

Love Coffee News?

Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to contests@coffee-news.ca
Please put "Readers" in the subject line.

Please include:
 ● Your name ● Your phone number
 and ● Your address
 so that we can send you some **cool prizes**
 if your photo is chosen to appear in the paper!



Reader of the Month
Scott K. & Friend of Edmonton

Coffee News Fun Reading. Serious Advertising.

FREE! *New Issue Every Week!*

Coffee News®

"News To Be Enjoyed Over Coffee"

Fairview Edition

877-553-6397



www.coffee-news.ca Est. 1988

Imagine your business here!



For more information:
780-220-6397
 or **877-553-6397**
www.coffee-news.ca

If It Needs Glass, We Can Provide It!

Professional, top quality workmanship | Interior and exterior services | Residential and commercial applications



Mobile service and installation specialists with over 25 years of experience!

ALL PRO Glass Ltd.

Windows	Doors
Skylights	Wet Rooms
Glass Railings	Shower Doors

780.978.0088 www.allproglass.ca

HIP/KNEE REPLACEMENT?

Other medical conditions causing TROUBLE WALKING or DRESSING?

The Disability Tax Credit allows for

\$3,000 YEARLY TAX CREDIT
 and **\$30,000** LUMP SUM REFUND

FREE ASSESSMENT CALL TODAY!

For Expert Help:
1.844.453.5372



Have You Considered Adopting Your Step-Children?

We prepare and file your step-parent adoption, adult adoption, relative adoption and private direct placement adoption.

A Small Miracle Adoption

Adoption is the ultimate expression of a committed heart

780.421.1177
www.smallmiraclesadoption.com



Coffee News®

is proudly delivered by

Blue Heron Support Services Association

Coffee News® Part of your community.



AUTOMOTIVE LIGHT TRUCK REPAIR

- Out of Province Inspections - \$230
- Rate: \$115/hour
- We service most vehicles, beginning at \$29.95*

* For labour only.
 Services include up to 5L 5W/30 or 5W/20 conventional oil, oil filter and a 34 point inspection.

TRINITY REPAIR LTD.
780.338.3848
 5029 - 51 Street, Berwyn, AB • www.trinityrepair.ca



If you liked Gold Canyon Candles, you are gonna love Sunset Scents!

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

They are the next Finest candles you will EVER find!

PSC Prairie Scented Candles

Sunset Scents
 a RAY of Fragrance

prairiescentedcandles@gmail.com
www.prairiescentedcandles.com



Congratulations to November's Coffee News Guy contest winners!

Your prizes are in the mail!

Barry Johnson
Jenn Brede
Dianna Ridgeway
Carol Williams

Enter today for your chance to win at www.coffee-news.ca



Vol. 19 No. 6 February 7, 2022

Everybody's Talking

Heart-shaped lakes: In an oasis called Al Qudra, near the city of Dubai, United Arab Emirates, is a manmade attraction called Love Lake. As seen from the air, Love Lake beckons visitors to its two heart-shaped lakes that intertwine. Desert surrounds the lake on all sides. However, within the Love Lake park area, visitors find lush vegetation, including trees and flowers. Not far from the bustling city, couples and families can enjoy a day trip for a barbecue, a cycle, and a beautiful sunset. Almost everything in the park is shaped like a heart, including signposts, a badminton court, and flowerbeds.

Food art: While many artists use paint to create their works of art, a talented young woman from Egypt uses edible ingredients for her drawings and illustrations. Sally Magdy Murad expresses her creative spirit using such materials as honey, chocolate, jam, juice, and syrup. Her tools are also unique and include spoons and toothpicks. As she has practiced her art, she has added other mediums, such as raisins, salt, and candy. The experienced artist started with this "food-paint" in simple works, but eventually her drawings became more sophisticated and now include Arab personalities. Murad's art is especially interesting because it can be eaten after it's created

Pizza problem: When ordering a restaurant meal from a delivery service, customers expect their food to be handled with care. That's what a man from Detroit, Michigan (U.S.), believed, until his doorbell camera revealed something different. He and his wife ordered a pizza one day, but didn't end up eating it. That's because they saw, on their doorbell camera, the pizza falling out of the box on their front porch. The delivery driver picked it up, brushed it off, and left it on the doorstep. The couple complained and got a refund, and the driver was fired. But they didn't blame the delivery service for the problem, realizing it wasn't their fault.

Doll delirium: Shirley Sumaiser of Toronto, Ontario (Canada), has a dollhouse that doesn't have windows, doors, and rooms in which children can play with their dolls. Called "The Doll House," her home is on a quiet street not far from downtown. Her yard, fence, porch, and eaves are full of dolls of every variety, and more! The woman collects not just dolls, but stuffed and plastic toys of all kinds. People taking a stroll along her street will find everything from troll dolls to Santa Clauses to Disney characters packed on the lawn. Sumaiser gets much joy from decorating the front yard of her two-story house, and she changes the decorations with every season.

Quoteable Quotes

"Work expands so as to fill the time available for its completion."
 -Cyril Northcote Parkinson

"There are two cardinal sins from which all others spring: impatience and laziness."
 -Franz Kafka

What's Happening

June 18-Eddies Big Run There will be a Kids Fun Run Loop 1km, 3km walkrun, 5 km walkrun, a 10 km walkrun. Followed by a pancake breakfast, kids zone, and medal ceremony. Start/Finish is at Repsol Place 1021 49 St. Contact us 780-725-3083 or krystas@edson.ca.

NON profit organizations may submit events for FREE at www.coffee-news.ca/whats-happening

Hidden Coffee News Guy ADVENTURE

Find the Coffee News Guy hidden in one of the ads, then enter to win!

\$400* Prize Package
 *Coffee News Bucks
 Over 150 participating sponsors!

4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

To enter, visit www.coffee-news.ca

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

NEW FEATURE!
 ...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

Leave a legacy and be a part of tomorrow's future, today

If you're thinking of writing or updating your will, The Alberta Lung Association is offering the chance for donors to make a simple Will for free through our partnership with the Canadian Free Wills Network.

You are not obligated to leave a gift to the Lung Association - we hope that you will see this program as the perfect way to satisfy your estate planning objectives.

BREATHE
 the lung association

www.ab.lung.ca/you-can-help-change-future-today




Informative, insightful reading

from author **Stephen Monk**

Fascinating observations from a long time student of the workings of the human mind

Visit www.stephenmonk.ca

AVAILABLE THROUGH: AMAZON | APPLE BOOKS | BARNES AND NOBLE | KINDLE | GOOGLE PLAY | FRIESENPRESS | INDIGO and at COLES GRANDE PRAIRIE



RE/MAX Slave Lake Realty

Kate Nelson
 780-805-4425

Steve Adams
 780-516-9000

With You Every Step of the Way



FRASIER

WEEKNIGHTS 6:00 (EST) / 6:30 (MT)

yesTV



Real Estate Appraisals You Can Bank On!

COMMERCIAL • INDUSTRIAL • RESIDENTIAL

AGM VALUATIONS GROUP LTD.
 780-624-0020
 10052 - 99 Street, Peace River, AB

Servicing the Peace River area, including Fort. St. John & Dawson Creek, B.C.



Earn An Income Online

Join the biggest and best global online business!

NO selling | NO parties
 NO inventory | NO recruiting

Register for a FREE info session here:
 (Scan this code for info)

Freedom - Flexibility - Fun

or visit www.susandeveney.net

NO EXPERIENCE NEEDED - WE TRAIN AND MENTOR



WEBSITES

From \$129/Month

(780) 760-6922
FRONTLINECONSULTING.CA

Trivia

1. What is the largest living reptile species?
2. Ika is often seen on a sushi menu. What is it?
3. Where is the world's highest waterfall?
4. In what years did Sears, Roebuck and Company sell homes by mail order?
5. What is vim's partner?

(Flip bottom of page for answers)

© Published with Permission by Capital Marketing Ltd

(Over)

Like us on Facebook

...to keep updated on **WEEKLY contests** in which you can enter to win tickets to sports events, entertainment events, Coffee News Bucks and more!



<https://www.facebook.com/CoffeeNewsWeekly>

BEST OF HAWAII FOUR-ISLAND TOUR

12 days, departs year-round



FROM \$2,549
\$2,299*
USD



1-877-699-7003
promo code N7017

* Prices are per person based on double occupancy plus up to \$299 in taxes & fees. Single supplement and seasonal surcharges may apply. Add-on airfare available. Offers apply to new bookings only, made by 9/30/21. Other terms & conditions may apply. Ask your Travel Consultant for details.

FREE Orthodontic/ Invisalign Consult
FREE Implant/ Implant Denture Consult

PEACE VALLEY DENTAL

Dr. Michael Ho, DMD

We are confident in the quality of our work and provide limited warranty for fillings (two years) and crown bridges (no charge for the first three years and 50% for up to five years from placement).



OUR TEAM HAS BEEN SERVING THE COMMUNITY FOR 20 YEARS

9811-100 Avenue
Peace River, Alberta
www.peacevalleydental.com

780.624.3355 • info@peacevalleydental.com

Hope begins with you.
Donate at makeawish.ca/createhope

Make-A-Wish.
Coffee News is proud to support Make-A-Wish Northern Alberta

Your Weekly Horoscope

ARIES

(March 21 - April 20)



Love and romance may be on your mind now. Direct your energy toward understanding what you value in a partner, and connect with someone who matches what you need. Lucky numbers: 4, 10, 15, 18, 30, 35.

TAURUS

(April 21 - May 21)



At the beginning of the week, you may experience a sudden or unexpected shift in your emotional state regarding a situation. Pay close attention to the information contained in your feelings. Lucky numbers: 6, 10, 13, 31, 38, 41.

GEMINI

(May 22 - June 21)



How do you view motherhood and/or your relationship to your mother? You may soon receive information that will help you gain a more balanced perspective of yourself and her. Lucky numbers: 11, 15, 18, 21, 29, 45.

CANCER

(June 22 - July 22)



Toward the end of the week, you may be focused on understanding your reason for being here. Work to balance your ego and your emotional needs regarding this matter. Lucky numbers: 9, 10, 13, 16, 20, 22.

LEO

(July 23 - Aug. 23)



You may be focused now on how to successfully implement your plan during the next three to six months. Just remember to have a Plan B in case you encounter roadblocks. Lucky numbers: 7, 8, 11, 23, 25, 48.

VIRGO

(Aug. 24 - Sept. 23)



Half of you may just want to kick back and enjoy life while the other half may be eager to get to work. Find a balance between these conflicting desires. Lucky numbers: 8, 14, 25, 40, 45, 48.

LIBRA

(Sept. 24 - Oct. 23)



You have an opportunity right now to work hard to achieve your goals. However, partnership is important for Libras. So be sure not to neglect your spouse or partner. Lucky numbers: 14, 29, 32, 34, 39, 46.

SCORPIO

(Oct. 24 - Nov. 22)



If you feel insecure or discouraged about obstacles you are encountering right now, be patient. This will pass. In the meantime, focus on where you can work to improve the situation. Lucky numbers: 1, 2, 9, 10, 12, 45.

SAGITTARIUS

(Nov. 23 - Dec. 21)



You may be feeling very confident right now, with a lot of energy and drive to pursue your goals. Just be careful of overreaching, beyond what is realistic. Lucky numbers: 5, 12, 27, 28, 30, 39.

CAPRICORN

(Dec. 22 - Jan. 20)



For several months, you may have had some intense moments of hidden information surfacing. This period might be ending soon, but it is important to integrate the meaning of these messages. Lucky numbers: 10, 13, 17, 19, 21, 22.

AQUARIUS

(Jan. 21 - Feb. 19)



You may be torn right now between wanting to expand forward in some area of your life versus keeping the status quo. Sudden or unexpected insights may clarify how to proceed. Lucky numbers: 3, 14, 15, 17, 27, 33.

PISCES

(Feb. 20 - March 20)



You may have recently felt like Sisyphus, rolling that boulder up the mountain only to have it fall back down. If so, know that this pattern is about to shift. Lucky numbers: 2, 3, 7, 16, 17, 43.

Lucky numbers this week: This week's odds favour Leo winners with the luckiest number being 7.

Did You Know...

Coconut goodness: Coconut confections called *cocadas* are common in places like Mexico, Peru, Colombia, and others. The cookie-like dessert has many variations, but sugar, water, and, of course, coconut are key. Chefs might also add vanilla or almond extract.

No buzz: Those who want a mosquito-free vacation, winter or summer, can go to Iceland, where these pesky insects do not exist. This northern nation also does not have any snakes and has very few species of spiders.

Blue bloods: An octopus's blood is blue. That's because it is not iron-based, like a human's, but copper-based. Containing a protein called hemocyanin, this type of blood can better transport oxygen in the octopus, especially in the cold, deep waters where they live.

Bee talk: The number of honeybees living in a hive can range anywhere from about 10,000 to 80,000 bees per hive. While the colony can produce lots of honey, an individual bee produces only a fraction of a teaspoon during its lifetime.

Greetings! With the advent of the telephone in the late 1800s, inventor Alexander Graham Bell wanted people to start their conversations with, "Ahoy!" Another inventor, Thomas Edison, wanted to use "Hello."

On the Lighter Side

Knock! Knock! Who's there? Goblin. Goblin who? Goblin your food will give you a tummy ache.

Why did Mr. Cyclops close his ophthalmology school? He only had one pupil.

He: "I hope you liked the dictionary I bought for your birthday." She: "Yes. I just can't find the words to thank you."

What is the worst thing a giraffe can have? Whiplash.

How does a crow know who is calling him? He checks his cawler ID.

Answers

Trivia answers: 1. Saltwater crocodile 2. Squid or cuttlefish 3. Angel Falls, Venezuela 4. 1908-1914 5. Vigour

Relish Your Independence!

Independent Supportive Living is for adults and seniors who require some support and assistance, but do not require the services of a designated supportive living or long-term care centre.



FOR INQUIRIES, PLEASE CALL
780.624.0700
or email
gm.peaceriver@pointswestliving.com

When cooking meals, cleaning the house, shoveling snow, mowing the lawn, and taking care of home repairs becomes burdensome, choose Points West Living to enjoy a carefree retirement lifestyle.

Can't get to your Coffee News® each week?

Check out our PDF editions online!

New editions are posted every Monday

Sign up here to receive email notifications of new editions.

Now you never have to miss your weekly dose of good news!



www.coffee-news.ca/editions

Everyone has the right to live free of violence and abuse

Our shelter offers women a safe and secure environment where they can access counselling, housing and other supports



PEACE RIVER REGIONAL WOMEN'S SHELTER

1-877-624-3466
www.prws.com

WHEN HOME IS NOT SAFE - WE HAVE A SHELTER FOR YOU

PEACE RIVER VISION CLINIC

Family Eye Care
780-624-4265
www.dr.mikehopperoptometry.com

New Patients and Walk-ins Welcome!

Open Mon to Fri, 8:45 a.m.-5:00 p.m.

- Eye Exams
- Designer Frame Lenses
- Contact Lenses
- Glaucoma Eye Evaluations
- Diabetes Eye Evaluations
- Safety Glasses

PROMPT APPOINTMENTS AVAILABLE
DIRECT BILLING

SHOP ONLINE!

www.scubagearcanada.ca

- Snorkelling Gear
- Reef-Safe Sunscreen
- Beach Water Shoes
- Dry Bags & Wallets
- UV Shirts

The Dive Outfitters
Scuba Diving & Snorkeling
11781-156 St., Edmonton 780.483.0044

Learn to SCUBA DIVE at our Edmonton location - call for details

inogen

FREEDOM. TO BE YOU.

1-888-998-6714

Helping you rediscover **fun** in the kitchen!

Gifts and Gadgets

Your one stop kitchen and gift shop.
780.962.5220

CHECK OUT OUR EXTENSIVE ONLINE CATALOG!

Visit www.giftsandgadgets.ab.ca or visit us in person at 111 First Avenue, Spruce Grove

We Care About Your Smile!

- Upper/lower dentures
- Implant supported dentures
- Partial dentures (flexible or metal)
- Same day relines
- Soft denture linings for sore gums
- Natural tooth whitening kits available
- Night guards/splints

Call today to inquire about achieving suction on your lower denture with the new SEMCD Lower Suction Technique

Denture & Implant Cottage

REPAIRS WITHIN THE HOUR! **780-624-4573**
9803 - 98 Avenue, Peace River Wheelchair friendly

Recipe of the month

Savoury Winter Soup

2 pounds ground beef
3 medium onions, chopped
1 garlic clove, minced
3 cans (10-1/2 ounces each) condensed beef broth, undiluted
1 can (28 ounces) diced tomatoes, undrained
3 cups water

1 cup each diced carrots and celery
1 cup fresh or frozen cut green beans
1 cup cubed peeled potatoes
2 tablespoons minced fresh parsley or 2 teaspoons dried parsley flakes
1 teaspoon dried basil
1/2 teaspoon dried thyme
Salt and pepper to taste

Prep Time: 20 min. Cook Time: 6 hours
Yield: 14 servings (3.5 quarts)

- In a large skillet, cook beef and onions over medium heat until meat is no longer pink. Add garlic; cook 1 minute longer. Drain.
- Transfer to a 5-qt. slow cooker. Stir in remaining ingredients. Cover and cook on low until vegetables are tender, 6-8 hours.

The ideal pick me up for a cold winter evening!

Source: <https://www.tasteofhome.com>

Edward Jones

Don't just think about retirement. Plan for it.

Chris M Kadyk
Financial Advisor
780-532-2336
chris.kadyk@edwardjones.com
edwardjones.ca/chris-kadyk

Follow me on

Need ONE More Reason to Join?

- You need child support enforced
- Your landlord raises rent in violation of your verbal agreement
- You adopt a child
- A friend owes you money and files for bankruptcy
- You need help with credit card liability resolution
- Your car is vandalized in a parking lot

Call LLOYD KENNEY, Independent Associate, to find out how LegalShield can help you!

LegalShield 1-877-579-9449