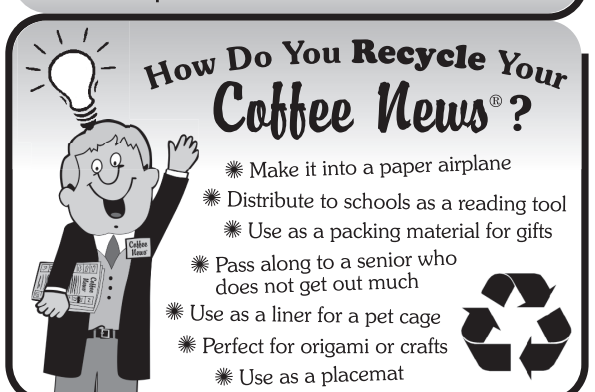
WATER DELIVERY

ORDER 3 BOTTLES,
GET A 4TH
FREE!

* FIRST ORDER ONLY

CALL 204.284.1704 Use promo code "Coffeenews"

WaterDirectPLUS
More than just water!
waterdirectplus.com



How Do You Recycle Your Coffee News®?

- Make it into a paper airplane
- Distribute to schools as a reading tool
- Use as a packing material for gifts
- Pass along to a senior who does not get out much
- Use as a liner for a pet cage
- Perfect for origami or crafts
- Use as a placemat

